

PROGRAM BENEFITS

- Meets the court's requirements in only one 4-hour virtual class!
- Easy online registration and payment.
- Several class options available in English and Spanish each month. Check website for schedule: www.SuccessfulCo-Parenting.com.
- Learn how to minimize the negative effects of divorce/separation on your children.
- Improve your quality of life by strengthening your parenting skills
- Our participatory format stimulates active and deeper learning.
- Develop your own co-parenting action plan to continue skill development and learning through our online parenting group.
- Certificate emailed within 48 hours

ONLINE REGISTRATION @ www.SuccessfulCo-Parenting.com

PAYMENT

- Regular rate for 4-hour live online class: \$50
- Reduced rate for low-income participants:
 \$20. To qualify, email or text us proof of 30K or less annual income.
- Payments can be made online or sent by mail (money order or check).

CUSTOMER SERVICE

(360) 399 - 6429
admin@.SuccessfulCo-Parenting.com
HABLAMOS ESPAÑOL

TOPICS COVERED

- The effects of divorce and parental conflict on children
- Reflections on parenting styles
- Changing reactions into responses
- Understanding children's brain development
- Building resilience in children
- Managing co-parenting conflict
- Communication and listening skills
- Using the whole brain model as a parenting tool
- Recognizing internal obstacles to effective co-parenting
- Seeing opportunities for personal growth
- Co-parenting action plan
- Applying emotional intelligence in our daily parenting



Snohomish Superior Court Approved ONLINE Parenting Seminar



REAL TIME

PARTICIPATORY

ENGAGING

MEANINGFUL

"Thank you for the excellent workshop. I loved all the information you provided.
The presenters were prepared, knowledgeable, empathic, and created an empowering educational experience." - Zouise - (May 2020)



Also approved in Skagit and Island Superior Courts