# Introduction to

# Worship Arts Guidebook

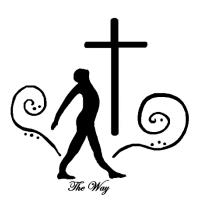
art that worships...be the art



# Introduction to

# Worship Arts Guidebook

# art that worships... be the art



Rose Murdock Ho Hodos Worship Arts All Rights Reserved

Introduction to Worship Arts-Guidebook Originally titled *Ho Hodos Worship Arts Guidebook* 

2014, 2015, 2017, 2019

Unless otherwise noted, all Scripture references are taken from the New American Standard updated version of the Bible. Copyright © 1960, 1962, 1963, 1968, 1971, 1972, 1973, 1975, 1977, 1995 the Lockman Foundation

BibleSeed.org

**This Worship Arts** practice is a Christian practice dedicated to helping people, young and old, discover and cultivate their personal call to worship God through creative art expressions. We create art as expressions of worship to the Lord and we want our very lives to become art that glorifies Him—to "be the art" that worships God. Hence our saying, "art that worships…be the art."

Everyone has creative seed within them. It was placed there by the Creator Himself. When a person realizes the seed is there, and begins to identify and cultivate it, he or she will find their purpose in life and the fulfillment--the peace and the joy--that being like our Heavenly Father brings. You have gifts within you. The combination of seed-gifts within you are uniquely your own. Your creative fingerprint is an expression of worship—it is worship art.

# A Word about Families

I'm becoming more convinced all the time that the Lord really wants families worshiping together. He is quite serious about parents teaching their children the ways of the Lord.

The family unit is a powerful unit. God created man and woman, blessed their union, and then told them to have children. After that He told them to rule over the earth. It's a beautiful thing when an entire family lives and worships the Lord together.

Parents have an amazing opportunity to introduce their children to the Lord and to help them discover the unique combination of gifts the Lord has placed within them. Often, though not always, certain gifts are passed down from generation to generation. A family business that has been passed down from ancestors long ago is an example of this.

A worship art group is a perfect way for parents and children to connect together, discover and grow in their own gifts, as well as develop an appreciation for each other's gifts. If you are a homeschooling family, try and plan some family worship art time into your day. If you are not a homeschooling family, then some worship art time would be an excellent way to gather everyone together and take a break from a hectic week.

I believe God wants to bring about a multi-generational revival. Imagine families that are praying together, studying together, worshiping together, and discovering their gifts and purpose together. This can bring about families who understand each other's gifts and call and help each other grow in that, rather than unknowingly working against it. These are the families that will reach out to the community together with the love and message of Jesus Christ!

# All of Creation Worshiping God

The heavens are telling of the glory of God; And their expanse is declaring the work of His hands. Psalm 19:1

"For you will go out with joy
And be led forth with peace;
The mountains and the hills will break forth into shouts of joy before you,
And all the trees of the field will clap *their* hands.

Isaiah 55:12

Praise Him, sun and moon;
Praise Him, all stars of light!

<sup>4</sup> Praise Him, highest heavens,
And the waters that are above the heavens!

<sup>5</sup> Let them praise the name of the LORD,
For He commanded and they were created.

Psalm 148:3-5

Praise the LORD from the earth, Sea monsters and all deeps; <sup>8</sup> Fire and hail, snow and clouds; Stormy wind, fulfilling His word; <sup>9</sup> Mountains and all hills; Fruit trees and all cedars; Psalm 148:7-9

Let the heavens be glad, and let the earth rejoice;
Let the sea roar, and all it contains;

12 Let the field exult, and all that is in it.

Then all the trees of the forest will sing for joy

Psalm 96:11-12

<sup>37</sup> As soon as He was approaching, near the descent of the Mount of Olives, the whole crowd of the disciples began to praise God joyfully with a loud voice for all the miracles which they had seen, <sup>38</sup> shouting:

"BLESSED IS THE KING WHO COMES IN THE NAME OF THE LORD;

Peace in heaven and glory in the highest!"

<sup>39</sup>Some of the Pharisees in the crowd said to Him, "Teacher, rebuke Your disciples." <sup>40</sup>But Jesus answered, "I tell you, if these become silent, the stones will cry out!"

Luke 19:37-40

# **Table of Contents**

| Introduction                              | 11 |
|---|----|
| Chapter One: What is Worship Art?         | 13 |
| Chapter Two: Art & Occupation             | 21 |
| Chapter Three: The Seven Categories       | 25 |
| Chapter Four: The Worship Art Mentor      | 42 |
| Chapter Five: Introduction to Worship Art | 51 |
| Chapter Six: Practice Types               | 56 |

Jesus said to him,
"I am Ho Hodos, (the way),
and the truth, and the life;
no one comes to the Father
but through Me.
John 14:6

#### Introduction

If I could pass one thing on to my children, grandchildren and the next generation, it would be the ability to hear from the Lord so they know their mission in life--their reason for living. How can a child, or any adult, fulfil their purpose without knowing what it is? They may, to a certain extent, if they have committed their life to God because He, of course, can cause a person to fulfil their purpose without them knowing what it is. After all, He is God. Yet He is also our Father and doesn't use us for some secret purpose that He intends to keeps us in the dark about. He wants us to walk in the light. He wants us to know our purpose. He wants us to take joy in it! Discovering our purpose, and helping others do the same, is a foundational purpose of this Worship Arts practice.

I want to see you, and anyone you are mentoring, learn the way of Jesus Christ as it is for you personally. When a person combines the written Word of God--the Bible--along with the Spirit of God as He speaks to them and influences them, they create an atmosphere of truth. In this atmosphere His purpose becomes clearer for us, and a loving, joyful, and fulfilling relationship with the Heavenly Father may be nurtured. This is where a person experiences a growing satisfaction of knowing their purpose and taking steps towards living it out. There are too many Christians who do not know their gifts, their call, and how their gift and call relates to the purpose of every living thing--to worship the Creator.

In martial arts you learn sets of movements, forms, and stances, and practice them until they become second nature to you. When faced with certain life (and death) situations, you respond according to your training and as practiced. Something similar is true with worship arts as an art form. However, in this practice, the "second nature" you are developing is worship of the Lord Jesus in all situations, a love for the Word of God, and a sensitivity to the Holy Spirit. How does He speak, lead, guide, and help you in all of life's situations? In Worship Arts, you are in communication with the Lord and expressing the fruit of your relationship through one of the many voices of the arts, specifically according to your individual gifts and call.

Imagine God's people as a whole, coming together to worship the Lord in community. How exciting would it be to see people worshiping Him, both individually and corporately, and in the process create a culture full of beautiful, God-honoring things? This would be a community that does not revolve around envy or competition but where each one feels fulfilled and content, taking joy in their work, each other, and the Creator. Now, let's take that one step further and train our children in This Way so they might avoid wasted childhood years searing their conscience by following the crowd and cookie-cutter instructions, rather than learning to hear from the Lord, follow His way, and discover their unique combination of gifts and worship expression.

We have a dream of helping people discover their purpose—their unique expression of worship. We are all created to worship the Lord in a land where He places us--our garden. In this garden we cultivate the soil and the seed-gifting He's placed within us. As we recognize and

come into agreement with the gifts He has planted within us, we find that, like our Heavenly Father, we are creative people. Through the act of creating we bear the image of Him who is the Creator of everything. We find that not only has God planted a seed-gifting in our hearts, but He has hidden secret things in the earth for us to discover. As we uncover His hidden secrets, the joy of discovery floods our hearts. Through creativity and discovery we experience the joy of worship, as we allow these things to direct our focus on the Creator of it all and the fullness of all things as found in Jesus Christ.

Whether or not you are practicing our Worship Arts practice, I pray this book helps you to grow in great joy as a worshiper of our Lord and King, Jesus Christ!

Rose Murdock

# **Chapter One**

# What is Worship Art?

How many of us can say that we feel we are living out our purpose? Are you able to spend time doing what your heart is burning to do--the art within you? Many people have grown up not really knowing the gifts they have within them, or their purpose in life. They go through life doing what they're told and completing the assignments set before them. Often the opportunities to make creative choices are limited. When kids have opportunity to use their imagination they will naturally look to their spirit. We want to do all that we can to help them listen to the Holy Spirit, who speaks to their spirit. When kids, and adults, are encouraged to imagine and discover, they will develop in creativity as well as spiritual, emotional, and intellectual growth.

Everyone has gifts--unique areas of art they are called to. Part of the process of creating worship art is discovering what gifts the Lord has put within you. Your gifts are where you will find the most fulfilling expression of worship and of living. Our motto includes the phrase, "be the art." We ourselves learn to be the art--the art that worships. Sometimes we just need to "be." We need to be still, or be at peace. Rather than striving and struggling, just be who you are in Christ. Let God do the sculpting and you do the yielding--trusting Him to make your life into something amazing. You cannot make yourself into anything! He is the potter, we are the clay. In worship art, we yield by exploring--we play. Yet at the same time we learn to "be," we also learn to "do." We do what God has created us to do—worship Him, and we do it with the gifts He's given us. This will give us the greatest sense of fulfillment and joy! Isaiah 64:8.

To really understand worship art, it helps to have a strong foundation in understanding righteousness. As believers in the Lord Jesus, we must internalize the fact that Jesus bought and paid for our righteousness, including the forgiveness of sin, and our new nature. We need to get this so we know that as we listen to His Spirit, yield to His influence, the art we create is from a pure, righteous heart. Jesus said the pure in heart would see God. When we see Him, we become like Him and this reality surrounds our work--our creations--and is a life-giving contribution to our society. This is true especially since our gifts are from Him and serve a purpose specific to the region and era we live in. Matthew 5:8, 1 John 3:2.

God is the One who gifts people. He gives gifts according to His will, for the purposes of this time in history. We would do better to teach our children how to identify those gifts within them, rather than pressure them into what we think they should be. Trust that the righteousness within them, from their faith in Jesus Christ, will lead them in the way they need to go. If they don't yet have faith, then *teach them*, while praying that their discoveries lead them to faith in Him. This Worship Art practice can be used as a guide to bring the Holy Spirit influence, so one may discover their own gifts and purposes within. We use art to do this since the Holy Spirit is the true Spirit of exploration, discovery, and creation.

For a more detailed description of worship art, we define the two words *worship* and *art* separately. For our purposes, **worship** is a verb—an action. It is acts of adoration. It's when one honors another with extravagant love and extreme submission. It happens when someone shows the highest degree of reverence, respect, and veneration—even mingled with awe, recognizing the dignity, superiority, and sacredness of the other. The object of a person's worship could be almost anything. People worship different things for different reasons—other people, objects, money, prestigious positions etc. However, Jesus said the true worshipers would worship God in spirit and in truth. John 4:24.

True worship occurs when one recognizes God as the One worthy of worship and worships Him by the spirit. This kind of worship is influenced and led by the Holy Spirit, yet comes from sincerity in the heart or spirit of the worshiper. We worship God because we know He is worthy of our adoration. We worship because we've come to see His worthiness. Whether it comes suddenly or gradually, we realize He is worthy of our worship and praise.

We define **art** as action performed through imagination, skill, experience or study. In this definition art is not a finished product, but more like something done that is full of energy or life. This life-energy is captured from the realm of the spirit and brought into the physical realm through our created art, which is simply the container, the wineskin so to speak. Imagination is the ability to see what is not yet created, and this also comes from God's Spirit. The Holy Spirit moved over the face of the waters before the earth was created. His imagination was active. He was seeing what would be before it was. The anointing of the Spirit gives skill and the ability to increase in skill. Our diligence to practice our gift, along with the study of it, will bring experience and maturity. So we define **worship art** as creative and anointed actions performed from a heart that is overflowing with worship towards the Lord! We shorten this to say, anointed energy released from a heart which honors God. Or, **Art that worships...be the art**. Genesis 1:2.

Of course, all art is not done as an expression of worship, and that's not a bad thing. Art may be:

- An expression of love directly to the Lord
- A declaration of His greatness expressed to others
- Speaking to Him on behalf of others intercessory
- Speaking from His heart to people prophetic
- Speaking from your heart to others
- A release of something within your heart which is healing for you
- An interpretation of an event, feeling or experience

# **Pure Heart Worship**

In our Worship Arts practice we don't focus on the practical teaching or training in specific areas of art. We focus on the heart and soul of worship. We want to see art birthed from what I

call *pure heart worship*. Pure heart worship is, first of all, a righteous heart of one who has repented from sin and disloyalty to God and made a decision to pursue Him undividedly. This is a person who is passionately in love with the Lord and yet doesn't remain in a "float on the cloud" attitude. This person learns how to take the energy of worship and release it into something that builds God's kingdom and advances His work, in earth as well as in heaven. This is why we suggest doing some practical things like an outside event or yearly feast. To help sculpt you—the worshiper—so your entire life becomes an expression of worship.

