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| **Food Resources for the Month of October 2025** |

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| **IMPORTANT INFORMATION****Confirmation of food distribution is not always possible. For up-to-date information, please visit the Gleaners, Redwood Empire Food Bank, and Helping Hands websites. This information is subject to change and is provided as a guide for families to access food resources**\*Times and Locations are Subject to Change \*\* Weather Conditions & Holidays may affect distribution dates\* |
| **PLEASE VISIT THE WEBSITE BELOW OR SCAN THE QR CODE FOR UP-TO-DATE WEBSITE INFORMATION** |
| Qr code  Description automatically generated**Lake County Helping Hand****SCAN HERE OR VISIT:**<https://lchelpinghand.com/> | Qr code  Description automatically generated**Redwood Empire Food Bank****SCAN HERE OR VISIT:**<https://getfood.refb.org/> |
| **Date** | **Location** | **Address** | **Food Box** | **Senior****Basket** | **Daily Essentials** | **Hot****Meals** |
| **Wed. Oct. 1** | Gleaners - Crossroads Church | 6039 Crawford Ave, Clearlake | 8:00am-10:00am |  |  |  |
| Gleaners - Little Red School House  | 15780 Bottle Rock Rd, Cobb | 8:00am-10:00am |  |  |  |
| Gleaners Building | 1896 Big Valley Road, Finley | 8:00am-10:00am |  |  |  |
| Gleaners - First Lutheran Church | 3836 Country Club Dr, Lucerne | 8:00am-10:00am |  |  |  |
| Gleaners - Middletown Lion’s Club | 15399 Central Park Rd, Middletown | 8:00am-10:00am |  |  |  |
| Gleaners - Nice  | 2817 Highway 20 – ***(Cross Street is*** ***Lakeview Dr, Nice)*** | 8:00am-10:00am |  |  |  |
| Gleaners - Spring Valley Community Center  | 3005 Wolf Creek Rd, Spring Valley | 8:00am-10:00am |  |  |  |
| **REFB** - Lower Lake Park**Seniors Only 60 + Years** | Corner of 2nd Street and Mill Street, Lower Lake |  | 9:30am-10:30am |  |  |
| Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| **Thur. Oct. 2** | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| Middletown United Methodist | 15833 Armstrong St, Middletown |  |  |  | 5:00pm-6:30pm |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| **Fri. Oct. 3**  | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| **REFB** - Twin Pine Casino | 22233 South Highway 29, Middletown  | 9:30am-10:30am | 9:30am-10:30am | 9:30am-10:30am |  |
| **Sun. Oct. 5** | United Methodist Church | 14521 Pearl Ave Clearlake, CA 95422 | 12:15pm-1:00pm |  |  |  |
| **Mon. Oct. 6** | Middletown United Methodist | 15833 Armstrong St, Middletown |  |  |  | 5:00pm-6:30pm |
| **Tue. Oct. 7** | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| **REFB** - Redbud Park  | 14655 Ball Park Ave, Clearlake  | 9:00am-10:30am |   | 9:00am-10:30am |  |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| **Wed. Oct. 8** | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| **REFB** - Seventh Day Adventist Church **Seniors Only 60 + Years** | 1111 Park Way, Lakeport |  | 9:30am-10:30am |  |  |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| **Thur. Oct. 9** | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| Middletown United Methodist | 15833 Armstrong St, Middletown |  |  |  | 5:00pm-6:30pm |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| **Fri. Oct 10** | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| **Sun. Oct. 12** | United Methodist Church | 14521 Pearl Ave Clearlake, CA 95422 | 12:15pm-1:00pm |  |  |  |
| **Mon. Oct. 13** | Helping Hand -Big Oak Peer Support Center**Call to confirm 707-413-8363** | 13300 State Highway 20, STE. O,Clearlake Oaks | 10:00 am-Until Foodis Gone |  |  |  |
| Middletown United Methodist | 15833 Armstrong St, Middletown |  |  |  | 5:00pm-6:30pm |
| **Tue. Oct. 14** | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| **REFB** - Running Creek Casino | 635 E Hwy 20, Upper Lake | 9:30am-10:30am | 9:30am-10:30am | 9:30am-10:30am |  |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| Kelseyville Presbyterian Church | 5340 3rd St, Kelseyville | 3:30PM-5:30PM |  |  |  |
| **Wed.** **Oct. 15** | **REFB** - Lower Lake Park**Seniors Only 60 + Years** | Corner of 2nd Street and Mill Street, Lower Lake |  | 9:30am-10:30am |  |  |
| Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| Middletown United Methodist**Emergency services only** **Please call 707-987-3379** | 15833 Armstrong St, Middletown | 4:00pm-6:00pm |  |  |  |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| **Thur.** **Oct. 16** | Gleaners - Crossroads Church | 6039 Crawford Ave, Clearlake | 8:00am-10:00am |  |  |  |
| Gleaners - Little Red School House  | 15780 Bottle Rock Rd, Cobb | 8:00am-10:00am |  |  |  |
| Gleaners Building | 1896 Big Valley Road, Finley | 8:00am-10:00am |  |  |  |
| Gleaners - Middletown Lion’s Club | 15399 Central Park Rd, Middletown | 8:00am-10:00am |  |  |  |
| Gleaners - Nice  | 2817 Highway 20 ***(Cross Street is*** ***Lakeview Dr, Nice)***  | 8:00am-10:00am |  |  |  |
| Gleaners - Spring Valley Community Center  | 3005 Wolfcreek Rd, Spring Valley | 8:00am-10:00am |  |  |  |
| Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| **Fri. Oct. 17** | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| **REFB** - Twin Pine Casino | 22233 South Highway 29, Middletown  | 9:30am-10:30am | 9:30am-10:30am | 9:30am-10:30am |  |
| **Sun. Oct. 19** | United Christian Parish | 745 North Brush St, Lakeport |  |  |  | 4:00pm-5:00pm |
| United Methodist Church | 14521 Pearl Ave Clearlake, CA 95422 | 12:15pm-1:00pm |  |  |  |
| **Mon. Oct. 20** | Helping Hand  | 525 N. Main Street, Lakeport***(Located behind Chesty’s Family Pets Store)*** | 10:00am-Until Foodis Gone |  |  |  |
| Middletown United Methodist | 15833 Armstrong St, Middletown |  |  |  | 5:00pm-6:30pm |
| **Tue.****Oct. 21** | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| **REFB** - Redbud Park  | 14655 Ball Park Ave, Clearlake  | 9:00am-10:30am |   | 9:00am-10:30am |  |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| Upper Lake Seniors Support Services Building**Seniors Only 60 + Years** | 9470 Mendenhall Ave, Upper Lake ***(Bring bags for produce, staple goods, bread & toiletries available)*** | 10:00am-10:30pm |  |  |  |
| **Wed. Oct. 22** | **REFB** - Seventh Day Adventist Church **Seniors Only 60 + Years** | 1111 Park Way, Lakeport |  | 9:30am-10:30am |  |  |
| Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| **Thur. Oct. 23** | Middletown United Methodist | 15833 Armstrong St, Middletown |  |  |  | 5:00pm-6:30pm |
| Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| **Fri. Oct. 24** | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| **Sun. Oct. 26** | United Christian Parish | 745 North Brush St, Lakeport |  |  |  | 4:00pm-5:00pm |
| United Methodist Church | 14521 Pearl Ave Clearlake, CA 95422 | 12:15pm-1:00pm |  |  |  |
| **Mon. Oct. 27** | Helping Hand- Community Peer Support Center-La Voz de Esperanza | 3725 Pearl Avenue, Clearlake | 10:00am- Until Foodis Gone |  |  |  |
| Helping Hand -Big Oak Peer Support Center**Call to confirm 707-413-8363** | 13300 State Highway 20, STE. O,Clearlake Oaks | 10:00 am-Until Foodis Gone |  |  |  |
| Middletown United Methodist | 15833 Armstrong St, Middletown |  |  |  | 5:00pm-6:30pm |
| St. Peter's Catholic Church | 4085 Main Street, Kelseyville***(Early arrival by 3:30pm is preferred)*** |  |  |  | 4:00pm-6:00pm |
| **Tue. Oct. 28** | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| **REFB** - Running Creek Casino | 635 E Hwy 20, Upper Lake | 9:30am-10:30am | 9:30am-10:30am | 9:30am-10:30am |  |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| Kelseyville Presbyterian Church | 5340 3rd St, Kelseyville | 3:30PM-5:30PM |  |  |  |
| **Wed. Oct. 29** | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| **Thur. Oct. 30** | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| Middletown United Methodist | 15833 Armstrong St, Middletown |  |  |  | 5:00pm-6:30pm |
| United Christian Parish | 745 North Brush St, Lakeport | 10:00am-11:00am |  |  |  |
| **Fri. Oct. 31** | Lucerne Alpine Senior Center**Seniors Only 60 + Years** | 3985 Country Club Dr, Lucerne |  |  |  | 11:30am-12:30pm |
| **Gleaners:*** **All Gleaners locations** are drive-thru; please leave pets at home when you come to pick up food.
* **Clear Lake Gleaners Finley** -If you miss the bi-monthly distribution, they are open Mondays, Wednesdays & Fridays for emergency food from 8:00am-11:30am or until food runs out. Emergency food distribution will be closed on regular distribution days.

