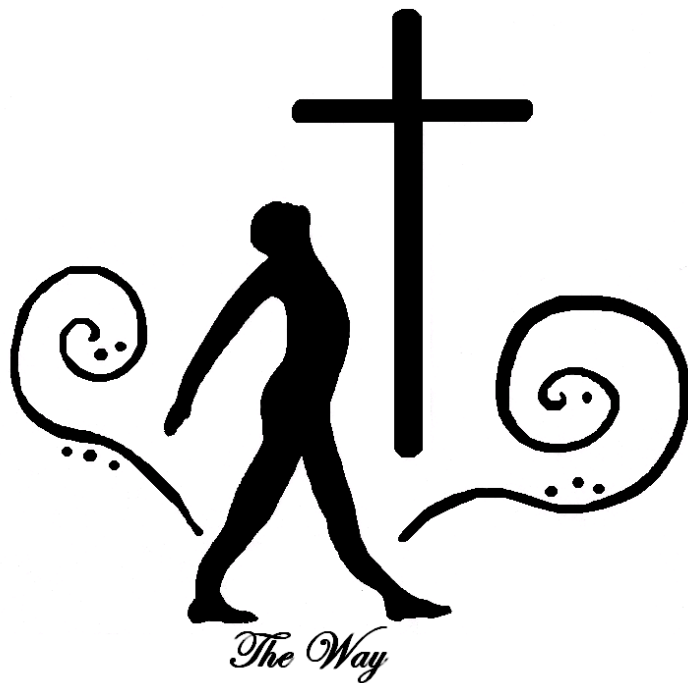


Introduction to

Worship Arts

Follower Level

art that worships...be the art



Introduction to

Worship Arts

Follower Level

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Bibleseed.org

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Introduction to Worship Arts -Follower Level

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Introductory Note

If you're looking to do meaningful art at home by yourself, with family, in a group, or with friends, this practice is for you!

This Worship Arts practice is more about exploration than it is about developing skill. The focus is not on learning art skill, but to take the time to create and explore, discovering the gifts God has placed within you. You are made in God's image – the Creator's image. He loves each one of us, having given all of us gifts to discover.

This book is designed to be used for individuals or groups as an introduction to worship art. You may go through the practice on your own, or in a group. If you have kids in your group (such as in a family), each child uses a kids book and each adult uses an adult book. The categories of art are the same for each session so a mixed group of kids and adults can go through together.

However, if kids are in your group, one adult needs to use a Mentor book as it has all of the instructions for the kids book in it. If your group is all adults, you will not need a Mentor book, but each adult needs their own book. I strongly suggest getting the Guidebook which explains the practice in much more detail.

I suggest you prayerfully choose inspirational worship music to play during art time. These may be pre-recorded, however figure anywhere from 30 to 60 minutes. I always feel live is best, but most often that is not possible, so pre-recorded will work, just don't throw something in at the last minute, put some thought and prayer into it.

After sessions 2-8 there is a page titled "Go Play Outside." These are ideas to do in addition to your indoor art sessions. They can be "field trips" to explore what God Himself has created. There are suggestions for each category. For example, visit a park where you can move around or watch how creation moves. This is a performing arts type of inspiration. Or go to any beautiful scenic place which inspires creativity in visual and literary arts. A berry farm, apple orchard, or fragrant garden is a great place for culinary inspiration. Listening to birds, brooks, waterfalls, rain, or even fire can be inspiring in the audio arts. A sandy beach (or snowy field) is a perfect place to sculpt, and natural architecture like beaver dams, bee hives or even the structure of a tree or plant adds to an architectural art inspiration. What better way to be inspired than from the Master Artist Himself? You might also visit art museums, theater, concerts, restaurants, libraries, etc. which may give inspiration from other artists.

Included in this book are suggestions for events you can do as an individual, family, or other group. These "outside events" and the "yearly feast" are opportunities to display or perform your art, or reach out to the community.

If you are in a group and want to extend this level before moving on to the disciple level, you may hold what we call "free art time" sessions which simply means you hold a session where there is not a pre-determined art project or category. At a free art session, each person chooses what they want to do providing their own art materials, unless you have a group leader who will do that. At a free art session you would normally choose a theme ahead of time and work around that. There are four ideas for themes and art projects in the free art section of this book. You could

even stretch this level out to twelve, 19, or even 26 sessions. By adding the four free-art sessions, seven Go Play Outside in nature, and seven visits to Inspiring Ideas from Inspired Artist, You can make this a thorough study of these seven categories of art. Top it off with corresponding books or movies and add even more depth to the practice!

The last page is a suggested project we call the level-end project. It is a wristband you put together with each bead representing all that you do at the Follower level.

If you haven't read the Worship Arts Guidebook, I recommend you do. It goes into more detail regarding this worship arts practice as a whole. Be sure to check out our website for ideas and helpful tools too. Take some time to at least skim through this book in its entirety before you start so you get an idea of what to expect.

Make your practice as unique and diverse as you want it to be! Our desire is for each person and group to experience the freedom to create, and express worship to the Lord through their God-given gifts.

Enjoy!

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Introduction to Worship Arts

art that worships...be the art

Welcome to your worship arts practice!

What is worship art? There may be many definitions. Some call it a musical team leading a congregation into worshipping God. That is one definition, but we change ours a bit to include anyone and anyplace – not just those who are leading worship, not just in a church gathering, and not just music. For our purposes we define worship art as *creating art as an expression of worship to God, using the gifts, talents, and resources He's given to you*. By this definition, your art becomes your calling, and working in it is an adventure of its own!

You could say that worship art is also prophetic in the sense that it can bring something from God's heart to yours, and you can pass that on to others. As you create your art projects, endeavor to reach into His spiritual realm and bring something back into our physical world.

At the Follower level we start with an introductory session and then continue with seven sessions, each one covering a different category or type of art. We ask that you try each one even if you think you think you may not like it. You might be surprised.

There is a list of art categories on the next page. Notice that each category has several "expressions." For example, the performing arts category has expressions of dancing, theater and film. There are seven categories, but the expressions listed for each category are just a sample. You may practice whatever expressions art you like. We've also given each category its own color. Together they make a full spectrum of beautiful art!

God has made you a very unique person! You are special to Him. No one else is like you. Ask Him to help you draw the creativity within you out. You are made in His image and He is a creator. Your art can honor Him, as well as bless and inspire others.

I pray that as you create, His love pours over you and worship springs from within your heart. I pray that His anointing grows in you, so you can be skillful in your art and full of creative ideas. I pray that you have everything you need to make creative worship art!

Get ready for your worship art journey!

Rose Murdock

Worship Art Categories

Category:	Expression:
I. Performing Arts: Color: Red Grace: Serving	dance, acrobatics theater, drama, opera, mime spoken literature, storytelling film, video
II. Visual Arts: Color: Yellow Grace: Prophecy	drawing, painting, chalk still and video photography, scrapbooking computer graphics
III. Literary Arts: Color: Purple Grace: Teaching	written stories, books, poetry, songs, psalms scripts, sermons, blogs, journals
IV. Audio Arts: Color: Dark Blue Grace: Exhortation	music, instruments singing making sound & rhythms listening and recording sound & rhythms lights and frequencies
V. Culinary Arts: Color: Green Grace: Giving	food preparation, cooking, food art nutritional studies gardening fragrance-essential oils
VI. Sculpture Arts: Color: Orange Grace: Mercy	crafts, wood, stone, metal, leather, clay, jewelry knitting, fabric, clothing
VII. Architectural Arts: Color: Light Blue Grace: Leadership	design & construction – building, landscape, furniture interior design restoration, organization, planning, de-cluttering paper folding or cutting, geometric design

This is not a complete list, but just a sample of the many art forms
that expand as far as your imagination!

Session 1

Please review each session several days ahead of time. There are things you will need to have prepared before the session starts. The first session is an introduction. The next seven sessions will cover one category each session.

