

Introduction to

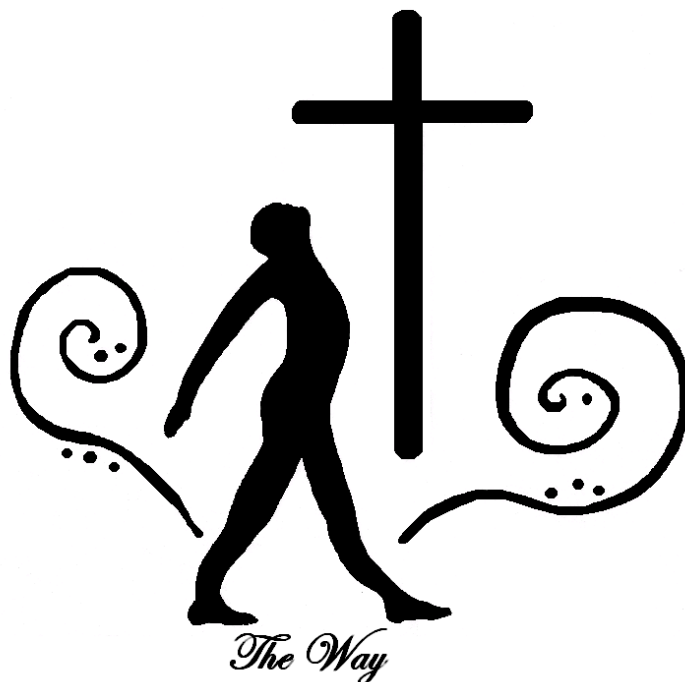
Worship Arts

For Kids

Follower Level

Mentor Book

art that worships...be the art



Introduction to

Worship Arts

For Kids

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Mentor Book

Rose Murdock
Ho Hodos Worship Arts
Bibleseed.org

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Introduction to Worship Arts for Kids-Follower Level Mentor

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To the Mentor

Mentor Note: If you're looking to do meaningful art at home, homeschool, church, with friends or neighbors, this worship art practice is for you!

This practice is more about exploration than it is about developing skill. Your job is not to "teach" art, but to provide materials, space, and encouragement for your kids to learn to create and explore. This helps them get in touch with their inner gifts. They are made in God's image – the Creator's image. He loves each one of us, having given all of us gifts to discover.

Throughout this book there are "Mentor Note boxes" to give instructions or suggestions. This book is a duplicate of the kids book, except for the Mentor notes and some icons. The pages may display differently at times due to the extra space required for the Mentor note boxes. This book will adapt to either a group practice or individual study with a parent, (or some other adult) serving as Mentor. Your kids will need their books for *each session*.

Be sure to read the "study" for sessions 2-8 that is right before the art project. Especially read the Scriptures ahead of time and allow the Lord to speak to you regarding that art category before you hold that session. If its alive to you, you'll be able to pass that life on to your kids.

Depending on the availability of art supplies and money to purchase them, you may modify any of these art projects. If possible, have your kids help you gather materials, substituting as needed. Using their imagination helps to develop their creativity and critical thinking. Learning to improvise develops good problem solving skills and crisis solution. It's also a way to teach them to take care of the earth as they use materials from around the home for art which would otherwise be thrown away. What can they learn about God's provision as they improvise?

Prayerfully choose inspirational music to play during art time. These may be pre-recorded, however figure anywhere from 30 to 60 minutes. I always feel live is best, but most often that is not possible, so pre-recorded will work, just don't throw something in at the last minute, put some thought and prayer into it.

After sessions 2-8 there is a page titled "Go Play Outside." These are ideas to do in addition to your indoor art sessions. They can be "field trips" to explore what God Himself has created. There are suggestions for each category. For example, visit a park where they can run, play, climb trees and hide. This is a performing arts type of inspiration. Or take them to a beautiful scenic place which inspires creativity in visual and literary arts. A berry farm, apple orchard or fragrant garden is a great place for culinary inspiration. Listening to birds, brooks, waterfalls, rain or even fire can be inspiring in the audio arts. A beach is a perfect place to sculp in the sand, and natural architecture like beaver dams, bee hives or even the structure of a tree or plant adds to an architectural art inspiration. You might also visit art museums, theater, concerts, restaurants, libraries, etc. which might give inspiration from other artists, but what better way to be inspired than from the Master Artist Himself? They can learn about Him, grow in love towards Him and discover their gifts at the same time!

Continued >>

Mentor Note, continued:

We also include suggestions for events you can do as a family or group. These “outside events” and the “yearly feast” are opportunities to display or perform your art, or reach out to the community.

If you want to extend this level before moving on to the disciple level, you may consider doing what we call “free art time” which means you hold a session where there is not a pre-determined art project or category. At a free art session, you will provide materials from all seven categories and let your kids choose what they want to do. There is less structure in these sessions so plan ahead. Pay attention to which categories and expressions your kids enjoy and be sure to have those materials available during free art time, as well as new materials for them to explore.

On the last page is our *level-end* project idea. You can use this project as a session in itself to make a wristband that will remind them of their Follower level experiences.

Although there are eight sessions in this book, you could stretch it out to twelve, 19, or even 26. By adding the four free-art sessions, seven Go Play Outside in nature, and seven visits to Inspiring Ideas from Inspired Artist, You can make this a thorough study of these seven categories of art. Top it off with corresponding books or movies and add even more depth to the practice!

If you haven’t read the Worship Arts Guidebook, I recommend you do. It goes into more detail regarding this worship arts practice as a whole. Be sure to check out our website for ideas and helpful tools too. Take some time to at least skim through this book in its entirety before you start so you get an idea of what to expect.

As their Mentor, be a Mentor – an example of someone who is excited about the creative gifts God gives to each of us. Let them catch your passion for the Lord and for art! Impart something to them that will inspire and motivate them in their art. We’re not teaching skill but rather stirring up the gifts inside of them, helping them to discover them for themselves. Do the art projects with them!

Make your practice as unique and diverse as you want it to be! Let your kids experience the joy and excitement of art and don’t worry about times that your sessions may seem chaotic or like they didn’t get anything “spiritual” out of it. They are! Our desire is for each person and group to experience the freedom to create, and express worship to the Lord through their God-given gifts.

Enjoy!

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Introduction to Worship Arts

art that worships...be the art

Welcome to your worship arts practice!

What is worship art? There may be many definitions. Some call it a musical team leading a congregation into worshipping God. That is one definition, but we change ours a bit to include anyone and anyplace—not just those who are leading worship, not just in a church gathering, and not just music. For our purposes we define worship art as *creating art as an expression of worship to God, using the gifts, talents, and resources He's given to you*. By this definition, your art becomes your calling, and working in it is an adventure of its own!

You could say that worship art is also prophetic in the sense that it can bring something from God's heart to yours, and you can pass that on to others. We want to help you reach into God's invisible world and bring something into our visible world where we can see it!

You begin with the Follower level. You will need someone to be your Mentor. This could be your parent, a teacher, or some other adult that will help you get everything you need and guide you through the sessions. You will be learning about seven different art categories. By trying out each one you will find out which kinds of art you like, what you don't like as much, and hopefully discover and grow in the gifts God has given you.

There is a list of art categories on the next page. Notice that each category has several "expressions." For example, the performing arts category has expressions of dancing, theater and film. There are seven categories, but the expressions listed for each category are just a sample. You may practice whatever kind of art you like. We've also given each category its own color. Together they make a full spectrum of beautiful art!

God has made you a very unique person! You are special to Him. No one else is like you. Ask Him to help you learn to create things. He is good at it—He made the whole world! We want to help you be creative like God, and to help you create art that honors Him, which can even help people.

I pray that as you create, you feel how much God loves you and that it makes you want to worship Him and love Him back. I pray that His anointing grows in you so you can be skillful in your art and have creative ideas. I pray that you have everything you need to make creative worship art!

Get ready for your worship art journey!

Rose Murdock

Worship Art Categories

Category:	Expression:	
I. Performing Arts: Color: Red Grace: Serving	dance, acrobatics theater, drama, opera, mime spoken literature, storytelling film, video	
II. Visual Arts: Color: Yellow Grace: Prophecy	drawing, painting, chalk still and video photography, scrapbooking computer graphics	
III. Literary Arts: Color: Purple Grace: Teaching	written stories, books, poetry, songs, psalms scripts, sermons, blogs, journals	
IV. Audio Arts: Color: Dark Blue Grace: Exhortation	music, instruments singing making sound & rhythms listening and recording sound & rhythms lights and frequencies	
V. Culinary Arts: Color: Green Grace: Giving	food preparation, cooking, food art nutritional studies gardening fragrance-essential oils	
VI. Sculpture Arts: Color: Orange Grace: Mercy	crafts, wood, stone, metal, leather, clay, jewelry knitting, fabric, clothing	
VII. Architectural Arts: Color: Light Blue Grace: Leadership	design & construction – building, landscape, furniture interior design restoration, organization, planning, de-cluttering paper folding or cutting, geometric design	

This is not a complete list, but just a sample of the many art forms
that are as numerous as you can imagine!