Worship that is expressed from that kind of heart will displace the enemy in the atmosphere around you. When you determine to have an undivided and unwavering heart, and turn from the sin and weights that would hold you back from surrendering to the Lord, then the enemy will flee as you worship and draw close to the Lord. What was once full of the devil and his crud will be replaced with the presence of God drawing near to you as you draw near to Him! God is yearning to be close to you. When you reject the temptations and influences that would lead you away from the Lord and draw near to Him in worship instead, then the devil must flee from you. James 4:7-8.

Many years ago, after a financial battle, the Lord gave me some very simple advice, "Don't spend what you don't have." While struggling with this--because there are all kinds of "good" things I wanted to buy for our church and the ministry, things I felt like I "had to have" and were necessary--the Lord began to show me that it's not **what** I bought that was getting me into trouble, but **how** I acquired things—mainly through debt. God is not against us having good things--of course not! But impatience, competition, greed, jealousy, arrogance or bitterness are all contrary to His Spirit, and if we acquire things under the influence of those spirits then His blessing is not on it. His anointing is kept apart. In the same way, our work influenced by His Spirit carries His blessing and anointing.

Sometimes there may be emotion and passion we experience that is intense--a hunger and longing for the Lord, or outrage at injustices. Art may be created, work may be done, with intensity and passion in those cases. To be motivated by the Holy Spirit doesn't mean it always has to be "nice" or "pretty." The point is not to worry so much about what we are doing, but what is influencing and motivating us. If we have a righteous heart with the influence of the Holy Spirit, then what we do will honor the Lord.

Art is both a reflection of what is in the heart of a culture of people, yet it also influences the people. Art that is birthed from the Spirit of God carries with it something that can't get into a culture any other way. It's the opinion, the expression, the declaration of love, worship and gratitude to our Lord. It's an expression of how God has revealed His love towards you and your response to His love. It's a proclamation of His many amazing attributes. It's something our children need to see. Does this mean that each piece of art has to look "religious" or have Scripture written all over it? No, of course not. This is where the Creator within you shows how you can create something that carries His Spirit in a unique way.

While it is rewarding for people to understand the message of your art, we want to do more than give people a mental understanding of it. We want to connect with God so as we do, our work carries something tangible from Him, something that not only reveals Him, but carries and releases His power! This is art that is created when a person lives in the land of their anointing.<sup>2</sup> As God's people write books, make videos, open restaurants and parks, design buildings, write songs, play music, design clothing lines, jewelry and home furnishings, the influence of the Spirit will penetrate deep into our culture, bringing the salt and light where it needs to be. His Spirit is woven into the fabric of our society and with it comes the freedom that the Spirit of the Lord brings, breaking chains of bondage!

Each expression of art has a voice, regardless of the category of art it is. This voice may be a sound, an image, an object or even a fragrance. This expression may be worship in the sense that it exalts the Lord, speaking directly to Him in adoration. It may declare His magnificence and goodness. This expressive voice may also be prophetic in the sense that it carries a message from the Lord, bringing a message to the people from the heart of God. Or it may be intercessory in the sense that it speaks to God on behalf of the people in prayer and petition. We want to learn to stay open to the Holy Spirit for the voice He wants to use at the moment.

## The Science of Worship Art

God is the Master Engineer of the earth. He knows all about the physics involved in creation. He is the Creator of all science! Mankind is slowly discovering the awesomeness of His creation in bite-sized pieces our minds can handle. The science of worship, in part, has to do with energy. Energy changes forms but can never be destroyed. God has set things in motion—created energy—and it can't be stopped unless He stops it. He maintains it all through His Word. As Christians, we want to use this energy—the life He has given us—to live for Him and worship Him with. Genesis 9:22, Hebrews 1:3.

When you eat food, it fuels your body and is stored as potential energy. When you move, work, or create, this life energy turns into a moving form. When you move in worship you are spending this energy on God, giving it back to Him as an offering. When you create, as an expression of worship, this life-giving, worship filled energy is contained in your creations and doesn't die—it continues to promote life because it is life!

When Adam and Eve worked in the garden, cultivating the land, their work produced their food. Their work was an expression of their own creative gifting, and the food that came of it gave them the energy to continue. It's a perpetual cycle where all that you do brings glory to God, revealing His awesome secrets of the earth, (and the beauty of your own gift as you give it your own creative flair), and in turn perpetuates your very existence. Your work is your worship art, and it carries the energy of the Holy Spirit that not only continues to bring life to you, but blesses others releasing the very life of God to them. Selah.

In this way, everyone is an artist. Everyone is called to expel energy, the energy we call "work." Your work is your art. When your work comes from a sincere, worship-filled heart then the energy released is this life-giving God energy. However if a person's heart is full of criticism or bitterness, for example, the energy that is released stagnates the air, it doesn't bring glory to God. Instead of promoting life, it promotes death. We've all probably felt the lingering effects of critical or other negative words spoken in a room. Words are containers, they carry something very real. Have any of you ever worked in a room, maybe cleaning or painting, and listened to certain music or a teaching CD while you worked, and then find when you returned to the room later that song or message came to your mind again? Or how about the atmosphere in your car? What goes on while you drive? Do you worship, learn, complain, always feel rushed? Does that atmosphere increase as you continue to feed it?

When you beat a drum, the sound waves go out into the atmosphere. Those sound waves are a tangible thing—they carry energy with them. In Joshua 6 we read how the Lord instructed Joshua to have the people march around Jericho once a day for six days. The priests blew trumpets as they went. On the seventh day they marched around the city seven times. When the priests blew the trumpets, Joshua gave the command for them to shout and they did—the walls of Jericho fell down. Their enemy was defeated through the energy of the sound vibrations released from their obedience to the Lord. In the same way, energy released from a heart of obedience and worship drives the enemy from the atmosphere around you!

# The Language of Worship

Besides the sound of worship, there are voices and languages of worship. God is the Great Creator--the Master Artist--and as we learn from Him through His Word, His Holy Spirit and through what He's created we will become true worship artists, which is nothing more than a human being fulfilling their purpose.

As with everything in God's kingdom, there are times and seasons to things. There are times when I've spent hours in prayer, sometimes praying, sometimes being still and listening. Other times I might read and study the Bible for long periods of time. During one season I seemed to only be able to hear from the Lord when I would go on a walk. I would try to sit still and listen but would end up frustrated. I'd go on a walk, and there I would find my place with the Lord. (My husband calls it my "walkie talkie.")

At one point, I was crying all the time. It wasn't really a sad cry, it was a cry for the Lord, a cry for the lost, for my family, for kids, and for me to do all the Lord wanted me to do. I would go to work, crying all the way to work and all the way home. I would sometimes cry in the bathroom at work. I would cry on my days off. I felt like I should have been praying and verbalizing what I was feeling, and "pray through," but I couldn't do it. This frustrated me and made me feel like I was failing the Lord somehow--I couldn't even pray! Finally, while reading one of Jim Goll's books the Lord got through to me. He assured me that He knew exactly what my tears meant. He knew their language and He didn't need me to try and translate them into

words. Immediately my spirit calmed down with a peace I hadn't felt in weeks or maybe months. I made three pieces of sculpture art that expressed my heart perfectly, (not necessarily "professionally" but accurately and sincerely). That was worship art that carried with it a peace that continued to remind me of that breakthrough.

#### The Tabernacle of David

The Lord said He would rebuild the Tabernacle of David. Many believe we are living in that time. The Tabernacle of David involved King David, chief musicians, worship leaders and the congregation of Israel. I believe, as Ray Hughes has taught, that the job of the "congregation" or all of God's people, is to lead creation in worship as well as worshiping the Lord themselves. God is raising up chief or skilled musicians/artisans, yet He is also raising up worship leaders who may not be as skilled but have an anointing in worship. Their heart's desire is not only to worship the Lord, but to see everyone else worship the Lord too. In this Worship Arts practice, this will be the heart of a Mentor. In a church setting, you might not only have worship leaders who are musicians, but those who are a leader of dance, visual arts etc. that lead others in this area of worship so the whole congregation becomes participants, not just spectators who cheer on those who are on the platform.

# Why This Structured Worship Arts Practice?

There are three things Introduction to Worship Arts wants to promote--creativity, fellowship, and worship. These may not be the only three things, but these are three important aspects of this practice.

Creativity is the joy of work. It's what brings the fulfilling feeling of "purpose." If a person has no sense of purpose in life, they die. Many times we hear of people who die soon after they retire from their job. Their job was where they connected with their purpose and being separated from it causes them to feel separated from their sense of purpose as well. They don't learn to move on to the next creative season in their life, lose hope and give up.

Kids and the elderly, (and everyone in between), need the opportunity to be creative. Those changing careers, those coming into a new season in life, those who have experienced the death of a spouse or a close loved one, might need a creative opportunity such as art, especially worship art, to help reveal the gifts the Lord is placing within them to equip them for their next chapter in life. Sometimes it just doesn't come by prayer, study or quietly waiting and listening, as important as those things are. Sometimes we need to switch to a whole new language—a creative art expression—a transfer of God's life-energy from the realm of the Spirit out here into our world.

**Fellowship** is another thing we want to promote. Now is not a time to withdraw from each other into our own private world, but rather a time for the whole body of Christ to meld together--to become the bride ready and waiting for the bridegroom--Jesus Christ. Although this

practice does allow for people to go through individually without joining with a group, we hope at some point there will be a connection with other worshipers in the body of Christ. The Bible tells us to come together, and so much the more as we see the day approaching. We see in the book of Acts that the church gathered daily in the temple and from house to house, breaking bread together. We need each other. We need the fellowship, the communion, to share in the love and joy of the Spirit. By coming together to discover our own gift, and the gifts of others, to create art and enjoy the art of others, we will form a bond not easily broken or forgotten. We must love our neighbor as ourselves and endeavor to keep the unity of the Spirit in the bond of peace. I once heard someone say that people will bond together, such as in a marriage, when they have experiences together. I believe this is true in all relationships and not just marriage. When we laugh together, cry together, share a meal together, or create together, it bonds us emotionally and spiritually too. Hebrews 10:25, Acts 2:46, Ephesians 4:3.

Worship is what this practice wants to promote most of all. We want to encourage worship of our Lord Jesus Christ, who is Lord of all. The more we see Him, the more we will love Him. The more His love is revealed to us, the more we will love Him in return. The more we experience His goodness, the more repentant we will be--turning towards Him and away from all that would keep us from Him. Of course we encourage fellowship and communication with each other, but we don't want to just talk about the Lord, we want to talk to Him and with Him. We do both--love Him with all our heart, soul, mind and strength, and love our neighbor as ourselves. 1 John 4:19, Romans 2:4, Mark 12:30.

If our art, and our lives, are simply something sculpted *about* the Lord we run the risk of our art becoming an idol. We should never get so wrapped up in worshiping God through an art expression that the art itself becomes an idol to us. Consider Acts 17:29 where Paul is speaking to the people of Athens and says, "Being then the children of God, we ought not to think that the Divine Nature is like gold or silver or stone, an image formed by the art and thought of man." We must be careful to remember that Jesus Christ is Who we worship, never our art!

We want to create art while sharing the breath and the breeze of the garden. The garden is where we work. It's where we discover God's beauty, our gifts, and it's where we create--like Him. It's where we become like Him as we behold Him. The garden is nothing without the presence of the Lord. As long as we remain in His presence the idols fall and break into pieces. Our own lives are not to be sculptures of good behavior without the breath of life in them. We need to be as close to the Lord as possible, in Him and His atmosphere--breathing in the breath of His words--into our lives, our garden and our work. Praise Him! Genesis 3:8, 1 Samuel 5

### Just a Skeleton

Introduction to Worship Arts was created in order to help people of all ages draw closer to the Lord in both worship and in discovery of their own personal gifts and call. It provides a framework to build on. This practice is a skeleton to which you add the "meat." It is the blank canvas, the empty stage, or the lump of clay that you use to create something beautiful. God

breath sthe breath of life into you as He did in the beginning with Adam. As you breathe in His breath you will come alive as well, becoming a creative being like your Heavenly Father. Worship art shouldn't do the thinking for you, to lead you to a certain "conclusion" in your art. It simply gives people an opportunity to create their own expression of worship. The more you press into each activity, listening to what the Holy Spirit wants to show you, the more you will get out of it. Our goal is not to get you to do things our way, but to look to and follow The Way — Jesus Christ-as He is leading you. Our workbooks have planned art projects, however these are designed to get your imagination stirred up, not stifle it, allowing room for your own personal creativity and exploration of the various categories of art.

I don't assume that everyone going through this practice is unskilled in art or immature in things of the Spirit. However, some of what I say is for those who are unfamiliar with creating art this way. If you are mature in these things then you won't be offended if you "already know" some of the material covered since you understand that we can always grow closer to the Lord. Whatever your background, I pray God releases a fresh anointing on you in the areas He's called you to. I pray they be revealed to you in a deeper and greater way.