For today's project you will need: Instrumental worship music, 1 wood board (12" x 12" or smaller), one piece of black linen cloth (9" x 9" or smaller), pen or pencil, scissors, glue, one piece of red tissue paper, one piece of white tissue paper, a mirror that can be glued on to the project, assorted feathers and stars, (Optional) piece of scrapbook paper.

Worship Art

Beginning next session, we will focus on one category each session. There is a study you will do at the beginning of the session and then you will do an art project in that category.

As a Follower, you make worship art projects from each of the seven categories. This way you get to try out each category and see how you like each one. In general, worship art projects may be either planned or spontaneous. Just because you plan a project doesn't mean it's not inspired from the Holy Spirit, and just because you create something spontaneously doesn't mean it is. Your frame of mind and the attitude of your heart will have much more to do with the atmosphere your art creates, than whether the project was thought through ahead of time or not. God contemplated over the earth before He created it! However, we don't want to pre-plan projects to the extent that it takes all your opportunity to be creative out of it.

Your art doesn't have to look "religious" for it to be worship art. It can be full of life, even if it's not religious looking. You are made in God's image and you are someone He loves very much. You are His creation! He breathed His own breath into the first man Adam to make him come alive. His breath makes you come alive too!

Because you are made in God's image, you are a creator. He has given you gifts that make you uniquely who you are. He's given you breath, so you can breathe in His Spirit and speak out words. As a human being filled with His Spirit, you can exhale His life through your words and your work – your art.

Just like God put Adam and Eve in the garden to work and take care of it, He has a garden for you to work in too. When you worship God creatively through your work, which is your art, then the result of that creative energy brings life into the earth!

Free Art Sessions

Towards the back of this book you'll see several pages of suggestions for something called *free art time*. These are theme-based sessions where you choose which category of art you want to work in and whatever project you want to make from the materials you have available. These are optional sessions you may hold if you feel so inclined after you've gone through the seven categories.

Go Play Outside

After sessions 2-8 you'll also see pages titled *Go Play Outside*. These are optional "field trip" ideas. On these field trips you go to a place in nature where you can be inspired by the Master Artist Himself—God. You might also take a trip where you can be inspired by other artists.

Events

Also towards the back of this book are suggestions for worship art events. This could be a *yearly feast* in the fall around the time of the feast of the tabernacles as described in the Bible, or an *outside event* which is any type of event you would like to hold throughout the year to display or perform your art, or reach out to the community as a group.

These field trips or events are optional suggestions for additional ways to use art as a form of worshipping the Lord or blessing the community.

Level-end Project

On the last page of this book you will find a wearable art idea as a final session project. It's a beaded wristband where each bead represents an art project, field-trip, or event you created or participated in. A good way to remember your Follower level experiences!

Session 1

Take a moment to check off which of the following types of art interest you.

- Dancing
- Theater – Acting, Opera, Mime
- Gymnastics, Acrobatics
- Storytelling
- Making Videos
- Drawing
- Painting
- Photography, Scrapbooking
- Computer graphics
- Reading
- Writing – Stories, Books, Poetry, Songs, Blogs, Journals, Other
- Listening to music
- Playing an instrument – which one(s) _____
- Anything with sound & rhythms
- Recording music, sounds, or songs
- Singing
- Exploring with lights
- Cooking
- Gardening
- Working with fragrances – Essential oils, Perfumes
- Crafts – Clay, Wood, Stone, Metal, Leather, Jewelry, Knitting, Sewing
- Other crafts- _____
- Architecture--designing buildings, landscape, furniture
- Interior design or decorations
- Origami or other paper cutting/folding
- Construction of any type

Worship Art Project

You will need:

- ✓ 1 wood board, 12" x 12" or smaller
- ✓ 1 piece of black cloth, 9" x 9" or smaller. It's easiest if its slightly smaller than the board. Linen works well or anything you can write on with a pen or pencil. The writing isn't supposed to show.
- ✓ Pen or pencil
- ✓ Scissors
- ✓ Glue
- ✓ 1 piece of red tissue paper
- ✓ 1 piece of white tissue paper
- ✓ (Optional) piece of scrapbook paper
- ✓ 1 mirror that can be glued on to the project
- ✓ Assorted feathers and stars

Before you start the art project, this might be a good time to pray and ask God for clarity concerning your gift. This project is designed to help you open your heart to the Lord and break free from anything that might be hindering your creativity and ability to worship freely.

To start, play some worship music. Set the board in front of you with all the materials at hand. Be sure to focus on the *meaning of each step* as you do it.

Read over the meaning of each step as described below – the black cloth, the red paper, the white paper, scrapbook paper, the mirror, stars, and feathers.

Before you start the project decide where on the board you want your mirror to be when it is glued on at the end. Keep that in mind throughout your project and keep that section as flat as possible.

First, take the black cloth. Write or draw anything on the cloth that is bothering you, or anything you think might be keeping you from being creative.

Next, cut the cloth with the scissors, or rip the pieces up and imagine that those things you wrote are being destroyed as you rip.

Glue the pieces of the cloth to the board, on one side of the board only. Remember to keep it flat in the area where your mirror will go.

Cover the cloth pieces and the board with glue.

Take the red tissue paper and crumble it. As you do, think of how Jesus died for you—He was crushed, bled, and died for your sins.

Unfold the red tissue and glue it over the board and the black cloth. Remember to keep it flat where the mirror will be. As you do this, remember that God forgives your sins when you ask, and heals you from all wounds.

Session 1

Cover the board with glue again.

Take the white tissue paper and spread it out over the board. Remember to keep it flat where the mirror will be. As you do this, think about Jesus making you clean, pure, holy, and healed. He separates you from all evil.

Optional—Take the scrapbook paper and cut it into shapes. Glue them onto your board. Remember to keep it flat where the mirror will go. Think about how you are unique and different from other people. God has made you special and has given you gifts that are just right for you.

Next, take the mirror. Look at it and examine your face. Be very still. How do you look? Happy? Tired? Sad? Look at your eyes. Imagine Jesus inside of you looking at you through your eyes and telling you He loves you. Whenever you look in this mirror, remember that Jesus loves you. And if you believe in Him, He is in you!

Glue the mirror securely onto the board.

Isaiah 40:26

Lift up your eyes on high
And see who has created these stars,
The One who leads forth their host by number,
He calls them all by name;
Because of the greatness of His might and the strength of His power,
Not one of them is missing.

Psalms 61:4

Let me dwell in Your tent forever;
Let me take refuge in the shelter of Your wings.

Psalms 63:7

For You have been my help,
And in the shadow of Your wings I sing for joy.

Decorate your board with stars and feathers to represent the above three Scriptures. As you do, think about the fact that God has made you unique, He knows your name, and you can find shelter and joy in His presence.

Use the space below to tape a picture of your project.

Session 2

For today's project you will need: Worship music, sock puppet materials—clean socks, eyes, buttons, yarn, glue, scissors, fabric markers; the performing arts color is red so consider “red” decorations—tablecloth etc. Consider video-taping your puppets. The sock puppet project coordinates with the kids book.

Alternate Project: As an alternative, you could wear or create your own hats and develop your character that way. Or, play the role of an object, bringing it to life with a personality—a chair, pen, toaster, broom etc.

Performing Arts Study

dancing, gymnastics, acting, mime, storytelling, puppet skits, making videos

Color: Red / Grace Gift: Serving

In Acts 17:28 Paul mentioned their “poets.” This word also means performer. He said that their poets said, “In Him we live and move and exist.” As a Christian we live in Jesus. We move and exist in Him and with Him in all that we do. Performing arts is all about living and moving in and for Jesus. Performing arts tells a story—fictional or true. It is kind of like the parables Jesus told. When people hear or see a story it helps them understand the message.

Performing arts is not just for entertainment. When done as worship art it's not done to make you famous! It could be to give a message to people through the story you tell—a message about God's ways, His creation, truths, or about God Himself. It could also be worship—you could dance in worship to God or because of the joy He gives you like David did. Performing arts can also be a way to pray—intercede—for other people. You would be talking to God to help someone else through your movements. It could even be prophetic, meaning that God sends a message to people through your moving art. Ezekiel had “art” like this.