Session 1

Mentor Note: Please review each session several days ahead of time. There are things you will need to have prepared before the session starts. Be sure all of your materials are ready, and you are clear on what to do so everything goes smoothly, you can answer your child's questions, and enjoy yourselves!

The lessons and art projects at this level are designed to help your kids learn what worship art is in more detail and to explore their gifted areas. The first session is an introduction. The next seven sessions will cover one category each session.

For today's project you will need: Instrumental worship music, 1 wood board (12" x 12" or smaller), one piece of black linen cloth (9" x 9" or smaller), pen or pencil, scissors, glue, one piece of red tissue paper, one piece of white tissue paper, a mirror that can be glued on to their project, assorted feathers and stars, (Optional) piece of scrapbook paper

Welcome to session 1. Let's jump right in and get started!

Worship Art

Beginning next session, you will learn more about each of the seven worship art categories. We will focus on one category each session. There is a study that you will do at the beginning of the session and then you will do an art project in that category.

As a Follower, you make worship art projects from each of the seven categories. This way you get to try out each category and see how you like each one. When making art, sometimes it's good to think of an idea ahead of time. God did this before He made the world. He looked over the earth before He spoke and then started creating. But sometimes you will just make it up as you go along. That is called being spontaneous. You will have a little bit of both in this practice.

Your art doesn't always have to look "religious" in order for it to be worship art. It can be full of life, even if it's not religious looking. You are made in God's image, so you are kind of like God's art project, but really you are much more than a project! You are someone He loves very much. He breathed His own breath into the first man Adam to make him come alive. His breath makes you come alive too!

Because you are made in God's image, you are a creator. He has given you gifts that make you uniquely who you are. He's given you breath, so you can breathe in His Spirit and speak out words. Only humans can speak words like God does, and only a human can be filled with His Spirit. His life can pour out of you through your words and your work – your art.

Just like God put Adam and Eve in the garden to work and take care of it, He has a garden for you to work in too. When you worship God creatively through your work, which is your art, then the result of that creative energy brings life into the earth!

Free Art Sessions

Towards the back of this book you'll see several pages of suggestions for something called *free art time*. These are sessions where you choose which category of art you want to work in and whatever project you want to make from the materials your Mentor provides. Your Mentor may plan these at some point, but first we want you to learn about each of the seven categories.

Go Play Outside

After sessions 2-8 you'll also see pages for *Go Play Outside*. These are field trip ideas that your Mentor might plan. On these field trips you go to a place in nature where you can be inspired by the Master Artist Himself—God. You might also take a field trip where you can be inspired by other artists—people who have created different types of art.

Events

Also towards the back of this book are suggestions for worship art events. This could be a *yearly feast* in the fall around the time of the feast of the tabernacles as described in the Bible, or an *outside event* which is any type of event you would like to hold throughout the year to display or perform your art, or to just reach out to the community as a group.

Whether or not you do field trips or events, you can still learn a lot about worship art and have all kinds of fun getting to know God and yourself better!

Level-end Project

On the very last page of this book you will find an idea for a wearable art project—a beaded wristband where each bead represents an art project, field trip, or event you created or participated in. Check with your Mentor to see if this is a project that fits your practice!

There's one more thing for you to do before you start your first art project. Look over the list on the next page and check off which types of art you enjoy or would like to try sometime.

Session 1

Check off which things you **like to do** or **would like to try** sometime.

- Dancing
- Theater – Acting, Opera, Mime-(skits without words)
- Gymnastics, Acrobatics
- Storytelling
- Making Videos
- Drawing
- Painting
- Photography – Taking pictures, Scrapbooking
- Computer graphics
- Reading
- Writing – Stories, Books, Poetry, Songs, Blogs, Journals, Other
- Listening to music
- Playing an instrument – which one(s) _____
- Anything with sound & rhythms
- Recording music, sounds, or songs
- Singing
- Exploring with lights
- Cooking
- Gardening
- Working with fragrances – Essential oils, Perfumes
- Crafts – Clay, Wood, Stone, Metal, Leather, Jewelry, Knitting, Sewing
- Other crafts- _____
- Architecture--designing buildings, landscape, furniture
- Interior design – decorating a room
- Origami or other paper cutting/folding
- Building with blocks or other materials

Mentor Note: Before you start the art project, this might be a good time to pray individually over each child asking God for clarity concerning their gift, maybe even an impartation of a heart of worship. (Romans 1:11, 1 Timothy 4:14, 2 Timothy 1:6-14). Consider playing instrumental worship music during their art time. This project is designed to help them open their heart to the Lord and break free from anything that might be hindering their creativity and ability to worship freely.

To start, play some worship music. Set a board in front of each child with the scissors, glue, and pencils or pens available. Pass out the other items as described. Be sure to emphasize the meaning of each step as they do it.

If you prefer, you can pre-cut the black fabric a little bit ahead of time so they can easily rip the black cloth after they are done writing on it. Be sure to be sensitive to their privacy or anything they might be feeling.

Remind your child as necessary to keep the place where the mirror will go as flat as possible.

Read over the meaning of each step to them as described – the black cloth, the red paper, the white paper, scrapbook paper, the mirror, stars, and feathers.

Read the instructions to them as they do the project. When they look in the mirror, be sure they take enough time to really look at their face and imagine Jesus in them and that He loves them. If any of your children don't know if Jesus is in them, this is a good time to talk about salvation and be sure they know how to be saved.

Have them decorate their project with the feathers and stars and read Isaiah 40:26, Psalm 61:4 and Psalm 63:7 to them. God has created all the stars and calls each one by name. We can take shelter in the shadow of His wings, and in that place sing for joy! Each one of us is unique and can find shelter and joy in His presence!

Worship Art Project

It's time for your worship art project! This project is meant to help you get a fresh start in worship art.

You will need:

- ✓ 1 wood board, 12" x 12" or smaller
- ✓ 1 piece of black cloth, 9" x 9" or smaller. It's easiest if its slightly smaller than the board. Linen works well or anything you can write on with a pen or pencil. The writing isn't supposed to show
- ✓ Pen or pencil
- ✓ Scissors
- ✓ Glue
- ✓ 1 piece of red tissue paper
- ✓ 1 piece of white tissue paper
- ✓ (Optional) piece of scrapbook paper
- ✓ 1 mirror that can be glued on to the project

Session 1

- ✓ Assorted feathers and stars

Before you start the project decide where on the board you want your mirror to be when it is finished. Keep that in mind throughout your project and keep that section as flat as possible.

First, take the black cloth. Write or draw anything on the cloth that is bothering you, or anything you think might be keeping you from being creative.

Next, cut the cloth with the scissors or rip the pieces up and imagine that those things you wrote are being destroyed as you rip.

Glue the pieces of the cloth to the board, on one side of the board only. Remember to keep it flat in the area where your mirror will go.

Cover the cloth pieces and the board with glue.

Take the red tissue paper and crumble it. As you do, think of how Jesus died for you—He was crushed, bled, and died for your sins.

Unfold the red tissue and glue it over the board and the black cloth. Remember to keep it flat where the mirror will be. As you do this, remember that God forgives your sins when you ask, and heals you from all that is hurting.

Cover the board with glue again.

Take the white tissue paper and spread it out over the board. Remember to keep it flat where the mirror will be. As you do this, think about Jesus making you clean, pure, holy and healed. He separates you from all that is bad.

Optional—Take the scrapbook paper and cut it into shapes. Glue them over your board. Remember to keep it flat where the mirror will go. Think about how you are unique and different from other people. God has made you special and has given you gifts that are just right for you.

Next, take the mirror. Look at it and examine your face. Be very still. How do you look? Happy? Tired? Sad? Look at your eyes. Imagine Jesus inside of you looking at you through your eyes and telling you He loves you. Whenever you look in this mirror, remember that Jesus loves you. And if you believe in Him, He is in you!

Glue the mirror securely onto the board.

Read Isaiah 40:26, Psalm 61:4 and Psalm 63:7. [**Mentor Note:** The Scriptures are written out in the kid's book].

Decorate your board with stars and feathers. As you do, think about the fact that God has made you unique, He knows your name, and you can find shelter and joy in His presence.

Tape a picture of your project here.

Session 2

Mentor Note: For today's project you will need: Worship music, sock puppet materials – clean socks, eyes, buttons, yarn, glue, scissors, fabric markers; the performing arts color is red so consider “red” decorations – tablecloth etc. Consider video-taping your puppets. If you do the alternate project, you will need hats.

Not everyone will like every art category, that's normal. Encourage them to still try, but also be looking for who is enjoying a category and encourage them to encourage each other. Part of this process is to not only discover our own gifts but to appreciate each other's as well.

There is a difference between an artist's tools and his art. It's sometimes easier to see that a visual artist's tools are things like paint, brushes, canvas, cameras etc. and their art is the picture that they create. In worship art we want to emphasize that the art is more than just the picture but the spiritual act of worship that goes along with creating it. In performing arts, the tools are the costumes, props, ribbons, etc. and the art is the act of worship itself or the message being communicated through the act.