Worship art is for both kids and adults. Through this practice parents, teachers, or other children's Mentors have a platform through which they can reach kids and disciple them in the ways of the Lord. Kids are naturally drawn and open to the spiritual realm. We must train them in the ways of the Lord so they have the discernment to know when counterfeits come their way. They are not too young! Through art, and especially worship art, kids can learn to hear from the Holy Spirit, discover their own gifts and gain focus and direction concerning God's call on their life. Of course, I'm not saying this can't happen without our books, but they are a tool that can be used to go in that direction. You can use them to open doors of discussion, share your heart and be a Mentor to others, pointing them to the Lord.

A group of adult worshipers can meet together to provide support and encouragement to each other. How the Lord loves His people to fellowship and worship together! These are joyful times of bonding which strengthens the body of Christ. Although for some who have been hurt or for whatever reason have difficulty gathering with other believers, you may definitely practice individually and go through the practice yourself. I do pray, however, for those who are wounded, that they are healed of all that would separate them from the body and find other believers they can feel comfortable with, connect with and develop relationship with as the Lord desires.

# **Chapter Two**

# **Art & Occupation**

In the book *A Thomas Jefferson Education*,<sup>3</sup> Oliver DeMille speaks of the "conveyer belt" type of education which really doesn't adequately prepare our future generation to be the thinkers and leaders they need to be. Our kids need to know how to hear from the Lord Himself as He speaks to their spirit. They need to know how to tune in to His voice, absorb His thoughts and release that into our society through the creative expression of their gift. The DeMille's speak of homeschooling as a way to train up children according to their individual gifts, which I believe in whole-heartedly. Unfortunately, not everyone is in a position to be able to do this. I believe Christians should be taking the lead in the area of education and training our kids up to seek the Lord and cry out to Him for wisdom and understanding in all aspects of living. Introduction to Worship Arts is one tool that parents, church leaders and other Mentors can use to begin to teach kids to connect with their spirit where God speaks, discover their gift, think like a leader—creatively--and fulfil the purpose God has called them to.

Art can lead to the discovery of a gift, calling or occupation. Take a minute and look at the Master Artist. God created the entire world, and what a beauty it is. It tells His story and invites us to explore, discover, and create. We do best in our art when we learn from the Master. Consider cities that were built along beautiful rivers. In a city not far from where I grew up, the river upon which the city was built was covered with cement in 1963 to prevent flooding. It was on the banks of this river that the founders of the city first settled in 1818. The land was full of life. It was full of trees, including fruit trees, and wildlife. They used the water-power from the river for their mills so the city could be built. Today, in 2014, the vast majority of the city is full of violence and poverty. There are talks of uncovering the river which I think would be a good idea.

I'm not saying a river can solve all of a city's problems, however consider this--nature shouts with the attributes of God. When we cover it up how do our children explore, not only to see God in the world around them, but to unearth their own gifts within? They learn from teachers and artists which of course is wonderful, but when a generation is far removed from the natural beauty that inspired the teachers and artists from days gone by, something is lost. There is nothing like learning from the Master Artist Himself. What better way to learn math, science, architecture, music or fine arts then by studying from the Creator of these things?

In a beautiful garden there are all kinds of living and growing things. There are the delicate, beautiful flowers, the large, stately trees, and all those in between. The new growth brings fresh hope and joy. However these tender plants need the protection and stability of the old. If the old neglects or smothers the new, the garden will eventually die. The new plants need to be protected and nourished properly or there may be defects in them when they become aged plants. The middle growth plants will provide most of the provision that comes from the gardenthe tastes and smells that nourish. In the same way, our young children need to explore and

discover what's within them while covered by the protection of the older and wiser. Our children need to be able to explore and discover their gifts before being given the full responsibility of their life. One day, they will be fulfilling their purpose adding beauty to the garden, provision and eventually protection and stability for others.

We have such a creative God! Art is so much more than a hobby, yet we've been led to believe that those things we love to do are our hobbies--the fun things we do when we're not working. We consider those people who are working at what they love to do as being unusual and so fortunate. This does not have to be! The truth is we all have gifts within us. Some are seasonal, some are lifetime. Some complement each other or go well with others around us. The seven worship art categories in this practice are not meant to have strictly defined boundaries. Each person has a unique combination of gifts which gives each one their own worship art fingerprint. As I've said before, your work is your art. Your work is meant to be where you cultivate the seed-gifting God has placed within you. Psalm 128:1-2 tells us that those who fear the Lord shall be happy when eating of the fruit of their hands.

Look at the many different occupations in the world today. They are as vast and varied as individuals are. God has equipped each person with a variety of gifts which make up each one's artistic fingerprint. This fingerprint is imprinted on the work of your hands as you live life. Whatever your gifts, they are meant to be your occupation, your job, your lot in life, in honor of the Lord and for the blessing of others.

The combination of gifts are literally endless. This is what makes the whole process of discovering the gifts God has placed within you not only exciting, but something that changes throughout your life so your work never becomes dull or stagnant. You may find an ebb and flow cycle of a variety of gifts during different seasons in your life. Discovering these gifts and cultivating them, watching them grow and produce fruit is a joyful and satisfying process. Imagine kids finding joy and passion in an area of interest at a young age, and training in that area for an occupation.

Consider some of the following art combinations as they relate to occupations:

A performing/literary artist might find employment as a dance instructor. Dance is a performing arts category and the teaching aspect of it is literary art. Yet a choreographer might be performing/architectural, due to dealing with the structure or design of a dance.

A pastor is walking right through the mud with his people, helping them rebuild their lives when necessary. This might show a mercy motivation--a "hands on-get messy" sculpture arts characteristic. However, the leadership gift within him also gives him the wisdom in helping others rebuild their lives, which is architectural. I wouldn't be surprised to see a pastor who likes to cook or garden, since the culinary artist is one who cares for the body. (If he had the time!)

A culinary artist may not only be a nutritionist or gardener, but less obviously a physician might have a culinary gift. Chiropractors might have some level of culinary gifting. Those who co-ordinate soup kitchens, church picnics or dinners for those in need might be a culinary artist with an architectural (leadership) flair. A culinary artist might be a massage therapist who ministers to the physical body, creates an atmosphere, and uses a fragrance allowing a person to be ministered to spiritually at the same time by being able to connect with the Lord.

A children's minister might very well have a varied combination of gifts. He or she might be a performing artist with a visual or sculptural gift. Puppets, skits, object lessons, stories and crafts would all make for a variety of gifts. Depending on the minister, each one will have a different atmosphere in their class.

A musician is an audio artist, and if he or she has a leadership gift he might be employed as a conductor or music director/leader of some type. A prophetic musician may also be a visual artist. Of course a songwriter would be a combination audio and literary artist. In this practice, an audio artist might also be one who works with lights. You might find this type of artist working in theatre or film, which would be performing arts.

It may be obvious to see that painters, sketch artists and photographers are visual artists, but the visual artist who is also prophetic may bring a message from the Lord. The prophetic gifting in the visual artist may not only lead him/her to look to the present or the future, but to the past. This person might be a historian. A visual/literary artist may be a historian who is committed to accurately preserving historical documents or concepts. A visual artist may also be employed in computer graphics or design.

A literary artist may, of course, be an author of books, blogs etc. As an occupation he/she may combine with a performing arts gift to write screenplays or commercials. A sculpture/literary artist may become an art teacher in his/her preferred area of art. A literary/audio gift might do well as a music teacher. A literary artist might work in a courthouse to preserve the records. This is a scribe who is committed to protecting the truth.

The occupations of a sculpture artist may be quite varied. In this practice there are many variations of sculpture arts--jewelry, metals, pottery, fabric etc. A sculpture/architectural artist might design a line of clothing. A sculpture/audio artist might make musical instruments.

The architectural artist is a leadership, foundational type of gift. Most likely this person has other gifts that will give direction to his/her area of leadership. As we've mentioned already-ministers or church leaders, conductors and choreographers might be architectural. In addition, entrepreneurs, or anyone in a leadership role in relation to their gift.

I spend so much time in literary arts that I've found I enjoy other areas of art as it helps to keep me from falling into a rut of getting too analytical or wrapped up in introspection. By worshiping the Lord in dance, painting, sculpting, music, fragrance etc. I experience worship in

a different way and it helps me to expand my view of God as well. There are such a wide variety of "voices" or expressions we can worship God with.

As you can see, the combinations of gifts as they relate to occupation are endless, which is what makes each person so unique. This is why it's so much better for kids to learn how to discover their gifts and call while young. This way they can begin to train and prepare, learning the basics of their calling, (and how to find their calling), so they don't have to unlearn what the obstacles and distractions have taught them along the way. They can start out learning what they need to learn while young which enables them to develop in the anointing the Lord has for them. They will also know how to hear from the Lord so they will know how to tune in when there are seasons of change.

We are children of the most High God. We are His family. We are sons and daughters whom He loves to the point of shedding His own blood for us. As we work with Him to build His kingdom, we are building something that we are an intricate part of. As we discover our place in His family and contribute our creative gifting to it, our place in His family becomes much more clear and real to us.

# **Chapter Three**

# The Seven Categories

This chapter describes each of the seven Worship Art categories as defined in the Introduction to Worship Arts books. Keep in mind that the categories overlap and sometimes the "boundaries" are vague. I believe each person has a combination of these gifts and not just one. This is what makes the discovery of our gifts so exciting and fulfilling. Our walk with the Lord somewhat follows our Worship Art categories. We begin by moving towards Him (performing). As we do, we see Him more clearly (visual). We want to know more so we study and learn (literary). We rejoice in what we find and express it (audio). We taste and see that He is good creating an atmosphere of worship (culinary). We find our purpose and allow Him to sculpt us (sculpture). We become a place for Him to rest and build His kingdom with Him (architectural).

#### **Performing Arts - Be Holy**

"for in Him we live and move and exist..." Acts 17:28

### Red / Serving

Dance, Acrobatics, Theater, Drama, Opera, Mime, Spoken literature, Storytelling, Film, Video

Each of our categories has a color assigned to it that represents the Lord in some way. Jesus is the center of all we do and this color helps remind us of that. The color of performing arts is red. It speaks of the holy blood of Jesus, which was shed undeservedly after He came and lived a perfect, holy life. A phrase to describe performing arts is *be holy*. Be. Just be still and quit striving. Quit thinking you can earn God's grace through your own holiness or efforts.

In this practice we want to "be the art" that worships the Lord. We want to view our life as worship art, in addition to what we create. 1 Peter 1:15-16 says "but like the Holy One who called you, be holy yourselves also in all your behavior; because it is written, "You shall be holy, for I am holy."" Of course, Jesus taught that it's not simply our outward actions that should appear to be holy, but the sincerity of our heart. In Matthew 23:28 He told the Pharisees that they appeared righteous outwardly to men but inwardly were full of hypocrisy and lawlessness. We must always remember that Jesus is our righteousness and we can only live a life pleasing to God when we live in Him. Accepting Jesus as our righteousness is foundational to our entire Christian walk and our art.

We compare the seven gifts found in Romans 12--sometimes called the motivational or grace gifts--with the seven worship art categories. We compare the performing arts category to the grace gift of serving/ministering. One with a gift of serving is a moving example of the heart of the Lord. It may be one who is in ministry, or some form of service. It might be one who "stands in the gap" in intercessory prayer.

Performing art is alive and moving. In Acts 17:28 Paul mentioned the people's "poets." This word also means performer.<sup>5</sup> He quoted their poets as saying, "In Him we live and move and exist." The performing artist has an illustrative message, much like a story--a living parable. It may be scripted/choreographed, or it may be spontaneous. It could take the form of a skit or some other theatrical form. It might be dance, dramatic storytelling, video, and the like. It may be verbal or non-verbal. Jesus told parables to help people understand His teachings or to inspire them to seek understanding.

Performing art done as worship art is not for the purpose of entertaining. It might, however, promote fellowship as a form of recreation, creating an atmosphere of community that unites the body. Performing art may also be seen in worship or prayer such as in dance or intercession. We see examples of dance as an expression of worship in the Bible. Some dance may be an excited, spontaneous celebration of praise and rejoicing. Some might be reverential and serene. Some may be intense spiritual warfare. As in all worship art, the mood of the Spirit expressed from the pure and sincere heart of a worshiper will determine what form it takes.

Worship art projects don't have to be elaborate. A performing art project could be a full length movie or a short dance movement. It's not about the length or size that makes something spiritually powerful, it's whether or not the Spirit of the Lord is with it. With some worship art projects, such as performing arts, you may not end up with a physically tangible object, (a painting, a book, a bracelet etc.), unless it is recorded, as in a video. This does not mean you have not created worship art. The message you release into this natural realm from the spiritual realm is more "real" and lasts eternally. Its effects are carried in your heart and not just your hand.

