

# Snack \ Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Breakfast Menu</b>	<b>Morning Snack</b> whole grain crackers and cheese water	<b>Morning Snack</b> cereal and milk	<b>Morning Snack</b> whole grain toast pineapples water	<b>Morning Snack</b> pancakes bananas water	<b>Morning Snack</b> corn bread oranges water	Unflavored whole milk served to children ages 1-2
<b>Monday</b> whole grain bagels peaches milk	<b>Afternoon Snack</b> graham crackers applesauce water	<b>Afternoon Snack</b> chips and salsa water	<b>Afternoon Snack</b> carrots, cucumbers lowfat ranch water	<b>Afternoon Snack</b> cheezits apples water	<b>Afternoon Snack</b> pretzels pears water	
<b>Tuesday</b> whole grain toast lowfat yogurt milk	<b>Morning Snack</b> whole grain crackers and cheese water	<b>Morning Snack</b> cereal and milk	<b>Morning Snack</b> whole grain toast pineapples water	<b>Morning Snack</b> pancakes bananas water	<b>Morning Snack</b> corn bread oranges water	
	<b>Afternoon Snack</b> graham crackers applesauce water	<b>Afternoon Snack</b> chips and salsa water	<b>Afternoon Snack</b> carrots, cucumbers lowfat ranch water	<b>Afternoon Snack</b> cheezits apples water	<b>Afternoon Snack</b> pretzels pears water	
<b>Wednesday</b> whole grain english muffin, applesauce milk	<b>Morning Snack</b> whole grain crackers and cheese water	<b>Morning Snack</b> cereal and milk	<b>Morning Snack</b> whole grain toast pineapples water	<b>Morning Snack</b> pancakes bananas water	<b>Morning Snack</b> corn bread oranges water	
	<b>Afternoon Snack</b> graham crackers applesauce water	<b>Afternoon Snack</b> chips and salsa water	<b>Afternoon Snack</b> carrots, cucumbers lowfat ranch water	<b>Afternoon Snack</b> cheezits apples water	<b>Afternoon Snack</b> pretzels pears water	Appropriate nutritional substitutions will be made for children with allergies and infants as they transition to the meal plan
<b>Thursday</b> Cereal and milk	<b>Morning Snack</b> whole grain crackers and cheese water	<b>Morning Snack</b> cereal and milk	<b>Morning Snack</b> whole grain toast pineapples water	<b>Morning Snack</b> pancakes bananas water	<b>Morning Snack</b> corn bread oranges water	
	<b>Afternoon Snack</b> graham crackers applesauce water	<b>Afternoon Snack</b> chips and salsa water	<b>Afternoon Snack</b> carrots, cucumbers lowfat ranch water	<b>Afternoon Snack</b> cheezits apples water	<b>Afternoon Snack</b> pretzels pears water	
<b>Friday</b> whole grain cinnamon toast milk						Pizza day is the first Friday of every month!  Milk is served with all lunches