Performing Arts Study

dancing, gymnastics, acting, mime, storytelling, puppet skits, making videos



Color: Red / Grace Gift: Serving

In Acts 17:28 Paul mentioned their “poets.” This word also means performer. He said that their poets said, “In Him we live and move and exist.” As a Christian we live in Jesus. We move and exist in Him and with Him in all that we do. Performing arts is all about living and moving in and for Jesus. Performing arts tells a story – fictional or true. It is kind of like the parables Jesus told. When people hear or see a story it helps them understand the message.

Performing arts is not just for entertainment. When done as worship art it's not done to make you famous! It could be to give a message to people through the story you tell – a message about God's ways, His creation, truths, or about God Himself. It could also be worship – you could dance in worship to God or because of the joy He gives you like David did. Performing arts can also be a way to pray – intercede – for other people. You would be talking to God to help someone else through your movements. It could even be prophetic, meaning that God sends a message to people through your moving art. Ezekiel had “art” like this.

Before God created the earth, He moved over it by His Spirit, (Genesis 1:2). If you believe in Jesus you can be filled with His Spirit too. When you are, He will help you create art that is unique, exciting, and full of His life! With some worship art projects, you will not end up with an object at the end. This doesn't mean you have not created art. What you bring into this natural realm from the spiritual realm is more “real” and lasts forever. (2 Corinthians 4:18). Don't rush through these projects that have no “end” to them but take the time to birth what God wants from this project!

Mentor Note: When purchasing new socks try and have a variety, even some silly looking ones if possible. Your kids can use markers to draw the faces, or glue eyes, yarn for hair etc. Be sure to give them a chance to “play” with their puppets and talk to each other, taking on their puppet’s character and voice. Ask their puppet questions and encourage them to develop his or her character. Pay attention to what their puppet likes to do, this might give you a clue as to what kind of art they enjoy and how you can encourage them.

Read the story of the Good Samaritan in Luke 10:30-37, or any other scenarios you choose. Have them act it out or act out how their puppet would respond to the wounded person. Consider video-taping it!

Alternate Project(s): As an alternative, you could pass out various hats to each child, or have everyone bring a hat of their own, and develop their character that way. You could also have your child play the role of an object, bringing it to life with a personality – a chair, pen, toaster, broom etc.

Intercessory Prayer: If you feel your kids are open to this, spend some time in prayer with them, leading them but allowing them to pray in their own words.

An actor learns to fully identify with the character he or she is playing. This often happens when we pray for others, we have a strong compassion on the person(s) we are praying for, which leads us to a great empathy. The love of God is more than pity, it’s powerful. When Jesus was moved with compassion He healed people. During your prayer time, pray for a person or situation which your children feel compassionate about. Talk to them about yielding to the love of God that’s been poured out into their heart and release the love of the Lord to bring God’s answer into your area of prayer.

Performing Arts Project

Before creating, God moved over the earth’s stage!

Today’s performing arts project is a theatre project – actually a puppet project. A large part of acting is knowing the character you are playing. You will know your character very well because you are going to make him, or her! Follow your Mentor’s instructions.

You will need:

- ✓ A new sock
- ✓ Materials to turn your sock into a puppet – glue, yarn, scissors, eyes, buttons etc.

Project Sock:

Use the materials your Mentor provides and make a sock puppet. Before starting, think about what kind of character your puppet will be. You can make him or her be any kind of person or creature you want! Is your puppet a boy or girl? Young or old? Talkative or quiet?

Name: While making your puppet, come up with a name. Think about how the name can describe your character.

Session 2

Personality: What does your puppet like to do? Read, play outside, make things, paint, write, cook, or sing – use your imagination to decide what kind of puppet you are making.

Voice: What will your puppet's voice sounds like? Practice using different voices to come up with one for your puppet.

When you are all done, introduce your puppet to your Mentor and others in your group. This would be a good time for your puppet to show what he or she likes to do – sing, tell stories or whatever else you can think of.

Act it out: Now that you have your puppet completed, act out how he or she would respond to someone who is hurt or wounded – like in the story of the Good Samaritan. (Luke 10:30-37), or any other scenario you or your Mentor comes up with. How would your puppet pray for a person you know who needs help from God – a family member, friend or someone else?

Tape a picture of your project here!

Mentor Note: These Go Play Outside field trips are optional suggestions for inspiration in the various categories of art. These kinds of trips can help your kids become aware of the creative aspect of God’s artwork and encourage them to appreciate it. What better example of creative art than what the Master Creator Himself has done! Of course, inspiration can also come from human artists who have been inspired themselves, so there are suggestions for these types of outings as well (theater, museums etc.). You might also consider finding books to read to them or suggest they read, in their areas of interest.

Go Play Outside

What better way to learn how to create art than to study the art of the Creator of everything! God created the whole earth, the universe and all of nature. When you go outside into His creation, it will help you become creative. He put creativity inside of you. Your imagination is what you use to create things. Go play outside and explore God’s wonderful creation! *Be sure to have your Mentor or parent’s permission.*

Inspiring Ideas from Nature for Performing Arts

- Go to a field and run, skip, dance or play – whatever you feel like doing.
- Watch how God’s creation moves – the clouds, water, trees, animals etc.
- Climb a tree
- Hide in the bushes or rocks
- Go swimming
- Go bike riding
- Go for a walk
- Do anything you can think of to move around and pretend – use your imagination!
- Use the outdoor world as your stage!
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to the theater – watching a performance like a play or dance.

Write about your trip here:

Date: _____ Place: _____

Session 3

Mentor Note:

For today's project you will need: Mellow worship music, canvas to paint on, a variety of paintbrushes, paint—a few shades of each color, optional foam shapes, optional pictures to discuss (see visual arts study); the visual arts color is yellow so consider yellow decorations.

As an example, you might show your kids pictures and let them say what they feel about each one. Have a variety of pictures—scenery, animals, people doing various things, objects. You could even have pictures of them! Do the pictures remind them of anything? Do they stir up a specific emotion?

Visual Arts Study

Drawing, coloring, painting, chalk, taking pictures, making scrapbooks, bookmarks, cards, computer graphics



Color: Yellow / Grace Gift: Prophecy

Visual art is a picture. It could be drawn, painted, photographed, or made any other way you can think of. Visual art is like taking a picture of a certain moment in time. It could be a beautiful moment in nature or something that will become history in the future. In Numbers 33:52 the Lord told Moses to tell the people to destroy all the pictures from the land of Canaan when they went to live there. God wanted to erase the history of the land before His people lived there so He got rid of their pictures. When we want to remember a fun time what do we do? We take pictures! Visual art helps us to remember, and to remember it exactly. (Oh yeah, I forgot I used to wear that blue striped sweater all the time). So visual art can help you see something you didn't see before, or help you remember something, so you don't forget.

During today's session you will focus on seeing with your imagination. When God created the earth the first thing He did was make light. He said, "Let there be light." We need light to see!

Mentor Note: Read the first paragraph in the color and shape project below to your children while worship music is playing, and they are sitting in front of a canvas with painting materials and their eyes closed. Hopefully the music helps them to focus on the Lord instead of what's around them. Try to have a variety of colors, as well as brush types. Have different shades of the same colors or show them how to mix shades of the color they choose.

Read the second paragraph after they have completely covered their canvas with the color they chose. After the third paragraph they make different shades of the color they chose. Their finished project will be one color, with shapes painted in various shades of that same color.

The focus is on having them paint what they imagine, and what comes from the heart, as well as learning about color and brushes. Every piece is a masterpiece!

If you think it would be helpful, you might have foam shapes for them to feel with their eyes closed.

Visual Arts Project

The first thing God made was light. Shine Your light Lord!

Color and Shape Project

“Then God said, “Let there be light”; and there was light.” Genesis 1:3

You will need:

- ✓ Canvas
- ✓ A variety of paintbrushes
- ✓ Paint

Close your eyes and imagine when God said, “Let there be light.” Imagine the light showing you things you couldn't see before. Think of a color. If you see more than one, take a minute and choose one. Now open your eyes and choose a paint that is closest to the color you chose. Paint the whole canvas or paper this one color. Use different brushes to see what each one is like. How do different brushes come out differently on the canvas? When covering a large area, see how much easier it is to use a large brush. Take your time to use different kinds of brushes. When the canvas is completely covered, set it aside for a minute.

Close your eyes again. Think of a shape. It could be a shape you are familiar with. A square, circle, triangle, or rectangle. Or is it a house shape, or star, or leaf? It could be a shape that you don't know the name of!

Open your eyes and make different shades of the color you painted on your canvas. Add white to make it lighter and a little bit of black to make it darker. Or use premixed shades of your color if your Mentor has them available. Use these shades to paint the shape or shapes you saw onto your one-colored canvas.

Name your masterpiece and tape a picture of it here!

Go Play Outside

Find something outdoors that is so pretty or interesting that you want to keep looking at it, or it makes you feel peaceful or happy. Be still while looking at God's beauty. Let your eyes soak up the beauty of His creation! You can draw or take pictures if you want to. *Be sure to have your Mentor or parent's permission.*

Inspiring Ideas from Nature for Visual Arts

- Visit a lake or a pond
- The woods
- A garden
- Beautiful flowers
- Birds
- Waterfalls, mountains, or a river
- The clouds or the stars
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to an art museum and look at pictures or photographs that other artists have made.

Write about your trip here:

Date: _____ Place: _____

Session 4

Mentor Note: Have you thought about your group holding an event or a Go Play Outside field trip? Information on events can be found at the back of this book.

For today's projects you will need: Several mustard seeds, a Bible for each person, pencils or pens, colored pencils, clear tape, optional heart locket, charm or vial that opens up, optional cup of dirt, optional copy of the "folding poem" page; the literary arts color is purple so consider purple decorations.

We have more than one project for literary arts. Kids can vary quite a bit in their reading levels so choose one or more of these projects based on your kids' ability and interests. The mustard seed project is a brief lesson in comprehension and logical thinking which will help your kids when studying the Bible, or in any reading. You might also talk about comparison and what that means. Jesus did a lot of comparing in His parables. If anyone in your group can't read, or can't read very well, read this to them and have them verbally answer you.

When giving your kids the mustard seeds, talk about how small it is and how easily it could be "lost." Jesus compared the Kingdom of Heaven to the seed. When planted in the soil, it grows. In the same way, the Kingdom within their heart will grow too! The purpose of giving them seeds is to make what they read "come to life" by giving them something tangible to hold. As a keepsake, they can either tape their seeds to the page, or put some in a locket or vial to make a necklace. A heart locket necklace would be perfect as a reminder of the kingdom of heaven within them.

Literary Arts Study

Writing stories, books, poems, songs, lessons, scripts, blogs, journals



Color: Purple / Grace Gift: Teaching

Literary art is about words and communicating with each other. It's about learning, reading, writing and even teaching. In Ezra 7:6-10 we read that Ezra studied the Law of the Lord. He loved God's law and he made sure to do what it said. He taught God's law too. Then in Nehemiah 8 we read that as Ezra read the Law of God to the people they learned what they needed to do to please God. A writer loves when his readers understand. If you're talking to someone, it feels good when they understand what you are saying doesn't it?

When God created the earth, He **said** something. He spoke. All of creation understood Him and did what He said! Pray for God to help you understand what people are saying to you, and for them to understand what you are saying to them. Pray that you understand what God says to you too.

Literary Arts Projects

When God created the earth, He said something. Hear what He says, understand, and explain!

Mustard Seed Project

What truths can you learn from the following parable that Jesus told?

In Matthew 13:31-32 Jesus said:

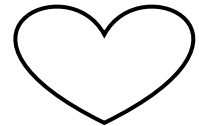
“The kingdom of heaven is like a mustard seed, which a man took and sowed in his field; and this is smaller than all other seeds, but when it is full grown, it is larger than the garden plants and becomes a tree, so that the birds of the air come and nest in its branches.”

1. The mustard seed is bigger than other seeds. **True or False or Don't Know**
2. A mustard seed can grow to become a tree. **True or False or Don't Know**
3. All blue jays build nests in only mustard seed trees. **True or False or Don't Know**
(Mentor Note: This verse doesn't tell us one way or another)
4. A mustard seed tree has branches. **True or False or Don't Know**

From this verse we also learn that in God's kingdom, the things which seem so small can grow into something large and strong.

Take a mustard seed and put it on your finger. Imagine a huge tree growing from this small seed! Imagine God's Kingdom growing this way too!

Tape your mustard seeds in the heart, or somewhere else if your Mentor has a place for them.



Mentor Note:

Help your kids read Matthew 13:44-48 and find the three things if they need help. Once again, drawing or writing about one of the three things helps them to extract meaning and reality from the words they read. The three things are hidden treasure in a field, a pearl of great value, and a dragnet.

Kingdom of Heaven Project

Read Matthew 13:44-48 in your Bible. What three things does Jesus say the kingdom of heaven is like?

Draw one or more of the three things you wrote down about the kingdom of heaven. Or, write down **how** its like the kingdom of heaven.

Mentor Note:

As an additional project, depending on the level of your kids reading and writing abilities, the folding poem project is an option. To do this, make a copy of the poem (so you don't have to remove the page from the book) and follow the instructions.

Folding Poem Project

Have you ever made a folding poem? It's fun to read when its all done. You will need at least three people for the most fun.

First, decide on a title for your poem and a theme. (trees, mountains, stars, fruit, desserts, Christmas, pajamas, camping, swimming, horses, dogs, baseball etc.)

Next, the first person writes the first line of the poem. The second person writes a response – the second line of the poem. Then the second person folds the poem so the first two lines are hidden. Then he writes the third line of the poem and gives it to the third person. The third person will only be able to see the last line written. He or she writes a response which is line four of the poem. Then he folds the poem so all the lines are hidden, and writes the fifth line.

This continues until all the people in your group have written two lines. Each one folds after they write their first line. Except for the first person. When all the people have written, it goes back to the first person who writes the final line.

Folding Poem

This is how it works for a group of five people:

Copy this page!

First person writes a line, second person responds, folds poem.
Second person writes a line, third person responds, folds poem.
Third person writes a line, fourth person responds, folds poem.
Fourth person writes a line, fifth person responds, folds poem.
Fifth person writes a line, first person responds. Poem is done.

Title: _____

Theme: _____

1. _____

2. _____

2. _____

3. _____

3. _____

4. _____

4. _____

5. _____

5. _____

1. _____

Go Play Outside

Just like visual arts, the beauty of God's creation can inspire you. It can also teach you. Visit a scenic place that can help you clear thoughts out of your head so you can hear God's thoughts through His creation. Bring your Bible and read God's Words while looking at His beauty. Listen for the sounds of nature. *Be sure to have your Mentor or parent's permission.*

Inspiring Ideas from Nature for Literary Arts

- Visit a babbling brook or river
- Waterfalls
- Birds
- Listen to the rain or thunder
- Sit and watch any of God's beautiful art creation and see what you can learn from it just by watching
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to a library and read books other literary artists have made, like classical stories. Or find a subject you really like and study about it. Visit a creation museum and think about what happened when God spoke.

Write about your trip here:

Date: _____ Place: _____

Session 5

Mentor Note: Rejoice! Talk about what it means.

For today's project you will need: ½ coconut shells (or something similar like an empty plastic food dish), bandana's or any 20 x 20" cloth, markers, rubber bands, ribbon or string, permanent marker, a variety of small items to go inside –like beads, fuzzy felt balls, small wood pieces, cork, or scraps of almost anything, a praise song – preferably one with a beat they can “shake” their instrument to; the audio arts color is dark blue so consider dark blue decorations.

Talk to your kids about listening and how that is necessary before responding. We need to hear what the Lord is saying before we respond or do what He says! A “soaking” CD might help them be calm and quiet so they can listen.

Remember that with audio arts, as in performing arts, you don't always end up with a tangible object in your hand. That doesn't mean that you haven't created a worship art project. Worship art is about connecting with the Lord spiritually and the worship, communication and even the experience that surrounds all of it. What you pull out of the spiritual realm and bring into this natural realm is more real than ending up with something in your hand. Even in the other art categories where you do end up with an object—a picture, a book, a sculpture etc.—the important part of that creation is the spiritual connection that is associated with it. Don't rush through any of these projects but take the time to tap into God's world and birth that project here into our world. However, today they will end up with a tangible object—a praise shaker.

Audio Arts Study

Playing a musical instrument, singing, making sound patterns, household item sounds, rain sticks, listening to and recording sound-nature, wind, rain, fire, water, birds, animals and other sounds, light patterns



Color: Dark Blue / Grace Gift: Exhortation

Audio arts is about sound. Something you can hear. In the book of Psalms in the Bible it says to sing and shout for joy to the Lord. (Psalms 5:11; 32:11; 35:27; 47:1; 132:9; 150). Music, songs, shouts, claps – any way to make joyful noise to the Lord is audio arts. Audio art shows you have a joyful and grateful heart to the Lord, that you feel His love and are answering that love. It's not enough to feel this joy and love for the Lord, you need to say it, or even shout it!

In John 2, when Jesus turned the water into wine, the ruler of the feast tasted the wine and called the bridegroom over to tell him how good it was. When we taste and see how good the Lord is, we must call out to Him and tell Him. You just can't hold it in! Sometimes the shouts and sounds from God's people defeated their enemy! Like at Jericho in Joshua 6.

When God created the earth, He spoke, and the sound of His voice went out into the atmosphere and created whatever He said. All of creation did what God said. He made the day and night. He made the sky. He made the land and waters. He made all the plants and trees for food. He made

the sun and moon and stars. He made all the animals, birds and fish. Everything responded to the sound of His voice, and still does. We will respond too and will be listening, not just for His voice but His beat and rhythm and the beat and rhythm of all creation. God has many languages. Some are words but there are all kinds of different sounds! All of creation has a sound. Let's listen for this sound and the sound of God's Spirit and respond to that. Repeat what we hear from the invisible world of God and bring it into this world.

Mentor Note: Give each child a half coconut shell, (or something similar). Have many items available for them to put inside the shell. They will be covering it with a cloth. A 20" by 20" piece of cloth, or bandana, will work well. Have rubber bands and ribbon or string available for them to tie the cloth tightly over the shell. Don't just use rubber bands because they will disintegrate eventually. Tie the ribbon over the rubber bands.