The message of a performing artist (or any worship artist) may be *to* the Lord as an act of worship or prayer, *from* the Lord as in a prophetic message to others, or *about* the Lord giving understanding or expression of His character or ways. Ezekiel displayed some symbolic and dramatic acts in obedience to what the Lord told him to do to convey a message to His people. As an actor steps into the mind and behavior of his character in a theatrical performance, the performing artist may intercede or stand on behalf of another to pull them through to victory.

Theatre and dance deals with movement and position, in the same way, performing artists will first position themselves to hear and receive from the Lord. Our heart's desire is to please Him. We're not interested in simple entertainment or self-promotion, but in worship, building God's kingdom and seeing people set free from whatever bondages entangle them.

You may perform "mini" performing art acts that would be considered worship art. Similar to a literary artist jotting a note of encouragement, or a visual artist doodling a little inspired sketch, any act of kindness may be considered an "everyday" performing art act. In Rick Joyner's book, Mobilizing the Army of God,<sup>6</sup> he tells of a time when there was a long line backed up at an airport and patience levels were growing thin. Two people at the back of the line began to cause a scene demanding to move to the front of the line which was creating a stir among all the people. In order to bring peace to the situation, a person at the front of the line told the persons

at the back to take his place at the front of the line and he went to the back. The entire line quieted at the person's selfless act. A Christian, stepping into the role of a peacemaker, brought God's life into the situation. Worship art is something that is meant to be intertwined into a believer's everyday life—art that worships…be the art.

2 Samuel 6, Psalm 149:3, Psalm 150:4; 2 Corinthians 4:18

For inspiration from the Master Creator, go on a field trip. Find a place where you can watch the movement of nature—trees, birds, clouds, water etc. Take your kids to a park and let them run around and move. Or climb a tree or hide in a cave of rocks or bushes. Learn from the Master Creator how to play and move. Of course you can visit the theatre to see the fine creations of man, which is inspiring as well, but don't neglect your training from the Master Artist.

Using the Hebrew word for praise, Hallal, to describe the performing artist we say...

Today I am a performing artist,
Being clamorously foolish for You.
If I must act madly in love with You,
Then that is exactly what I'll do.

#### Visual Arts - Reflect His Image

"But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as from the Lord, the Spirit." 2 Corinthians 3:18

#### Yellow / Prophecy

Drawing, Painting, Chalk, Still and video photography, Scrapbooking, Computer graphics

The color of visual arts is yellow. It speaks of the glory of God and Jesus reflecting the glorious image of the Father. In all that we do, and all the art we create, we reflect the image of Jesus. A phrase to describe visual art is *reflect His image*. The grace gift for visual art is prophecy.

The visual artist captures a moment--to reveal and preserve a thought. When remembering an event what do we do? We look at the pictures we took. By them the truth is recorded. A visual image tells a story. However, as it touches your heart, it allows you to express the revelation of it in your own words. Visual art may help to illustrate a point. Like they say, a picture is worth a thousand words. In that sense it teaches us, but it may also deliver a message from God, which makes it prophetic. The strokes of the brush, or pen or whatever it might be, can be prophetic movements which capture the heart of God.

You might release an expression of worship through visual art. For example, a snapshot of nature that reveals the magnificence of God. The images you create might also reveal your heart. You might release what's in your heart--whatever it is--as a way to express the voice within you. This is true with all of the worship art categories. You release the voice--the worship art expression--God has given you through your art. Oftentimes it may not end up looking as you thought it would, but the important thing is to sincerely express the influence of the Holy Spirit that is on your heart, and not to have a finished product that just looks good to people.

The life of a worship artist reflects the image of Jesus. A reflection doesn't struggle to reflect something. It just does. A picture is being painted on the canvas of your life. You are leaving memories, or images, imprinted upon the hearts of those you come in contact with during your day. You don't have to struggle to release these images, just keep your eyes on Him and reflect. The visual artist will often see something in the spirit and want to reflect that in an image to others. It could be a message from the Lord as we've seen. It might also call attention to a portion of Scripture the Lord is emphasizing. Or it might be intercessory or priestly where an art project is created as a way of praying for a person, a group or a cause. Visual art might be abstract or not. However it ends up, the moment it captures, or the message it conveys is something to be remembered, studied, meditated on, and appreciated.

The visual artist might record a historical moment in time, bringing an accurate record of it. In Numbers 33:52 the Lord told Moses to tell the people to destroy all of their engraved and formed images from the land of Canaan when they went in to take it over. He wanted the

historical memory of that land to be erased, along with their idols. It had been captured in art. Visual art helps us to remember, and remember accurately so truth is preserved.

A visual art image might stir emotions—especially if something is revealed or released to the viewer. However we want to go beyond emotion and release something spiritual. Not that feeling an emotion would be bad, we just want to go past that. As you look at a picture you might imagine or remember an experience and feel an emotion connected with it. A scenic mountain pond may bring peace where a picture of a large cliff might bring a breathtaking sense of the wonder of our God. The beauty of the earth stirs something in our hearts. It may be emotional but it can also inspire a recognition of how great our Creator is and birth worship or repentance. It can carry an anointing of the Lord to bring freedom.

Art carries with it the atmosphere from which it's created. If it is created in an atmosphere of worship, the anointing of the Holy Spirit might bring healing and deliverance, setting people free. This is the kind of impact worship art can have on our culture!

For inspiration from the Master Artist, visit the mountains, or a lake, or some other scenic place and let your eyes take in all the beauty of His creation. Learn from Him how He has made everything so pleasing to the eye, so telling of a message. Let Him and His work be your inspiration. Of course you can also visit museums and appreciate the works of man too--many of which are also inspired by our Creator or creation.

Using the Hebrew word for praise, Yadah, to describe the visual artist we say...

Today I am a visual artist,
Reflecting on the image of Your Son.
I move my hands in honor to You
So I might magnify the Holy One.

#### **Literary Arts - Love the Truth**

"And the Word became flesh and dwelt among us, and we saw His glory, glory as of the only begotten from the Father, full of grace and truth." John 1:14

### Purple / Teaching

Written stories, books, poetry, songs, psalms, scripts, sermons, blogs, journals

The literary art color is purple. It speaks of the divine authority, the royalty of the Word of God. Jesus came as the Word of God, the living truth, carrying the power and authority of God Himself. A phrase to describe literary art is *love the truth*. The grace gift for literary art is teaching.

You might see a literary artist do more than write. He or she might also speak, explaining the message more clearly--like Ezra did. One thing about a teacher is that they love to see understanding come to their listeners. When communication with understanding has occurred, it brings joy to the heart of the teacher. Once again these gifts overlap. A literary artist who is also an audio artist might teach music. A culinary/literary artist might teach cooking, gardening or nutrition. God has created you with your own individual flair--what an awesome God He is! When you find that flair you will be most satisfied.

The literary artist is one who paints with words. All artists use an art form to communicate. They inspire, encourage, plead, teach and deliver many messages, thoughts and feelings through their art. A literary artist does so too and uses language to do it. So like all artists, a literary artist must first have something to say—something to communicate. As worship artists, our desire is to communicate from a Holy Spirit filled heart. May our art always carry the influence and anointing of the Holy Spirit wherever it reaches, bringing life and freedom!

Jesus called the Holy Spirit the Spirit of Truth. When praying to the Father, He said His word is Truth. As a literary artist, we want all of our writings to be a reflection of Truth. Even in fictional stories or scripts, we want to convey truths and not be deceptive or manipulative in any way. Even though it's important to write sincerely, even passionately, it's much more important to be influenced by the Spirit of Truth. We want to love and embrace the Truth, recognizing the purity and power of it, and release that into our art.

In the Bible we read of Ezra who was a scribe skilled in the Law of Moses. He had determined to study the Word of God, to put it into practice in his own life, and to teach it to the people. In today's world we are in danger of compromising the integrity of the scribe. With the internet, people simply copy and paste information as if it were their own. The source of it becomes questionable, raising doubts as to the reliability of much of what is on the internet. We must be careful what we believe, whether reading, researching or writing.

If someone wants to impact a culture, they might communicate an idea, knowing it will be rejected at first. However, the more an idea is presented and talked about, the more people will soften to it and eventually accept it. This happens all the time and many people are not aware

of it. This is why it's important to keep the Word of God before our eyes continually so we won't be duped into believing those things that oppose the Lord, and so what we are communicating to others will be life-giving. It's important to be influenced by the Holy Spirit so our intentions will not be to bring harm to a society, or to selfishly deceive others for our own personal gain.

Language is a collection words. Words are sounds (verbal) or symbols (written) that one or more persons assign a meaning to. Communication occurs when two or more persons agree upon the meaning of the language so one thought is able to be understood by another. Truth is the language of God. When we learn and communicate His language, the power of His truths are released into the earth. This is how salvation and freedom come to people—through the communication of the Word of God!

Because language is used to communicate, it brings people together. It connects them. How awesome it is that Jesus, who is called the Word of God made flesh, is the great Connector between God and man! The Father sent Jesus, not only to speak and communicate His message to us, but to live it out as a powerful example and demonstration, and making the ultimate sacrifice so we could be connected with Him forever.

John 17:17, John 16:13, Ezra 7:6, 10, Romans 10:13-18, John 1:14

For inspiration from the Master Artist, visit anyplace where the beauty of God's creation calms you. A place where you can hear the Lord speak to you. Feast on His Word while you're there and visualize Him as He is now. Of course, you can visit libraries and read great novels of men, but revelation of the Word of God is like taking a deep breath of His Spirit so you can breathe out inspired truth and praise to Him.

Using the Hebrew word for praise, Towdah to describe the literary artist we say...

Today I am a literary artist,
With gratitude in my heart for You.
I'll write the loving truth that You reveal to me,
And share it so all can see You too.

#### Audio Arts - Listen to the Spirit

"And I heard a voice from heaven, like the sound of many waters and like the sound of loud thunder, and the voice which I heard was like the sound of harpists playing on their harps." Revelation 14:2

#### Dark Blue / Exhortation

Music, Instruments, Singing, Sound patterns, Recordings, Nature, Lights

The audio art color is dark blue. A phrase to describe audio arts is to *listen to the Spirit*. When creating an audio arts worship art project, we first listen. Listen for what He is saying and respond to that. The grace gift of audio arts is exhortation. When you hear the sound or the song you just have to express it. When you feel the rhythm it's got to come out, much like an exhorter makes an appeal for people to respond to the Lord.

The Psalmist says that the heavens are telling of the glory of God...their line (sound) has gone out through all the earth, and their utterances to the end of the world. The Audio artist is all about sound. This is a person who listens for the voice and sound of the Lord and releases it here into the earth. The Lord has many voices. He is the Creator of frequencies, rhythms and patterns—even light frequencies. Look at His creation—waterfalls, wind, fire, birds etc. All have a voice and a song. You even have a sound and a rhythm inside of you. Ray Hughes explains how the low thunderous sound of drums change things in the earth. They affect the circulatory system. The high sounds affect the nervous system. Each of our bodies vibrate at a certain rhythm. Our bodies physically respond to the sounds of heaven and the voice of the Lord. Let's make a sound of praise for the King of kings! Psalm 19:1-4

An audio artist releases a sound. However, in order to do so, they have learned to listen. Before anyone creates or releases a sound from the Spirit, they must know how to listen. They are learning to hear what God is saying and respond to that. They desire to capture that sound from the Spirit and bring it into the world around us.

When you hear a sound or the song from God's realm, you just have to express it. When you feel the rhythm, it's got to come out. Music calls for a response from us. Whether its toe tapping, hand clapping, dance, jumps or shouts, it compels us to respond. Music released from the realm of heaven calls for worship and praise. It's what we were created to do. After the ruler of the feast tasted the wine that Jesus had made from the water, he called out to the bridegroom to tell him how good it was. Once we taste and see how good He is we must call out to Him and tell Him! John 2.

Music of worship and praise fills the air and creates a beautiful atmosphere where creative worship is born. There is power in the sound vibrations that come from a pure heart of worship, and from a heart surrendered to the Lord in obedience. Think of Joshua and Jericho. They marched around the city and in response to the Lord's instruction they blew the trumpets, shouted, and the walls fell down. We use music to worship the Lord with. We might sing to it,

clap, dance, paint, sculpt or whatever. It brings in the presence of the Lord. When the Israelites brought the ark back to Jerusalem they were shouting and playing all kinds of instruments in celebration. It was a time of rejoicing and they expressed it in sound. 2 Samuel 6:15.

There have been reports of people being healed when specific notes were played or poems were read. They've found that underground glaciers actually play music as they move. The stars, crickets, and I'm sure we'll discover more and more of God's creation, are crying out to Him in praise. Jesus said the rocks would cry out if the people wouldn't praise Him. As cool as it is for the rocks to cry out, we don't want to neglect our duty to praise Him, let's have them join us instead! As worshipers, we need to be leading creation in worship. Worship is more than listening to the musicians in a Sunday morning church service. We need to be participating, not just during church but all the time! Let's lead all of creation in worship of the King of kings! The first known instrument was a bullroarer, which is basically a piece of leather with bone, wood or stone tied to the end of it. It reminds me of the slingshot David used when slaying Goliath. Our audio expressions of worship are giant slayers! Romans 8:19,1 Samuel 17.