Before God created the earth, He moved over it by His Spirit, (Genesis 1:2). If you believe in Jesus you can be filled with His Spirit too. When you are, He will help you create art that is unique, exciting, and full of His life! With some worship art projects, you will not end up with an object at the end. This doesn't mean you have not created art. What you bring into this natural realm from the spiritual realm is more “real” and lasts forever. (2 Corinthians 4:18). Don't rush through these projects that have no “end” to them but take the time to birth what God wants from this project!

There is a difference between an artist's tools and his art. It's sometimes easier to see that a visual artist's tools are things like paint, brushes, canvas, cameras etc. and their art is the picture that they create. In worship art we want to remember that the art is more than just the picture, but the spiritual act of worship that goes along with creating it. In performing arts, the tools are the costumes, props, ribbons, etc. and the art is the act of worship itself or the message being communicated through the act.

Performing Arts Project

Before creating, God moved over the earth's stage!

A large part of acting is knowing the character you are playing. This project is about developing your character's personality. This could be yourself, or someone else. Maybe someone you are praying for.

You will need:

- ✓ A new sock
- ✓ Materials to turn your sock into a puppet— glue, yarn, scissors, eyes, buttons etc.
- ✓ If doing the alternate project, you just need hat(s). Apply the instructions below to your hat-wearing character instead of a puppet

Project Sock:

Before starting, think about what kind of character your puppet will be. Is it a boy or girl? Young or old? Talkative or quiet?

Name: Come up with a name. How can the name describe your character's overall personality or a specific character trait?

Personality: What are your character's hobbies? His job? His position in society? His spiritual condition?

Voice: What will your character's voice sounds like? Practice using different voices to come up with one for your character.

When you are all done, introduce your character to others in your group, or anyone who is willing to meet him. This would be a good time for your character to show what he or she likes to do— sing, tell stories etc.

Act it out: Now that you have your character completed, act out how he or she would respond to someone who is hurt or wounded—like in the story of the Good Samaritan. (Luke 10:30-37), or any other scenario you choose. How would your character pray for a person you know who needs help from God— a family member, friend or someone else?

Intercessory Prayer: An actor learns to fully identify with the character he or she is playing. This often happens when we pray for others, we may identify with them or feel a strong compassion on the person(s) we are praying for, which leads us to a great empathy. The love of God is more than pity, it's powerful. When Jesus was moved with compassion, He healed people. If you so desire, have a time of prayer and pray for a person or situation which you are compassionate about. Yield to the love of God that's been poured out into your heart and release it to bring God's answer into your area of prayer.

Session 2

Tape a picture of your project here!

Go Play Outside

These Go Play Outside field trips are optional suggestions for inspiration in the various categories of art. These kinds of trips can stir up an awareness of the creative aspect of God’s artwork and an appreciation for it. What better example of creative art than what the Master Creator Himself has done! Of course, inspiration can also come from human artists who have been inspired themselves, so there are suggestions for these types of outings as well (theater, museums etc.). You might also consider finding books to read in your areas of interest.

God created the whole earth, the universe and all of nature. He put creativity inside of you. Your imagination is what you use to create things. Go play outside and explore God’s wonderful creation!

Inspiring Ideas from Nature for Performing Arts

- Visit a park where you can watch how God’s creation moves--the clouds, water, trees, animals etc.
- Climb a tree, climb on rocks, or go for a walk
- Go swimming
- Go bike riding
- Use the outdoor world as your stage!
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to the theater – watching a performance like a play or dance.

Write about your trip here:

Date: _____ Place: _____

Session 3

For today's project you will need: Mellow worship music, canvas to paint on, a variety of paintbrushes, paint—a few shades of each color, optional foam shapes, optional pictures (see visual arts study); the visual arts color is yellow so consider yellow decorations.

Visual Arts Study

Drawing, coloring, painting, chalk, taking pictures, making scrapbooks, bookmarks, cards, computer graphics

Color: Yellow / Grace Gift: Prophecy

Visual art is a picture. It could be drawn, painted, photographed, computer generated etc. Visual art is like taking a picture of a certain moment in time. It could be a beautiful moment in nature or something that will become history in the future. In Numbers 33:52 the Lord told Moses to tell the people to destroy all the pictures from the land of Canaan when they went to live there. God wanted to erase the history of the land before His people lived there so He got rid of their pictures. When we want to remember a fun time what do we do? We take pictures! Visual art helps us to remember, and to remember it exactly. (Oh yeah, I forgot I used to wear that blue striped sweater all the time). So visual art can help you see something you didn't see before, or help you remember something, so you don't forget.

Take a look at some pictures or photographs you've taken. Do they remind you of anything? Do they stir up an emotion in you?

During today's session you will focus on seeing with your imagination. When God created the earth the first thing He did was make light. He said, "Let there be light." We need light to see!

Visual Arts Project

The first thing God made was light. Shine Your light Lord!

Color and Shape Project

“Then God said, “Let there be light”; and there was light.” Genesis 1:3

You will need:

- ✓ Canvas
- ✓ A variety of paintbrushes – broad, thin, stiff, soft etc.
- ✓ Paint – several shades of each color
- ✓ Foam shapes can be used to “look” at the shape from a different perspective with your eyes closed by feeling it. You could also use this as a method for choosing your shape – based on touch rather than sight.

While worship music is playing, sit with your painting materials ready and your eyes closed. Focus on the Lord instead of what’s around you.

Imagine when God said, “Let there be light.” Imagine the light showing you things you couldn’t see before. What color do you see? If you see more than one, take a minute and choose one. Now open your eyes and find a paint that is closest to the color you chose. Paint the whole canvas this one color. Use different brushes to see what each one is like. How do different brushes come out differently on the canvas? Take your time to use the different brushes with the one color. When the canvas is completely covered, set it aside for a minute.

Close your eyes again. This time look for a shape. It could be a common, basic shape or a unique one.

Open your eyes and make different shades of the one color you painted on your canvas. Add white to make it lighter and a little bit of black to make it darker. Or use premixed shades if you have them. Use these shades to paint the shape you saw onto your one-colored canvas.

Name your masterpiece and tape a photo of it here!

Go Play Outside

Find something outdoors that is so pretty or interesting that you want to keep looking at it, or it makes you feel peaceful or happy. Be still while looking at God's beauty. Let your eyes soak up the beauty of His creation! You can draw or take pictures if you want to.

Inspiring Ideas from Nature for Visual Arts

- Visit a lake or a pond
- The woods
- A garden
- Beautiful flowers
- Birds
- Waterfalls, mountains, or a river
- The clouds or the stars
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to an art museum and look at pictures or photographs other artists have made.

Write about your trip here:

Date: _____ Place: _____

Session 4

For today's projects you will need: Pencils or pens, copy of the "folding poem" page; the literary arts color is purple so consider purple decorations.

Optional: If you're looking for a more tangible art project, consider making a necklace by putting some mustard seeds into a heart locket. This can serve as a reminder that the kingdom of God within your heart is as a mustard seed which can grow into something so large it becomes a place of blessing and rest for others.

Literary Arts Study

Writing stories, books, poems, songs, lessons, scripts, blogs, journals

Color: Purple / Grace Gift: Teaching

Literary art is about words and communicating with each other. It's about learning, reading, writing, and even teaching. In Ezra 7:6-10 we read that Ezra studied the Law of the Lord. He loved God's law and he made sure to do what it said. He taught God's law too. Then in Nehemiah 8 we read that as Ezra read the Law of God to the people they learned what they needed to do to please God. A writer loves when his readers understand. If you're talking to someone, it feels good when they understand what you are saying doesn't it?

When God created the earth, He **said** something. He spoke. All of creation understood Him and did what He said! Pray for God to improve your communication skills with others. That He help you understand what people are saying to you, and for them to understand what you are saying to them. Pray that you understand what He says to you too!