This shaker represents their heart. They might want to write something inside their shell (heart) before filling it. Have a permanent marker available for that. If they write inside the shell, then once it's sealed, only they (and God) will know what's inside, unless they share "their heart" with others.

Explain when they choose the items to go inside the shell, that those items will be what makes the noise when the shell is shaken. This is much like the Scripture which says, out of the abundance of the heart, the mouth speaks. (Matthew 12:34). Each item makes a different sound. Even items that seem "useless" for any other purpose become useful here. Everything, and everyone, can make a sound of worship to the Lord.

You could use beads, fuzzy felt balls, small wood pieces, cork, or scraps of almost anything. (Have any odd craft items you need to use up)?

Praise song:

Play a praise song with a good beat while they make their shaker and then have them play with the song with their shaker when it's finished. After a bit, stop the song and have them listen for their own rhythm or beat to play. Have them close their eyes and think of how the sound of God's voice vibrated everything when He spoke. The whole earth responded to Him and came into being when He spoke. Have them listen for a sound from God – a rhythm, a beat, a vibration. Then have them respond to the sound they hear with their own sound.

You can also have them repeat a beat, or sound pattern, after you. Just do simple patterns for them to follow at first and then move on to more complicated patterns if you can. Let them explore their own rhythms and beats and see what kind of song they create!

Audio Arts Project

All of creation responded to the sound of His voice and came into being. Listen for His sound and respond!

You will be making a heart **praise shaker** and then using it in a praise song!

“...For the mouth speaks out of that which fills the heart.” Matthew 12:34

Your heart praise shaker will be filled with things that will make a sound of worship to the Lord, just like words of praise come from the heart. Follow your Mentor’s instructions.

You will need:

- ✓ ½ coconut shell or small plastic container
- ✓ 20 x 20 bandana or piece of cloth
- ✓ Rubber bands and ribbon or string
- ✓ Objects to go inside your “shaker”
- ✓ Optional permanent marker

First, take a half of a coconut shell, or a small plastic container. If you want to, use the marker to write words of praise, or deep secrets of your heart that you want to tell God, on the inside of the container.

Next, put objects inside your container that will make a sound when you cover the opening with the cloth and shake it. It doesn’t matter what the things look like because no one will see them, you will only *hear* them. Not everything has to be a “noisy” sound. Try some things that make a soft sound too.

Once you’ve finished picking your objects, cover the coconut shell with the cloth and tie it shut with a rubber band. Then tie a string or ribbon over the rubber band to hold it in place.

Shake your praise shaker to the beat of a song or make your own rhythm.

Tape a picture of your project here:

Go Play Outside

Be very quiet and listen to the sounds of nature. Listen to its song – its voice. Listen how creation praises the Lord and listen for a message for you. Most of these are the same as literary arts, but you can hear something new each time you listen. You might also look for natural lights. *Be sure to have your Mentor or parent's permission.*

Inspiring Ideas from Nature for Audio Arts

- Visit a babbling brook or river
- Waterfalls
- Sea shells
- Birds and animals
- Listen to the rain or thunder
- Bonfire – sounds and light
- Natural lights – stars, lightning, fire-flies
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to a concert or opera.

Write about your trip here:

Date: _____ Place: _____

Session 6

Mentor Note:

For today's project you will need: a tray of healthy "sweets" such as honey, fruit, dates etc. (see instructions for the sweet tray), a strip of bone-colored ribbon 1 ½" wide by 10" long for each child, pen with gold-colored ink, a ruler, Mod Podge; the culinary arts color is green so consider green decorations.

Culinary Arts Study

cooking, food art, gardening, nutrition studies, fragrances-(smells)



Color: Green / Grace Gift: Giving

Culinary art has to do with food. What we like to eat or drink is called our appetite. Our appetites tell a lot about us. Our food choices show what kind of choices we might make in other areas besides food. When God made the earth, He made a garden full of plants and trees for Adam and Eve to eat from. He told them that they could eat from any tree of the garden. (Genesis 2:16). Only one tree they couldn't eat from. It's important that you eat what God says is good, knowing He loves you and wants the best for you. You need to be able to tell the difference between what's good and what's bad. That's what discern means. As a culinary artist, you don't just want to make food that tastes good, but food that really *is* good—Food that is good and healthy for your body. Some food tastes good but is not healthy for your body.

The same thing with fragrances or smells. Artificial fragrances are not good for you! Essential oils from plants and flowers smell so good and really are good for you. Know when to say yes and when to say no!

This is a worship art project not just because you are eating healthy food for your body which is the temple of the Lord, but you are sharing a time together with the other members of your group or family. Good food, fragrance and friendship make a worship art atmosphere. Keep all criticisms and "unhealthy" talk out of the room. Make what comes out of your mouth just as healthy as what goes into your mouth! A culinary artist not only cares about the health of the physical body, but the body of Christ as well.

“...From any tree of the garden you may eat freely;” Genesis 2:16

Which fruits and vegetables have you tried?

Strawberries	Watermelon	Carrots	Broccoli
Bananas	Cantaloupe	Celery	Corn
Apples	Grapefruit	Radishes	Cauliflower
Nectarines	Lemon	Zucchini	Kale
Blueberries	Lime	Lettuce	Artichoke
Peaches	Cherries	Spinach	Onion
Pears	Apricots	Squash	Brussels Sprouts
Oranges	Pineapple	Green Beans	Cabbage
Plums	Grapes	Tomatoes	Peppers
Avocado	Papaya	Potatoes	Turnips
Kiwi	Cucumbers		

Tape a picture of your honey bone project here:

Mentor Note: One thing about meals is that they always seem to be more fun when shared with others! God loves for us to fellowship and “break bread” with each other. However, some of the unhealthiest choices we make in our diets revolve around sweets, usually refined sugar. Is God against us having enjoyable food? Of course not! He put a huge variety of food here in the earth, but we need to be wise and eat healthy whenever possible.

Today’s project is a dual-study. The Honey Bones project is about sweet words coming *out of* our mouths. The sweet tray is an opportunity to talk about “healthy” sweets, or at least healthier, that we put *into* our mouths. Have the tray prepared ahead of time with a variety of healthy sweets. Show that God has a variety of healthy “sweet” choices for them to enjoy. (Please find out if anyone in your group has allergies before making any culinary arts projects). Serve the sweet treats while they make their honey bones. As an additional culinary art touch, your kids could arrange their sweets on their plate in an appealing way.

Sweet Tray: Use any of the following ingredients by themselves or in a prepared snack. The goal is to find alternatives to refined sugar and other unhealthy ingredients. Consider serving with tea and pita or crackers.

1. Honey (local and raw is best, but do not give infants honey!)
2. Maple Syrup (pure, not the fake stuff)
3. Fruit spread or jam (no added sugar or other crazy ingredients!)
4. Fruit in its plain raw form is a wonderful sweet snack
5. Fruit: any other healthy form (ex. Applesauce, baked fruits, banana “ice cream” etc.)
6. Anything made with dates as a sweetener, (not dates that have sugar added to them)

Culinary Arts Project

When God put man in the Garden, He told them they could freely eat of every tree – except one. God always gives us way more than we need!

The Sweet Tray

Today you will try several different “sweet” tastes that are much healthier for you than refined sugar. God is not against us having enjoyable food! He put a huge variety of food here in the earth, but we need to choose our food wisely. Arrange your snacks on your plate in a way that looks artistic. As you taste the different kinds of sweets, speak pleasant words with one another also.

Honey Bones

Proverbs 16:24: Pleasant words are a honeycomb, Sweet to the soul and healing to the bones.

Not only is it important what we put *into* our mouth, but what comes *out of* our mouth is important too! This Scripture says that pleasant words are, like honey, sweet to the soul and healing to the bones. Your project today will remind you of the healing power of pleasant words. You will need:

- ✓ a strip of bone-colored ribbon 1 ½” wide by 10” long
- ✓ a pen with gold-colored ink
- ✓ Mod Podge

Take your strip of ribbon and write on it with the gold ink. If you don’t have gold ink, that’s o.k. however it’s better if it doesn’t bleed through the ribbon too much so try and choose a light color. What do you write? Write words which **God says about you from the Bible**, or **pleasant words from each other in your group** by writing on each other’s ribbons or write **pleasant words that you want to speak more of yourself**.

When finished writing, tie a knot in each end of the ribbon. **Leave only ½” between the two knots**. Have your Mentor help you with this if you need it.

Trim the edges and paint with Mod Podge.

Let dry.

Some Scriptures where you can find “pleasant” things God says about you:

Ephesians 1:3, Ephesians 1:4, Ephesians 1:7, John 15:14, Colossians 1:13, Colossians 3:3, 1 Peter 2:24, 1 Thessalonians 5:5, 1 Peter 2:5, 1 Peter 2:9, 1 Corinthians 6:19, 2 Corinthians 5:17, 2 Corinthians 5:21, Galatians 3:29, Galatians 3:26, or use your own favorite Scriptures!

Go Play Outside

Enjoy the many tastes and smells of the outdoors! *Be sure to have your Mentor or parent's permission. Don't eat anything outside unless an adult who has studied edible plants tells you it's okay.*

Inspiring Ideas from Nature for Culinary Arts

- Pick berries to eat
- Pick any kind of edible fruit or vegetables right off the vine
- Smell all kinds of different flowers
- Smell all kinds of different herbs like mint, thyme or rosemary
- Plant some seeds or seedlings
- Do any kind of gardening like watering or weeding
- Go fishing
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to a fine restaurant, garden or farm.

Write about your trip here:

Date: _____ Place: _____

Session 7

Mentor Note:

For today's project you will need: Worship music, clay – paper clay, play dough, air dry or whatever kind you feel comfortable with, optional blindfolds and objects to guess while feeling; the sculpture arts color is orange so consider orange decorations.

During the sculpture arts study, you could use blindfolds to illustrate a point regarding sculpture arts. Our society is very visual, but by being blindfolded and using their hands to feel an object they will be able to “see” the object differently. You can give each child something different – or if you have several of the same object then give each one the same thing. Have them touch it on all sides, feel the texture – is it smooth or rough? Does it have a smell? Is it soft or hard? Ask them several questions and see if they can describe it or figure out what it is.

Sculpture Arts Study

making crafts or sculptures from clay, wood, stones, sticks, leather, metal, Paper Mache, making jewelry, sewing, knitting, fabric, clothing, scarves



Color: Orange / Grace Gift: Mercy

A sculpture is a three-dimensional work of art. That means that you can pick it up and hold it, (well if it's too big you can't pick it up) but it's an object that you can touch and feel. It may have a purpose. A vase may be a work of art, but it has a purpose to hold flowers. Salt and pepper shakers may be pieces of art that have a purpose of holding salt and pepper. Some art has a purpose of just being pretty to look at. Maybe it reminds a person of something. What we don't want to do with any kind of art is to make an idol. An idol is something that comes between you and God.

In Exodus 31:1-11 the Lord told Moses that He had filled Bezalel with the Spirit of God, so he knew how to make all kinds of art – metals, stones, wood, fabric etc. But, while God was telling Moses this on the Mount, His people got impatient waiting for Moses to come down from the Mount and they made a golden calf to worship. Anytime we worship anything other than God then that is an idol! But when we stay in the presence of God idols are destroyed! (1 Samuel 5:1-7).

On the sixth day God made man. He sculpted him from the ground. He breathed life into his nostrils. He put him in the Garden and made Eve to keep him company. God loved His creation. He loved man then and He still loves us today. Staying humble and remembering your purpose is an important part of worship art.

Mentor Note: Read the instructions for whatever type of clay you buy. Some needs to be baked, some air-dried, so make sure you get a type that will fit with what you want to do. Paper clay is good. You can always use play-dough or homemade dough. Help them get into the idea of creating what they feel inside as they worship.

Sculpture Arts Project

God sculpted man from the earth and breathed the breath of life into him. Man was created in God's image to worship and be friends with God.

Blindfold Sculpting

"Then the LORD God formed man of dust from the ground, and breathed into his nostrils the breath of life; and man became a living being." Genesis 2:7

You will need:

- ✓ Clay

Listen to some worship music. Take some clay – paper clay, play dough, air dry clay, or whatever your Mentor has for you. Take a clump and close your eyes. Move it through your hands while worshipping the Lord. You might even want to get up and move around – dance, or pray while holding the clay. As you worship, form it into whatever you feel is right to do. Keep your eyes closed. Don't look at it while you're sculpting it but feel from within what to do with it. When finished, follow your Mentor's instructions for whatever type of clay you have so you can complete it by letting it dry properly. Don't worry if you think it doesn't look "good." What's important is that you made it while worshipping the Lord.

When it dries and is ready to be painted you could do the same thing you did today – turn on worship music and paint it, but maybe keep your eyes open :)

Take a picture and tape it here:

Go Play Outside

Explore outside and find all kinds of things you can use to make whatever you want. *Be sure to have your Mentor or parent's permission.*

Inspiring Ideas from Nature for Sculpture Arts

- Go to the beach and play in the sand and water
- Play in the snow and make snow or ice sculptures
- What can you make with pinecones?
- Evergreen leaves
- Rocks
- Vines
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to an art museum or look for sculpted art in a city.

Write about your trip here:

Date: _____ Place: _____

Session 8

Mentor Note:

For today's project you will need: A sand art kit or materials for your own sand project, optional rocks, hourglass, easel or stand-up picture frame; the architectural arts color is light blue so consider light blue decorations.

During the architectural arts study, set a stand-up picture frame, or an easel in front of your kids and talk about how it can stand up because of the way it is designed. There are structural concepts that once we understand, we are able to use to make life easier or add unique and beautiful decorations. The temple that Solomon built was very beautiful and intricately designed.

You could also show them an hourglass, (or three-minute timer), which are architectural arts designs. Certain structures in nature have interesting architectural designs for functional and aesthetic purposes. Beehives, beaver dams, and nests are examples of God's creatures creating architectural designs. Things like the orbits in outer space, the earth, mountains, oceans, and trees are examples of God's architectural designs.

Architectural Arts Study

building structures, tents, furniture, gardens, or making the plans for them, rearranging or organizing rooms, closets, drawers, paper folding and geometric designs



Color: Light Blue / Grace Gift: Leadership

Architectural art is planning and building things. It could be buildings or tents. It could be furniture or gardens. It could be making plans on paper for any of those things. It could also be organizing your room, closet or a drawer. It can also include structural techniques in smaller things too like paper folding or birdhouses. (Making gardens in architectural arts is more about setting up the outside of a yard so it looks good and you can use it easily for whatever you need to, not so much about growing healthy or smelly plants – that is culinary arts).

In 1 Chronicles 28:11-12 we read that David gave his son Solomon plans for the temple that he got from the Spirit of God. When you build a building, you change the way a piece of land looks. If you build furniture then you change the look of the room that furniture is going to go in. We need to see God's purpose and plan before we build and change anything.

The Bible tells us that Jesus is the only foundation to build a life on and that we need to be careful how we build on the foundation. We are a building for God to live in. The Spirit of God lives in us. We need His plans, His vision and to know His purpose for us so we can build our lives right! (1 Corinthians 3:9-16).

After God made everything He rested from His works. We also are to rest from our works and do His instead. Instead of making our own plans for our lives, let's follow His plans. Following God's will and plan for your life is an important part of creating worship art.

Mentor Note: For the sand art project look over the options below and decide which one will work best for your class. #3 will not be a permanent structure unless you are familiar with how to choose the right type of sand and build it in such a way as to make it more permanent.

Architectural Arts Project

God created everything with unique purposes.

Sand Art

“Therefore everyone who hears these words of Mine and acts on them, may be compared to a wise man who built his house on the rock. And the rain fell, and the floods came, and the winds blew and slammed against that house; and *yet* it did not fall, for it had been founded on the rock. Everyone who hears these words of Mine and does not act on them, will be like a foolish man who built his house on the sand. The rain fell, and the floods came, and the winds blew and slammed against that house; and it fell – and great was its fall.” Matthew 7:24-27

You will need:

- ✓ A sand art kit or materials as described below

Do a sand art project! You really only need sand and maybe water, but there are sand art kits or colored sand you can buy if you prefer. Here are some ideas:

1. Mix different colors of sand into a clear vase.
2. Mix sand and rock into a clear vase as a reminder of the wise and foolish men. (Matthew 7:24-27).
3. Build sand structures with sand and water. These structures will only last during session time though.
4. Make a sand painted structure. To do this you build a structure from cardboard, coffee cans or whatever material you have. Place it onto a piece of cardboard or wood. Then mix sand with white glue and paint it on. You want it to be thin enough to use a brush but not too thin. You will need to put on several layers of sand paint, with dry time in between so it will not be done in one session. In a group practice you may have to be very careful if taking it home.

Listen to worship music and think about Jesus being the solid rock you build your life on, and His Word being a strong foundation. Ask the Lord to become the foundation of your life and show you how to build your life!

Tape a picture of your project here.

Go Play Outside

God's designs are amazing. Look at all of His creation and think about how awesome He is to have been able to make nature look and act how it does. *Be sure to have your Mentor or parent's permission.*

Inspiring Ideas from Nature for Architectural Arts

- Look at a tree and think about how it stands up
- Visit any natural structures like bee hives, beaver dams, or canyons
- Build a rock tower or go rock climbing
- Make an outdoor shelter with sticks, leaves and vine
- Build a sand castle, snow fort, or snowman
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to visit any man-made structures like bridges, towers or beautifully structured buildings.

Write about your trip here:

Date: _____ Place: _____

Tape a picture of your architectural art project here, or a picture from your trip:

Mentor Note: Be sure everyone ends on a good note and is encouraged. We don't want anyone to feel discouraged or like they weren't "good" at anything. It's not about the end result but about worshiping the Lord and discovering the gifts He's given them. Even if they don't know that, encourage them to continue to explore creative ways of worship. Continue to pray for them!

Congratulations!

You've finished the Follower level but your worship art journey doesn't end here! Keep exploring the creative gifts within you. Read about the next levels below.

Disciple Level

As a Disciple, you are continuing the worship art journey you started as a Follower. At the Disciple level, you will make art in all seven categories again. This will help you continue to explore what categories you like and what you may be gifted in. Remember that each category has a lot of different expressions. For example, the sculpture arts category has expressions of all kinds of crafts – wood, clay, leather, fabric, jewelry etc. So if you don't like one expression in a category you might like another.

As a Disciple, you will get to know the Bible better, and have more time to practice tuning in to God's voice!

Servant Level

The Servant is called a servant because Jesus teaches us that if you want to be great then you should become a servant. As you advance, you will become humbler and more filled with love for others. Your art not only honors God but unites His family. Jesus prayed we would share in the love He had with the Father. That love unites us all. (John 17:23, 26).

Servant Knight

A Servant Knight is a Servant who is committed to certain "knight-like" characteristics knowing his/her purpose of worshipping God.

Don't forget to check out the free art sessions, events, or level-end project!

Once again, congratulations on your completion of the Follower level! What was your favorite art project?

Mentor Note: Free Art Time

To have a free art session, provide a variety of art materials for your kids to experiment with. By having a variety of categories to choose from it will give them a chance to explore their individual giftings. Think about what they seem most interested in, or what they might have wanted to try but didn't get a chance. Have something to represent each category.

- ✓ Dance ribbons, costumes,
- ✓ Paints, markers, crayons,
- ✓ Pens & paper, Bibles,
- ✓ Musical instruments,
- ✓ Cultural recipes, food art, fragrances,
- ✓ Leather, metal, clay, jewelry items,
- ✓ Sand art, origami, blocks, etc.

In our group, we choose a Scripture to create a theme for the session. We pick a pre-recorded worship song to go along with the theme. Audio artists play along with the song, rather than playing something separate on their own. Of course, experienced worship leaders may play a sound/song of worship for the whole art time, but it's difficult to expect kids or inexperienced audio artists to maintain that for an entire session. I'd rather see them have a few moments of connecting with the Lord in worship with a pre-recording then trying to struggle to have something live.

After art time, come together and talk about the session. There is a message from the Lord here. For example, we did a theme from John 4, the woman at the well, about living water. We had a literary artist receive words about one drop of living water being greater than gallons of regular water. We had a visual artist paint a door hidden in the bushes that a person had to seek for but was washed in the rain from above before going through. We had an audio artist spontaneously call out for the thirsty coming to drink of the living water. We had a performing artist dance with ribbons of orange, yellow and red and felt it was God's fire, which at first seemed different from everyone else, until we realized the fire created a thirst for the living water. We had a culinary artist make a drink for everyone that we shared while talking about our art projects. Together, our worship art gave us a message and a prayer.

There is a separate page with culinary art project ideas for free art time. It's often more challenging to include a culinary art project with younger kids during free art sessions. By providing some guidance and setup ahead of time, it makes it a little easier.

Free Art Time

What is a free art session? It's a worship art session where you choose your own category of art and project to make from whatever materials your Mentor has, or whatever your imagination comes up with! Your Mentor may have a Scripture or theme to use as a guide for your project. If you have an idea for one, let your Mentor know! If you don't remember all of the art categories and expressions, look at page 11.

Mentor Note

Following are four simple ideas you could use during free art sessions in the area of culinary arts. Of course, these are just a few samples, you may use whatever recipes you wish. Most likely they will not take the entire worship time to prepare, so for those who want to do this you might have some interesting cultural facts for them to read, as well as ingredients to prepare the dishes. They may also have time to do something in another category. They can share what they learned during the discussion time at the end.

Culinary Art Ideas for Free Art Time

Following are four simple culinary art ideas you could use for free art sessions. Check if anyone in your group has any food allergies before serving snacks.

Israel: Stuffed Dates

Your Mentor will help you, or have the filling prepared ahead of time. Grind the almonds first in a food processor if they are not already ground. Remove and place on wax paper. Place the pistachios in the food processor and process until coarsely ground. Add the honey and water, keep processing. Knead the mixture with the ground almonds. During session, you can stuff the dates and put almonds on top. Put them on a plate in a decorative way.

1 lb. dates, pitted
¾ cup pistachios, shelled, lightly roasted
¼-1/3 cup ground almonds
1-2 Tablespoons honey
2 teaspoons water

China: Chopsticks & Tea

White rice is quite common in China and you could make a variety of rice dishes. You could also have steamed broccoli, snow peas or water chestnuts to practice using chopsticks with. Soy sauce is sky-high in sodium, I would use coconut aminos instead. You might check out a *rolling donkey* recipe for a traditional Chinese snack. Have some tea and orange slices too.

Brazil: Acai Breakfast Bowl

Blend the acai, ½ banana, and milk together. Top with sliced bananas and granola. You could also serve with mango's, strawberry, kiwi, and honey.

3 ½ ounces (100 grams) acai frozen pulp (or berries)
1 banana
splash soy or other milk
granola

Germany: Soft Pretzels

For a true German pretzel, follow a German soft pretzel recipe, or buy pre-made ones. Have a few samples of mustard to try with them.

Mentor Note: The next several pages are suggestions for four different free art time sessions. Each session has a theme, and there is a scripture page and an art idea page for each one. The art ideas have a list of ideas for art projects in each of the seven categories. Even though your kids choose their own category and expressions in a free art session, sometimes they might need a little guidance or inspiration.

Begin by having your kids read and meditate on a Scripture. This will be the basis for their art project. We want them to learn to hear *something* from God – even just one word, thought, feeling or touch from Him. Remember the goal is not just to create art or crafts, but to create something from the heart. It doesn't have to look "religious."

Pray about what type of atmosphere you need to help them quiet their minds and hear the Lord. You might try silence, prayer, lively praise, worship, or a combination.

Be sure to look over the art ideas under each category ahead of time so you can have materials available from all the categories. This way your kids can choose to work in whichever category they want.

Free Art Time

Scripture: Trees of the Garden

Before creating your art, read a Scripture to use as a theme for your art project. You or your Mentor may choose one, or use Genesis 2:16:

✓ **"From any tree of the garden you may eat freely;"**

Read the Scripture to yourself slowly.

Read it again, and circle the words the Holy Spirit seems to be showing you.

Say those words to yourself, and then quietly out loud.

What do you think the Holy Spirit is showing you?

Make your art project based on what the Holy Spirit is showing you.

Free Art Time

Ideas: Trees of the Garden

Here are some ideas based on today's Scripture:

Performing arts – make up a dance or a skit about growing trees, swaying trees or fruit.

Visual arts – paint or draw many trees in a garden with all different kinds of fruit.

Literary arts – write a story, poem or song about trees, gardens or fruit, or the trials of having too many rocks in the garden.

Audio arts – sing a song about any of the above, or make a musical sound with what you might find in a garden – natural items like acorns or pine cones, or garden tools.

Culinary arts – make a snack with all kinds of garden food – fruits and vegetables.

Sculpture arts – make sculptures of fruit, trees or garden animals. Or make a fruit basket.

Architectural arts – design a garden with fruit trees, plants, smelly flowers, benches to sit on, walkways etc. You can do this by drawing on paper, sculpting, or using blocks or other objects.

Describe your art project or tape a picture here:

Free Art Time

Scripture: Bought and Paid For

Before creating your art, read a Scripture to use as a theme for your art project. You or your Mentor may choose one, or use 1 Corinthians 6:20:

✓ **“For you have been bought with a price: therefore glorify God in your body.”**

Read the Scripture to yourself slowly.

Read it again, and circle the words the Holy Spirit seems to be showing you.

Say those words to yourself, and then quietly out loud.

What do you think the Holy Spirit is showing you?

Make your art project based on what the Holy Spirit is showing you.

Free Art Time

Ideas: Bought and Paid For

Here are some ideas based on today's Scripture:

Performing arts – make up a dance or a skit about a slave that gets free from an angry master.

Visual arts – paint or draw about a free slave, or the price God paid for us to be free from sin. The price was Jesus dying on the cross.

Literary arts – write a story, poem or song about either one of the above – a slave, becoming free or Jesus dying on the cross for us. Or write about paying a lot of money for something that you really want.

Audio arts – sing a song about one of the above, or make music using just your body – clapping your hands, whistling, snapping your fingers etc.

Culinary arts – buy a snack, with your own money, like God bought us with His own Son. Or have everyone in your group pitch in and help make a snack.

Sculpture arts – make a sculpture or craft about a freed slave or about Jesus dying on the cross or rising from the dead. How can you make something with a stone that reminds you of Jesus rising from the dead and the angels rolling away the stone from the grave?

Architectural arts – Make a cross that stands up on its own.

Describe your art project or tape a picture here:

Free Art Time

Scripture: Sweet Sleep

Before creating your art, read a Scripture to use as a theme for your art project. You or your Mentor may choose one, or use one of these:

- ✓ **“In peace I will both lie down and sleep, For You alone, O LORD, make me to dwell in safety.” Psalm 4:8.**
- ✓ **“When you lie down, you will not be afraid; When you lie down, your sleep will be sweet.” Proverbs 3:24.**
- ✓ **“I will bless the Lord who has counseled me; Indeed, my mind instructs me in the night.” Psalm 16:7.**
- ✓ **“The LORD will command His lovingkindness in the daytime; And His song will be with me in the night, A prayer to the God of my life.” Psalm 42:8.**

Read the Scripture to yourself slowly.