For inspiration from the Master Artist, visit a waterfall, listen to the birds, and all of God's creatures. Hear the sounds of the wind and even fire or rain. What is the sound and song of the Lord? Of course you can attend concerts and symphonies and listen to great recordings of inspired musicians, but don't neglect the One who created sound itself.

Using the Hebrew word for praise, Shabach, to describe the literary artist we say...

Today I am an audio artist,
Exclaiming my praises with a voice.
I will respond to Your heavenly rhythm
Releasing the energy of Your love.

#### **Culinary Arts - Taste His Goodness**

"Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit." John 12:24.

# Green / Giving

Food preparation, Cooking, Food art, Nutritional studies, Gardening, Fragrances

A phrase to describe culinary art is *taste His goodness*. The culinary art color is green. It speaks of fresh, new life that is growing and alive—feeding and nourishing. Jesus is the source of new life. Just as He was the seed planted in the earth and resurrected to give us new life!

A culinary artist is one who takes care of the body, providing that which is healthy. A mature culinary artist has discernment to know what is good and healthy and what is not. Taste and smell together make up the whole sense of taste. These two represent discernment. A mature taste appreciates the taste of food that really is good, and can tell the difference. When our appetites are immature we crave things like junk food—spiritually as well as physically. A person's diet contributes to their overall health. When a diet is unhealthy disease occurs. When you think of an auto-immune disease, it really is the result of the body not being able to properly discern what's right and wrong—what belongs in the body and what doesn't—what is friend or foe. We might ask ourselves what is influencing us when we prepare food—an addictive spirit, whether ours or our loved ones? Might we be allowing competition or peer pressure, social pressures to influence us? Do we sacrifice health for the sake of these things, or for taste or appearance?

The culinary artist is a giver. The grace gift is giving, and he or she loves to give to others in order to create a healthy atmosphere. This person gives in a way that is not manipulative and understands everyone has their own free will. I know a culinary artist who has a keen memory for the individual preferences of anyone she has cooked for.

Of course, our appetites can get us in trouble. Think of Adam and Eve. A mature culinary artist knows this and doesn't create meals that are unhealthy — meals that might look, smell, and taste good but yet are not good at all for our bodies. That's the same trick the serpent pulled on Eve. He got her to analyze the fruit until she began to form her own opinion about what would be healthy for her, rather than what God said — don't eat it. A culinary artist knows to set aside what is holy for the Lord and leave certain things alone.

Culinary artists are sometimes like Martha in the Bible. We often think Jesus rebuked Martha for asking Him to tell Mary to help her in preparing and serving the people. However, later on we read that Jesus loved both of them, and Martha's personality/gifting is different from Mary's. Martha met Jesus prior to Him entering the village when Lazarus died. She wanted more understanding of what He meant about resurrection. Just before Jesus spoke to raise Lazarus from the dead, she made sure He knew Lazarus would be stinky after being dead for four days! Like a true culinary artist, she was concerned about the condition of the body. Luke 10, John 11-12.

Martha that Mary had made the right choice for herself to sit at His feet, Martha accepted that and even encouraged Mary to take her place by telling her that Jesus was asking for her when He came into town to raise Lazarus from the dead. A culinary artist wants to please the Lord and see the body take their appropriate place and be at optimal health and function. Martha had no hard feelings or jealousy after Jesus corrected her thinking. In John 12 we see Martha serving once again and Mary pouring Nard perfume over Jesus' feet, filling the house with fragrance. Yet Martha also filled the home with fragrance through her cooking. They both created a fragrance for the Lord in their own expression of worship.

The culinary artist may find themselves preparing and serving while others are at the feet of Jesus. We each have our own personal time with the Lord. All of us must! But at that time, it was Mary's time be at Jesus' feet. Martha saw the whole picture and wanted understanding of the rights and wrongs. She initially welcomed Jesus into her home and once again when He returned to raise Lazarus. When everyone takes their place and recognizes and appreciates each other's place, we'll have a much happier time serving and worshiping Him. The culinary artist, and really all of the body of Christ, needs to take care not to get bitter at others who are not serving in the way they are.

At times I think there is such persecution against culinary arts. If you've ever tried to make a change in your diet for the better, it's amazing how many people work at getting you to go back to an unhealthy way of eating. I think the spiritual connection here is that the culinary artist is one who unites the body, keeping it healthy and strong. This is an area spiritually, as well as physically, that the enemy hits hard. When we do not take care of the Lord's body, and don't properly connect and care for our brothers and sisters in Christ, then the result is sickness—whether spiritually or physically. When we don't properly discern the Lord's body, the Bible says, many are weak, sickly, and even die! We need to care for our body and for each other, giving that which is good and healthy in our words, our service, as well as our food and appetites. 1 Corinthians 11:30.

The Bible tells us that no one hates his own flesh, but nourishes and cherishes it, just as Christ does the church. We also need to care for our brothers and sisters in Christ as we do our own selves. A culinary artist creates an atmosphere, often releasing a fragrance that promotes an atmosphere of fellowship. We love to share meals with family or friends and the smell really adds something to it doesn't it? God cares about fragrances. He was very specific regarding His instructions for the anointing oil and gave detailed instructions of which spices to use. (Exodus 30). When He smelled Noah's burnt offering on the altar after the flood, He said He would never again curse the ground on account of man. The Bible also says that we are a fragrance of Christ to God. Ephesians 5:29, Genesis 8:20-21, 2 Corinthians 2:14-15.

Culinary art has to do with the source of food—the plants in the garden. Not only do we get food from the plants God created but we also get fragrances. Fragrance helps to create the

atmosphere. Essential oils—pure essential oils and not fake fragrances—have a lot of health benefits. They may be representative of worship. When Mary poured the alabaster vial of oil over Jesus and wiped his feet with her hair, it was pure nard. Herbs and oils have many health benefits. They can be used to create things like bath salts. Epsom salt, by the way, absorbs sound. Bath salts created in an atmosphere of worship absorb the sound of worship, becoming a carrier of the worship atmosphere. Luke 7:36-50, John 12:3.

I think it's interesting that our words come out of the same place we put our food in. Words have much to do with the atmosphere that is around us. You can tell when you walk into a room that has had harsh words spoken can't you? An atmosphere of criticism and gossip will spoil the atmosphere of fellowship just as it will spoil an atmosphere of worship. We should seek to always create an atmosphere of praise to God and encouragement to others, bringing healing to the Lord's body. Out of the same mouth should not come both blessing and cursing! James 3:10.

In Mark 7:1-23 Jesus explained that it's not what goes in a person's mouth that defiles him, but what's in the heart — what's in the heart will be what comes out of the mouth. What's in our heart will be what kind of atmosphere we create around us, which is true for not only culinary art, but all art. Don't think that what we eat, the food going into our mouth, is going to save us. It's Jesus who saves us! But may all our choices and cravings be for Him!

For inspiration from the Master Artist, go berry or fruit picking. Pick some fruit or vegetables right from the vine. See how they look in their growing state. Go smell the flowers! Appreciate the taste, smell and nutrition of God's creation before anyone has had a chance to change it. Of course, fine restaurants are great places to visit too, but the garden of God will give you the greatest taste of inspiration.

Using the Hebrew word for praise, Tehillah, to describe the culinary artist we say...

Today I am a culinary artist
Preparing the fresh and the new.

I will taste Your goodness and present it to Your people,
With an atmosphere of new life and health.

### Sculpture Arts - Yield to His Purpose

"But now, O Lord, You are our Father, we are the clay, and You our potter; and all of us are the work of Your hand." Isaiah 64:8

## Orange / Mercy

Crafts, Wood, Stone, Metal, Leather, Clay, Jewelry, Knitting, Fabric, Clothing

The sculpture art color is orange. It speaks of Jesus, the obedient One, who came in the flesh. He is the last Adam and took on a human form, yielding to the Father and surrendering to His purpose. A phrase to describe sculpture art is to *yield to His purpose*. The grace gift for sculpture art is mercy.

A sculpture artist is a person who doesn't mind "getting their hands dirty." They will walk right with you through whatever problem you might be going through. They will help you rebuild your life "from scratch" after something devastating happens. They have the patience, mercy, and vision to help you. They can see purpose, maybe where others can't. We all need this kind of mercy. We all need vision and the patience to stick with it and see it come through to completion. There is, of course, a lesson for us to learn in all of these categories, whether or not we consider one our main gifting.

In sculpture art you are getting those things out of the way that interfere with your purpose. You need to know how to "trim down" or throw out those things that are not needed. We really are clay in the Master's hand. As we allow Him to sculpt us, we let ourselves "be the art" He's designed for us to be. We need to trust Him in order to be able to do this. You need to know how much He loves you. He loves you! God breathed into the dirt and it came alive. You carry His breath. Yield to His breath—His Spirit—as you create your art in an atmosphere of worship. The ground must be soft soil in order for the seed to grow. Let your heart be soft soil so the Word of God can have His way in your life and the breath of God can resurrect you! As you yield to Him in worship, and cultivate this worship garden, the purpose-seeds He's planted within your heart will also grow.

A sculpture in this practice refers to objects that you make—all types of crafts. Bezalel was filled with the Spirit of God and given the ability to understand and create all kinds of craft—metals, stones, wood, fabric etc. However, while Moses was on the Mount and God was speaking to him about this, the Israelites were growing impatient and created an idol. We want to take care that what we create itself doesn't become an idol. We're not worshiping our art. This holds true for all categories. If we remain in the presence of God, idols are destroyed. When the Philistines captured the ark of God and set it next to their idol Dagon, he kept falling down until he finally was destroyed. Idols can't stand in the presence of the true God. Exodus 31:1-11, 1 Samuel 5:1-7.

For inspiration from the Master Artist go to a beach. Play in the sand and water. Play in the snow, Play anywhere outdoors. Get your hands on what God has made and see what happens. Of course you can visit art museums and appreciate the great sculptures and art of man, but don't neglect all that God has made available for you to explore and discover yourself.

Using the Hebrew word for praise, Zamar, to describe the sculpture artist we say...

Today I am a sculpting artist
Touching to create a song
May what I am and do serve the purposes of You
And leave all distractions behind

#### Architectural Arts - Be a Place He Will Rest

"So then you are no longer strangers and aliens, but you are fellow citizens with the saints, and are of God's household, having been built on the foundation of the apostles and prophets, Christ Jesus Himself being the corner *stone*," Ephesians 2:19-20

### Light Blue / Leadership

Building & landscape design and construction, Furniture, Interior design, Restoration, Organization & Re-organization, Planning, Geometric design, Sand art, Paper folding & cutting

The architectural art color is light blue. Just as the sky covers the earth, Jesus is the Lord over all. He will come again from the heaven just as He left. He is the Head—the King of kings and Lord of lords, and the ultimate governing authority. To build a strong foundation we must first look to Him because not only is He the Lord of all, He is the Chief Cornerstone. The foundational building block of all we build. The grace gift for architectural arts is leadership. A phrase to describe architectural art is to *be a place He will rest*. Once again we "be." We don't strive or try to go our own way, build our own thing. We rest in Him, and as we do, we become a dwelling place for Him. Acts 1:11, Ephesians 2:20.

Architectural arts is the seventh and final category of this worship art practice. It speaks of rest. It's about building a place the Lord wants to rest. We want our art, our work, to be a place God will inhabit—a place where He can be found. Throughout the Scriptures we read of the Sabbath—the seventh day—where the people were to cease from their own works, as God did His. Architectural arts, as worship art, means that we stop building our own kingdom and build His.

"Thus says the LORD, "Heaven is My throne and the earth is My footstool. Where then is a house you could build for Me? And where is a place that I may rest? For My hand made all these things, Thus all these things came into being," declares the LORD. "But to this one I will look, To him who is humble and contrite of spirit, and who trembles at My word." (Isaiah 66:1-2).

Where can we build a house for the Lord since He created everything? Heaven, earth and all things were made by Him so how can we make anything as a home for Him beyond what He's made? But, He says, to this one He looks (for a dwelling place, a resting place), to the one who is humble and of contrite spirit, who trembles at His Word. A humble heart is the building material God is looking for! The Bible calls us living stones. We are the temple of God. We have the awesome privilege of becoming a place of rest for the Lord! How amazing that the God of the universe would choose one who is humble, contrite, and fears Him to become a home. Let's make Him comfortable! 1 Peter 2:5, 1 Corinthians 3:16.

"So then you are no longer strangers and aliens, but you are fellow citizens with the saints, and are of God's household, having been built on the foundation of the apostles and prophets, Christ Jesus Himself being the corner stone," (Ephesians 2:19-20).

To build a strong foundation we must first look to Him because not only is He the Lord of all, He is the Chief Cornerstone—the foundational building block of all we build. The architectural artist is a leader who recognizes the Lord as both Foundation and Head, and knows that he or she needs the mind of God before building anything. This is not a leader who is a control freak, but one who seeks the Lord's wisdom. One who has the Lord's vision, can see the gifts in those around him, and gets things going so God's plans can happen.

David gave his son Solomon the plans for building the temple. He had received them from the Spirit of God. We need to know God's plans for whatever we are building before we change the landscape of anything. Proverbs tells us not to remove the ancient boundaries set by our forefathers. Before we rush into a leadership position and make all kinds of changes, we need to seek the wisdom of God, and of those who have gone before us, and find out why things are the way they are. In the book of Acts we read that God establishes the times and borders for all nations. Sometimes we don't immediately see the wisdom of why things are the way they are. That's why a leader needs to press in to the Lord and find out. God founded the earth by wisdom, we need His same wisdom. 2 Samuel 7, Proverbs 22:28, Acts 17:26.

"The first skill My builders develop is the skill of surveying. They must know the land because I designed the land for My people. When you build with My wisdom, what you build will fit perfectly with the land." (Rick Joyner quoting the Lord.<sup>8</sup>)

Architectural art as a worship art is about building and leadership. As an art category, we refer to structural or even geometrical type crafts—any building projects, but also paper cutting, paper folding, sand art etc. This includes structural concepts such as a business plan or website structure (as opposed to the graphic design of a website which is more visual art). Of course building, planning, or designing actual structures, landscapes or furniture are included in architectural art as well.

Probably more than any of the other category in this practice, one with an architectural art gift is mixed with other gifts making a leadership gift in that category. For example, one with a culinary/architectural gift might be a restaurant entrepreneur. All of us have a bit of architectural art in us because we all are the ruler of our own life. When one of the other gifts seems to be mixed with a leadership flair, then it might speak to us of our occupation or calling.

God has an order to things. If you are going to be a leader, He needs to know you can maintain order if you need to. When God comes to "rest" in that which we have built, it might stir things up a bit. For Him to come in and "mess up" our order, He needs to know we will be able to bring direction after the "chaos" just as He did by His Spirit in the beginning. He won't come visit and mess up our stuff if it will just leave us in chaos. This is one of the tasks of a leader. Seek the Lord for His plans in your life, your family, your ministry and "job." When you have His plans you'll see the clutter and confusion go from your life. You'll know your purpose. You might have to remind yourself to stay focused at times, but when you keep Him before you, you'll know what to do.

For inspiration from the Master Artist visit beautiful structures of creation. Rock formations, canyons, dams, even nests, beehives or any of the amazing architectural attributes of this planet. Of course looking at beautiful man-made bridges and towers are inspiring, yet the

breath-taking magnificence of God as shown in His architectural work is very humbling and revealing of His greatness.

1 Peter 2:5; 1 Corinthians 3:16, 1 Corinthians 6:19; 1 Chronicles 28:11-12, Proverbs 22:28, Acts 17:26-27, Proverbs 3:19, 1 Corinthians 3:9-16

Using the Hebrew word for praise, Barak, to describe the architectural artist we say...

Today I am an architectural artist
Bowing my face before You.
I surrender my plans to the wisdom of Yours,
And humbly invite You to rest.

# **Chapter Four**

# The Worship Art Mentor

#### Psalm 102:18

This will be written for the generation to come, That a people yet to be created may praise the Lord.

In this chapter we will look at the worship art Mentor as related to this Worship Art practice. However, anyone who is a worship art Mentor or leader may benefit from this chapter even if they are not following our books. A Mentor is much like a shepherd. Love for those in your group is going to be the most important part of your mentoring. Let the Voice of the great Shepherd be heard through you. Be the voice that gathers the sheep to Him. Jesus said to let the children come to Him. Gather them to Him by speaking in such a way that they know they are welcomed by Him. Mark 10:13-16.

The Mentor is the real resource in this practice. Your job as a Mentor is more about inspiring those in your group than it is to tell them how to do something. Inspire by helping them explore a wide variety of art and in the process discover the gifts they have within. Help them with their vision, not your vision for them. (Of course, the Lord may give you understanding of their gifts, to help you guide and encourage them, but be sure it's Him). Inspire them so they get hungry for the Lord and His Word and seek fellowship with Him; so the anointing of the Spirit and the training and skill they need will develop. Mentors are like the worship leaders in the structure of the Tabernacle of David. The workbooks are tools and guidelines, but each group is going to develop an identity based on, not only the individual gifts of the members, but the leader of the group. Luke 6:40

Of course, you can go through this practice individually without joining a group, in which case you are your own Mentor and guide through your practice. There are many advantages to a group practice, however, there may be reasons an individual practice is the best option for you, or may be your only choice. When discussing Mentors we are, for the most part, discussing group or family practices.

As your group goes through the Follower and Disciple levels, and then on to the Servant level, your fellow worshipers will get an idea of what they enjoy and are good at, and so will you. As you see their areas of interest developing, you can give encouragement for them to further their training and practice to develop skill. Skill is needed if they are going to function well in their gifted area. Skill helps a person be able to flow in the Spirit and create masterpieces because they are not bogged down in frustration. As they learn the language of their art and become proficient in it, they will be able to effectively use that language to convey their message.

A musician who is able to identify the notes he hears in a song springing up from within him, will be able to play that song for all to hear. A visual artist who is skilled in the basic concept of drawing or painting, will be able to put it all together in a work of art, clearly revealing the image she sees. An organizer, skilled in planning, delegating, and coordinating the timing of it all, can be called upon to put together an event, structure or group to accomplish a certain purpose. The greater the skill and experience, the more effective it will be. As a child discovers their gifts it's good for them to develop skill in that gift—especially as they get older. However, skill training may not always look like skill training. Consider the order of these steps:

- Encourage play and exploration in all areas of art
- Gifts and areas of interest will begin to be uncovered, discovered, and recognized
- Allow time for the love of creating and discovery to grow
- Instruction and practice begin so more in-depth skill is developed

There must be time spent enjoying an art before a person can willingly spend the time and effort required for developing skill. You don't want to pressure a person into anything or force them to work on skill before they've developed a love for creativity and discovery. Children have a natural desire to please. That's because humans are born to worship. Yet rather than pleasing their Mentor, we want them to please and worship the Lord. We must direct them to Him and encourage them to listen to His voice and the influence of the Holy Spirit in their heart, as well as the written Word of God. That will happen naturally as they are allowed to enjoy the atmosphere of exploring, discovering, and creating that you provide as their Mentor.

It's more important that we cultivate worship from the heart before we worry about identifying a person's gift. When we cultivate worship, the gift becomes evident. Worship is like a seed planted in the heart. When we cultivate this worship-seed in our heart (or the heart of others we are mentoring) it grows in this soft heart soil and bears fruit—which shows as an expression of worship in a variety of ways.

The play-based model of education is a great example of how young children can develop a love for creating and discovering their gifts, however if it is a self-centered structure rather than a God centered one then it defeats the purpose. We end up with selfish people who thinks the world revolves around them and "anything goes." Without God at the center the world becomes chaotic. Encourage them to explore what they enjoy, yet teach them that the desires of their heart are placed there by God. In order for them to learn to be led by the Spirit, they must know to bring their soul into agreement with the Word of God, and then follow their heart, for that is where the Spirit speaks.

As a member, and especially a leader, of your group, learn to recognize and appreciate the gifts God brings your way. Ask the Lord to show you the gifts of those in your group and encourage them in those gifted areas. You have something to learn from each other. What is the Lord saying to you through one another? As you love your people and take notice of the gifts and interests of each one, trusting relationships will develop. One thing worth mentioning here is the

"Saul" mentality. This is when a Mentor becomes jealous of his disciple/student — much like Saul tried to kill David, who was to be his successor. Without realizing it, there are those who sometimes refrain from inspiring and encouraging others because they want to remain "better than" them. They might even go so far as to sabotage another's efforts. A true Mentor will want his/her student to be all they are meant to be, even if that means they surpass them in skill, anointing etc. while at the same time setting the Christ-like example of a humble, servant's heart.

A Worship Art group may be all adults, all kids or a combination. The workbooks in this practice are designed so that all ages may be done together, if the group is flexible enough to adjust to kids and adults working together. The sessions and projects are the same, so a group could easily be a family with parents and children working together. As you work together through all the levels you will grow closer and get to know each other better. By the time your group reaches the Servant level, it will have a unique identity of its own.

An adult group is simply a group of individual worshipers who meet together at sessions to create worship art and, optionally, plan events or field trips. It's best to have a Mentor who will coordinate the art projects. Having one person gather the necessary supplies is easier, even if everyone contributes to the cost. At some point, and depending on the category of art, each person will bring their own supplies or equipment. For example, a person who becomes serious about playing the guitar will want to purchase his own guitar. A visual artist may prefer their own set of brushes or paints.

Mentors are required in the children's practice. The children's workbook is typically suited for ages 7-15. Child members will need someone to guide them through their sessions, and provide the materials, time, space, and permission needed to create worship art. Children are naturally creative but often are not encouraged to create. It can be messy and so often people get discouraged thinking that the kids aren't really "getting it." They are! Your diligence pays off! With a Mentor who can provide guidance, yet not interfere with a child's creativity, he or she can learn to create with passion, yielding to the Holy Spirit. It often happens in small spontaneous moments, but these are not to be taken lightly.

Kids want reality. They want transparency. They want a Mentor who is real, open, and honest. They want truth. They really do. This is a good thing and our prayer should be that we give them the truth, especially since we are gaining their trust. Children are naturally drawn to the supernatural. However, they need to be nurtured in the ways of the Spirit so they are not misled. They need the pure, sincere milk of the Word, but not something that is "watered down."

With kids, or adults, who have been hurt or have trust issues, worship art is a great way for them to release what's inside of them. They need to do this, and we need them to do it too! We need every gift that the Lord has given. If a heart has been hardened, for whatever reason, it might take a little time for it to soften. Just as when you try to water a garden ground that has hardened, you need to do it a little at a time. If you pour too much on it at once it can't absorb it all and creates a flood where much runs off and is wasted. As a person's heart softens a little at a

time, their hunger will begin to grow and eventually they will have both the desire and the ability to feed themselves — with the Word of God, and to spend time in fellowship with Him.

When people begin to reach into their heart and pull stuff out, it may not be "pretty" at first. However, pretty is not as important as *sincere*. In Romans 16:17 Paul thanked God that even though they had been slaves to sin, they learned to be obedient from the heart to the teaching they were committed to. So when they turned to the Lord they knew how to obey from the heart. In the same way, we want to encourage people to listen to their heart, as well as learn to be influenced by the Holy Spirit. Both of these areas require growth. I've seen art created that seemed as if the person was influenced by something quite contrary to the Holy Spirit. However, this is revealing as to what is in their heart or in their thoughts. It opens the doors of opportunity for teaching, prayer, or even deliverance. Don't discourage those things that come from the heart, but endeavor to nurture the person in the Lord, pray for them and bring them with you into the presence of the Lord. The light of God shines and reveals truth and we should never hide that, but embrace it so we can be free from all that would keep us from Him.

As the Mentor, you will need to help those in your group create, not just art, but worship art. There is a difference. We don't want to just "Make art for Jesus," teaching them that we are making a nice art project that He is happy with and will proudly "hang on His fridge." No, we want to give Him our heart which, in reality, is a mess. Our own worship is a massive mess. Like the woman with the alabaster vial of oil—the hair, the dirt, the oil and the tears all created a mess! (Naturally speaking). Our worship is not (necessarily) pretty and polished, if it is sincere. That's okay. Jesus takes what we give by the Spirit with a pure heart and makes it beautiful. He makes what we give beautiful and acceptable to the Father. This isn't an art class primarily, it's a worship class. Teach them pure heart worship, not how to make pretty art. The skill and anointing will develop from that.

The primary purpose of this practice is not about "fun," but it is one of the purposes. It's really not so much about fun as it is about identifying with creative art. As your group members experience the joy in a particular area it could very well mean they have identified a gift within them. Putting too many demands on them at this point could be detrimental. Don't drive them away from a subject by making it too hard for them in the beginning. Creating is fun. Worshiping the Lord is fun. Fellowship with other believers is fun. Young people are naturally energetic and full of joy. Use that to motivate and give direction. They must also learn peace, because that will be what will lead them. We read in Isaiah 55:12, "you will go out with joy and be led forth with peace." Joy is a motivator. It gives us vision, strength and direction. However peace leads us and we need peace in order to endure and stick with the plan that God gives. Capture their attention with joy and fun, and teach them to listen to the peace of their heart while in worship of the Lord.

As hard as it might be, try and keep from excessive talking during the actual art time. Have a snack at some point during the session so your group has opportunity to fellowship together which is so important. However, we want them to have at least some moments of

connecting and communicating with the Lord. The natural tendencies of kids, (and even some adults), is to talk—all the time! Yet the art of listening is a large part of worship art. I've seen the difference in the art of those who chose to be still and listen while working on their art and those who chose to engage in conversation—it's a noticeable difference, and it takes time to develop in some people. (If you can find some time outside of sessions to "go play outside" together, it will allow opportunities for them to talk and bond, in addition to exploring God's creation and becoming inspired by it).

Carefully and prayerfully choose worship music to play during art time. Ideally we would have audio artists who are skilled/experienced enough to maintain a worship art atmosphere the whole time, yet in reality this takes time to develop. It's okay to play recorded songs to help set the atmosphere but be aware that you want to encourage the audio artists to release a sound/song that will help set the worship atmosphere. Often it takes a few people switching "the lead" to be able to maintain the length of time needed for a worship art session—maybe around an hour depending on your group, so this is not always possible. However, a worship atmosphere doesn't always have to begin with music. It could be other sounds, such as a performing artist flag, or a fragrance, or even an image from a visual artist. Be open for how the Lord wants to get things started!

At sessions we come together to fellowship, worship, create, express, and support each other. We're not in competition with each other because we each have our own intricate part in the body of Christ and in His kingdom. Each one is gifted by Him and important. Yes, we are all at different levels of skill and experiences, but there is no need to judge or compare. We can love and support each other without fear of losing our place. When we come together, we gather in the name of Jesus. We preach Jesus, and even though we're making art, it's all about Him. We want to keep Him at the center of it all. We don't want to just talk about Him, we want to be with Him.

#### Free Art Time

We include optional free art time session ideas at the Follower and Disciple levels because they allow your group to explore each of the seven worship art categories further then they do at the pre-planned sessions. Not only will they choose the category to work in, but they choose more of the details regarding what they will create in that category. However, it's a good idea to have a Scripture and a theme to give some direction. If you play pre-recorded worship music to help set the atmosphere then consider music that goes along with your theme. If you have audio artists who can maintain a worship atmosphere for the period of time you have allotted for worship art time then live music, of course, is best. However, if that's not possible then the audio artists should play with the recording rather than trying to do something apart from it. Prayerfully choose your music!

When you choose the Scripture and theme, you are acting as a literary/architectural artist in receiving from the Spirit what the Lord wants to focus on for that session. You share that with the others so they too can create and worship and commune with the Lord in the way He desires.

As you have a variety of materials available in each category this will help them see what they feel drawn to as an expression of worship. Of course, it may vary each session as they go through the experimenting process to determine what "fits" them. Their time as a Follower and Disciple is designed to help them explore the categories and they shouldn't feel "locked in" to one thing. Of course, to develop skill it will require commitment to one expression but we shouldn't rush anyone or push anyone into choosing a worship art expression to pursue.

At the free art sessions, the Mentor provides a variety of materials for each category, even if everyone contributes to the cost. Some ideas are:

- Performing artists: a variety of colored dance ribbons, scarves, props or costumes, puppets
- Visual artists: canvas, paper, paints, pastels, pencils, video camera, polaroid camera
- Literary artists: Bibles, reference books, notebooks, pens, whiteboard
- Audio artists: drums, autoharp, shakers, rainsticks
- Culinary artists: theme related food art or fragrance recipes, snack recipes from other countries/cultures, books describing customs of other cultures, nutritional or healing books
- Sculpture artists: clay, beads, or any variety of crafts
- Architectural artists: sand or block art, paper art--folding or cutting, geometrical designs

You might want to encourage their suggestions if they feel drawn to an expression that you don't have materials available for. Is someone interested in a stringed instrument or drawing with chalk or making jewelry? See what you can do to give them opportunity to explore these areas. Certain expressions are difficult to explore without some instruction. Most everyone can come up with something if you give them paint, a brush and canvas without too much instruction. However, most people won't be able to do much with a piece of origami paper if they've had no training in it. If someone shows an interest in something like origami then you could set up a video for them to watch during free art time so they can learn basic folds or simple projects. If they're interested, then they can practice on their own outside of session time and then learn a new project at the next session.

Performing, visual, audio, sculpture, and even literary arts to some extent are the easier ones as far as spontaneity during free art time. Culinary and architectural usually require more planning or preparation. For architectural arts you may have blocks or sand materials available, or design materials which they can do a lot with on their own, but if someone wants to work on a bigger project or help you with setting up then that may require a little more thought. Be open to those who want to help you set up ahead of time. That is an architectural art type of gifting.

Culinary art may require a different approach, especially with younger kids. Older culinary artists may bring ingredients to a session and prepare a snack to share, however, younger kids may not think that far ahead, or have the resources to do it. One way to have a culinary art project for free art time is to provide ingredients for a simple snack that is either related to your theme, or choose a snack from a foreign country and have your culinary art kids prepare it/plate it for the others. This works especially well if your group is an intercessory type group that has a love and calling to reach other nations. You might include some historical or cultural tidbits about that country. Have him or her read what you prepare, and share it in their own words with the others. Once again, the culinary artist unites the body. Our New Testament commandments are to love God and to love our neighbor. We love, serve, and worship God, but we love people too. As we study history, literature, and other people groups (or even earlier time periods of our own nation), we are growing in our understanding of others and better equipping ourselves to love.

As a Mentor, seek to inspire those in your group, and others interested in worship art. Consider books or movies that give insight into a category of art your group is strong in. Introduce them to master artists in the various categories of art. Visit art museums, plays, dances etc. as well as God's creations in nature. Visit parks, mountains and rivers. Run and play outside. Take in the beautiful views of God's creation through your eyes, ears, smell, taste, and touch. In Ray Hughes' CD series on the Tabernacle of David he talks about how the musicians had to have training in the areas of history, poetry, and politics. They went through a minimum of seven years training and had to be able to recite the Scriptures word for word!

As a Mentor, especially of a kids group, being prepared and giving some simple guidelines will help to develop a worship flow. Remind them ahead of time to listen to the Holy Spirit in the music and in the Scripture, and not do a lot of talking with each other. Let them know there will be time for talking with each other at the end. Encourage them to create art from their heart. Have them decide which category they will do before starting the music, (or whatever you are using to start with). Let them explore in more than one category if they prefer, depending on how much time you have. Mention to them that in some categories they may not have a "takehome" project, yet they will still have an experience, hopefully an encounter with the Lord, that they will carry in their heart if not in their hand. At times it may appear "chaotic" with a lot of movement going on. Don't be discouraged by this. Sometimes a few moments of connecting with the Lord is more powerful than an entire polished looking service. Consistency in coming together to worship on a regular basis, growing closer to the Lord and each other, is what is important.

If they feel "stuck" and can't seem to create anything, they can walk around and look at what others are doing. Part of our purpose is to inspire each other in worship so this might be exactly what's needed at times. However, encourage them to not worry about what their project "should" look like and not to compare their art with others. We're not striving for perfection. Remember, our worship is sometimes messy, what comes from the heart is sometimes messy to us, but God thinks it's beautiful! If your group seems to be getting into a rut, try some different

things. Have everyone do the same thing—all worship with a drum or a flag at the same time. You could have them try painting with their opposite hand, or with their feet if you're feeling adventurous. Have them write in a circle or a square instead of line after line. Use your creativity to help get them out of a rut, or to inspire them to expand their thinking. Go on a field trip to observe nature and learn from the Master Artist Himself. Frustration might come if we try and get our inspiration from people and other artists rather than the Lord. What better way to hear from Him then to be in the middle of what He's created.

## I have seen a limit to all perfection; Your commandment is exceedingly broad. Psalm 119:96

A good point to remember concerning free art time is that perfection has limitations, the Word of God does not. Expand your thinking when creating! At times you might see something and try to capture that in a painting, dance etc. Yet other times it might unfold as you create it. There is no right or wrong way to create worship art. A literary artist may "just" read and meditate on a Scripture. If there is a way for him/her to write a few words concerning what He feels where other members can see it that would be great, such as on a whiteboard. This may not appear like much on the surface, but it's what's going on in the heart that matters. Is he connecting with the Lord? Is she pulling thoughts from the spiritual realm into our world for us to capture a message from the Lord?

A Scripture and theme chosen ahead of time for your free art sessions will not get in the way of a "spontaneous flow of the Spirit." The Holy Spirit can tell you ahead of time what He wants to focus on for the session just as easy as He can at the last minute. Knowing the theme ahead of time helps when choosing materials, ingredients, inspirational props or décor. Deciding how much time you will allow for art time is not wrong either. Of course you can always adjust the time as needed, but by setting a time limit you can be sure to come together afterwards to talk about two things:

- 1. What you felt the Lord was showing you during your worship art time and
- 2. What you see in each other's art. There is a message, not only in each person's individual art, but in your combined art as well. As a Mentor, you might seek the Lord about this after everyone has left and summarize it at your next session.

In a home based group you might have one station at a dining room or kitchen table with three categories-visual, sculpture and architectural artists. These are the more "hands on" type creations—paints, markers, crayons, pencils, clay, beads, fabric, sand, blocks, architectural tools, origami paper etc. A second station may be in the living room or family room for performing and audio arts. A third station might be at a kitchen or dining room counter for a culinary arts project. Finding a corner for a literary artist to hide away and read or write works well. Of course there is no right or wrong, do what is best for the space that you have.

You might find that you become a group of just one specific category or expression. For example, a theatre group, dance group, painting or photography club. You might become a book or poetry club with discussions on great literature or creating your own. Cooking, gardening, pottery, clothing, or other craft groups might be your focus. Or maybe a musical band or choir. Some may go on to be great leaders, entrepreneurs or even political leaders. There is an advantage, however, to having groups with a mixture of gifts as your group can represent the entire body of Christ worshiping the Lord together. Yet if it works best for you to have a group of one or two categories then go for it. You may have a group of musicians along with painters. You may have a book club or Bible study with actors who perform your scripts, dancers who enact your poems, or sculpture artists who create props and costumes. The possibilities are quite numerous, especially if you consider that each person most likely does not just have one category of gifting but a unique combination.

Finally, the Follower and Disciple levels don't have to stop at eight sessions. You could stretch out each level by adding the four free art sessions, seven Go Play Outside field trips, seven trips to visit the works of other artists, holding outside events or the yearly feast, and even a levelend session where you make a beaded wristband to remember that level by. If you want to take your time at each level, you definitely can!

# **Chapter Five**

## **Introduction to Worship Art Details**

## **Knights of Worship**

Years before I wrote these worship art books, the Lord showed me a group of artists gathering for nights of worship. I saw painters, poets, dancers, sculptors, musicians etc. all gathering and worshiping the Lord with their gift. They were Knights of Worship gathering for nights of worship. This was around 2006. I had never heard of worshiping the Lord through the arts combined together like this and wasn't sure what to do about it, so I did nothing. Then in 2011 the Lord downloaded this Worship Art practice to me all at once and it took 2 ½ years to write down the first completed copy, with many years of editing and restructuring after that.

There are many ways to practice worship art—group, individual, children, adults, mixed, family, church, homeschool etc. What you may find as you start practicing, is that people want to join with you along the way. On the one hand, it may be difficult for them to catch up to where you are. You are all learning together as you go along, especially as you explore the different categories of art. Yet you don't want to turn them away. This might be something to think about how you will handle. Another option is to hold "Knights of Worship" type sessions which you could open to others so they can explore the various categories and expressions of art.

The three levels to Introduction to Worship Art are Follower, Disciple, and Servant.

### **Follower**

The Follower level is the entry level. If we were to compare this level to spiritual growth, we'd say it's like those who have heard of Jesus and have made the decision to follow Him, but are in the introductory phase. There are eight sessions, and seven of them cover each of the worship art categories so you get a chance to experiment in each one. The first one is an introductory art project. The seven sessions have a pre-planned project; however we leave some room for your own creative expression. There are also four ideas for free art sessions which allows for each member of the group to choose which categories they want to work in for each themebased session. Outside events, the yearly feast, and Go Play Outside field trips are also suggestions. As I mentioned earlier, this practice is like the skeleton. You add to it to make it your own.

## Disciple

The Disciple level also has eight sessions, which again cover the seven Ho Hodos categories with different projects. There are also suggestions for four free art theme-based sessions if you choose to do them. Both the Follower and Disciple levels have what we call "Go Play Outside" suggestions, which are field trips you can take to study the Master Artist's handiwork in nature. Or, suggestions for visiting the inspired work of human artists.

#### Servant

The Servant level is the final level. It's called Servant because Jesus taught that the "greatest" among you should be the servant of all. As we grow closer to Him, our love, humility and service to others will be greater. You are a friend of God who partners with Him to build His kingdom. As a Servant, your art not only honors the Lord, but unites His family. At this level, your worship art practice becomes more uniquely yours. There are twelve theme-based sessions with a Scripture theme and a variety of art ideas in each of the seven categories.

If you've been holding certain events every year, such as the yearly feast or certain outside events, then you may want to continue that. Seek the Lord as to how your worship art may glorify Him and impact the culture. You might consider mentoring a new group. Maybe a group at your church, a homeschool group, a group of those in a transition period in life, those in a nursing home, those recovering from a disease or addiction and looking for new direction, etc.

After the twelve sessions, you might consider continuing your group. If you do, there are many ways you can come up with a theme to bring focus and direction to your sessions. A Scripture--a Psalm, a Bible story or character works well. Have everyone study the Psalm, or whatever, between sessions and then let it come alive during your worship art time. Consider this whether you are in the practice individually or in a group. Someone might come up with a specific object, like an hourglass or waterwheel. Ask the Lord for the interpretation of what comes up during your sessions. If your group is one of a specific category, like culinary arts for example, add variety by learning a practical skill—like canning. Another idea is to have a whole session on how to improvise if your regular "tools" or "materials" are not available. What if a visual artist had no paint? An audio artist didn't have his regular instrument? Sometimes we need to think outside the box to get our creative juices flowing and make sure we're continuing to hear from our heart and not just our head!

#### **Servant Knight**

A Servant Knight is the cumulation of what this Worship Art practice is all about. The Servant level is the final level, and this is where one becomes a Servant Knight. A true Knight of Worship.

The Servant workbook describes this in more detail, but basically a Servant Knight is one who has come to the Servant level, and has willingly and joyfully surrendered to his/her purpose of worshiping God. A Servant Knight is...

- Loyal to the King of Kings, standing in His defense and the Gospel.
- Seeking skill and the anointing of the Holy Spirit in their God-given gifts.
- Courageous and willing to engage in spiritual warfare against the spiritual enemies of the Lord.
- One who is filled with love & humility, serving and praying for others.

- Righteous and holy, with evidence of the fruit of the Spirit in their life.
- Defends the poor and oppressed
- A seeker of truth, who prefers truth over pleasure.

A Servant Knight recognizes a land or region—an area of worship art—that he/she is called to. He is a Christian who has godly character, armor, and training. Knights colors were usually black, red, and white. These same colors are also used in the very first Follower session art project. Black represents the darkness and sin we experience without Jesus and our death to it. It also represents all that would separate us from what the Lord has called us to do. The red represents the blood of Jesus which He shed for us, separating us from the darkness, washing and cleansing us from all sin. The white represents the righteousness we receive from believing in the Lord Jesus, and the bride we are to be for Him.

### The Alpha Round

The first thing I began to develop in the formation of this Worship Arts practice was the Alpha Round. It's called *Alpha* because it's the first one and *Round* because I didn't want to call it a performance. It's so much more than that. However, the Alpha Round may be done in front of an audience as an encouragement for the body of Christ to worship the Lord together.

There was a lot of re-structuring in the beginning and eventually I saw the Alpha Round for what it is—an opportunity for all worship art gifts to worship the Lord together in a routine, (round). I realized this would be best done after going through the practice, so I include it as an option in the Servant book. The development of the Alpha Round fulfilled that which I saw years earlier, and I didn't even realize it at first. I had completely forgotten about the "Knights of Worship" the Lord showed me years earlier until I came across an old webpage from an old website. I realized then that this worship art practice was how that could become a reality.

The Alpha Round is a routine where each of the seven categories of Worship Arts are practiced at the same time as an expression of worship. It is a loosely structured routine allowing for variety in the round. It is described in detail in the Servant book.

### **Scripture Basis**

As you progress through the practice, having a Scripture theme becomes more pronounced. It doesn't mean you have to have the Scripture written on your project somewhere or create something that is an obvious copy of the Scripture, but rather create something that contains a scriptural truth in a way that is inspired by the Holy Spirit and His creativity within you.

#### **Outside Event**

A big part of our purpose is that through our lifestyles, prayer, and worship, we bring God's presence into the community. An outside event can be anything the Lord leads you to do

to reach out to your community. They may be performances or displays, prayer walks through neighborhoods, outreaches in nursing homes, schools, soup kitchens or whatever the Lord puts on your heart to do as an outreach.

These outside events are great opportunities for kids (or adults) to learn that life is not all about our own little circle of friends. We are meant to be the salt and light of the earth. How would the Lord have you or your group reach out to the community? Use these events as an opportunity to see how to come up with ideas, pray and plan for an event, overcome the obstacles that may be associated with it, working with others as a team, recognizing each other's gifts and getting the opportunity to put all their gifts into practice, (ex—leadership, serving, prophetic, giving, mercy, teaching or exhorting, as well as their creative art gifts), and feel the satisfaction of following through when it's all done.

### **Yearly Feast**

The Israelites celebrate three feasts in the fall of each year. These feasts represent the Messiah's rule. They are the feast of Trumpets (Rosh Hashanah), The Day of Atonement (Yom Kippur) and the Feast of the Tabernacles, (also called Feast of Booths or Sukkot). Our "yearly feast" follows the example of the Feast of the Tabernacles so we recommend its held in September or October, around the time of the Feast of the Tabernacles, (Deuteronomy 16, Leviticus 23:33-44). This is a celebratory gathering with a meal using the biblical feast as a guideline. The Israelites were told by the Lord to live in booths for seven days during this feast. It was to be a reminder to them of when the Lord dwelt with them while they wandered in the wilderness for forty years. The Lord was with them and brought them through that time. This feast is a great celebration of the provision, protection, and presence of the Lord.

Some of the ideas are to include more than just the members of your group but the families as well. Have some worship art displays so the families can see what you are doing. Have art "booths" where everyone can participate in creating art. Have a meal, a time of worship, a drum circle, a walk or race to raise money for the poor (ours was called the "Bell Trot" based on Zechariah 14:20). You could have a performance, testimony time, communion etc. This is a great opportunity for everyone in your group to practice their individual gifting—culinary artists, musicians, performing artists etc. It can be a lot of fun too!

If your group is interested in these biblical feasts, you might look at the other two fall feasts, as well as the other feasts mentioned in the Bible. There were three feasts in the Spring. As believers in Christ, these feasts represent the Messiah's sacrifice. They are Passover, Unleavened Bread, and First Fruits. There is also one feast called the Feast of Weeks (Pentecost).

Once again, your practice can become whatever you desire it to be!

## Our Logo



# Gladly Following the Way!

**The Cross:** Represents Christianity and Jesus.

 $\textbf{The Person:} \ \textbf{Inspired by Psalm 30:11-12} \ \textbf{represents} \ \textbf{\textit{gladness}}, \ \textbf{because the Lord turns our}$ 

mourning into dancing!

## What does Ho Hodos mean?

**Ho Hodos** means "The Way" in Greek. It means Jesus is The Way (John 14:6) and was also used to describe Christianity (Acts 9:2).

# **Chapter Six**

## **Practice Types**

There are a number of different settings for you to practice Worship Arts. As previously stated, Our Worship Arts practice is simply a platform for you to build on. It's the black and white to which you add the color. However you choose to go through the practice will depend on a number of things. Will you go practice alone, with your family, or another group? Listed here are some ideas, but you may have an idea of your own which will fit you better.

## Which practice type is best for your child?

The kid's workbooks roughly fit ages 7-15. This is simply a suggestion. The kids practice requires a Mentor and the Mentor book, so the best guide is to look at whether someone will be able to go through the practice on their own and provide their own materials. Here are the basic kids practice types:

#### **Individual Kids Practice**

A Mentor, and Mentor book, is required for the kids practice in every setting. An individual practice for kids would be where a parent is the Mentor. Sessions would most likely be held at home and work around the family schedule. It's possible the Mentor could be someone other than the parent, but the parent is the most obvious choice. The parent will go through the practice with the child(ren). It becomes an opportunity for parent and child to bond together, gaining understanding and appreciation for each other's gifts as well as their own.

### **Family**

The family practice would be a situation where two or more members of the same family practice together. It could be children and/or parents, or any combination. Once again, this would most likely be in a home setting and work around the family schedule. The advantage of family practices is that they work on their art together and can plan events, field trips, watch movies, or read books that correspond with the art categories. The workbooks are designed so the sessions coordinate and can be done together, whether child or adult. This is a great opportunity for families to grow in relationship and appreciation for each other's gifts!

### **Homeschool Group**

A homeschool group would be the same thing as a family group if it's kept within the family, but it could also be a group of homeschool kids who are taught by one Mentor, such as in a co-op. The advantage here, as with any group, is for relationships to be built and for kids to develop an appreciation for other people's gifts while discovering their own.

### **Church Group**

A Mentor may open up a group to a church and hold sessions either during a service or at a separate time. Once again, the kids can build relationships and appreciation for each other and learn to listen to the Spirit of God, not only for themselves and their gifting, but to discover how they fit into the body of Christ as well. Bringing a church group all the way through to the Servant level and even becoming Servant Knights would be a great way to give examples of the body of Christ worshipping the Lord together---individually yet while working together to build His kingdom.

### **Neighborhood Group**

A parent might want to open their group up to neighbors or other friends, similar to a homeschool or church group. However, you want to be sure the other kid's parents have an understanding of what worship art is about so they are in agreement with what their children will be taught and experience, and will cooperate with session times.

### **Community or School Group**

A community group could be formed, or a single class held, which would help those in the community make art from the heart. This opportunity to practice listening and creating from the heart is an important way for kids and adults to begin a spiritual journey. God talks to our hearts, as well as in nature. With some creative imagination you can use art to help people in your community open their hearts to the Creator without being too "preachy." This would be a great outside event. And possibly a way to start a new group, or add to your own.

### **Therapeutic**

A child, or adult, can go through the practice as a way to bring healing and deliverance through the spiritual growth that comes as a result of connecting with the Spirit of God and learning the Word of God. Consider foster home kids as a possible group.

## Specialized

As mentioned before, a group may become specialized in one category such as dance, music, cooking, literature, crafts etc. I would try and keep a variety if possible, but there will be those groups that become specialized after a while.

# **Adult Practice Types**

The adult practices are similar to the kids but have some unique opportunities.

#### Individual

Of course, an adult may go through the practice on their own, holding their own sessions and events, and working through the workbooks on their own.

## **Family**

As already mentioned, adults may join with family members and go through the practice as a family group.

### Church, friends, neighborhood

In an adult group setting, it works best if one member is the Mentor. Someone needs to coordinate the time and place of the meetings, and make sure the art supplies are acquired. There is no adult Mentor book, this guidebook really serves that purpose. You may go through the practice with the others in your group or start a group after you've worked through on your own. For example, you might go through the practice on your own and once you reach the Servant level decide that you want to start a Follower group at your church or in your home and mentor others through the practice.

Consider a transitional group of those going through changes in life—empty nesters, those going through a career change, recent graduates, those who are widowed or new to the area. Think about those in nursing homes, foster homes or those recently released from prison. There are numerous opportunities to gather a group together for the purpose of focusing on the Lord and discovering purpose in life.

### **Community Group**

A group or even one-time class can be held for the community in a variety of creative ways. Even if you do nothing more than focus on a group creating heart-led art, you are helping them to connect with their spirit, which is where they have the potential to connect with the Lord. Depending on a group's level of spiritual belief and growth, this can be adapted in a variety of ways. Wouldn't it be great to prepare a community to think creatively? How would that help during times of crisis? What about adapting it to fit a "pioneer" group which learns basic survival skills. Connecting with nature in this way provides opportunity for spiritual growth and experiences without requiring they fit into your particular denomination or doctrine.

#### Specialized or Therapeutic

As mentioned above in the kids practice types, adults may form a specialized or therapeutic group as well.

# Should I do it?

Yes, of course! However, my advice is always to seek the Lord. This practice is a platform for you to use to draw closer to the Lord either by yourself or with family and friends. It's also a ministry tool which you can adapt to mentor others with you on your worship journey if you feel that call. Enjoy your worship journey!

BibleSeed.org

### **Notes**

- 1. "Worship" Noah Webster's 1828 American Dictionary of the English Language. 2014. (26 January, 2014). http://1828.mshaffer.com.
- 2. Living in the Land of Your Anointing, Rose Murdock, Xulon Press, Maitland FL.
- 3. *A Thomas Jefferson Education; Teaching a Generation of Leaders for the Twenty-First Century,* Oliver DeMille, TJEd.org / Oliver DeMille.com
- 4. Pontiac...The Making of a U.S. Automobile Capital 1818 to 1950, Esmo Woods, 1991
- 5. "Poets" *Strong Exhaustive Concordance of the Bible*, James Strong, Crusade Bible Publishers Inc.. Nashville, TN.
- 6. Mobilizing the Armies of God, Rick Joyner, Whitaker House, New Kensington, PA.
- 7. Designed to Worship, Ray Hughes, Selah Ministries.
- 8. The Call, Rick Joyner, MorningStar Publications, Charlotte, NC. Page 163