Literary Arts Projects

When God created the earth, He said something. Hear what He says, understand, and explain!

Mustard Seed Project

What truths can you learn from the following parable that Jesus told? This may seem like a simple lesson, but sometimes we need to look at the Bible very simply like a child, humbling ourselves before His Word to get ourselves into a teachable frame of mind. Ask the Lord to speak to you through these simple questions.

In Matthew 13:31-32 Jesus said:

“The kingdom of heaven is like a mustard seed, which a man took and sowed in his field; and this is smaller than all other seeds, but when it is full grown, it is larger than the garden plants and becomes a tree, so that the birds of the air come and nest in its branches.”

- 1. The mustard seed is bigger than other seeds. **True or False or Don't Know**

- 2. A mustard seed can grow to become a tree. **True or False or Don't Know**

- 3. All blue jays build nests in only mustard seed trees. **True or False or Don't Know**

- 4. A mustard seed tree has branches. **True or False or Don't Know**

Ask the Lord to speak to you about this passage of Scripture. Write a summary of what He shows you here. Don't rush. Take time to listen or see what He is revealing.

Kingdom of Heaven Project

Matthew 13:44-48:

“The kingdom of heaven is like a treasure hidden in the field, which a man found and hid again; and from joy over it he goes and sells all that he has and buys that field. “Again, the kingdom of heaven is like a merchant seeking fine pearls, and upon finding one pearl of great value, he went and sold all that he had and bought it. “Again, the kingdom of heaven is like a dragnet cast into the sea, and gathering fish of every kind; and when it was filled, they drew it up on the beach; and they sat down and gathered the good fish into containers, but the bad they threw away.”

What three things does Jesus say the kingdom of heaven is like?

Ask the Lord to speak to you regarding this verse. Write what He shows you here.

Answers:

Mustard Seed: 1 False. 2 True. 3 Don't know from this verse alone. 4 True.
Kingdom of Heaven: The three things are a treasure hidden in a field, one pearl of great value, and a dragnet cast into the sea which gathered all kinds of fish.

Folding Poem Project

Be sure to copy this page first!

If you are in a group, you can do a fun creative writing project with a folding poem. First, decide on a title for your poem and a theme. (Mustard seed, Kingdom of Heaven, trees, mountains, stars, fruit, desserts, Christmas, pajamas, camping, swimming, dogs, baseball etc.). This is how it works for a group of five people.

Person 1 writes a line, person 2 responds then folds poem so lines 1 & 2 are hidden. Person 2 writes a second line, person 3 responds then folds poem, hiding all written lines. Person 3 writes a line, person 4 responds and folds poem. Person 4 writes a line, person 5 responds and folds poem. Person 5 writes a line, person 1 responds. Poem is done.

Title: _____

Theme: _____

1. _____

2. _____

2. _____

3. _____

3. _____

4. _____

4. _____

5. _____

5. _____

1. _____

Go Play Outside

Just like visual arts, the beauty of God's creation can inspire you. It can also teach you. Visit a scenic place that will help you clear thoughts out of your head, so you can hear God's thoughts through His creation. Bring your Bible and read God's Words while looking at His beauty. Listen for the sounds of nature.

Inspiring Ideas from Nature for Literary Arts

- Visit a babbling brook or river
- Waterfalls
- Birds
- Listen to the rain or thunder
- Sit and watch any of God's beautiful art creation and see what you can learn from it just by watching
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to a library and reading books other literary artists have made, like classical stories. Or find a subject of interest and study about it. Visit a creation museum and envision what happened when God spoke.

Write about your trip here:

Date: _____ Place: _____

Session 5

For today's project you will need: ½ coconut shells (or something similar like an empty plastic food dish), bandana's or 20 x 20" cloth, permanent marker, rubber bands, ribbon or string, a variety of small items to go inside – beads, fuzzy felt balls, small wood pieces, cork, or scraps of almost anything, a praise song – one with a beat you can “shake” your instrument to; the audio arts color is dark blue so consider dark blue decorations.

In audio arts, as in performing arts, you don't always end up with a tangible object in your hand. That doesn't mean you haven't created a worship art project. Worship art is about connecting with the Lord spiritually and the experience that surrounds all of it. What you pull out of the spiritual realm and bring into this natural realm is more real than ending up with something in your hand. Even in the other art categories where you do end up with an object, the important part of that creation is the spiritual connection associated with it. Don't rush through any of these projects but take the time to tap into God's world and birth that project here into our world. However, today you will end up with a tangible object – a praise shaker.

Audio Arts Study

Playing a musical instrument, singing, making sound patterns, household item sounds, rain sticks, listening to and recording sound-nature, wind, rain, fire, water, birds, animals and other sounds, light patterns

Color: Dark Blue / Grace Gift: Exhortation

Audio arts is about sound. Something you can hear. In the book of Psalms in the Bible it says to sing and shout for joy to the Lord. (Psalms 5:11; 32:11; 35:27; 47:1; 132:9; 150). Music, songs, shouts, claps – any way to make joyful noise to the Lord is audio arts. Audio art shows you have a joyful and grateful heart to the Lord, that you feel His love and are answering that love. It's not enough to feel this joy and love for the Lord, you need to say it, or even shout it!

In John 2, when Jesus turned the water into wine, the ruler of the feast tasted the wine and called the bridegroom over to tell him how good it was. When we taste and see how good the Lord is, we must call out to Him and tell Him. You just can't hold it in! Sometimes the shouts and sounds from God's people defeated their enemy! Like at Jericho in Joshua 6.

When God created the earth, He spoke, and the sound of His voice went out into the atmosphere and created whatever He said. All of creation did what God said. He made the day and night. He made the sky. He made the land and waters. He made all the plants and trees for food. He made the sun and moon and stars. He made all the animals, birds and fish. Everything responded to the sound of His voice, and still does. We will respond too and will be listening, not just for His voice but His beat and rhythm and the beat and rhythm of all creation. God has many languages. Some are words but there are all kinds of different sounds! All of creation has a sound. Let's listen for this sound and the sound of God's Spirit and respond to that. Repeat what we hear from the invisible world of God and bring it into this world.

Audio Arts Project

All of creation responded to the sound of His voice and came into being. Listen for His sound and respond!

You will be making a heart-praise shaker and then using it in a praise song!

“...For the mouth speaks out of that which fills the heart.” Matthew 12:34

Your heart-praise shaker will be filled with things that will make a sound of worship to the Lord, just like words of praise come from the heart.

You will need:

- ✓ ½ coconut shell or small plastic container
- ✓ 20 x 20 bandana or piece of cloth
- ✓ Rubber bands and ribbon or string
- ✓ Objects to go inside your “shaker” – fuzzy felt balls, small wooden pieces, beads, cork, scraps of almost anything. (Do you have any odd craft items you need to use up?)
- ✓ Optional permanent marker

Have many items available to put inside the shell. You will be covering it with a 20” by 20” piece of cloth or bandana. Use rubber bands and ribbon or string to tie the cloth tightly over the shell. Don’t just use rubber bands because they will disintegrate eventually. Tie the ribbon over the rubber bands.

This shaker represents your heart. The items you choose to go inside the shell will be what makes the noise when it is shaken. This is much like the Scripture which says, out of the abundance of the heart, the mouth speaks. (Matthew 12:34). Each item makes a different sound. Even items that seem “useless” for any other purpose become useful here. Everything, and everyone, can make a sound of worship to the Lord.

Instructions

First, take a half of a coconut shell, or a small plastic container. If you want to, use the marker to write words of praise, or deep secrets of your heart that you want to tell God, on the inside of the container. Once its sealed, only you (and God) will know what’s inside unless you “share your heart” with others.

Next, put objects inside your container that will make a sound when you cover the opening with the cloth and shake it. It doesn’t matter what the things look like because no one will see them, you will only *hear* them. Not everything has to be a “noisy” sound. Try some things that make a soft sound too.