Read it again, and circle the words the Holy Spirit seems to be showing you.

Say those words to yourself, and then quietly out loud.

What do you think the Holy Spirit is showing you?

Make your art project based on what the Holy Spirit is showing you.

Free Art Time

Ideas: Sweet Sleep

Here are some ideas based on today's Scriptures:

Performing arts – make up a dance or a skit about sleeping, dreaming or waking up.

Visual arts – paint or draw about day or night, stars, the moon or someone sleeping or dreaming.

Literary arts – write a story, poem or song about either one of the above – sleeping, dreaming, waking up, sunshine or the moon and stars. Write about God talking to you during the night. Or write about daytime and nighttime animals.

Audio arts – sing a song about one of the above, or see if you can make music on an instrument of both sleepy music and waking up music. Can you make the sound of an alarm clock?

Culinary arts – make your favorite bedtime snack or breakfast.

Sculpture arts – make a pillow, a sleep t-shirt or mask.

Architectural arts – Design or make a small bed. Can you make it stand up on its own? Draw on paper your dream bedroom.

Describe your art project or tape a picture here:

Free Art Time

Scripture: Craving God

Before creating your art, read a Scripture to use as a theme for your art project. You or your Mentor may choose one, or use one of these:

- ✓ **“My soul longed and even yearned for the courts of the Lord; My heart and my flesh sing for joy to the living God.” Psalm 84:2.**
- ✓ **“Like a city that is broken into and without walls is a man who has no control over his spirit.” Proverbs 25:28.**

Read the Scripture to yourself slowly.

Read it again, and circle the words the Holy Spirit seems to be showing you.

Say those words to yourself, and then quietly out loud.

What do you think the Holy Spirit is showing you?

Make your art project based on what the Holy Spirit is showing you.

Free Art Time

Ideas: Craving God

Here are some ideas based on today's Scriptures:

Performing arts—make up a dance or a skit about leaving bad cravings and craving God instead—hugging the Bible, searching for God, praising Him etc.

Visual arts—paint or draw about someone singing for joy to the Lord. How would a joyful song look if you painted it?

Literary arts—write a story, poem or song about either one of the above, or about wanting God more than anything else in the world.

Audio arts—sing a joyful song or make a joyful tune on an instrument.

Culinary arts—make a happy snack. Can you make some food art smiley faces?

Sculpture arts—make a sculpture or craft of a joyful heart or a secret place you could go to be alone with the Lord.

Architectural arts—draw or build a strong city like someone who has control over his own spirit. Or build a broken-down city, like someone who doesn't have control over his own spirit. What could you do to make the gates and walls strong? What could you name them?

Describe your art project or tape a picture here:

Go Play Outside

Here is a summary of all seven categories for a Go Play Outside field trip. Read a Scripture to think about while enjoying God's art. At a park you might:

- **Performing Arts:** Lay on your back for a while and watch the movement of nature – trees, birds, animals, clouds, water, anything the wind blows etc. Then imitate those movements in your own dance. You could also pose as different still objects, such as pine cones, rocks or flowers. Your Mentor could take pictures or video tape!
- **Visual Arts:** Sit in a peaceful, comfortable place and draw a picture of any of the above objects while at the park.
- **Literary Arts:** While at the park, sit in a peaceful, comfortable place. Listen to the sounds of nature and read the Bible, or write about any of the above objects.
- **Culinary Arts:** Bring a picnic lunch to the park with as many garden foods as you can think of – fruits and vegetables.
- **Audio Arts:** Make music or sound with any of the objects you find in nature – sticks, rocks, or any of the objects listed above. Imitate the bird's songs.
- **Sculpture Arts:** Make all kinds of different sculptures using any of the objects listed above.
- **Architectural Arts:** Make any kind of structure with any of the objects listed above or anything you find in nature.

Tape pictures of your trip here:

Inspiring Ideas from Inspired Artists

It may be inspiring to see and experience what other artists have created, especially those who are God's people and have been inspired by the Spirit of God themselves.

- **Performing Arts:** Go to the theater – watch a performance like a play or dance.
- **Visual Arts:** Go to an art museum and look at pictures or photographs that other artists have made.
- **Literary Arts:** Go to a library and read books other literary artists have made, like classical stories. Or find a subject you really like and study about it. Visit a creation museum and think about what happened when God spoke.
- **Audio Arts:** Go to a concert or opera.
- **Culinary Arts:** Go to a fine restaurant, garden or farm.
- **Sculpture Arts:** Go to an art museum or look for sculpted art in a city.
- **Architectural Arts:** Visit any man-made structures like bridges, towers or beautifully structured buildings.

Tape pictures of your trip here:

Worship Arts Outside Event

An outside event could be any kind of event you can think of! It could be an event where you perform or display your art. You could also go on a prayer walk. It could be a “secret” prayer walk through your neighborhood, a mall, a park, or anywhere. On a secret prayer walk you walk around praying for people, maybe for God to open the heavens over that area and touch people with His love. No one knows what you are doing! (Except your Mentor who will help you with this). You could also volunteer at places like a soup kitchen to help poor people, a food pantry, or at your church. You could visit a nursing home. There are many opportunities. Ask the Lord to show you some ideas, His are always the best – they are life-giving.

An outside event will help you get used to doing things for other people in your community, and to hear from the Lord about how He wants you to touch people with His love. You will also learn to work as a team with your Mentor and group.

Date of Event:

Description of Event:

Location:

Contact Person:

Details of Event:

Worship Arts

Yearly Feast Event

The yearly feast is held in the fall around September or October. This is when the Bible says the Feast of the Tabernacles was held. This was a feast that God told His people to have every year. They did it to celebrate all the good things He gave them. You can get some ideas about what to do at a yearly feast by reading what God told the Israelites to do at the Feast of the Tabernacles. You can read about it in Deuteronomy 16 and Leviticus 23:33-44.

Some things you can do based on the Biblical feast are:

Pray and ask God what to do and where to have it.

Have it on a day when no one has to work.

Invite your family, friends, even the poor, fatherless and widows.

Have an offering or raise money for the poor.

Gather branches to use for worship and decoration.

Give an offering to the Lord.

Have good food to celebrate that God gives us good food.

Have a time of celebration – music/worship/dance.

You could have a worship art performance or art displays.

Have art booths where you make art projects.

Have communion to remember Jesus and what He did for us.

Have a time to share and talk about the good things God has done for you.

Have a “bell race.” In Zechariah 14:20 they put bells on the horses at the feast of the tabernacles. The bells had “Holy to the Lord” written on them. You can wear bells and have a race. This could be one way to raise money for the poor.

You don't have to do all the things listed here, but the more you do, the more fun it will be. Of course, you will need your Mentor's help to plan, invite people and buy all the things you need.

Sample Schedule of a Yearly Feast

Copy this page as needed

Date: _____ Theme: _____

Scripture: _____

Location: _____ Time: _____

Specify who is in charge of:

Decorations: _____

(Locally grown branches, plants, theme-related place settings, centerpieces, etc.)

Worship Art Displays: _____

(Displays some of your art projects on tables or booths)

Music: _____

(Whether live or recorded)

Opening: _____

(Sounding of the Shofar, prayer, etc.)

Art projects: _____

(Art materials available in various categories for all guests to create art)

Appetizers: _____

Bell Trot: _____

(Zechariah 14:20, a walk or "trot" with participants wearing bells inscribed Holy to the Lord)

Worship Art performance: _____

(For everyone to participate in you could have a drum circle or a Blue Ribbon Dance. Or have your group do a performance like a skit, dance, Alpha Round etc. The Alpha Round is briefly mentioned in the Guidebook, and described in detail in the Servant's Book)

Dinner: _____

Testimonials: _____

(Have "object" testimonials where people bring an object or art project to share, or open it to anyone who wants to give a testimony to God's goodness)

Communion: _____

Dessert: _____

Check out our website for ideas too! www.Bibleseed.org

Our Worship Arts Logo

Ho Hodos Worship Arts *art that worships. . . be the art*



Gladly Following the Way!

The Cross: Represents Christianity and Jesus.

The Person: Inspired by Psalm 30:11-12 represents *gladness*, because the Lord turns our mourning into dancing!

Designed by Rose Murdock, July 27, 2011

What does Ho Hodos mean?

Ho Hodos means "The Way" in Greek. It means Jesus is The Way (John 14:6) and was also used to describe Christianity (Acts 9:2).

Level-End Project Idea

Create a wearable art project to remind you of your Follower level worship art practice. Make a beaded wristband where each bead represents an art project, field trip, or event you created or participated in. Each worship art category is assigned a color, so use that color of bead to represent your art project in that category. Then choose other beads to represent your session one project, field trips, and events.



Sample wristband using gemstone chips for the worship art projects and a variety of other beads – wooden, horn, and limestone.

Write down what each bead represents in your wristband:
