



“Breaking Dishes” a podcast by Lis Malone

## Episode: Introduction

Lis Malone: There’s nothing that can silence a noisy crowded room quite like the crashing sound [sound effect: dishes breaking] of breaking dishes.

My name is Lis Malone, and this is my latest podcast endeavor, “Breaking Dishes”. Whether you’ve been following my previous work, or just finding me for the very first time, I am truly grateful to have you joining me on this latest journey in dialogue.

But first things first, why the name “Breaking Dishes”? The name has a lot of significance to me, both literally and figuratively. I believe that in order to speak truth, we sometimes have to break a few dishes along the way.

Now, none of us are perfect. Breaking dishes figuratively throughout our lives it means that we’re learning. It shows that we’re being daring. And it demonstrates to me that we’re willing to take chances, and that is a huge part of life.

So here’s a little bit more about me so you’ll know why the name “Breaking Dishes” relates to me in the literal sense. In addition to podcaster and producer, I’m a writer, speaker and professional marketer. I’m an Asian-American adoptee raised in an interracial household, and I’m a proud Disabilities advocate. I myself am a person living with a disability. I’m legally-blind stemming from an eye disease called retinitis pigmentosa. And along with living with blindness, breaking dishes is not exactly an uncommon occurrence -- literally speaking.

Now in this podcast series my guests and I will discuss and opine over a wide range of social issues, with an emphasis on diversity and inclusion, in a very open, and at times, brutally honest fashion.

Now I may not always agree with the viewpoints of all of my guests, nor will all of my guests necessarily agree with me. And that’s okay because this podcast is not about finding agreement, but much more about sharing perspectives. And there may be times when some of my topics might be somewhat uncomfortable for some listeners. But as I’ve been saying all along, sometimes in life, we’ve just gotta break a few dishes!