**Senior Basket:*** Box of staple food items for low-income seniors 60 or older; bring ID to apply on site.

**Daily Essentials:** Diapers* Available for families with children 4 years old and under.

**Redwood Empire Food Bank (REFB):*** Donations provided by the Redwood Empire Food Bank
	+ **Online at www.refb.org under the “GET FOOD” tab**
	+ **Apply by phone at (707) 523-7903**
	+ **Or at any Redwood Empire Food Bank distribution site**
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| **Senior Resources** (60 + years of age) |

* **Middletown Senior Center Hot Lunch only:** Please call (707) 987-3113 by 10:00am for 12:00pm- 12:30pm, Dine-in only, Monday-Friday. Client intake form can be filled out at, 21256 Washington St, Middletown. Vaccination is required to dine-in.
* **Meals on Wheels:**  Delivered from 11:00 AM to 1:00 PM Monday-Friday to eligible homebound seniors only. The client Intake form can be completed by phone by calling (707)-987-3113.
* **Lakeport Seniors Center Hot Lunch Only:** 527 Konocti Ave. Lakeport. Monday-Thursday. 11:30AM-12:30PM. Dine in only, 60 years & over $5 recommended donation, 60 years & under $7 Mandatory fee.
* **Meals on Wheels:** Frozen Meals Delivered Monday-Thursday to North Shore Seniors only. Register by calling 707-263-4218.
* **Lucerne Alpine Senior Center:** Lunch Served 11:30am- 12:30pm, Tuesdays-Fridays,3985 Country Club Dr, Lucerne, 707-274-8779. Seniors 60+ and their caregivers accompanying them. ($5 donation suggested). Persons less than 60 may have lunch for $10.
	+ **Meals On Wheels:** The Meals on Wheels program is currently being managed by the Lakeport Senior Center. Please contact them by calling: 707-263-4218
* **Clearlake Senior Center:** Lunch served Monday through Friday 11:30am-12:30pm, suggested contribution-seniors 60+ $5.00, under 60 $10.00, Under 12 Years old $4.00.
* The Clearlake Senior Center is undergoing renovations and services have been temporarily relocated to: **Clearlake Masonic Lodge, 7100 S Center Dr, Clearlake** (707) 994-3051
* **Live Oak Senior Center:** 12502 Foothill Blvd. Clearlake Oaks. Monday through Friday 11:30am-12:30pm, seniors 60+. Sit down lunches begin promptly at 11:30 am. No take-out meals (grab & go).
* **Meals-On-Wheels:** for seniors (60+) who are physically or mentally disabled and unable to shop and/or prepare their own meals. Serves seniors in the Clearlake Oaks and Glenhaven zip codes. Please contact them by calling: 707-998-1950

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| **Local Farmers’ Markets: \*Dates and times are subject to change\*** |
| **Location** | **Months** | **Day(s) & Time** |
| The Saturday Morning Market at The Shannon Mercantile - 4350 Thomas Dr. Lakeport  | Year Round  | Saturday 10am-1pm |

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| **Student Resources** (College Student’s Only) |

* **Woodland Community College Basic Needs Center:** Lake County Campus, Room 800. Free resources like personal care items, instructional supplies, food, snacks & some clothing items are available to students only. Monday-Wednesday 10:00-3:00, Tuesday & Thursday 9:00am-1:00pm. By appointment only. Call 707-995-7924 for an appointment.
* **Mendocino Community College Lake Center:** To access the Food Pantry, students fill out a simple request card and present it to the Lake Center Assistants at the registration windows. Cards are in the learning commons at the Lake Center, or you can ask a Center Assistant. Monday-Thursday 8:30am-6:30pm & Friday 8:30am-2:00pm. (707) 263-4944, FOOD PANTRY services are FREE for all MC students.

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| **CalFresh Information** |

 **You Can Apply Anytime:**

* Online at [www.benefitscal.com](http://www.benefitscal.com)
* Drop boxes on site at 15975 Anderson Ranch Parkway, Lower Lake, CA 95457
* Phone by calling 707-995-4200 or faxing to 707-995-4204
* Mail to P.O. Box 9000, Lower Lake, CA 95457

**Qualified emergency applications will be processed within mandated timeframes**

* For CalFresh, it can take up to **30 days** to process your application. You may be able to get benefits within **3 calendar days if you meet certain criteria.** Your application will be reviewed to see if it meets the criteria to be processed within 3 calendar days. If an Eligibility Specialist determines you are not entitled to expedited processing, you may ask for a meeting with an Eligibility Supervisor to review this decision.

**Note:** Name, address, and signature are required for an application to be considered complete, but we encourage you to complete as much information on this application as you can to assist with timely processing.

**PROVIDERS: If you have information regarding food distributions in Lake County or updates to this list, please contact Lake County Department of Social Services at (707) 995-9015.**