



The Virtual GIFT BASKET

EXTEND THEIR WILD EXPERIENCE

Wild doesn't end when the program does.

As your attendees return to work, family and daily activities, this virtual gift basket helps carry forward the wisdom and perspective from Chris' program. It's a meaningful way to extend the learning, deepen reflection, and continue building connection well beyond the event.

Following your program, you'll receive access to our **Virtual Gift Basket**—a thoughtfully curated collection of resources designed to help your attendees reconnect with their Wild selves wherever they need it. Whether they have three minutes or an afternoon, these offerings support their continued journey.

INSIDE THE VIRUAL GIFT BASKET



Inspiring poems
to nourish reflection



Book recommendations
for deeper exploration



Music playlists to
reconnect with the Wild spirit



A favorite trail recipe
that's just as delicious at home



3-minute guided meditations
for busy days



Ideas for keeping your Wild
side close—at work and at home



10-minute movement
meditations to help you reset



A Re-Wilding Map exercise
to help you intentionally design
practices that keep you grounded,
connected, and fully alive



Simple aromatherapy recipes
to bring nature indoors

To my "master multi-tasker, consistently in the 'Top 5 Most Stressful Jobs' list" Event Professional friends—thank you for being here. For showing up anyway and putting together amazing experiences for people. For making a difference. And for helping to keep the learning alive. "When we meet, we change the world."