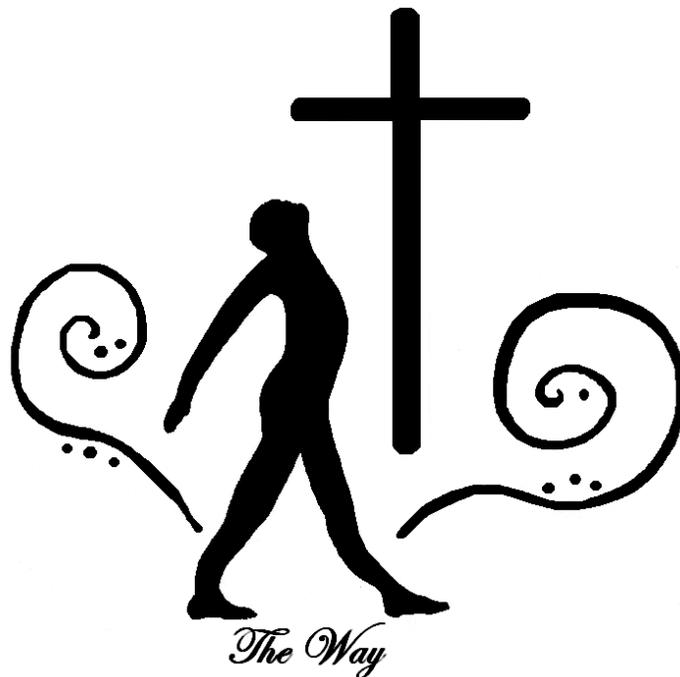


Introduction to

Worship Arts

Disciple Level

art that worships...be the art



Introduction to

Worship Arts

Disciple Level

Rose Murdock
Ho Hodos Worship Arts
Bibleseed.org

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Introduction to Worship Arts-Disciple Level
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Introduction to the Disciple Level

art that worships...be the art

The Disciple level is quite similar to the Follower level. The only real difference is the art projects themselves. The format is the same. The Go Play Outside field trip ideas are still here. The outside event, yearly feast, free art sessions, and level-end project idea are included as well. Remember that this book can be used as an individual study, in a group of other adults, or a mixture of adults and kids, as long as the children have a Mentor to guide them through.

At this level you will, once again, make art in each of the seven Worship Art categories. You will continue to experiment with each type of art. Through this process you can find out what you like, what you don't like, and gain an appreciation for other people's gifts. Even if you think you will not like a category at least try it again, you may be surprised. You may want to get out your Follower book to review the session studies of the seven categories or read the Worship Art Guidebook for more detailed information if you haven't already.

Be sure to look over each of the sessions in this book ahead of time so you have time to gather all the materials you need. In a group practice, determine in the beginning if everyone will bring their own materials or how they will be supplied.

Scripture Meditation

Scripture meditation is a large part of the Disciple level. You will be meditating on the Scriptures and using that as a basis for your art projects. It will be a time of connecting with the Lord through His Word and His Spirit. This will add life to your art projects. It's not that you will necessarily make an art project that specifically reflects what they Lord says to you during that time but connecting with Him before you begin creating will draw the influence of the Holy Spirit into your art. Prayerfully chosen worship music playing during the Scripture reading and on into art time is quite helpful too.

Worship Art

Worship art projects may be either pre-planned or spontaneous. Either one may be considered worship art. Stay open to the Holy Spirit's leading as to how much pre-planning should go into a project.

As a disciple of Jesus, you are doing more than looking at Him from a distance. You are drawing closer to Him, so you can hear Him and learn from Him. David said, "Teach me Your way O Lord!" and you can pray the same thing! I pray people see Jesus in you and in your art, that Jesus shines in you and you glow with all that God is. Let His Holy Spirit lead you and influence you. May He breathe His breath of life into you and all you do! Keep your heart soft so His Words can get planted deep inside and grow.

Enjoy your journey!

Rose Murdock

Ho Hodos Worship Art Categories

Category:	Expression:
I. Performing Arts: Color: Red Grace: Serving	dance, acrobatics theater, drama, opera, mime spoken literature, storytelling film, video
II. Visual Arts: Color: Yellow Grace: Prophecy	drawing, painting, chalk still and video photography, scrapbooking computer graphics
III. Literary Arts: Color: Purple Grace: Teaching	written stories, books, poetry, songs, psalms scripts, sermons, blogs, journals
IV. Audio Arts: Color: Dark Blue Grace: Exhortation	music, instruments singing making sound & rhythms listening and recording sound & rhythms lights and frequencies
V. Culinary Arts: Color: Green Grace: Giving	food preparation, cooking, food art nutritional studies gardening fragrance-essential oils
VI. Sculpture Arts: Color: Orange Grace: Mercy	crafts, wood, stone, metal, leather, clay, jewelry knitting, fabric, clothing
VII. Architectural Arts: Color: Light Blue Grace: Leadership	design & construction – building, landscape, furniture interior design restoration, organization, planning, de-cluttering paper folding or cutting, geometric design

This is not a complete list, but just a sample of the many art forms
that are as numerous as you can imagine!

Grace Gifts and the Worship Art Categories

Have you ever read through the gifts in Romans 12:4-8 sometimes called “grace” or “motivational” gifts, and tried to determine which ones seem to fit you? There have been many studies done on these gifts so I won’t go into a lot of detail here. However, it seems they go along well with our worship art categories, so we include them here. I don’t believe there are boundaries on these gifts. I believe all of God’s gifts intermingle, connect and overlap to some degree which is what makes all of us unique. Here are some very brief thoughts to consider in relating these gifts to our seven worship art categories.

Prophecy: Visual Arts

Visual arts of course is about seeing an image. Prophecy sees into the spiritual realm, often with a predictive tone. God may give a prophetic message through visual art.

Service: Performing Arts

This word is often used when referring to the work of a minister. (However the word itself implies a service or attending to). Performing arts is the one that most often has someone presenting examples in a variety of ways to bring a message to the people – even their life itself becoming an example.

Teaching: Literary Arts

A teacher and a literary artist have everything in common. They both are students themselves that love learning and love imparting what they’ve learned to others becoming thrilled when their message is understood.

Exhortation: Audio Arts

An exhorter is making noise, making appeals. Sounding an alarm if necessary. This person won’t be quiet about what needs to be said and feels their message must be heard, much like an audio artist who releases a sound.

Giving: Culinary Arts

A culinary artist is one who enjoys giving of themselves through their gift to feed others. They are providing their recipients with a basic need and do so generously, loving what they do.

Leadership: Architectural Arts

A leader knows all about building, foundations, delegating and taking on projects beyond what he can handle alone. A leader knows he can’t build without the Lord, His wisdom and plans. Architectural artists carry the same organizational type mindset.

Mercy: Sculpture Arts

A sculpture artist likes to create with their hands, much like mercy which is not afraid to touch a person with what they need to create something beautiful in their life. They work to see Christ formed in others, or in their work.

Session One

Please review each session ahead of time to see which materials you will need. In a group practice, decide ahead of time if everyone will bring their own materials or how they will be supplied.

For session one you will need: worship music, pen & paper, drawing, painting, and/or sculpting supplies, optional communion, optional pictures of cups and loaves of bread from Bible times.

This first session is an introduction into the Scripture meditation and the whole idea of hearing from the Lord. At the beginning of the session read the Scripture and circle whatever stands out to you. Whatever words or phrases you feel drawn to is most likely something the Holy Spirit is calling your attention to. The outside stimulus of the world that bombards us today can sometimes overwhelm us to the point where we think everything we do has to be more “exciting” than the last. We’re not looking for “new” revelation necessarily, just to hear *something* from God—even just one word, thought, feeling or however it might come. The instructions are a guideline. Change it, if necessary, to fit you or your group.

Today’s Scripture reading is about communion so you might consider having communion at the end of the session.

Communion

Take a deep breath and imagine a quiet, peaceful place inside your mind and spirit. Read 1 Corinthians 11:23-25 in your Bible or here below. Read it slowly and silently to yourself.

23: For I received from the Lord that which I also delivered to you, that the Lord Jesus in the night in which He was betrayed took bread;

24: and when He had given thanks, He broke it and said, “This is My body, which is for you; do this in remembrance of Me.”

25: In the same way He took the cup also after supper, saying, “This cup is the new covenant in My blood; do this, as often as you drink it, in remembrance of Me.”

After you’ve read these verses, read them again and circle the words which you are attracted to. Listen for what the Holy Spirit seems to be saying to you. Open your heart to Him.

Write your thoughts below. Use the next page if needed.

Session 1

Worship Art Project

For this project, have drawing, painting and/or sculpting materials available. You might want to find some pictures ahead of time of what the cup or loaves of bread might have looked like at the Last Supper. You could also have communion at the end.

When we take Communion, we drink grape juice and eat bread or a wafer to remember that Jesus died on the cross for us. The word *communion* means “an act or instance of sharing.”¹ When we take communion with others, we share a time of remembering what Jesus did for us when He died on the cross. We also share a moment with the Lord, thanking Him for what He did, receiving His full forgiveness as we examine our hearts and turn away from sin.

Communion

For today’s project, draw or paint a picture, or make a sculpture about communion. It could be representative of the cup that Jesus drank from during the Last Supper, or the bread, the table they ate at etc. Or how can your art express what *betrayed, giving thanks, a broken body, remembering, or covenant* looks like? As you create your project, ask the Lord to show you how your communion with Him can be a part of your art from now on. Another Scripture to consider is 2 Corinthians 4:7 where Paul says, “We have this treasure in earthen vessels.” He’s speaking of the light of the knowledge of the glory of God in the face of Christ. What kind of art could represent this treasure within us?

Tape a picture of your project here:

¹ <https://www.merriam-webster.com/dictionary/communion>

Session Two

For today's project you will need: a wide variety of paintbrushes – different sizes, shapes, and textures. Solid colored scarves, optional markers to write on the scarves, and tassels to tie onto them. Consider colored tablecloths and decorations to match the category color for each session.

Performing Arts

dance, acrobatics, theater, drama, opera, mime, spoken literature, storytelling, film, video

The Performing Arts color is red. The Grace Gift is serving.

Please remember that you can modify any of these worship art projects or come up with a separate idea. However, please try and stay within the category. You might find out you like a category you never thought you would, or you might understand the gifts of others better.

Performing arts as worship art is not simply for the purpose of entertaining. It may deliver a message to, from or about God. It may be a form of prayer, intercession even spiritual warfare. It may be prophetic or instructional. It may be a proclamation of the Word of God that brings freedom to people. In any case it's important to hear from the Spirit of God. The "finished project" is not necessarily something tangible as in some of the other categories, but it's the experience itself or what was set in motion as a result of the performance or act.

Mourning into Dancing

Today's Scripture is Psalm 30:10-12.

"¹⁰Hear, O LORD, and be gracious to me;

O LORD, be my helper."

¹¹You have turned for me my mourning into dancing;

You have loosed my sackcloth and girded me with gladness,

¹²That *my* soul may sing praise to You and not be silent.

O LORD my God, I will give thanks to You forever.

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Look up the definition of words as you feel led.

Write your thoughts below.

Performing Arts Project

Have a wide variety of brushes if possible so you can feel many different kinds of brushes. Instrumental worship music may work best in this case, but whatever you think. Read the paragraphs below to get started. Have solid colored scarves ready to use for color. Try and “dance-paint” for at least 10 minutes. If you so desire, use markers to write words of praise on the scarves, or tie tassels onto them. Take pictures or video-tape!

Be The Brush

You are going to be a paintbrush! First, you will need to take some time exploring different kinds of paintbrushes so you can learn how to be one. Take the brushes one at a time and examine them. Feel what they are like – some are stiff, and some are soft. Some are big, and some have very small tips for details. Some have long bristles, and some have short. Close your eyes and see what they feel like without looking at them.

Next, go to a place where you have room to move around. Either read this beforehand, or if you are in a group, have a willing person read it to the group and then join in. Respond with a paint-dance. Use the scarves to wave around and add color.

“You are a brush. A paintbrush. The kind that paints beautiful, creative, and awesome pictures. But there is no paint on your brush yet. You are just sitting there, waiting to be used. Waiting to create something amazing. Something that is full of life and love, and gives hope, joy, peace and laughter to others.

“You’re waiting. Waiting. And finally, here comes a Hand. Here comes the touch of your Master’s hand. He touches you. You slowly begin to move. He warms you. He moves you. He loves you. In His hand you are useful. You are happy, joyful, satisfied. You are a co-creator with Him.

“Move for Him. Move with Him. Come alive! Begin to move. Move and dip into the paint. Brush the paint onto the unseen canvas. You are the brush. Move your whole body – the brush – to paint. Dip and move. Paint and dance. Your strokes are a dance. Your painting becomes a living thing as you dip and move and paint and dance.”

Tape a picture here:

Go Play Outside

These are optional suggestions for inspiration in the various categories of art to do as an extra “field trip.” What better example of creative art than what the Master Creator Himself has done! Of course, inspiration can also come from human artists who have been inspired themselves, so there are suggestions for these types of outings as well (theater, museums etc.). You might also consider reading books in your areas of interest.

Inspiring Ideas from Nature for Performing Arts

- Visit a park where you can watch how God’s creation moves – the clouds, water, trees, animals, etc.
- Climb a tree, climb on rocks, or go for a walk
- Go swimming
- Go bike riding
- Use the outdoor world as your stage!
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to the theater – watching a performance like a play or dance.

Write about your trip here:

Date: _____ Place: _____

Session Three

For today's project you will need: small mirrors, mini-easels to hold the mirrors, a variety of paints, brushes, and canvas.

Visual Arts

drawing, painting, chalk, still and video photography, scrapbooking, computer graphics

The Visual Arts color is yellow. The Grace Gift is prophecy.

A picture is one way to bring a full or complete idea to someone all at once. It helps us to remember, document or illustrate a thought. It helps us "see" or understand. People often say, "Oh I see it now," when they understand something. Focus on seeing with your spiritual eyes while creating today's art.

The Glory Mirror

Today's Scripture is 2 Corinthians 3:17-18.

17: Now the Lord is the Spirit, and where the Spirit of the Lord is, *there* is liberty.

18: But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as from the Lord, the Spirit.

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Look up the definition of words as you feel led.

Write your thoughts below.

Visual Arts Project

Set the mirror on an easel in front of you so they can easily see your face. Look into it while painting onto the canvas. Slowly read the paragraphs below to get started.

His Image

Look at your reflection in the mirror and imagine seeing the Lord shine through you. Paint what you feel is a reflection of how He wants to shine through you. You don't have to try and paint your face, but how looking at your face makes you feel. Try and see the Lord shining through your face. There is no right or wrong way to do this!

Read the following, or have someone in your group read it to everyone.

“Look into the mirror. What do you see? Your face. Look at your nose. Your cheeks. Your forehead. How do you look? How do you feel? Now, look at your eyes. Notice the color. Keep looking at your eyes. Imagine you are looking inside of you. Into your heart and soul. Into your spirit. Imagine you can see Jesus inside of you. He is inside of you if you believe in Him. The Holy Spirit is there. You can be filled with the Holy Spirit if you ask.

“Jesus is in you, and the Father is in Him. So you are one with Him. This was Jesus' prayer, that we would be one with Him and share in their love and their glory. (John 17:22-24).

“Keep looking. The Bible says as we look at Him and see His glory, it's like looking into a mirror and we are changed into His image from glory to glory. Imagine the glory of Jesus shining to you and through you. His love, His life, His joy, His peace, and all that is good and perfect shines to you, through Him, and out through you.

“Now paint what you think His glory looks like shining through you. He is in you and His love and goodness is too.”

Tape a picture of you project here:

Go Play Outside

Whether in a group or individual practice, be aware of the creative influence of God's artwork and take time to appreciate nature and get out into it as much as possible. Go play outside and explore God's wonderful creation! Draw or take pictures if you like.

Inspiring Ideas from Nature for Visual Arts

- Visit a lake or a pond
- The woods
- A garden
- Beautiful flowers
- Birds
- Waterfalls, mountains, a river
- The clouds or the stars
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to an art museum and look at pictures or photographs other artists have made.

Write about your trip here:

Date: _____ Place: _____

Session Four

For today's Word Art project you will need: a variety of colored pencils, markers or pens, unlined paper (for practice, or if you don't want to use the page in the book).

For the One Word Story you will need: pen or pencils, writing paper, a whiteboard or chalkboard might help.

Literary Arts

written stories, books, poetry, songs, psalms, scripts, sermons, blogs, journals

The Literary Arts color is purple. The Grace Gift is teaching.

Don't get in the habit of rushing through the Scripture meditation time. You want to experience an intimacy with the Word of God and with the Lord as you quiet yourself and listen. This is foundational for not only your worship art, but for your life.

The right, non-hurried atmosphere is a perfect "canvas" to create literary art on. There are two choices for literary art projects in this session. You may choose to do one or both. The Word Art project does not require a lot of writing. It will, however, give you time to think about the individual words you choose while making the project. The One Word Story is a good group project. However, it can be done with just one.

Sometimes we need to look at words from a fresh perspective. Today's project will help you do that.

A Word Spoken Right

Today's Scripture is Proverbs 25:11.

11: *Like apples of gold in settings of silver is a word spoken in right circumstances.*

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Look up the definition of words as you feel led.

Write your thoughts below.

Session 4

Create your literary art project here or use another piece of paper and tape pictures here.

Go Play Outside

Just like visual arts, the beauty of God's creation can inspire you literally. It can also teach you. Visit a scenic place that can help clear your thoughts so you can hear God speaking to you through His creation. Bring your Bible and read God's Words while looking at His beauty. Listen for the sounds of nature.

Inspiring Ideas from Nature for Literary Arts

- Visit a babbling brook or river
- Waterfalls
- Birds
- Listen to the rain or thunder
- Sit and watch any of God's beautiful art creation and see what you can learn from it just by watching
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to a library and read classical stories or research any subject you are interested in. Visit a creation museum and meditate on what happened when God spoke.

Write about your trip here:

Date: _____ Place: _____

Session Five

For today's project you will need: A drum (or anything that can be used as a drum); recorded "heartbeat" drum sound (unless someone in your group plays it); optional recording device; a timer; a piece of suede, leather, or fabric; a chain necklace that the megaphone can be attached to; an O ring or beading wire; beads and/or charms such as a heart, drum, drumstick, dove, or musical notes; a hole punch.

Alternate project-Spin drum: a round cardboard or thin wooden box, a round wooden stick, two beads, string, glue, or tape, optional paint, markers or decorations.

Audio Arts

music, instruments, singing, making sound patterns-rain sticks, household items, listening and recording sound--nature, wind, rain, fire, water, birds, animals, people and other sounds, lights

The Audio Arts color is dark blue. The Grace Gift is Exhortation.

You have an inner song. Your DNA is also a musical code—a unique expression of worship put inside of you by your Creator. Listen to the Lord's heartbeat and express that inner sound of worship! You may spend the entire session doing a drum circle. However, the megaphone will give you something to remember this project by. The spin drum is an alternate project but may require more time than usual.

The Body of Many Parts

Today's Scripture is 1 Corinthians 12:14-18.

¹⁴ For the body is not one member, but many. ¹⁵ If the foot says, "Because I am not a hand, I am not a part of the body," it is not for this reason any the less a part of the body. ¹⁶ And if the ear says, "Because I am not an eye, I am not a part of the body," it is not for this reason any the less a part of the body. ¹⁷ If the whole body were an eye, where would the hearing be? If the whole were hearing, where would the sense of smell be? ¹⁸ But now God has placed the members, each one of them, in the body, just as He desired.

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Look up the definition of words as you feel led.

Write your thoughts below.

Audio Arts Project

A drum circle is an example of how we all follow the heartbeat of the Lord and yet He gives each of us our own individual beat to add. As we come together, we make a beautiful and powerful sound of worship and overcoming praise. Whether you are in a group or not, you can still reflect on listening to the heartbeat of the Lord and finding your place in the body of Christ while drumming.

Megaphone

Start the megaphone project until the point that its glued together. Let it dry while you do a drum circle. (A hot glue gun might help it dry quicker.) After doing the drum circle for a bit, go back and finish the megaphone. While making the megaphone, think about how we listen for the heartbeat of the Lord and then respond to Him with a sound of praise from our heart. The megaphone represents this sound of praise shouting out from within us, as well as listening intently to His heartbeat. Instructions are on the next page.

Drum Circle

The best way to do this is to have one person start who can keep a steady, simple beat—like a heartbeat—and keep it going for the whole time. The heartbeat doesn't have to be anything fancy. Even a simple heartbeat sound will do. If you don't have anyone who can do that (or you are doing this alone) then record a heartbeat type drum sound that will be loud enough for everyone to hear. If you don't have drums, that's O.K. use whatever you have to make a beat. Even "drumming" on a Bible will work. Once the "heartbeat" starts, then everyone adds their own drum pattern. It's helpful to set a timer and keep going until it stops. It might take a while to get a good circle going and for everyone to get in sync with each other. Don't get discouraged! Try to get a circle that continues for 5-10 minutes. Don't forget to record it!

Spin Drum

For an alternate project, make a spin drum. Instructions are on page 32.

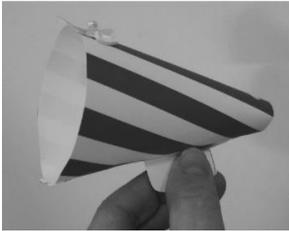
Mini Megaphone

Copy or trace the pattern on the next page onto suede, leather, or fabric and cut it out. Use a hole punch to make a hole to attach an O ring at the small end. Then glue the edges together. Use mini-clothespins, or clips, if needed, to hold the edges closed until dry.

Attach the O ring to a necklace chain. Add beads or charms, such as a heart, drum or drumsticks, dove, or a musical note to represent listening to the sound of the Lord's heart and responding with your own sound of praise.



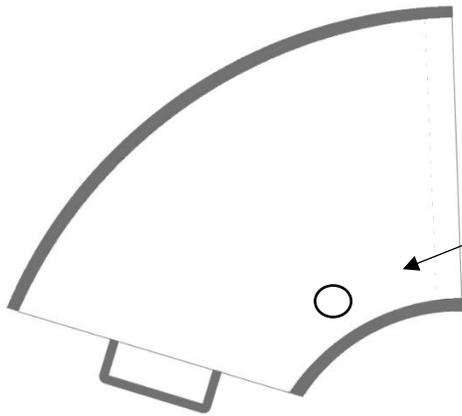
Mini Megaphone (2 1/2") made with suede.



Mini Megaphone (2 1/2") made with scrapbook paper.

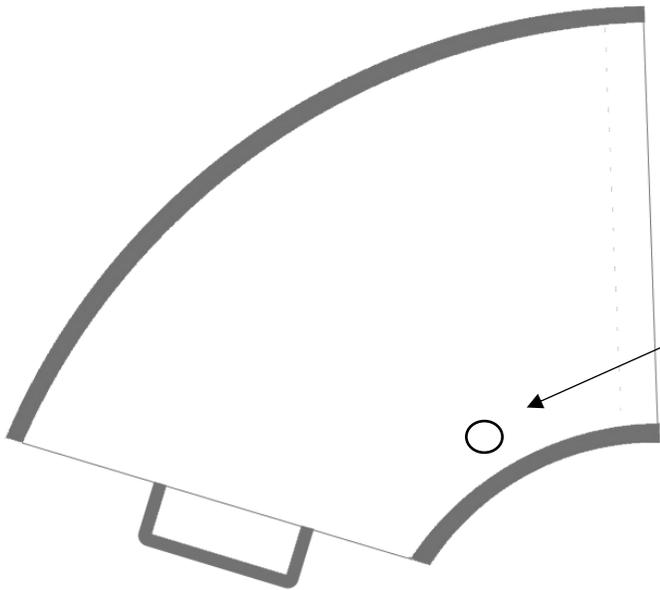
Tape a picture of your audio arts project here:

Copy this page or trace whichever pattern you choose onto another sheet of paper. Cut it out and use it as a pattern to trace onto your material.



This pattern makes a megaphone about 1 ½" long and 1" wide

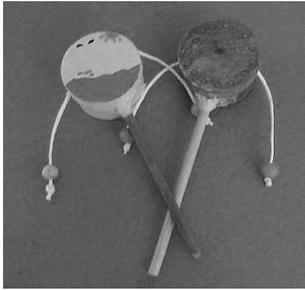
Punch a hole here before gluing.



This pattern makes a megaphone about 2 ½" long and 1 ½" wide

Punch a hole here before gluing.

Spin Drum Instructions



Materials Needed:

One round box, (thick cardboard or bolster wood about 1" thick)

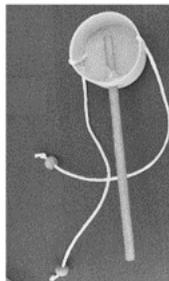
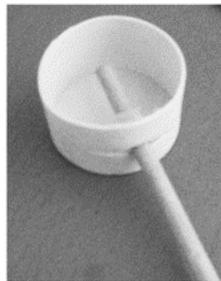
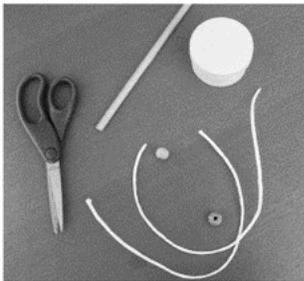
One round wooden stick

String

Two beads (that will fit over the string)

Glue and Tape

Paint and other decorations



1. Make a hole on the side of the box that will fit the wooden stick as tightly as possible.
2. Make two more holes on the sides of the box (3 and 6 position).
3. Insert the wooden stick into the box and secure it so it doesn't move.
4. Tie each of the beads onto a string with a large knot at one end, as shown.
5. Place the un-beaded end of the string through the side of the box and adjust the string length so when twirled the beads will hit the top and bottom of the box.
6. Attach the inside string with glue and/or tape securely. If you like, tie the string to the wooden stick for added security.
7. Place the box cover on the box and secure with glue or tape.
8. Secure the wooden stick with glue and tape.
9. Decorate.
10. Twirl the stick and make a joyful noise!

Go Play Outside

Quietly listen to the sounds of nature. Listen to its song – its voice. Listen how creation praises the Lord and listen for a message for you. Most of these ideas below are the same as literary arts, but nature is new each time you listen. You might also look for natural lights.

Inspiring Ideas from Nature for Audio Arts

- Visit a babbling brook or river
- Waterfalls
- Sea shells
- The “voices” of birds and animals
- Listen to the rain or thunder
- Bonfire – sounds and light
- Natural lights – stars, lightning, fire-flies
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to a concert or opera.

Write about your trip here:

Date: _____ Place: _____

Session Six

For today's project you will need: worship music, essential oils, carrier oil such as jojoba or almond oil, small bottles with lids, a small funnel would be helpful, optional cardstock and string for labels, decorations for the bottle such as beads or charms, worship-dance music. I encourage you to choose essential oils over artificial fragrances. They are much healthier. Please find out if anyone in your group has allergies before any culinary art projects.

Culinary Arts

food preparation, cooking, food art, nutritional studies, gardening, fragrance-essential oils

The Culinary Arts color is green. The Grace Gift is giving.

God cares about smells! He was pleased when He smelled the "soothing aroma" of Noah's burnt offerings on the altar he built after the flood. He gave specific instructions on how to make the anointing oils and incense. The Bible tells us that God gives a sweet fragrance through us that gives people knowledge about Him. It says that we are a fragrance of Christ to God! (Luke 7:36-50, John 12:3, Genesis 8:20-21, Exodus 30, 2 Corinthians 2:14-15). Good food, fragrance, and fellowship are a culinary worship art atmosphere. We keep all criticisms and "unhealthy" talk out of the atmosphere too! For today's project you will create a worship fragrance.

Worship Oil

Today's Scripture is Luke 7:44-48.

44: Turning toward the woman, He said to Simon, "Do you see this woman? I entered your house; you gave Me no water for My feet, but she has wet My feet with her tears and wiped them with her hair.

45: You gave Me no kiss; but she, since the time I came in, has not ceased to kiss My feet.

46: You did not anoint My head with oil, but she anointed My feet with perfume.

47: For this reason I say to you, her sins, which are many, have been forgiven, for she loved much; but he who is forgiven little, loves little."

48: Then He said to her, "Your sins have been forgiven."

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Look up the definition of words as you feel led.

Write your thoughts below.

Culinary Arts Project

Before starting today's worship art project, read the whole story of the woman with the alabaster vial of oil. (Luke 7:36-50). Our worship is like a pleasant fragrance to the Lord, and today's project is a reminder of that. This is different from the anointing oil that was used to anoint the tent of meeting, the ark of the testimony, the altars and utensils. That oil was to be made according to the Lord's specific instructions of olive oil and spices. The incense for the altar also had a specific recipe. In Exodus 30 where God gives the instructions for the anointing oil and the incense He specifically says for them not to use it for personal use. The oil was used to consecrate the items and the priests for the Lord's use. The incense was burned when Aaron trimmed the lamps. It was a perpetual incense to be used throughout generations. They were also told not to offer "strange incense" on the altar—only that recipe which the Lord gave. Aaron's sons offered strange incense on the altar and were immediately killed. (Leviticus 10:1-2). I'm sure this got the people's attention! Today's project, however, will be a "worship fragrance."

Worship Oil

Take your time making the oil. Slowly smell the essential oils you have before mixing. Add only a couple drops at a time. It's best to mix oils from all three "notes" to get a smell that will have more depth and will last. Have a time of worship, dance, or act out the story afterwards, either as a group or individual expressions of worship. Decorate your bottles or make labels, so you remember which oils you used. Tie string or beading wire around the neck of the bottle and hang beads, charms, and the label from it. Please be sure no one in your group has allergies to any of the oils you are using.

Fragrant Oil Recipe:

2 teaspoons carrier oil—more if you choose

2-4 drops essential oil (see below)—more if you choose

These are the different types or "notes" of essential oils:

Base notes are essential oils with a deeper smell that will last longer. (Some examples are vanilla, clove, rose, frankincense, myrrh, cinnamon).

Middle notes are the heart of the fragrance. (Some examples are spikenard, cardamom, lemongrass, nutmeg, geranium). Spikenard is what Mary poured onto Jesus.

Top notes are what you smell right away, but they evaporate quickly. (Some examples are lavender, lemon, lime, jasmine, tea tree, orange, peppermint).

Write down the ingredients you used here and the amounts:

Go Play Outside

Enjoy the many tastes and smells of the outdoors! *Be careful not to eat any plants you are not familiar with!*

Inspiring Ideas from Nature for Culinary Arts

- Pick berries to eat
- Pick any kind of edible fruit or vegetables right off the vine
- Enjoy the fragrance of various flowers
- Enjoy the fragrance of various herbs like mint, thyme or rosemary
- Plant some seeds or seedlings
- Do some gardening
- Go fishing
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to a fine restaurant, garden or farm.

Write about your trip here:

Date: _____ Place: _____

Session Seven

For today's project you will need: worship music – consider music that is faith-building; three strips of suede or leather for each person (at least 35" long each) that can be braided to make a bracelet (3mm x 1.5mm); 15-18mm toggle clasp, be sure one strand of the suede can fit through the hooks on the toggle clasp, otherwise you'll need two O rings at least 8mm; scissors. Note: You could use a lobster clasp instead with O rings as needed.

Sculpture Arts

crafts, wood, stone, metal, leather, clay, jewelry, knitting, fabric, clothing

The Sculpture Arts color is orange. The Grace Gift is mercy.

Sculpture art, in our worship art practice, is any art form that doesn't fit the other categories. Today's project is made with suede or leather; however you could use any type of fabric or jewelry material you prefer. Just as God breathed the breath of life into man after He sculpted him, we want our art to bring life to others. Yield to His breath – His Spirit – as you create your art in an atmosphere of worship.

The Power of Two or Three

Today's Scripture is Matthew 18:19-20.

¹⁹“Again I say to you, that if two of you agree on earth about anything that they may ask, it shall be done for them by My Father who is in heaven. ²⁰For where two or three have gathered together in My name, I am there in their midst.”

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Look up the definition of words as you feel led.

Write your thoughts below.

Sculpture Arts Project

Ecclesiastes 4:12

12 And if one can overpower him who is alone, two can resist him. A cord of three *strands* is not quickly torn apart.

Three-Strand Prayer Bracelet

Take three strips of suede at least 35" long each. Thread one strip of suede through the small hook on the round end of a toggle clasp. If it will not fit through, then put an O ring on the hook and tie the strip of suede to that. Tie the strip tightly to the other two strips. Braid the strips of suede together to make a bracelet that will wrap around your wrist three times. When you have the right length, thread one strip of suede through the small hook on the straight piece of toggle clasp. (Use an O ring if you have to). Tie the three strips together making sure the clasp is tight. Wrap the braid around your wrist three times and hook the toggle clasp together. Once you are sure it fits properly, and the knots are tight enough, trim the ends to the length you like.

Note: You can use a safety pin to pin the bracelet to something steady to make braiding easier.

When finished, pray with one or two others for people you know who need God's help.



Toggle Clasp



One strip of suede through the hook on the round end of the toggle clasp, then tied to the other strips and braided.



One strip of suede through an O ring which is attached to the straight end of the toggle clasp.



Finished toggle clasp



Lobster clasp with a chain extension.

Session 7



To wear, put the braid through the round, and wrap back in the opposite direction to hook the clasp.



Finished bracelet using a lobster clasp.

Go Play Outside

Explore outside and find all kinds of things you can be crafty with.

Inspiring Ideas from Nature for Sculpture Arts

- Go to the beach and “play” in the sand and water
- Get out in the snow and make a snowman or ice sculptures
- What can you make with pinecones?
- Evergreen leaves
- Rocks
- Vines
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to an art museum or look for sculpted art in a city.

Write about your trip here:

Date: _____ Place: _____

Session Eight

For today's project you will need: several 6" x 6" pieces of origami paper; light blue colored pencils; optional blueprint to reference.

Architectural Arts

building or landscape design and construction, furniture design, interior design, restoration, organization, planning, de-cluttering, paper folding, cutting, geometric design

The Architectural Arts color is light blue. The Grace Gift is leadership.

Today's Scripture is about Jesus being the Alpha and Omega, the first and the last. He knows the end from the beginning. This is why we should seek Him and His plans for our life. In doing origami, someone had to plan ahead and envision the end product in order to know the steps to get there. In the same way, Jesus knows the end, and He knows how to get there!

Alpha and Omega

Today's Scripture is Revelation 22:12-14.

¹² "Behold, I am coming quickly, and My reward is with Me, to render to every man according to what he has done. ¹³ I am the Alpha and the Omega, the first and the last, the beginning and the end." ¹⁴ Blessed are those who wash their robes, so that they may have the right to the tree of life, and may enter by the gates into the city.

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Look up the definition of words as you feel led.

Write your thoughts below.

Architectural Arts Project

Origami

The Lord created the whole world by wisdom. Any structural or organizational type of project must be founded in the wisdom of the Lord. The landscape and designs of the earth are to be changed in accordance with His plan, His wisdom and His will.

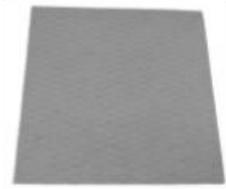
Architectural art projects call for a certain type of geometrical thinking. To experience this, do an origami paper fold project. A paper folding project can be much like a prophetic painting in that it's something you can do while sitting in an atmosphere of worship and, especially if you have some experience, you can create art as the Spirit leads you. If you are not experienced it may be a little more challenging but as with any art, practice will improve your skill making flow with the Spirit easier. There are three origami projects to do, a paper house, a bookmark and a paper heart.

Origami paper house

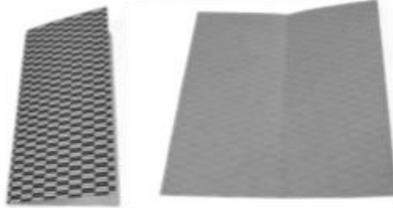
Carefully write a portion of Scripture on your paper with the light blue pencil as a reminder that the Word of God is the blueprint for your life.

1. Start with a square sheet of paper-6" x 6" is fine. Ideally with color or a design on one side. Start with the back side up.
2. Fold the left side of the paper over to the right. Make a crease and then open it back up.
3. Flip the paper over.
4. Fold the top half of the paper halfway down to the center.
5. Flip the paper over.
6. Fold the left side in to meet the center crease.
7. Do the same with the right side.
8. Pull the left flap up and then press down to make a triangle.
9. Do the same to the right flap.
10. Fold the bottom up to meet the triangle folds. Make a firm crease.
11. Turn over and stand up the house.

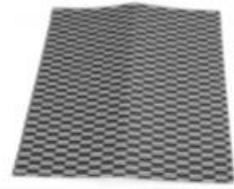
Origami House



1



2



3



4



5



6



7



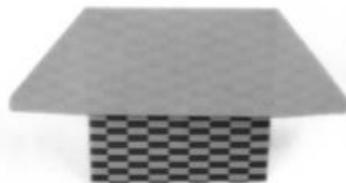
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10



11

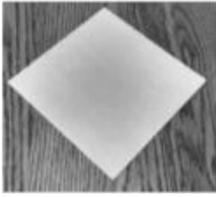
Origami paper bookmark

Make a bookmark.

1. Start with a square sheet of origami paper-6" x 6" is fine. Start with the back side up.
2. Fold the bottom tip up to meet the top tip.
3. Fold the right tip up to meet the top tip.
4. Fold the left tip up to meet the top tip.
5. Unfold the last two folds.
6. Fold half of the top tip down to the bottom.
7. Fold the right tip up to the top tip.
8. Tuck the right tip into the fold.
9. Press it flat into the fold.
10. Fold the left tip up to the top tip.
11. Tuck the left tip into the fold.
12. Press it flat into the fold.
13. Place the bookmark onto several pages of a book as shown.
14. The finished bookmark!

Session 8

Origami Bookmark



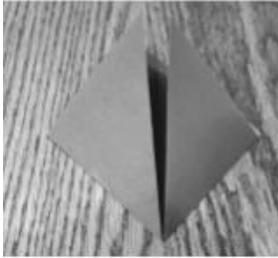
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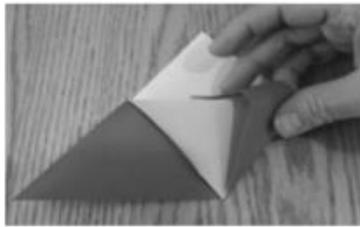
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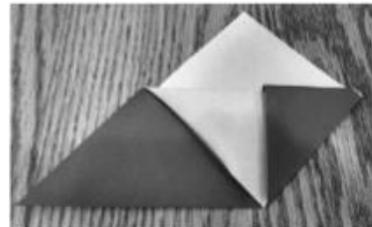
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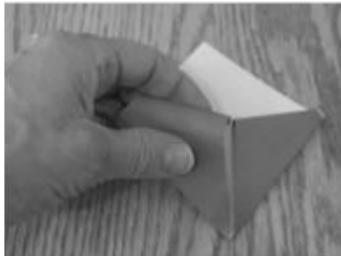
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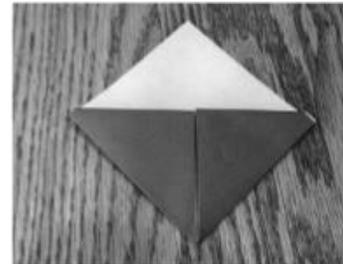
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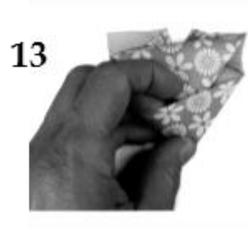
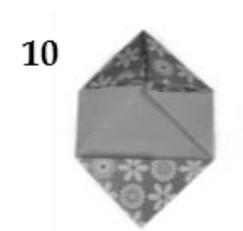
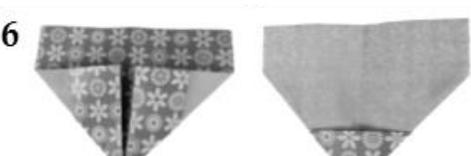
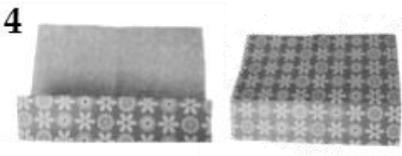
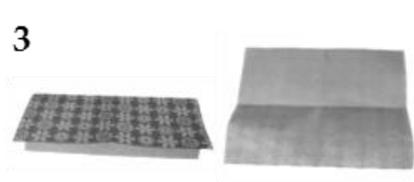
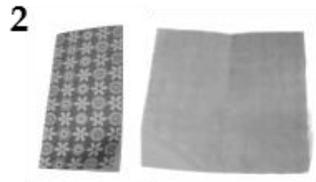
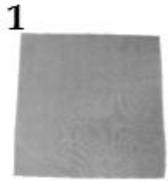
Origami paper heart

As you make this project, think of all that went into God's plan to send Jesus for you because of His love. Think of the wisdom and intricate planning that went into the creation of the entire world. His love has been poured out into your heart!

1. Start with a square sheet of paper-6" x 6" is fine. Ideally with color on one side. Start with the back side up.
2. Take the left edge and fold over to the right edge. Make a crease and then unfold.
3. Do the same for the top edge—fold to the bottom edge, crease, unfold.
4. Fold the bottom edge up to the horizontal crease. Then flip the paper over.
5. Fold the bottom corner left edge up to meet the center crease.
6. Fold the bottom corner right edge up to meet the center crease. Flip over.
7. Fold the upper left edge in to meet the center **vertical** crease.
8. Fold the upper right edge in to meet the center vertical crease.
9. Fold the top left corner down to meet the vertical crease.
10. Fold the top right corner down to meet the vertical crease.
11. Fold the top tip to meet the bottom tip—It doesn't fold flat yet.
12. Widen out the left and right flaps that are sticking up and then flatten.
13. Pick up the top layer bottom tip and tuck it into the lower layer bottom pocket.
14. Fold down the top left tip and the top right tip.
15. Fold down the top left tip again and the top right tip again.
16. Flip over and you are done!

If you'd like, tuck a note or a small gift into one of the pockets and give it away!

Origami Heart



Go Play Outside

God's designs are amazing. Look at all of His creation and think about how awesome He is to have been able to make nature look and act as it does. The structure and design of it all is amazing.

Inspiring Ideas from Nature for Architectural Arts

- Examine a tree and consider the design which holds it in place
- Visit any natural structure like bee hives, beaver dams, waterfalls, canyons, etc.
- Build a rock tower or go rock climbing
- Make an outdoor shelter with sticks, leaves, and vine
- Build a sand castle, snow fort or snowman
- Watch the animals, a sunset, or go camping

Inspiring Ideas from Inspired Artists

You might consider going to visit any man-made structures like bridges, towers or beautifully structured buildings.

Write about your trip here:

Date: _____ Place: _____

Congratulations!

You've finished the Disciple level and your worship art journey is going strong! You may continue on with free art sessions, events, or end this level by making the level-end project found at the back of the book. The next level is the Servant level.

Servant Level

The Servant is called a servant because Jesus teaches us that if you want to be great then you should become a servant. As you advance, you will become humbler and more filled with love for others. Your art not only honors God but unites His family. Jesus prayed we would share in the love He had with the Father. That love unites us all. (John 17:23, 26).

Servant Knight

A Servant Knight is a Servant who is committed to certain "knight-like" characteristics knowing his/her purpose of worshipping God.

Once again, congratulations on your completion of the Disciple level! What was your favorite art project?

Free Art Sessions

All seven worship art categories have been covered. If you choose to do free art sessions, the next few pages are themes and ideas. If you are in a group, it may be best for everyone to bring their own art supplies. Remember, your art may be pre-planned or spontaneous.

Materials for free art time could include things like:

- Dance scarves, flags, hats, costumes, (performing arts)
- Drawing & painting supplies, camera,(visual arts)
- Bibles, paper, pens/pencils, (literary arts)
- Musical instruments, songs, (audio arts)
- Pre-made snacks or ingredients to prepare snacks (to eat and share during a discussion time at the end), fragrances, (culinary arts)
- Clay, leather, metal, jewelry materials, etc. (sculpture arts)
- Sand art, blocks, origami, etc. (architectural arts).

Free Art Time
Scripture: The Lord Our Rock

2 Samuel 22:1-3

¹ And David spoke the words of this song to the Lord in the day that the Lord delivered him from the hand of all his enemies and from the hand of Saul. ² He said,

**“The Lord is my rock and my fortress and my deliverer;
³ My God, my rock, in whom I take refuge,
My shield and the horn of my salvation, my stronghold and my refuge;
My savior, You save me from violence.**

What is the Lord showing you through this Scripture?

Free Art Time
Ideas: The Lord Our Rock

Here are some ideas based on today's Scripture:

Performing arts – do a dance or a skit about a large rock – or about the earth as a huge rock.

Visual arts – paint a picture of a rock or include a small rock somewhere in your painting. Or do some rock painting.

Literary arts – contrast different types of rocks – big and small, rugged or smooth, colorful or gray. Or the earth as one big rock made up of smaller ones. Make it a story, poem or just your thoughts.

Audio arts – use rocks to make a sound. Use a variety of objects along with it for different sounds.

Culinary arts – can you make a snack that looks like a rock? Or serve a snack on a stone tray.

Sculpture arts – make a sculpture with a rock as the main focus. Or use many small rocks together.

Architectural arts – display rock and sand inside a glass jar, or rock and water.

Describe your art project or tape a picture here:

Free Art Time
Scripture: His Open Hand

Psalm 145:15-16

**¹⁵ The eyes of all look to You,
And You give them their food in due time.
¹⁶ You open Your hand
And satisfy the desire of every living thing.**

What is the Lord showing you through this Scripture?

Free Art Time
Ideas: His Open Hand

Here are some ideas based on today's Scripture:

Performing arts – a dance or skit called: "Looking to You" or "Opening Your Hand."

Visual arts – paint or draw eyes, food, an open hand, or a hand full of good things.

Literary arts – a story, poem or song called "I look to You" or "You satisfy" or "The Open Hand" or "In Due Time" or "Every Living Thing."

Audio arts – make a sound or a song called "Look!" or "A Finger at a Time" or "Satisfied" or "It's Time!"

Culinary arts – make a snack and give it a name like "Food in Due Time" or "The Open Hand" or "You Give" or "Satisfied Desire," then explain why you called it that.

Sculpture arts – make something and call it "Looking Eyes" or "Hand that Feeds" or "Seed to Harvest" or "Time to Eat" or "Every Living Thing" or "The Full Basket"

Architectural arts – make a basket for food, or a sundial.

Describe your art project or tape a picture here:

Free Art Time
Scripture: Sweeter than Honey!

Psalm 119:103

How sweet are Your words to my taste! Yes sweeter than honey to my mouth!

What is the Lord showing you through this Scripture?

Free Art Time
Ideas: Sweeter than Honey!

Here are some ideas based on today's Scripture:

Performing arts—you might do a dance or a skit about tasting the Bible and mistaking it for honey.

Visual arts—paint a beehive or bees coming out of Bible. Or make a picture that is the color of honey.

Literary arts—write about any of the above—honey, bees, or beehives and how they are like God's Words. Make it a story, poem or just your thoughts.

Audio arts—What kind of "sweet" sounds can you make? Are there sounds you can make that sound sticky or gooey?

Culinary arts—make a snack that includes honey. Have other honey-colored snacks with it.

Sculpture arts—make a sculpture or craft with a bee or beehive as the main part.

Architectural arts—draw a beehive while paying attention to the design and how it helps the function of the beehive.

Describe your art project or tape a picture here:

Free Art Time
Scripture: Never Thirsty!

John 4:13-14

Jesus answered and said to her, "Everyone who drinks of this water will thirst again; but whoever drinks of the water that I will give him shall never thirst; but the water that I will give him will become in him a well of water springing up to eternal life."

What is the Lord showing you through this Scripture?

Free Art Time
Ideas: Never Thirsty!

Here are some ideas based on today's Scripture:

Performing arts – act out the story of Jesus and the woman at the well. Or do a dance about springs of living water with different shades of blue ribbons.

Visual arts – draw or paint a picture of water in any form, a well or a river or spring of water.

Literary arts – write a story or poem about a well of water that springs up. Make a surprise ending about eternal life or Jesus.

Audio arts – sing a song about being thirsty, or make music using different kinds of drinking utensils – cups, straws, pitchers etc.

Culinary arts – can you make a dish that has one or more forms of water--liquid, ice and steam? Or make a yummy thirst-quenching drink.

Sculpture arts – make a craft or sculpture of a well. Add your own unique decorations.

Architectural arts – make a project with items that sink and float in water. Or just experiment with what sinks and floats.

Describe your art project or tape a picture here:

Go Play Outside

Here is a summary of all seven categories for a Go Play Outside field trip.

- **Performing Arts:** Lay on your back for a while and watch the movement of nature – trees, birds, animals, clouds, water, anything the wind blows etc. Then imitate those movements in your own dance. You could also pose as different still objects, such as pine cones, rocks or flowers. Take pictures or video tape!
- **Visual Arts:** Sit in a peaceful, comfortable place and draw a picture of any of the above objects while at the park.
- **Literary Arts:** While at the park, sit in a peaceful, comfortable place. Listen to the sounds of nature and read the Bible, journal, write a poem, or story about any of the above.
- **Culinary Arts:** Bring a picnic lunch to the park with as many garden foods as you can think of – fruits and vegetables.
- **Audio Arts:** Make music or sound with any of the objects you find in nature – sticks, rocks, or any of the objects listed above. Imitate the bird's songs.
- **Sculpture Arts:** Make various sculptures using any of the objects listed above.
- **Architectural Arts:** Make any kind of structure with any of the objects listed above or anything else you find in nature.

Tape pictures of your trip here.

Inspiring Ideas from Inspired Artists

It may be inspiring to see and experience what other artists have created, especially those who are God's people and have been inspired by the Spirit of God themselves.

- **Performing Arts:** Go to the theater – watch a performance such as a play or dance.
- **Visual Arts:** Go to an art museum and look at pictures or photographs of other artists. Take your time, don't rush through.
- **Literary Arts:** Go to a library and read books other literary artists have made, like classical stories. Or find a subject of interest and study about it. Visit a creation museum and imagine what happened when God spoke.
- **Audio Arts:** Go to a concert or opera.
- **Culinary Arts:** Go to a fine restaurant, garden or farm.
- **Sculpture Arts:** Go to an art museum or look for sculpted art in a city.
- **Architectural Arts:** Visit any man-made structures like bridges, towers or beautifully structured buildings.

Tape pictures of your trip here.

Worship Arts Outside Event

An outside event could be any kind of event you can imagine! It may be an event where you perform or display your art. You might also go on a prayer walk through your neighborhood, a mall, a park, or anywhere in your city. Walk around and pray for people, for God to open the heavens over that area and touch people with His love. You could visit a nursing home and bring a culinary creation or sing a song. Ask the Lord to give you some ideas, His are always the best – they are life-giving.

An outside event will help you get out and do something for the people in your community. It's also an opportunity to hear from the Lord about how He wants you to touch people with His love. Learning to work in a group to do these kinds of things is always a bonus!

Date of Event:

Description of Event:

Location:

Contact Person:

Details of Event:

Worship Arts

Yearly Feast Event

The yearly feast is held in the fall around September or October. This is when the Bible says the Feast of the Tabernacles was held. This was a feast that God told His people to have every year. They did it to celebrate all the good things He gave them. You can get some ideas about what to do at a yearly feast by reading what God told the Israelites to do at the Feast of the Tabernacles. Check out Deuteronomy 16 and Leviticus 23:33-44.

Some things you can do based on the Biblical feast are:

Pray and ask God what to do and where to have it.

Have it on a day when no one has to work.

Invite your family, friends, even the poor, fatherless and widows.

Have an offering or raise money for the poor.

Gather branches to use for worship and decoration.

Give an offering to the Lord.

Have good food to celebrate the good food God gives us.

Have a time of celebration – music/worship/dance.

Have a worship art performance or art displays.

Have art booths where you make art projects.

Have communion to remember Jesus and what He did for us.

Have a testimony time to share and talk about the good things God has done for you.

Have a “bell race.” In Zechariah 14:20 they put bells on the horses at the feast of the tabernacles. The bells had “Holy to the Lord” written on them. Wear bells and race. This could be one way to raise money for the poor.

Sample Schedule of a Yearly Feast

Copy this page as needed

Date: _____ Theme: _____

Scripture: _____

Location: _____ Time: _____

Specify who is in charge of:

Decorations: _____

(Locally grown branches, plants, theme-related place settings, centerpieces, etc.)

Worship Art Displays: _____

(Displays some of your art projects on tables or booths)

Music: _____

(Whether live or recorded)

Opening: _____

(Sounding of the Shofar, prayer, etc.)

Art projects: _____

(Art materials available in various categories for all guests to create art)

Appetizers: _____

Bell Trot: _____

(Zechariah 14:20, a walk or "trot" with participants wearing bells inscribed Holy to the Lord)

Worship Art performance: _____

(For everyone to participate you could have a drum circle or a Blue Ribbon Dance. Or have your group do a performance like a skit, dance, Alpha Round etc. The Alpha Round is briefly mentioned in the Guidebook, and described in detail in the Servant's Book).

Dinner: _____

Testimonials: _____

(Have "object" testimonials where people bring an object or art project to share, or open it to anyone who wants to give a testimony to God's goodness)

Communion: _____

Dessert: _____

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