Once you’ve finished picking your objects and have placed them inside the shell, cover the coconut shell with the cloth and tie it shut with a rubber band. Then tie a string or ribbon over the rubber band to hold it in place.

Shake your praise shaker to the beat of a song or make your own rhythm.

Praise song:

Play a praise song with a good beat while you make your shaker and then play with the song when it's finished. After a bit, stop the song and listen for your own rhythm or beat to play. Close your eyes and think of how the sound of God's voice vibrated everything when He spoke. The whole earth responded to Him and came into being when He spoke. Listen for a sound from God – a rhythm, a beat, a vibration. Then respond to the sound you hear with your own sound.

In a group, you can repeat a beat, or sound pattern, after each other. Just do simple patterns for others to follow at first and then move on to more complicated patterns if you can. Explore your own rhythms and beats and see what kind of songs you create!

Tape a picture of your project here.

Go Play Outside

Be very quiet and listen to the sounds of nature. Listen to its song—its voice. Listen how creation praises the Lord and listen for a message for you. Most of these ideas below are the same as literary arts, but you can hear something new each time you listen.

Inspiring Ideas from Nature for Audio Arts

- Visit a babbling brook or river
- Waterfalls
- Sea shells
- The “voices” of birds and animals
- Listen to the rain or thunder
- Bonfire—sounds and light
- Natural lights—stars, lightning, fire-flies
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to a concert or opera.

Write about your trip here:

Date: _____ Place: _____

Session 6

For today's project you will need: a tray of healthy "sweets" such as honey, fruit, dates etc. (see instructions for the sweet tray), a strip of bone-colored ribbon 1 ½" wide by 10" long, pen with gold-colored ink, a ruler, Mod Podge; the culinary arts color is green so consider green decorations.

Please find out if anyone in your group has allergies before making any culinary arts projects.

Culinary Arts Study

cooking, food art, gardening, nutrition studies, fragrances

Color: Green / Grace Gift: Giving

Culinary art has to do with food. What we like to eat or drink is called our appetite. Our appetites tell a lot about us. Our food choices show what kind of choices we might make in other areas besides food. When God made the earth, He made a garden full of plants and trees for Adam and Eve to eat from. He told them that they could eat from any tree of the garden. (Genesis 2:16). Only one tree they couldn't eat from. It's important that you eat what God says is good, knowing He loves you and wants the best for you. You need to be able to tell the difference between what's good and what's bad – healthy and unhealthy. That's a part of discernment. As a culinary artist, you don't just want to make food that tastes good, but food that really *is* good – Food that is healthy for your body. We all know about food that tastes good but is not healthy at all!

The same thing with fragrances or smells. Artificial fragrances are not good for you! Essential oils from plants and flowers smell wonderful and really are good for you.

This is a worship art project not just because you are eating healthy food for your body which is the temple of the Lord, but because you are sharing a time together with the other members of your group or family. (If you are not in a group practice, then share this time with the Lord. Or invite a friend over for a meal). Good food, fragrance, and friendship make up a culinary worship art atmosphere. Keep all criticisms and "unhealthy" talk out of the room. Make what comes out of your mouth just as healthy as what goes into your mouth! A culinary artist not only cares about the health of the physical body, but the body of Christ as well.

“...From any tree of the garden you may eat freely;” Genesis 2:16

Which fruits and vegetables have you tried? How much of a variety do you have in your diet?

	Strawberries		Watermelon		Carrots		Broccoli
	Bananas		Cantaloupe		Celery		Corn
	Apples		Grapefruit		Radishes		Cauliflower
	Nectarines		Lemon		Zucchini		Kale
	Blueberries		Lime		Lettuce		Artichoke
	Peaches		Cherries		Spinach		Onion
	Pears		Apricots		Squash		Brussels Sprouts
	Oranges		Pineapple		Green Beans		Cabbage
	Plums		Grapes		Tomatoes		Peppers
	Avocado		Papaya		Potatoes		Turnips
	Kiwi		Cucumbers				

Tape a photo of your sweet tray and honey bone here.

Culinary Arts Project

When God put man in the Garden, He told them they could freely eat of every tree – except one. God always gives us way more than we need!

One thing about meals is that they always seem to be more fun when shared with others! God loves for us to fellowship and “break bread” with each other. However, some of the unhealthiest choices we make in our diets revolve around sweets, usually refined sugar. Is God against us having enjoyable food? Of course not! He put a huge variety of food here in the earth, but we need to be wise and eat healthy whenever possible.

Today’s project is a dual-study. The Honey Bones project is about sweet words coming *out of* our mouths. The sweet tray is an opportunity to talk about “healthy” sweets, or at least healthier, that we put *into* our mouths. Prepare the tray ahead of time with a variety of healthy sweets. Serve the sweet treats while making the honey bones.

The Sweet Tray: Use any of the following ingredients by themselves or in a prepared snack. The goal is to find alternatives to refined sugar and other unhealthy ingredients. Consider serving with tea and pita or crackers. Arrange the snacks on your plate in an artistic way!

1. Honey (local and raw is best, but do not give infants honey!)
2. Maple Syrup (pure, not the fake stuff)
3. Fruit spread or jam (no added sugar or other crazy ingredients!)
4. Fruit in its plain raw form is a wonderful sweet snack
5. Fruit: any other healthy form (ex. Applesauce, baked fruits, banana “ice cream” etc.)
6. Anything made with dates as a sweetener, (not dates that have sugar added to them)

Honey Bones Project

Proverbs 16:24: Pleasant words are a honeycomb, Sweet to the soul and healing to the bones.

Your project today will remind you of the healing power of pleasant words. You will need:

- ✓ a strip of bone-colored ribbon 1 ½” wide by 10” long
- ✓ a pen with gold-colored ink
- ✓ Mod Podge

Take your strip of ribbon and write on it with the gold or light-colored ink. You don’t want an ink that will bleed through the ribbon too much. Write “pleasant” words on your ribbon. These may be Scripture, compliments from others in your group, or words you want to speak more of. When finished writing, tie a knot in each end of the ribbon. **Leave only ½” between the two knots.**

Trim the edges and paint with Mod Podge. Let dry.

Some Scriptures where you can find “pleasant” things God says about you:

Ephesians 1:3, Ephesians 1:4, Ephesians 1:7, John 15:14, Colossians 1:13, Colossians 3:3, 1 Peter 2:24, 1 Thessalonians 5:5, 1 Peter 2:5, 1 Peter 2:9, 1 Corinthians 6:19, 2 Corinthians 5:17, 2 Corinthians 5:21, Galatians 3:29, Galatians 3:26, or use your own favorite Scriptures!

Go Play Outside

Enjoy the many tastes and smells of the outdoors! *Don't eat anything outside unless you know it's okay to eat!*

Inspiring Ideas from Nature for Culinary Arts

- Pick berries to eat
- Pick any kind of edible fruit or vegetables right off the vine
- Smell all kinds of different flowers
- Smell all kinds of different herbs like mint, thyme or rosemary
- Plant some seeds or seedlings
- Do any kind of gardening like watering or weeding
- Go fishing
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to a fine restaurant, garden or farm.

Write about your trip here:

Date: _____ Place: _____

Session 7

For today's project you will need: Worship music, clay – paper clay, air dry, or whatever kind you feel comfortable with; a blindfold; the sculpture arts color is orange so consider orange decorations.

Optional – During the sculpture arts study, you could try and identify objects only by touch to illustrate a point. Our society is very visual, but trying to identify an object by touch only might help us “see” the object differently. Each member of the group could bring an object in a paper bag. Then give the bag to someone else and have them try to guess what it is just by touch.

Sculpture Arts Study

making crafts or sculptures from clay, wood, stones, sticks, leather, metal, Paper Mache, making jewelry, sewing, knitting, fabric, clothing, scarves

Color: Orange / Grace Gift: Mercy

A sculpture is a three-dimensional work of art. It is tangible. It may have a purpose. A vase may be a work of art, but its purpose is to hold flowers. Salt and pepper shakers may be pieces of art whose purpose is to hold salt and pepper. Some art has a purpose of just being pretty to look at. Maybe it triggers a memory or stirs an emotion like visual art. What we don't want to do with any kind of art is to make an idol. An idol is something that comes between you and God.

In Exodus 31:1-11 the Lord told Moses that He had filled Bezalel with the Spirit of God, so he knew how to make all kinds of art – metals, stones, wood, fabric etc. But, while God was telling Moses this on the Mount, His people got impatient waiting for Moses to come down from the Mount and they made a golden calf to worship. Anytime we worship anything other than God then that is an idol! But when we stay in the presence of God idols are destroyed! (1 Samuel 5:1-7).

On the sixth day God made man. He sculpted him from the ground. He breathed life into his nostrils. He put him in the Garden and made Eve to keep him company. God loved His creation. He loved man then and He still loves us today. Staying humble and remembering your purpose is an important part of worship art.

Sculpture Arts Project

God sculpted man from the earth and breathed the breath of life into him. Man was created in God's image to worship and be friends with God.

Blindfold Sculpting

"Then the LORD God formed man of dust from the ground, and breathed into his nostrils the breath of life; and man became a living being." Genesis 2:7

You will need:

- ✓ Clay
- ✓ Blindfold

Listen to some worship music. Take a clump of clay and close your eyes. Move it through your hands while worshipping the Lord. You might even want to get up and move around – dance, or pray while holding the clay. As you worship, form it into whatever feels right. Keep your eyes blindfolded or closed. Don't look at it while you're sculpting but feel from within what to do with it. When finished, let it dry properly according to whatever type of clay it is. Don't worry if you think it doesn't look "good." What's important is that you made it while worshipping the Lord with what came from your heart.

When it dries and is ready to be painted, do the same thing you did today – turn on worship music and paint it, but maybe keep your eyes open :)

Tape a picture of your project here.

Go Play Outside

Explore outside and search for natural items to use in sculpture art.

Inspiring Ideas from Nature for Sculpture Arts

- Go to the beach and “play” in the sand and water
- Get out in the snow and make a snowman or ice sculptures
- What can you make with pinecones?
- Evergreen leaves
- Rocks
- Vines
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to an art museum or look for sculpted art in a city.

Write about your trip here:

Date: _____ Place: _____

Session 8

For today's project you will need: A sand art kit or materials for your own sand project, optional rocks, optional hourglass; the architectural arts color is light blue so consider light blue decorations.

Examine an hourglass, or three-minute timer. There are structural concepts that once we understand, we can use to make life easier or add unique and beautiful decorations. The temple that Solomon built was very beautiful and intricately designed.

Certain structures in nature have interesting architectural designs for functional and aesthetic purposes. Beehives, beaver dams, and nests are examples of God's creatures creating architectural structures. Orbits in space, mountains, oceans, and trees are all examples of God's architectural designs.

Architectural Arts Study

building structures, tents, furniture, gardens, or making the plans for them, rearranging or organizing rooms, closets, drawers, paper folding and geometric designs

Color: Light Blue / Grace Gift: Leadership

Architectural art is planning and building things. It could be buildings or tents. It could be furniture or gardens. It could be making plans on paper for any of those things. It could also be organizing your room, closet or a drawer. It can also include structural techniques in smaller items too like paper folding or birdhouses. (Making gardens in architectural arts is more about setting up the outside of a yard so it looks good and you can use it easily for whatever you need to, not so much about growing healthy or smelly plants – that is culinary arts).

In 1 Chronicles 28:11-12 we read that David gave his son Solomon plans for the temple that he got from the Spirit of God. When you build a building, you change the way a piece of land looks. If you build furniture then you change the look of the room that furniture is going to go in. We need to see God's purpose and plan before we build and change anything.

The Bible tells us that Jesus is the only foundation to build a life on and that we need to be careful how we build on the foundation. We are a building for God to live in. The Spirit of God lives in us. We need His plans, His vision and to know His purpose for us so we can build our lives right! (1 Corinthians 3:9-16).

After God made everything He rested from His works. We also are to rest from our works and do His instead. Instead of making our own plans for our lives, let's follow His plans. Following God's will and plan for your life is an important part of creating worship art.

Architectural Arts Project

God created everything with unique purposes.

For the sand art project look over the options below and decide which one will work best for you. #3 will not be a permanent structure unless you are familiar with how to choose the right type of sand and build it in such a way as to make it more permanent.

Sand Art

“Therefore everyone who hears these words of Mine and acts on them, may be compared to a wise man who built his house on the rock. And the rain fell, and the floods came, and the winds blew and slammed against that house; and *yet* it did not fall, for it had been founded on the rock. Everyone who hears these words of Mine and does not act on them, will be like a foolish man who built his house on the sand. The rain fell, and the floods came, and the winds blew and slammed against that house; and it fell – and great was its fall.” Matthew 7:24-27

You will need:

- ✓ A sand art kit or materials as described below

You really only need sand and maybe water, but there are sand art kits or colored sand you can buy if you prefer. Here are some ideas:

1. Mix different colors of sand into a clear vase.
2. Mix sand and rock into a clear vase as a reminder of the wise and foolish men. (Matthew 7:24-27).
3. Build sand structures with sand and water. These structures will only last during session time though.
4. Make a sand painted structure. To do this you build a structure from cardboard, coffee cans or whatever material you have. Place it onto a piece of cardboard or wood. Then mix sand with white glue and paint it on. You want it to be thin enough to use a brush but not too thin. You will need to put on several layers of sand paint, with dry time in between so it will not be done in one session. In a group practice you may have to be very careful if taking it home.

Listen to your worship music and think about Jesus being the solid rock you build your life on and the Word of God being the strong foundation. Ask the Lord to become the foundation of your life and show you how He wants you to build your life!

Tape a picture here.

Go Play Outside

God's designs are amazing. Look at all of His creation and think about how awesome He is to have been able to make nature look and act how it does.

Inspiring Ideas from Nature for Architectural Arts

- Examine a tree and consider the design to hold it in place
- Visit any natural structures like bee hives, beaver dams, waterfalls, canyons, etc.
- Build a rock tower or go rock climbing
- Make an outdoor shelter with sticks, leaves and vine
- Build a sand castle, snow fort, or snowman
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to visit any man-made structures like bridges, towers or beautifully structured buildings.

Write about your trip here:

Date: _____ Place: _____

Congratulations!

You've finished the Follower level, but your worship art journey doesn't end here! Keep exploring the creative gifts within you. Remember, worship art is not about skill at this point. Don't look at the finished project and get discouraged if it's not as "good" as you'd prefer. It's about connecting with the creativity within you, worshiping the Lord, and discovering the gifts He's given you. Continue to explore creative ways of worship!

Read about the next levels below.

Disciple Level

As a Disciple, you are continuing the worship art journey you started as a Follower. At the Disciple level, you will make art in all seven categories again. This will help you continue to explore what categories you like and what you may be gifted in. Remember that each category has a lot of different expressions. For example, the sculpture arts category has expressions of all kinds of crafts – wood, clay, leather, fabric, jewelry etc. So if you don't like one expression in a category you might like another.

As a Disciple, we use Scripture as a foundation for our art and practice tuning in to God's voice.

Servant Level

The Servant is called a servant because Jesus teaches us that if you want to be great then you should become a servant. As you advance, you will become humbler and more filled with love for others. Your art not only honors God but unites His family. Jesus prayed we would share in the love He had with the Father. That love unites us all. (John 17:23, 26).

Servant Knight

A Servant Knight is a Servant who is committed to certain "knight-like" characteristics knowing his/her purpose of worshipping God.

Don't forget to check out the free art sessions, events, or level-end project!

Once again, congratulations on your completion of the Follower level! What was your favorite art project?

Free Art Time

To have a free art session, gather a variety of art materials to experiment with. Having a variety of categories to choose from gives you a chance to explore your individual giftings and variations of art you might not otherwise practice. Materials for each category may be something like:

- ✓ Dance ribbons, costumes,
- ✓ Paints, markers, crayons,
- ✓ Pens & paper, Bibles,
- ✓ Musical instruments,
- ✓ Cultural recipes, food art, fragrances,
- ✓ Leather, metal, clay, jewelry items,
- ✓ Sand art, origami, blocks, etc.

In our group, we choose a Scripture to create a theme for the session. We pick a pre-recorded worship song to go along with the theme. Audio artists play along with the song, rather than playing something separate on their own. Of course, experienced worship leaders may play a sound/song of worship for the whole art time, but it's difficult to expect inexperienced audio artists to maintain that for an entire session. I'd rather see a person have a few moments of connecting with the Lord in worship with a pre-recorded song then trying to struggle to have something live.

If you are in a group, come together afterwards and talk about the session. There is a message from the Lord here. For example, we did a theme from John 4, the woman at the well, about living water. We had a literary artist receive words about one drop of living water being greater than gallons of regular water. We had a visual artist paint a door hidden in the bushes that a person had to seek for but was washed in the rain from above before going through. We had an audio artist spontaneously call out for the thirsty coming to drink of the living water. We had a performing artist dance with ribbons of orange, yellow and red and felt it was God's fire, which at first seemed different from everyone else, until we realized the fire created a thirst for the living water. We had a culinary artist make a drink for everyone that we shared while talking about our art projects. Together, our worship art gave us a message and a prayer. As you talk about your session, listen for what the Lord is saying.

Culinary Art Ideas for Free Art Time

Following are four simple culinary art ideas you could use for free art sessions. Of course, these are just a few samples, you may use whatever recipes you wish. Most likely they will not take the entire worship time to prepare, and in a group, you might even do most of the preparation before session. If so, you may have time to do something in another category, or work on a fragrance.

Israel: Stuffed Dates

You may want to prepare the filling ahead of time as it will be noisy using a food processor. Prepare the filling by first grinding the almonds in a food processor if they are not already ground. Remove them and place on wax paper. Place the pistachios in the food processor and process until coarsely ground. Add the honey and water, keep processing. Knead the mixture with the ground almonds. During session, stuff the dates and put whole almonds on top. Put them on a plate in a decorative way.

1 lb. dates, pitted ¾ cup pistachios, shelled, lightly roasted ¼-1/3 cup ground almonds 1-2 Tablespoons honey 2 teaspoons water

China: Chopsticks & Tea

White rice is quite common in China and you could make a variety of rice dishes. You could also have steamed broccoli, snow peas, or water chestnuts to practice using chopsticks with. Soy sauce is sky-high in sodium, I would use coconut aminos instead. You might check out a *rolling donkey* recipe for a traditional Chinese snack. Have some tea and orange slices too.

Brazil: Acai Breakfast Bowl

Blend the acai, ½ banana, and milk together. Top with sliced bananas and granola. You could also serve with mango's, strawberry, kiwi, and honey.

3 ½ ounces (100 grams) acai frozen pulp (or berries) 1 banana splash soy or other milk granola

Germany: Soft Pretzels

For a true German pretzel, follow a German soft pretzel recipe, or buy pre-made ones. Have a few samples of mustard to try with them.

Free Art Time

The next several pages are suggestions for four different free art time sessions. Each session has a theme, and there is a scripture page and an art idea page for each one. The art ideas have a list of ideas for art projects in each of the seven categories.

Begin by reading and meditating on a Scripture. This will be the basis for the art project. You want to hear *something* from God—even just one word, thought, feeling, or touch from Him. Remember the goal is not just to create art or crafts, but to create something from the heart. It doesn't have to look "religious."

Pray about what type of atmosphere you need to help quiet the minds and hear the Lord. You might try silence, prayer, lively praise, worship, or a combination.

Be sure to look over the art ideas under each category ahead of time so you can have materials available from all the categories.

Scripture: Trees of the Garden

Before creating your art, read a Scripture to use as a theme for your art project. Choose one of your own or use Genesis 2:16:

✓ **"From any tree of the garden you may eat freely;"**

Read the Scripture to yourself slowly.

Read it again, and circle the words the Holy Spirit seems to be showing you.

Say those words to yourself, and then quietly out loud.

What do you think the Holy Spirit is showing you?

Make your art project based on what the Holy Spirit is showing you.

Free Art Time

Ideas: Trees of the Garden

Here are some ideas based on today's Scripture:

Performing arts – make up a dance or a skit about growing trees, swaying trees or fruit.

Visual arts – paint or draw many trees in a garden with all different kinds of fruit.

Literary arts – write a story, poem or song about trees, gardens or fruit, or the trials of having too many rocks in the garden.

Audio arts – sing a song about any of the above, or make a musical sound with what you might find in a garden – natural items like acorns or pine cones, or garden tools.

Culinary arts – make a snack with all kinds of garden food – fruits and vegetables.

Sculpture arts – make sculptures of fruit, trees or garden animals. Or make a fruit basket.

Architectural arts – design a garden with fruit trees, plants, smelly flowers, benches to sit on, walkways etc. You can do this by drawing on paper, sculpting, or using blocks or other objects.

Describe your art project or tape a picture here:

Free art time

Scripture: Bought and Paid For

Before creating your art, read a Scripture to use as a theme for your art project. Choose one of your own or use 1 Corinthians 6:20:

✓ **“For you have been bought with a price: therefore glorify God in your body.”**

Read the Scripture to yourself slowly.

Read it again, and circle the words the Holy Spirit seems to be showing you.

Say those words to yourself, and then quietly out loud.

What do you think the Holy Spirit is showing you?

Make your art project based on what the Holy Spirit is showing you.

Free Art Time

Ideas: Bought and Paid For

Here are some ideas based on today's Scripture:

Performing arts – make up a dance or a skit about a slave that gets free from an angry master.

Visual arts – paint or draw about a free slave, or the price God paid for us to be free from sin. The price was Jesus dying on the cross.

Literary arts – write a story, poem or song about either one of the above – a slave, becoming free or Jesus dying on the cross for us. Or write about paying a lot of money for something that you really want.

Audio arts – sing a song about one of the above, or make music using just your body – clapping your hands, whistling, snapping your fingers etc.

Culinary arts – buy a snack to share with your group, like God bought us with His own Son.

Sculpture arts – make a sculpture or craft about a freed slave or about Jesus dying on the cross or rising from the dead. How can you use a stone to represent the angels rolling away the stone from the grave?

Architectural arts – Make a cross that stands up on its own.

Describe your art project or tape a picture here:

Free art time

Scripture: Sweet Sleep

Before creating your art, read a Scripture to use as a theme for your art project. Choose one of your own or use one of these:

- ✓ **“In peace I will both lie down and sleep, For You alone, O LORD, make me to dwell in safety.” Psalm 4:8.**
- ✓ **“When you lie down, you will not be afraid; When you lie down, your sleep will be sweet.” Proverbs 3:24.**
- ✓ **“I will bless the Lord who has counseled me; Indeed, my mind instructs me in the night.” Psalm 16:7.**
- ✓ **“The LORD will command His lovingkindness in the daytime; And His song will be with me in the night, A prayer to the God of my life.” Psalm 42:8.**

Read the Scripture to yourself slowly.

Read it again, and circle the words the Holy Spirit seems to be showing you.

Say those words to yourself, and then quietly out loud.

What do you think the Holy Spirit is showing you?

Make your art project based on what the Holy Spirit is showing you.

Free Art Time

Ideas: Sweet Sleep

Here are some ideas based on today's Scriptures:

Performing arts – make up a dance or a skit about sleeping, dreaming or waking up.

Visual arts – paint or draw about day or night, stars, the moon or someone sleeping or dreaming.

Literary arts – write a story, poem or song about either one of the above – sleeping, dreaming, waking up, sunshine or the moon and stars. Write about God talking to you during the night. Or write about daytime and nighttime animals.

Audio arts – sing a song about one of the above, or see if you can make music on an instrument of both sleepy music and waking up music. Can you make the sound of an alarm clock?

Culinary arts – make your favorite bedtime snack or breakfast.

Sculpture arts – make a pillow, a sleep t-shirt or mask.

Architectural arts – Design or make a small bed. Can you make it stand up on its own? Design on paper your dream bedroom.

Describe your art project or tape a picture here:

Free art time

Scripture: Craving God

Before creating your art, read a Scripture to use as a theme for your art project. Choose one of your own, or use one of these:

- ✓ **“My soul longed and even yearned for the courts of the Lord; My heart and my flesh sing for joy to the living God.” Psalm 84:2.**
- ✓ **“Like a city that is broken into and without walls is a man who has no control over his spirit.” Proverbs 25:28.**

Read the Scripture to yourself slowly.

Read it again, and circle the words the Holy Spirit seems to be showing you.

Say those words to yourself, and then quietly out loud.

What do you think the Holy Spirit is showing you?

Make your art project based on what the Holy Spirit is showing you.

Free Art Time

Ideas: Craving God

Here are some ideas based on today's Scriptures:

Performing arts – make up a dance or a skit about leaving harmful cravings and craving God instead – hugging the Bible, searching for God, praising Him etc.

Visual arts – paint or draw about someone singing for joy to the Lord. How would a joyful song look if you painted it?

Literary arts – write a story, poem or song about either one of the above, or about wanting God more than anything else in the world.

Audio arts – sing a joyful song or make a joyful tune on an instrument.

Culinary arts – make a “happy” snack. Maybe food art smiley faces?

Sculpture arts – make a sculpture or craft of a joyful heart or a secret place you could go to be alone with the Lord.

Architectural arts – draw or build a strong city like someone who has control over his own spirit. Or build a broken-down city, like someone who doesn't have control over his own spirit. Make the gates and walls strong?

Describe your art project or tape a picture here:

Go Play Outside

Here is a summary of all seven categories for a Go Play Outside field trip. Read a Scripture to think about while enjoying God's art. At a park you might:

- **Performing Arts:** Lay on your back for a while and watch the movement of nature – trees, birds, animals, clouds, water, anything the wind blows etc. Then imitate those movements in your own dance. You could also pose as different still objects, such as pine cones, rocks or flowers. Take pictures or video tape!
- **Visual Arts:** Sit in a peaceful, comfortable place and draw a picture of any of the above objects while at the park.
- **Literary Arts:** While at the park, sit in a peaceful, comfortable place. Listen to the sounds of nature and read the Bible, journal, write a poem, or story about any of the above.
- **Culinary Arts:** Bring a picnic lunch to the park with as many garden foods as you can – fruits and vegetables.
- **Audio Arts:** Make music or sound with any of the objects you find in nature – sticks, rocks, or any of the objects listed above. Imitate the bird's songs.
- **Sculpture Arts:** Make various sculptures using any of the objects listed above.
- **Architectural Arts:** Make any kind of structure with any of the objects listed above or anything else you find in nature.

Tape pictures of your trip here.

Inspiring Ideas from Inspired Artists

It may be inspiring to see and experience what other artists have created, especially those who are God's people and have been inspired by the Spirit of God themselves.

- **Performing Arts:** Go to the theater – watch a performance such as a play or dance.
- **Visual Arts:** Go to an art museum and look at pictures or photographs that other artists have made. Take your time, don't rush through.
- **Literary Arts:** Go to a library and read books other literary artists have made, like classical stories. Or find a subject of interest and study it. Visit a creation museum and visualize what happened when God spoke.
- **Audio Arts:** Go to a concert or opera.
- **Culinary Arts:** Go to a fine restaurant, garden, or farm.
- **Sculpture Arts:** Go to an art museum or look for sculpted art in your city.
- **Architectural Arts:** Visit any man-made structures like bridges, towers, or beautifully structured buildings.

Tape pictures of your trip here.

Worship Arts Outside Event

An outside event can be any kind of event you imagine! It can be an event where you perform or display your art. You might also go on a prayer walk through your neighborhood, a mall, a park, or anywhere in your city. Walk around praying for people, for God to open the heavens over that area, and touch people with His love. You could also volunteer at a soup kitchen, a food pantry, or at your church. You could visit a nursing home and bring a culinary creation or sing a song. Ask the Lord to give you some ideas, His are always the best – they are life-giving.

An outside event will help you break out of your shell and do something for the people in your community. It's also an opportunity to hear from the Lord about how He wants you to touch people with His love. Learning to work in a group to do these kinds of things is always a bonus!

Date of Event:

Description of Event:

Location:

Contact Person:

Details of Event:

Worship Arts

Yearly Feast Event

The yearly feast is held in the fall around September or October. This is when the Bible says the Feast of the Tabernacles was held. This was a feast that God told His people to have every year. They did it to celebrate all the good things He gave them. You can get some ideas about what to do at a yearly feast by reading what God told the Israelites to do at the Feast of the Tabernacles. Check out Deuteronomy 16 and Leviticus 23:33-44.

Some things you can do based on the Biblical feast are:

Pray and ask God what to do and where to have it.

Have it on a day when no one has to work.

Invite your family, friends, even the poor, fatherless and widows.

Have an offering or raise money for the poor.

Gather branches to use for worship and decoration.

Give an offering to the Lord.

Have good food to celebrate the good food God gives us.

Have a time of celebration – music/worship/dance.

Have a worship art performance or art displays.

Have art booths where you make art projects.

Have communion to remember Jesus and what He did for us.

Have a testimony time to share and talk about the good things God has done for you.

Have a “bell race.” In Zechariah 14:20 they put bells on the horses at the feast of the tabernacles. The bells had “Holy to the Lord” written on them. Wear bells and race. This could be one way to raise money for the poor.

Sample Schedule of a Yearly Feast

Copy this page as needed

Date: _____ Theme: _____

Scripture: _____

Location: _____ Time: _____

Specify who is in charge of:

Decorations: _____

(Locally grown branches, plants, theme-related place settings, centerpieces, etc.)

Worship Art Displays: _____

(Displays some of your art projects on tables or booths)

Music: _____

(Whether live or recorded)

Opening: _____

(Sounding of the Shofar, prayer, etc.)

Art projects: _____

(Art materials available in various categories for all guests to create art)

Appetizers: _____

Bell Trot: _____

(Zechariah 14:20, a walk or "trot" with participants wearing bells inscribed Holy to the Lord)

Worship Art performance: _____

(For everyone to participate in you could have a drum circle or a Blue Ribbon Dance. Or have your group do a performance like a skit, dance, Alpha Round etc. The Alpha Round is briefly mentioned in the Guidebook, and described in detail in the Servant's Book)

Dinner: _____

Testimonials: _____

(Have "object" testimonials where people bring an object or art project to share, or open it to anyone who wants to give a testimony to God's goodness)

Communion: _____

Dessert: _____

Check out our website for ideas too! www.Bibleseed.org

Our Worship Arts Logo

Ho Hodos Worship Arts *art that worships. . . be the art*



Gladly Following the Way!

The Cross: Represents Christianity and Jesus.

The Person: Inspired by Psalm 30:11-12 represents *gladness*, because the Lord turns our mourning into dancing!

Designed by Rose Murdock, July 27, 2011

What does Ho Hodos mean?

Ho Hodos means "The Way" in Greek. It means Jesus is The Way (John 14:6) and was also used to describe Christianity (Acts 9:2).

Level-End Project Idea

Create a wearable art project to remind you of your Follower level worship art practice. Make a beaded wristband where each bead represents an art project, field trip, or event you created or participated in. Each worship art category is assigned a color, so use that color of bead to represent your art project in that category. Then choose other beads to represent your session one project, field trips, and events.



Sample wristband using gemstone chips for the worship art projects and a variety of other beads – wooden, horn, and limestone.

Write down what each bead represents in your wristband:
