

Introduction to

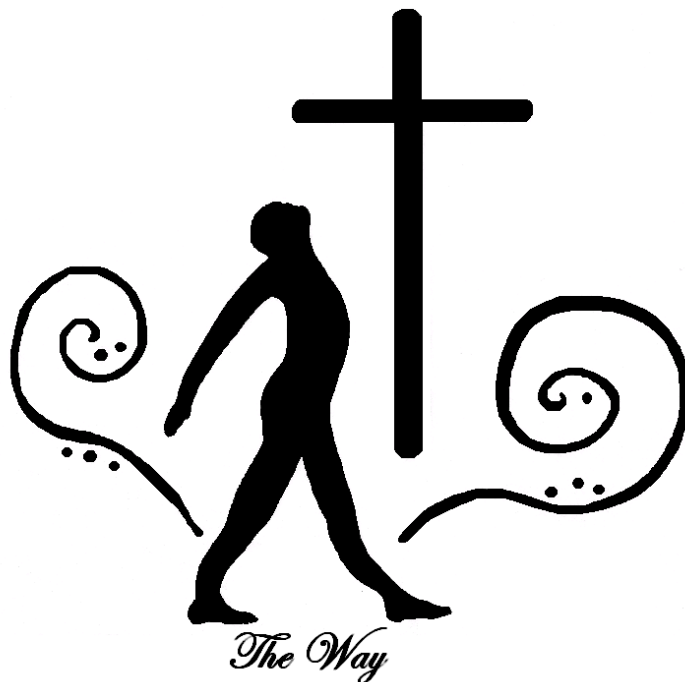
# Worship Arts

For Kids

## Disciple Level

### Mentor Book

*art that worships...be the art*





Introduction to

# **Worship Arts**

For Kids

## **Disciple Level**

### **Mentor Book**

Rose Murdock  
Ho Hodos Worship Arts  
Bibleseed.org

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Introduction to Worship Arts for Kids-Disciple Level Mentor's Book

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## To the Mentor

**Mentor Note:** Welcome to the Disciple level of your worship arts practice!

We begin our knowledge of Jesus as a follower of Him. He's gotten our attention and we want to learn more. However the more we learn, we realize we want to do more than follow Him from a distance. If we've come to believe in Him as our Lord and Saviour and realize He is the way, the truth, and the life, then we want to take a step closer and learn more from Him and make His way our way. We want to become true disciples of Jesus Christ. My prayer is that you and your child(ren) draw closer to the Lord through the practice of your art.

The Disciple level is quite similar to the Follower level. The only real difference is the art projects themselves. The format is the same. You will find the "Mentor Note boxes" which give instructions or suggestions. The Go Play Outside field trip ideas are still here. The outside event, yearly feast, free art sessions, and level-end project idea are included as well.

Remember that this book can be used as an individual study, in a group of other kids, or a mixture of adults and kids, as long as your child has a Mentor to guide him through. Once again, you could stretch this level out to up to 26 sessions by adding free-art sessions and Go Play Outside field trips. Event planning would be a bonus as well.

Each session will start out with a Scripture reading and time for them to meditate on (think about) the Scripture. Don't skip this part. We want to help them learn to hear the Lord speak to them. They will need to know His voice as they grow up and make choices concerning the direction of their lives. They don't necessarily have to make an art project that reflects what they Lord says to them but helping them connect with Him before they begin creating will help them draw from the influence of the Holy Spirit instead of an influence from somewhere else. Prayerfully chosen worship music playing during the Scripture reading and on into art time is quite helpful too.

In sessions 2-8 they will create art from each of the seven worship art categories. Be sure to look ahead so you can have all the materials prepared.

Once again, you may do any of the Go Play Outside field trips to enhance their worship art experience. However, it's best if it is an interactive type project – like the nature-related ones – so they will experience and learn from the Master Artist Himself.

Whenever possible, do art along with your kids and encourage them to discover their creative abilities. A lot of your children's passion for creativity will come from you, their Mentor. If you are excited about worship art then they will be too. Keep in mind that through art they may very well discover their purpose and occupation.

May God bless you for your investment into their creative gifting!



# Table of Contents

Introduction to the Disciple Level.....	9
Worship Art Categories.....	11
Grace Gifts.....	12
Session One.....	13
Session Two.....	16
Session Three.....	19
Session Four.....	22
Session Five.....	28
Session Six.....	34
Session Seven.....	37
Session Eight.....	41
Congratulations.....	49
Mentor Note: Free Art.....	50
Free Art Sessions.....	51
Go Play Outside.....	60
Outside Events.....	63
Yearly Feast.....	65
Level End Project.....	67





# Introduction to the Disciple Level

art that worships...be the art

As a disciple of Jesus, you are doing more than looking at Him from a distance. You are getting closer to Him, so you can hear Him and learn from Him. At the Disciple level, you will make art projects from each of the seven worship art categories just like you did at the Follower level. Remember that each category has a lot of different expressions. For example, the performing arts category has the expressions of dancing, acting, storytelling, and puppet skits. So, if you don't like one expression in a category, you might like another.

## **Scripture Meditation**

You will start each session with a Scripture to read and think about. This will help you learn to hear God talk to you through the Bible, which also helps you hear the voice of the Holy Spirit. He is the greatest Creator of all and will help guide you in your art. It's important to get to know how He speaks to you!

## **Worship Art**

When making art there are two ways it might happen:

√ **Pre-planning** is like an actor who learns their lines in a play and then performs it. It could also be learning a dance, a song or anything that has been planned out ahead of time – whether by you or someone else.

√ **Spontaneously** is when it just flows out of you without being thought about ahead of time. Like when you pick up a piece of clay and just start molding it into something without really knowing what it's going to end up looking like. It could be sitting down at a piano, or any musical instrument and just start playing and letting a tune come out. It could be singing a song or dancing without planning the words or moves ahead of time.

Both of these can be worship art. Both can be done following the Holy Spirit's leading. When making your worship art projects you can do it either one of these ways.

I pray people see Jesus in you and in your art, that Jesus shines in you and you glow with all that God is. Let His Holy Spirit lead you and influence you. May He breathe His breath of life into you and all you do! Keep your heart soft so His Words can get planted deep inside.

Enjoy your journey!

*Rose Murdock*



## Worship Art Categories

Category:	Expression:	
I. <b>Performing Arts:</b> Color: Red Grace: Serving	dance, acrobatics theater, drama, opera, mime spoken literature, storytelling film, video	
II. <b>Visual Arts:</b> Color: Yellow Grace: Prophecy	drawing, painting, chalk still and video photography, scrapbooking computer graphics	
III. <b>Literary Arts:</b> Color: Purple Grace: Teaching	written stories, books, poetry, songs, psalms scripts, sermons, blogs, journals	
IV. <b>Audio Arts:</b> Color: Dark Blue Grace: Exhortation	music, instruments singing making sound & rhythms listening and recording sound & rhythms lights and frequencies	
V. <b>Culinary Arts:</b> Color: Green Grace: Giving	food preparation, cooking, food art nutritional studies gardening fragrance-essential oils	
VI. <b>Sculpture Arts:</b> Color: Orange Grace: Mercy	crafts, wood, stone, metal, leather, clay, jewelry knitting, fabric, clothing	
VII. <b>Architectural Arts:</b> Color: Light Blue Grace: Leadership	design & construction – building, landscape, furniture interior design restoration, organization, planning, de-cluttering paper folding or cutting, geometric design	

This is not a complete list, but just a sample of the many art forms  
that are as numerous as you can imagine!

## Grace Gifts and the Worship Art Categories

Have you ever read through the gifts in Romans 12:4-8 sometimes called “grace” or “motivational” gifts, and tried to see which ones fit you? It seems these gifts go along well with our worship art categories. Here are some thoughts about these gifts and our seven worship art categories.

**Prophecy: Visual Arts**

Visual arts is about seeing an image. Prophecy sees into the spiritual realm. God may give a prophetic message through visual art.

**Service: Performing Arts**

This word is often used to describe a minister. In performing arts someone is presenting examples that bring a message to the people.

**Teaching: Literary Arts**

A teacher and a literary artist have everything in common. They both are students that love learning and love teaching what they’ve learned to others. They love it when people learn from their message, and they use language to make their point.

**Exhortation: Audio Arts**

An exhorter won’t be quiet about what needs to be said and feels their message must be heard. An audio artist releases sound as well. When working with lights, he illuminates others.

**Giving: Culinary Arts**

A culinary artist is one who enjoys giving of themselves through their gift to feed others. They help meet a basic need and are happy to do so.

**Leadership: Architectural Arts**

A leader knows all about building, foundations, and taking on projects. A leader knows he can’t build without the Lord, His wisdom and plans. Architectural artists carry the same organizational type thinking.

**Mercy: Sculpture Arts**

A sculpture artist likes to create with their hands, much like mercy which is not afraid to touch a person with what they need to create something beautiful in their life. They work to see Christ formed in others, or in their work.

# Session 1

## **Mentor Note:**

**For session one you will need:** worship music, pen & paper, drawing, painting, and sculpting supplies, optional communion.

This first session is an introduction into Scripture meditation and the whole idea of hearing from the Lord. At the beginning of the session have them read the Scripture and circle whatever stands out to them. Whatever words or phrases they feel drawn to is most likely something the Holy Spirit is calling their attention to. The outside stimulus of the world that bombards our kids today can overwhelm them to the point where they think everything they do has to be more “exciting” than the last. We’re not looking for “new” revelation necessarily, just for them to hear *something* from God – even just one word, thought, feeling or however it might come. The instructions are a guideline. Change it, if necessary, to fit your group. Look for any words they underline and explain the meaning to them.

It’s best if they have their own Bible. We want them to learn to look up Scriptures and learn their way around the Bible. The sooner they become familiar with it the better. If it’s a frustrating/foreign book to them then they won’t want to pick it up. The Scriptures are printed here, but it definitely helps if they have their own Bible and become familiar with it.

The Scripture reading is about communion so you might consider having communion with them at the end of the session.

Welcome to session one of the Disciple level!

First you will read a Scripture and listen for what the Lord is saying to you--and then you will work on worship art! We will do both Scripture reading and art at every session. Next session you will start making projects in the seven categories like you did as a Follower.

Let’s get started!

## **Communion**

Take a deep breath and imagine a quiet, peaceful place inside your mind and spirit. Read 1 Corinthians 11:23-25 in your Bible or here below. Read it slowly and silently to yourself.

**23: For I received from the Lord that which I also delivered to you, that the Lord Jesus in the night in which He was betrayed took bread;**

**24: and when He had given thanks, He broke it and said, “This is My body, which is for you; do this in remembrance of Me.”**

**25: In the same way He took the cup also after supper, saying, “This cup is the new covenant in My blood; do this, as often as you drink it, in remembrance of Me.”**

After you’ve read these verses, read them again and circle the words which you are attracted to. Listen for what the Holy Spirit seems to be saying to you. Open your heart to Him. If there are

Session 1

any words you don't know the meaning of then underline them and ask your Mentor what it means.

Write or sketch your thoughts below.

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**Mentor Note:** For this project, have either painting or sculpting materials available, or both. You might want to have some pictures of what the cup or loaves of bread might have looked like in Bible times. You could also take communion together and have a snack to help create a “sharing” atmosphere.

### **Worship Art Project**

When we take Communion, we drink grape juice and eat bread or a wafer to remember that Jesus died on the cross for us, but why do we call this communion? The word *communion* means “an act or instance of sharing.”<sup>1</sup> When we take communion together, we share a time of remembering what Jesus did for us when He died on the cross. And we also share a moment with the Lord, thanking Him for what He did, receiving His full forgiveness as we examine our hearts and turn away from sin.

### **Communion**

For today’s project, you will either draw or paint a picture, or make a sculpture about communion. It could be what you think the cup looked like that Jesus drank from during the Last Supper, or what the bread might have looked like, the table they ate at etc. If you need some ideas, go back to the Scripture. If you don’t want to do the bread, cup, table, supper, or Jesus, how could you show what betrayed, giving thanks, a broken body, remembering, or covenant looks like? Another Scripture to consider is 2 Corinthians 4:7 where Paul says, “We have this treasure in earthen vessels.” He’s speaking of the light of the knowledge of the glory of God in the face of Christ. What kind of art could represent this treasure within us?

Tape a picture of your project here:

<sup>1</sup> <https://www.merriam-webster.com/dictionary/communion>

## Session 2

**Mentor Note:** Be sure to look over the worship art project ideas ahead of time so you have the materials you need.

**For today's project you will need:** a wide variety of paintbrushes – different sizes, shapes, and textures. Solid colored scarves that they can use, or even take home, optional markers to write on the scarves, and tassels to tie onto their scarf, optional video camera.

Consider colored tablecloths and decorations to match the category color for each session.

### Performing Arts

**Color:** Red **Grace Gift:** Serving



Today you will do a performing arts project! Performing art expressions are things like **dancing, acting, mime, storytelling, gymnastics, puppet skits, making videos etc.**

### **Mourning into Dancing**

Today's Scripture is Psalm 30:10-12.

**"<sup>10</sup>Hear, O LORD, and be gracious to me;**

**O LORD, be my helper."**

**<sup>11</sup>You have turned for me my mourning into dancing;**

**You have loosed my sackcloth and girded me with gladness,**

**<sup>12</sup>That *my* soul may sing praise to You and not be silent.**

**O LORD my God, I will give thanks to You forever.**

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Underline any words you don't understand and ask your Mentor to explain.

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**Mentor Note:** Have a wide variety of brushes if possible so they can feel many different kinds of brushes. Instrumental worship music may work best in this case, but whatever you think. Read the paragraphs below to them to help them get started. Have solid colored scarves available for color. If these are scarves they can keep, have markers available for them to write words of praise on them with. You can also have tassels for them to tie onto the scarves, making theirs unique. Try and have them dance for 5-10 minutes. Take pictures or video-tape!

## **Performing Arts Project**

### **Be The Brush**

You are going to be a paintbrush! First, you will need to take some time exploring different kinds of paintbrushes so you can learn how to be one. As your Mentor gives you brushes, feel what they are like – some are stiff, and some are soft. Some are big, and some have really small tips to make very tiny details. Some have long bristles, and some have short bristles. Close your eyes and see what they feel like without looking at them.

Next, go to a place where you have room to move around. Respond however you want as your Mentor reads the following:

**“You are a brush. A paintbrush. The kind that paints beautiful, creative, and awesome pictures. But there is no paint on your brush yet. You are just sitting there, waiting to be used. Waiting to create something amazing. Something that is full of life and love, and gives hope, joy, peace and laughter to others.**

**“You’re waiting. Waiting. And finally, here comes a Hand. Here comes the touch of your Master’s hand. He touches you. You slowly begin to move. He warms you. He moves you. He loves you. In His hand you are useful. You are happy, joyful, satisfied. You are a co-creator with Him.**

**“Move for Him. Move with Him. Come alive! Begin to move. Move and dip into the paint. Brush the paint onto the unseen canvas. You are the brush. Move your whole body—the brush—to paint. Dip and move. Paint and dance. Your strokes are a dance. Your painting becomes a living thing as you dip and move and paint and dance.”**

If scarves are available pick one up and wave the color around in a worship-filled dance. If your Mentor has markers available, write praise words on your scarf as you think of them or decorate them with tassels.

Tape a picture here:

**Mentor Note:** These are optional suggestions for inspiration in the various categories of art to do as an extra field trip. Help your kids become aware of the creative influence of God’s artwork, and encourage them to appreciate nature and get out into it as much as possible. What better example of creative art than what the Master Creator Himself has done! Of course, inspiration can also come from human artists who have been inspired themselves, so there are suggestions for these type of outings as well (theater, museums etc.). You might also read to them, or suggest they read, books in their areas of interest.

### **Go Play Outside**

What better way to learn how to create art than to study the art of the Creator of everything? God created the whole earth, the universe and all of nature. When you go outside into His creation, it will help you become creative. He put creativity inside of you. Your imagination is what you use to create things. Go play outside and explore God’s wonderful creation! *Be sure to have your Mentor or parent’s permission.*

### **Inspiring Ideas from Nature for Performing Arts**

- Go to a field and run, skip, dance or play – whatever you feel like doing.
- How does God’s creation move – the clouds, water, trees, animals etc.?
- Climb a tree
- Hide in the bushes or rocks
- Go swimming
- Go bike riding
- Go for a walk
- Do anything you can think of to move around and pretend – use your imagination!
- Use the outdoor world as your stage!
- Watch the animals, a sunset, or go camping

### **Inspiring Ideas from Inspired Artists**

You might consider going to the theater – watching a performance like a play or dance.

Write about your trip here:

Date: \_\_\_\_\_ Place: \_\_\_\_\_

## Session 3

**Mentor Note:** Remember that not every child is going to enjoy every category. That's normal. Everyone has different gifts. However, we want each child to try every category just because they may not realize they like something until they try it. But if they don't like it that's perfectly fine.

Create an atmosphere of worship while they're doing their art. Worship music will help set the atmosphere.

**For today's project you will need:** small mirrors, mini-easels to hold the mirrors, a variety of paints, brushes, and canvas.

### Visual Arts

**Color:** Yellow **Grace Gift:** Prophecy



Today you will make a visual arts project! Visual art expressions are things like **drawing, coloring, painting, chalk, taking pictures, making scrapbooks, bookmarks, cards etc.**

### **The Glory Mirror**

Today's Scripture is 2 Corinthians 3:17-18.

**17: Now the Lord is the Spirit, and where the Spirit of the Lord is, *there* is liberty.**

**18: But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as from the Lord, the Spirit.**

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Underline any words you don't understand and ask your Mentor to explain.

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**Mentor Note:** Have them set the mirror on an easel in front of them so they can easily see their face. Instruct them to look into it while painting onto the canvas. Slowly read the paragraphs below to them to help them get started.

## **Visual Arts Project**

### **His Image**

Look at your reflection in the mirror and imagine seeing the Lord shine through you. Paint what you feel is a reflection of how He wants to shine through you. You don't have to try and paint your face, it could be how looking at your face makes you feel. Try and see the Lord shining through your face. There is no right or wrong way to do this!

Listen while your Mentor reads the following to you:

**"Look into the mirror. What do you see? Your face. Look at your nose. Your cheeks. Your forehead. How do you look? How do you feel? Now, look at your eyes. What color are they? Keep looking at your eyes. Imagine you are looking inside of you. Into your heart and soul. Into your spirit. Imagine you can see Jesus inside of you. He is, if you believe in Him! He is inside of you. The Holy Spirit is there. You can be filled with the Holy Spirit if you ask.**

**"Jesus is in you, and the Father is in Him. So you are one with Him. This was Jesus' prayer, that we would be one with Him and share in their love and their glory. (John 17:22-24).**

**"Keep looking. The Bible says as we look at Him and see His glory, it's like looking into a mirror and we are changed into His image from glory to glory. Imagine the glory of Jesus shining to you and through you. His love, His life, His joy, His peace, and all that is good and perfect shines to you, through Him, and out through you.**

**"Now paint what you think His glory looks like shining through you. He is in you and His love and goodness is too."**

Tape a picture of you project here:

### **Go Play Outside**

Find something outdoors that is so pretty or interesting that you want to keep looking at it. Something that brings a sense of peace or joy. Be still while looking at God's beauty. Let your eyes soak up the beauty of His creation! Draw or take pictures if you would like. ***Be sure to have your Mentor or parent's permission.***

### **Inspiring Ideas from Nature for Visual Arts**

- Visit a lake or a pond
- The woods
- A garden
- Beautiful flowers
- Birds
- Waterfalls, mountains, or a river
- The clouds or the stars
- Watch the animals, a sunset, or go camping

### **Inspiring Ideas from Inspired Artists**

You might consider going to an art museum and look at pictures or photographs that other artists have made.

Write about your trip here:

Date: \_\_\_\_\_ Place: \_\_\_\_\_

## Session 4

**Mentor Note:** Be sure they don't get in the habit of rushing through the Scripture meditation time. We want them to experience an intimacy with the Word of God and with the Lord as they quiet themselves and listen. This is foundational for not only their worship art, but for their lives.

The right, non-hurried atmosphere is a perfect "canvas" for your children to create literary art on. There are two choices for literary art projects in this session. You may choose to do one or both. The Word Art project does not require a lot of writing. It will, however, give them time to think about the individual words they choose while making their art project. The One Word Story is a good group project. However, it can be done with just one or two people by choosing more than one word.

**For the Word Art project you will need:** a variety of colored pencils, markers or pens, unlined paper (for practice, or if they don't want to use the page in their book).

**For the One Word Story you will need:** pen or pencils, writing paper, a whiteboard or chalkboard might help.

### Literary Arts



**Color:** Purple **Grace Gift:** Teaching

Today you will make a literary arts project! Literary art expressions are things like **writing stories, poems, songs, lessons, scripts, blog or journal etc.** Literary art is all about words!

### **A Word Spoken Right**

Today's Scripture is Proverbs 25:11.

**11: *Like apples of gold in settings of silver is a word spoken in right circumstances.***"

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Underline any words you don't understand and ask your Mentor to explain.

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**Mentor Note:** For more ideas you might want to look on-line for “word art” ideas. Sometimes looking at other people’s art can be inspiring and get their creative juices flowing. (Although keep in mind that we want them to learn to express what’s inside of them and not simply copy someone else or just make projects that are popular or trendy).

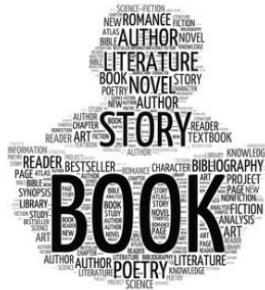
### Literary Arts Project

There are two literary arts projects in the book. Your Mentor will choose one or both of them for you to do.

### **Word Art**

Choose one or more of the words you circled from today’s Scripture, or any other words you would like. Using colored pencils, a pen, crayons, or markers make a word art picture. You do this by writing the words in a way that makes it into a picture. See the examples below but use your imagination to create something unique.

Use the next page for your project.



## Session 4

Create your word art project here or use another piece of paper.



**Mentor Note:** If you have non-readers or children with difficulties in reading or writing then read to them and write for them as they verbalize what they want to say. Then read what you wrote back to them, allowing them to “edit” this way. If you have a whiteboard use it here for them to write their word on, otherwise use a sheet of paper they can all see.

**One Word Story Project**

Close your eyes and be still while thinking about the Lord. Listen for one word and write it down wherever your Mentor tells you to. This will be a place where everyone in your group can see it. It can be any word, it doesn't have to be a “religious” word. Once everyone has written a word then write a story using all the words. Make sure your story includes all the words that everyone in your group has written down. **Each one of you will have to use all those words**, but the story can be about whatever you want it to be. When finished, read your stories to each other!

**Write your literary art project here.**

**Title:** \_\_\_\_\_

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## **Go Play Outside**

Just like visual arts, the beauty of God's creation can inspire you. It can also teach you. Visit a scenic place that can help you clear thoughts out of your head so you can hear God's thoughts through His creation. Bring your Bible and read God's Words while looking at His creation.

### **Inspiring Ideas from Nature for Literary Arts**

- Visit a babbling brook or river
- Waterfalls
- Birds
- Listen to the rain or thunder
- Sit and watch any of God's beautiful art creation and see what you can learn from it just by watching
- Watch the animals, a sunset, or go camping

### **Inspiring Ideas from Inspired Artists**

You might consider going to a library and read books other literary artists have made, like classical stories. Or find a subject you really like and study about it. Visit a creation museum and think about what happened when God spoke.

Write about your trip here:

Date: \_\_\_\_\_ Place: \_\_\_\_\_

## Session 5

**Mentor Note:** You may just spend the entire session doing a drum circle if you prefer. However, the megaphone project will give you a break and a chance to talk to them about the meaning of the drum circle. The spin drum is an alternate project but may require more time and effort which could take away from the effect of the drum circle.

**For today's project you will need:** drums (or anything that can be used as a drum)—one for each person; recorded “heartbeat” drum sound (unless you play your own); a piece of suede, leather, or fabric for each child; a chain necklace that the megaphone can be attached to; an O ring or beading wire; beads and/or charms such as a heart, drum, drumstick, dove, or musical notes; a hole punch.

**Alternate project-Spin drum:** a round cardboard or thin wooden box, a round wooden stick, two beads for each child, string, glue, or tape, optional paint, markers or decorations.

### Audio Arts

**Color:** Dark Blue **Grace Gift:** Exhortation



Today you will participate in an audio arts project. Audio art expressions are things like **playing a musical instrument, singing, recording sounds, making sounds-rain sticks or household items, listening to nature, light displays etc.** What do you hear from God's world? You can bring the sounds from His world into our world!

### **The Body of Many Parts**

Today's Scripture is 1 Corinthians 12:14-18.

**<sup>14</sup>For the body is not one member, but many. <sup>15</sup>If the foot says, “Because I am not a hand, I am not a part of the body,” it is not for this reason any the less a part of the body. <sup>16</sup>And if the ear says, “Because I am not an eye, I am not a part of the body,” it is not for this reason any the less a part of the body. <sup>17</sup>If the whole body were an eye, where would the hearing be? If the whole were hearing, where would the sense of smell be? <sup>18</sup>But now God has placed the members, each one of them, in the body, just as He desired.**

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Underline any words you don't understand and ask your Mentor to explain.

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**Mentor Note:** A drum circle may be an example of how we all follow the heartbeat of the Lord and yet He gives each of us our own individual beat to add. As we come together we make a beautiful and powerful sound of worship and overcoming praise.

**Megaphone:** Start the megaphone project until the point that its glued together. Let it dry while you do a drum circle. (A hot glue gun might help it dry quicker.) After doing the drum circle for a bit, go back and finish the megaphone. While making the megaphone, talk about how we listen for the heartbeat of the Lord and then respond to Him with a sound of praise from our heart. The megaphone represents this sound of praise shouting out from within us, as well as listening intently to His heartbeat. They may have a fresh perspective on the drum circle after making the megaphone.

**Drum Circle:** The best way to do this is to have one person start who can keep a steady, simple beat – like a heartbeat – and keep it going for the whole time. The heartbeat doesn't have to be anything fancy. Even a simple heartbeat sound will do. If you don't have anyone who can do that then record a heartbeat type drum sound that will be loud enough for everyone to hear. If you don't have drums, that's O.K. use whatever you have to make a beat. Even "drumming" on a Bible will work. Once the "heartbeat" starts, then everyone adds their own drum pattern. It might help to set a timer to encourage everyone to keep going until it stops, even if they feel like they're not getting in sync with others. It might take a while to get a good one going. Don't get discouraged! Some kids may say they don't want to do it, but often will try after they see what it's like. Try to get a circle that continues for 5-10 minutes.

## **Audio Arts Project**

### **Drum Circle**

Follow your Mentor's instructions for a drum circle.

### **Mini-Megaphone**

You will make a mini-megaphone necklace as a reminder of listening to the heartbeat of the Lord and responding to His love with shouts of praise to Him! Instructions are on the next page.

### **Spin Drums**

For an alternate project, make a spin drum. Instructions are on page 32.

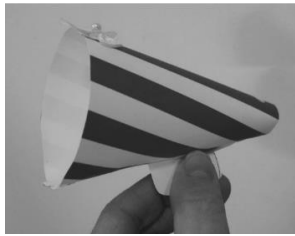
### Mini Megaphone

Copy or trace the pattern onto suede, leather, or fabric and cut it out. Use a hole punch to make a hole to attach an O ring at the small end. Then glue the edges together. Use mini-clothespins, or clips, if needed, to hold the edges closed until dry.

Attach the O ring to a necklace chain. Add beads or charms, such as a heart, drum or drumsticks, dove, or a musical note to represent listening to the sound of the Lord's heart and responding with your own sound of praise.



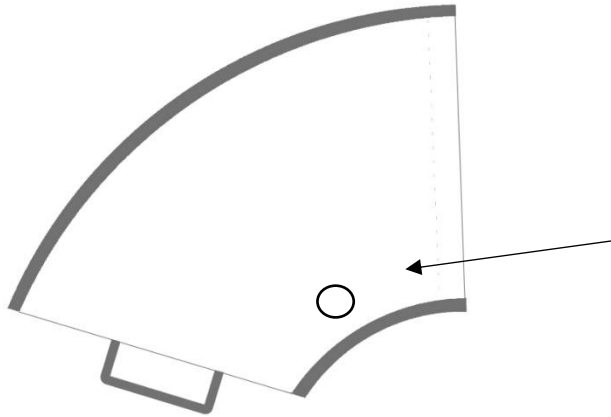
Mini Megaphone (2 1/2") made with suede.



Mini Megaphone (2 1/2") made with scrapbook paper.

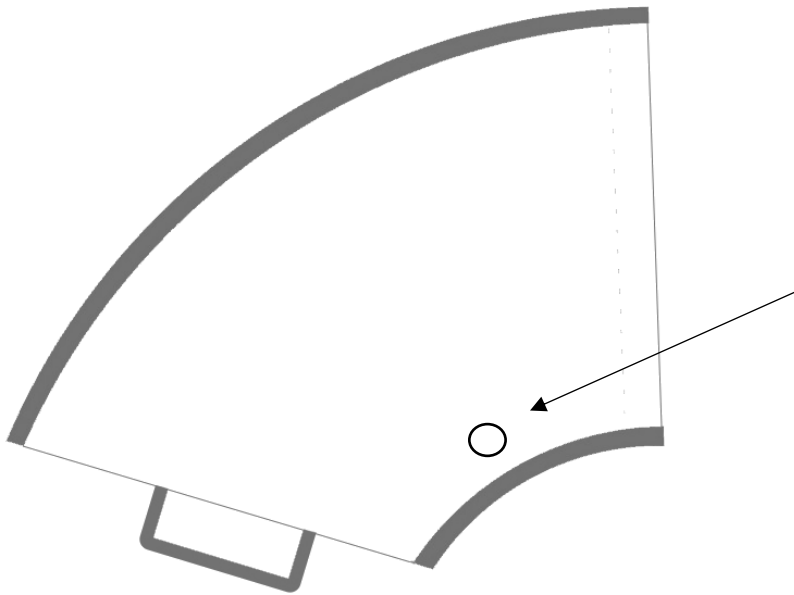
Tape a picture of your audio arts project here:

Copy this page or trace whichever pattern you choose onto another sheet of paper. Cut it out and use it as a pattern to trace onto your material.



This pattern makes a megaphone about 1 ½" long and 1" wide

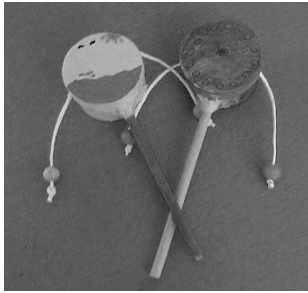
Punch a hole here before gluing.



This pattern makes a megaphone about 2 ½" long and 1 ½" wide

Punch a hole here before gluing.

## Spin Drum Instructions



### Materials Needed:

One round box, (thick cardboard or bolster wood about 1" thick)

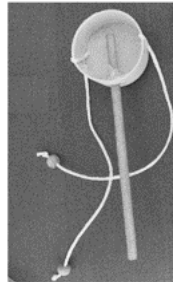
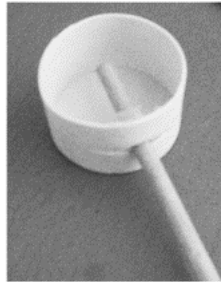
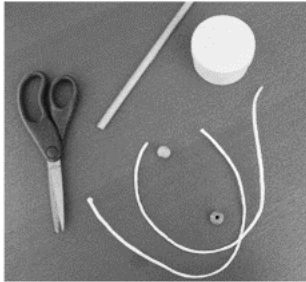
One round wooden stick

String

Two beads (that will fit over the string)

Glue and tape

Paint and other decorations



1. Make a hole on the side of the box that will fit the wooden stick as tightly as possible.
2. Make two more holes on the sides of the box (3 and 6 position).
3. Insert the wooden stick into the box and secure it so it doesn't move.
4. Tie each of the beads onto a string with a large knot at one end, as shown.
5. Place the un-beaded end of the string through the side of the box and adjust the string length so when twirled the beads will hit the top and bottom of the box.
6. Attach the inside string with glue and/or tape securely. If you like, tie the string to the wooden stick for added security.
7. Place the box cover on the box and secure with glue or tape.
8. Secure the wooden stick with glue and tape.
9. Decorate.
10. Twirl the stick and make a joyful noise!



## Go Play Outside

Be very quiet and listen to the sounds of nature. Listen to its song – its voice. Listen how creation praises the Lord and listen for a message for you. Most of these are the same as literary arts, but you can hear something new each time you listen. You might also look for natural lights. *Be sure to have your Mentor or parent's permission.*

### Inspiring Ideas from Nature for Audio Arts

- Visit a babbling brook or river
- Waterfalls
- Sea shells
- Birds and animals
- Listen to the rain or thunder
- Bonfire – sounds and light
- Natural lights – stars, lightning, fire-flies
- Watch the animals, a sunset, or go camping

### Inspiring Ideas from Inspired Artists

You might consider going to a concert or opera.

Write about your trip here:

Date: \_\_\_\_\_ Place: \_\_\_\_\_

## Session 6

**Mentor Note:** I encourage you to choose essential oils over artificial fragrances. They are much healthier. Please find out if anyone in your group has allergies before any culinary art projects.

**For today's project you will need:** worship music, essential oils, carrier oil such as jojoba or almond oil, small bottles with lids, a small funnel would be helpful, optional cardstock and string for labels, decorations for the bottle such as beads or charms, worship-dance music.

### Culinary Arts

**Color:** Green **Grace Gift:** Giving



Today's project is a culinary arts project! Culinary art expressions are things like **cooking, gardening, nutrition study, food art, fragrances-(smells) etc.**

The Bible tells of the woman who poured perfume over Jesus while weeping and washing His feet with her hair and tears. In today's project you will create a worship fragrance. God cares about smells! He was pleased when He smelled the "soothing aroma" of Noah's burnt offerings on the altar he built after the flood. He gave specific instructions on how to make the anointing oils and incense. The Bible tells us that God gives a sweet fragrance through us that gives people knowledge about Him. It says that we are a fragrance of Christ to God. He cares about smells! (Luke 7:36-50, John 12:3, Genesis 8:20-21, Exodus 30, 2 Corinthians 2:14-15).

### **Worship Oil**

Today's Scripture is Luke 7:44-48.

**44: Turning toward the woman, He said to Simon, "Do you see this woman? I entered your house; you gave Me no water for My feet, but she has wet My feet with her tears and wiped them with her hair.**

**45: You gave Me no kiss; but she, since the time I came in, has not ceased to kiss My feet.**

**46: You did not anoint My head with oil, but she anointed My feet with perfume.**

**47: For this reason I say to you, her sins, which are many, have been forgiven, for she loved much; but he who is forgiven little, loves little."**

**48: Then He said to her, "Your sins have been forgiven."**

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Underline any words you don't understand and ask your Mentor to explain.

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**Mentor Note:** Before starting today’s worship art project, read them the whole story of the woman with the alabaster vial of oil who worshiped Jesus with the perfume, her tears and hair. (Luke 7:36-50). Explain that our worship is like a pleasant fragrance to the Lord, and that today’s project is a reminder of that.

**Worship Oil:** Have them take their time making the oil. You want them to experiment, however you don’t want them to waste too much. Be sure they take time to smell whatever essential oils you have available before they start adding them. Have them add only a couple drops at a time. It’s best to mix oils from all three “notes” to get a smell that will have more depth and will last. Have a time of worship, dance, or act out the story afterwards, either as a group or individual expression of worship. You might also have them decorate their bottles or make labels, so they remember which oils they used. You could tie string or beading wire around the neck of the bottle and hang beads, charms, and the label from it.

Please be sure no one in your group has allergies to any of the oils you are using.

### Culinary Arts Project

#### **Worship Oil**

Listen to worship music while you make your oil. Before starting, your Mentor will read the whole story of the woman who worshiped Jesus with perfume. Afterwards you might dance to the Lord with your fragrance or act out the story.

Fragrant Oil Recipe:

2 teaspoons carrier oil – more if you choose

2-4 drops essential oil (see below) – more if you choose

Put the carrier oil in the bottle. Before adding any essential oil drops to it, be sure to smell all the different oils your Mentor has available. Take your time deciding which ones you will use. Add the essential oils, just a drop or two at a time. Mix well each time you add more oil. It will smell best if you use oils from all three “notes.”

These are the different types or “notes” of essential oils:

**Base notes** are essential oils with a deeper smell that will last longer. (Some examples are vanilla, clove, rose, frankincense, myrrh, cinnamon).

**Middle notes** are the heart of the fragrance. (Some examples are spikenard, cardamom, lemongrass, nutmeg, geranium). Spikenard is what Mary poured onto Jesus.

**Top notes** are what you smell right away, but they evaporate quickly. (Some examples are lavender, lemon, lime, jasmine, tea tree, orange, peppermint).

**Write down the ingredients you used here and the amounts:**

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## Go Play Outside

Enjoy the many tastes and smells of the outdoors! *Be sure to have your Mentor or parent's permission. Don't eat anything outside unless an adult who has studied edible plants tells you it's okay.*

### Inspiring Ideas from Nature for Culinary Arts

- Pick berries to eat
- Pick any kind of edible fruit or vegetables right off the vine
- Smell all kinds of different flowers
- Smell all kinds of different herbs like mint, thyme, or rosemary
- Plant some seeds or seedlings
- Do any kind of gardening like watering or weeding
- Go fishing
- Watch the animals, a sunset, or go camping

### Inspiring Ideas from Inspired Artists

You might consider going to a fine restaurant garden or farm.

Write about your trip here:

Date: \_\_\_\_\_ Place: \_\_\_\_\_

## Session 7

**Mentor Note:** Sculpture art, in our worship art practice, is any art form that doesn't fit the other categories. Today's project is made with suede or leather, however you could use any type of fabric or jewelry material if you prefer.

**For today's project you will need:** worship music – consider music that is faith-building; three strips of suede or leather for each person (at least 35" long each) that can be braided to make a bracelet (3mm x 1.5mm); 15-18mm toggle clasp, be sure one strand of the suede can fit through the hooks on the toggle clasp, otherwise you'll need two O rings at least 8mm; scissors. Note: You could use a lobster clasp instead with O rings as needed.



### Sculpture Arts

**Color:** Orange **Grace Gift:** Mercy

Today you will make a sculpture arts project! Sculpture art expressions are things like **making sculptures from clay, making jewelry, crafts with sticks, stone, leather, metal, paper mache, sewing, knitting etc.**

### **The Power of Two or Three**

Today's Scripture is Matthew 18:19-20.

**<sup>19</sup>“Again I say to you, that if two of you agree on earth about anything that they may ask, it shall be done for them by My Father who is in heaven. <sup>20</sup>For where two or three have gathered together in My name, I am there in their midst.”**

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Underline any words you don't understand and ask your Mentor to explain.

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**Mentor Note:** while making the bracelet, talk about the cord of three strands and the power of prayer when we unite with other believers.

### Sculpture Arts Project

**Ecclesiastes 4:12:**

**And if one can overpower him who is alone, two can resist him. A cord of three *strands* is not quickly torn apart.**

### **Three-Strand Prayer Bracelet**

Take three strips of suede at least 35" long each. Thread one strip of suede through the small hook on the round end of a toggle clasp. If it will not fit through, then put an O ring on the hook and tie the strip of suede to that. Tie the strip tightly to the other two strips. Braid the strips of suede together to make a bracelet that will wrap around your wrist three times. When you have the right length, thread one strip of suede through the small hook on the straight piece of toggle clasp. (Use an O ring if you have to). Tie the three strips together making sure the clasp is tight. Wrap the braid around your wrist three times and hook the toggle clasp together. Once you are sure it fits properly, and the knots are tight enough, trim the ends to the length you like.

Note: You can use a safety pin to pin the bracelet to something steady to make braiding easier.

When finished, pray together for people you know who need God's help.



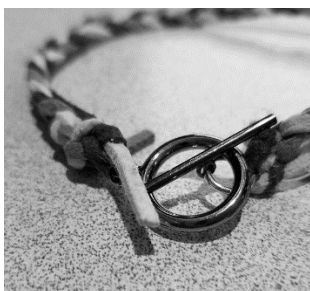
Toggle Clasp



One strip of suede through the hook on the round end of the toggle clasp, then tied to the other strips and braided.



One strip of suede through an O ring which is attached to the straight end of the toggle clasp.



Finished toggle clasp



Lobster clasp with a chain extension.

## Session 7



To wear, put the braid through the round, and wrap back in the opposite direction to hook the clasp.



Finished bracelet using a lobster clasp.

## Go Play Outside

Explore outside and find all kinds of things you can use to make whatever you want. *Be sure to have your Mentor or parent's permission.*

### Inspiring Ideas from Nature for Sculpture Arts

- Go to the beach and play in the sand and water
- Play in the snow and make snow or ice sculptures
- What can you make with pinecones?
- Evergreen leaves
- Rocks
- Vines
- Watch the animals, a sunset, or go camping

### Inspiring Ideas from Inspired Artists

You might consider going to an art museum or look for sculpted art in a city.

Write about your trip here:

Date: \_\_\_\_\_ Place: \_\_\_\_\_



## Session 8

**Mentor Note:** Today's Scripture is about Jesus being the Alpha and Omega, the first and the last. He knows the end from the beginning. This is why we should seek Him and His plans for our life. In doing origami, someone had to plan ahead and envision the end product in order to know the steps to get there. In the same way, Jesus knows the end, and He knows how to get there!

**For today's project you will need:** several 6" x 6" pieces of origami paper (You might want to practice ahead of time so you can help the kids easily), Light blue colored pencils, optional blueprint to show them what one is.

### Architectural Arts

**Color:** Light blue **Grace Gift:** Leadership



Today you will make an architectural arts project! Architectural art expressions are **building structures, tents, furniture, gardens etc. or making the plans for them, rearranging or organizing rooms, closets, drawers, paper and sand projects etc.** Let God guide all of your planning and creating. The Bible is like a blueprint. It gives us instructions for building our lives.

### **Alpha and Omega**

Today's Scripture is Revelation 22:12-14.

**<sup>12</sup> "Behold, I am coming quickly, and My reward is with Me, to render to every man according to what he has done. <sup>13</sup> I am the Alpha and the Omega, the first and the last, the beginning and the end." <sup>14</sup> Blessed are those who wash their robes, so that they may have the right to the tree of life, and may enter by the gates into the city.**

Take a deep breath and create your peaceful atmosphere.

Read the Scripture and circle the words you are attracted to.

Listen to the Holy Spirit and what He seems to be showing you.

Underline any words you don't understand and ask your Mentor to explain.

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**Mentor Note:** The Lord created the whole world by wisdom. Any structural or organizational type of project must be founded in the wisdom of the Lord. The landscape and designs of the earth are to be changed in accordance with His plan, His wisdom and His will. Talk about what a blueprint is and how the Word of God is our blueprint for praying, living and building our lives. Use the light blue colored pencil to write Scripture on the back side of their paper before folding.

These type of projects call for a certain type of geometrical thinking. To experience this, have the kids do an origami paper fold project. A paper folding project can be much like other prophetic art in that once you are skilled you might create art as the Spirit leads you. As with any art, practice will improve your skill making flow with the Spirit easier. There are three projects, a paper house, a bookmark, and a paper heart. Start with the house or bookmark because the heart is a little more difficult. Check online for other origami projects and instructions.

### **Architectural Arts Project**

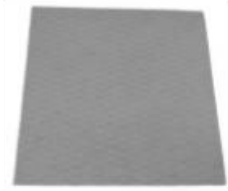
There are three projects to do. A paper house, a bookmark, and a paper heart. Do the house or bookmark first and then you may try the heart if you want to. The heart is a little bit harder.

#### **Origami paper house**

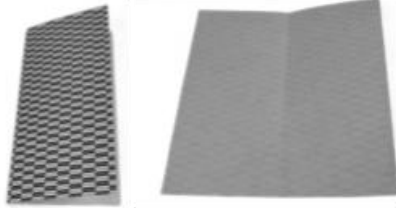
Carefully write a portion of Scripture on your paper with the light blue pencil to remind you that the Word of God is the blueprint for your life.

1. Start with a square sheet of paper-6" x 6" is fine. Ideally with color or a design on one side. Start with the back side up.
2. Fold the left side of the paper over to the right. Make a crease and then open it back up.
3. Flip the paper over.
4. Fold the top half of the paper halfway down to the center.
5. Flip the paper over.
6. Fold the left side in to meet the center crease.
7. Do the same with the right side.
8. Pull the left flap up and then press down to make a triangle.
9. Do the same to the right flap.
10. Fold the bottom up to meet the triangle folds. Make a firm crease.
11. Turn over and stand up the house.

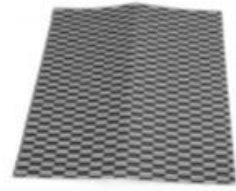
Origami House



1



2



3



4



5



6



7



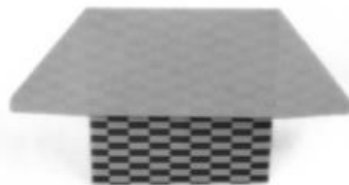
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10



11

### **Origami paper bookmark**

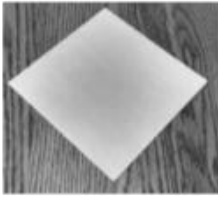
Make a bookmark!

1. Start with a square sheet of origami paper-6" x 6" is fine. Start with the back side up.
2. Fold the bottom tip up to meet the top tip.
3. Fold the right tip up to meet the top tip.
4. Fold the left tip up to meet the top tip.
5. Unfold the last two folds.
6. Fold half of the top tip down to the bottom.
7. Fold the right tip up to the top tip.
8. Tuck the right tip into the fold.
9. Press it flat into the fold.
10. Fold the left tip up to the top tip.
11. Tuck the left tip into the fold.
12. Press it flat into the fold.
13. Place the bookmark onto several pages of a book as shown.
14. The finished bookmark!

Put the bookmark in your Bible or favorite book.

Session 8

Origami Bookmark



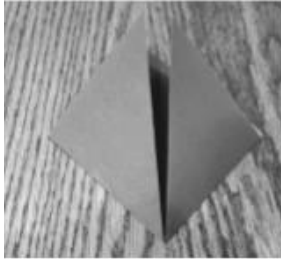
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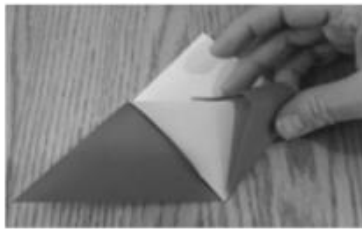
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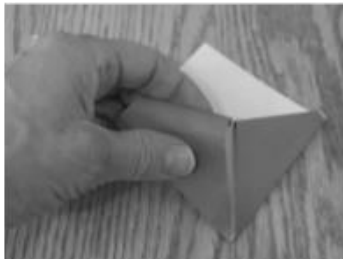
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12



13



14

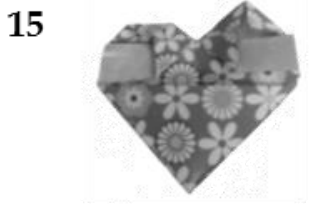
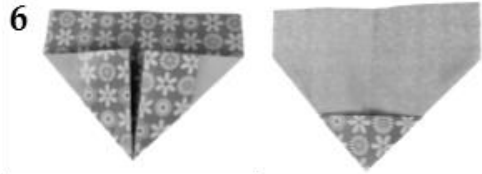
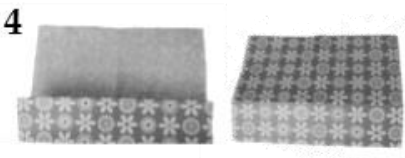
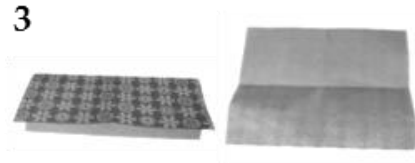
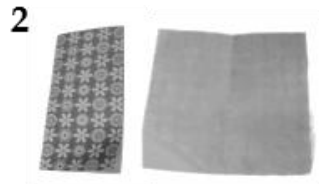
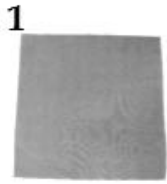
## Origami paper heart

When you know how much God loves you, you want to do what He says all the time!

1. Start with a square sheet of origami paper-6" x 6" is fine. Ideally with color on one side. Start with the back side up.
2. Take the left edge and fold over to the right edge. Make a crease and then unfold.
3. Do the same for the top edge – fold to the bottom edge, crease, unfold.
4. Fold the bottom edge up to the horizontal crease. Then flip the paper over.
5. Fold the bottom corner left edge up to meet the center crease.
6. Fold the bottom corner right edge up to meet the center crease. Flip over.
7. Fold the upper left edge in to meet the center **vertical** crease.
8. Fold the upper right edge in to meet the center vertical crease.
9. Fold the top left corner down to meet the vertical crease.
10. Fold the top right corner down to meet the vertical crease.
11. Fold the top tip to meet the bottom tip – It doesn't fold flat yet.
12. Widen out the left and right flaps that are sticking up and then flatten.
13. Pick up the top layer bottom tip and tuck it into the lower layer bottom pocket.
14. Fold down the top left tip and the top right tip.
15. Fold down the top left tip again and the top right tip again.
16. Flip over and you are done!

If you'd like, you could tuck a little note or a small gift into one of the pockets and give it to someone!

Origami Heart



## Go Play Outside

God's designs are amazing. Look at all of His creation and think about how awesome He is to have been able to make nature look and act how it does. *Be sure to have your Mentor or parent's permission.*

### Inspiring Ideas from Nature for Architectural Arts

- Look at a tree and think about how it stands up
- Visit any natural structures like bee hives, beaver dams, or canyons
- Build a rock tower or go rock climbing
- Make an outdoor shelter with sticks, leaves and vine
- Build a sand castle, snow fort or snowman
- Watch the animals, a sunset, or go camping

### Inspiring Ideas from Inspired Artists

You might consider going to visit any man-made structures like bridges, towers or beautifully structured buildings.

Write about your trip here:

Date: \_\_\_\_\_ Place: \_\_\_\_\_



## Congratulations!

You've finished the Disciple level and your worship art journey is going strong! You may continue on with free art sessions, events, or end this level by making the level-end project found at the back of the book. The next level is the Servant level.

### **Servant Level**

The Servant is called a servant because Jesus teaches us that if you want to be great then you should become a servant. As you advance, you will become humbler and more filled with love for others. Your art not only honors God but unites His family. Jesus prayed we would share in the love He had with the Father. That love unites us all. (John 17:23, 26).

### **Servant Knight**

A Servant Knight is a Servant who is committed to certain "knight-like" characteristics knowing his/her purpose of worshipping God.

Once again, congratulations on your completion of the Disciple level! What was your favorite art project?

**Mentor Note:** All seven worship art categories have been covered. If you choose to do free art sessions, let your children choose which categories they want to create art in. Let them decide which ones they like and provide materials for that. In some cases they may bring their own materials. Such as one who plays an instrument would, most likely, bring their own instrument.

Keep in mind that some of the artwork at these sessions will be spontaneous, but some of it can be pre-planned, at least partially. Your child might know a song they want to sing or a skit to act out that fits the theme. They might want to prepare a snack ahead of time, or have an idea for a painting, story, or sculpture. Allow your child to think ahead if he wants to, or be spontaneous. If things don't work out as planned, that's all a part of learning what works and what doesn't. We don't want them to be afraid to make mistakes! They will learn from them and get better.

You may know the areas your children are gifted in and you can encourage them to a certain degree, but ultimately they have to discover that for themselves. Let them explore several options and keep praying for them. Their gift will rise to the surface!

**Materials for free art time** could include things like:

- Dance scarves, flags, hats, costumes, (performing arts)
- Drawing & painting supplies, (visual arts)
- Bibles, paper, pens/pencils, (literary arts)
- Musical instruments – shakers, drums, (audio arts)
- Recipes or ingredients for them to prepare snacks (to eat and share during a discussion time at the end), (culinary arts)
- Clay, jewelry materials, any kind of craft materials, (sculpture arts)
- Sand, blocks, origami, spirograph (architectural arts).

Try not to have pre-packaged projects which show you what it is “supposed” to look like when they are done. Instead, have materials that require them to use their own imagination and help them bring their own idea to life.

**Mentor Note:** For free art time, read the suggested ideas for each category to be sure you have the materials you need. You might consider adding new materials each session to give them new ideas. Try not to fall into the rut of having only the same materials available, add something fresh! On the other hand, they might look forward to practicing in a particular category and expression so you want to keep those materials available. Ask the Lord to help you see the gifts and calling of your children so you can be a part of helping them prepare for it.

## Free Art Sessions

On the next few pages are themes and ideas for free art time. These are sessions where you choose the category of art you want to work in with the materials your Mentor has available. If you ever have your own idea, you might want to bring your own materials! Talk to your Mentor about how to do it.

**Free Art Time**  
**Scripture: The Lord Our Rock**

**2 Samuel 22:1-3**

**<sup>1</sup> And David spoke the words of this song to the Lord in the day that the Lord delivered him from the hand of all his enemies and from the hand of Saul. <sup>2</sup> He said,**

**“The Lord is my rock and my fortress and my deliverer;  
<sup>3</sup> My God, my rock, in whom I take refuge,  
My shield and the horn of my salvation, my stronghold and my refuge;  
My savior, You save me from violence.**

What is the Lord showing you through this Scripture?

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**Free Art Time**  
**Ideas: The Lord Our Rock**

Here are some ideas based on today's Scripture:

**Performing arts** – do a dance or a skit about a large rock – or even about the earth as a big huge rock.

**Visual arts** – can you paint a picture of a rock or include a small rock somewhere – anywhere in your painting? Or do some rock painting.

**Literary arts** – write about different types of rocks – big and small, rugged or smooth, colorful or gray. Or the earth as one big rock made up of smaller ones. Make it a story, poem or just your thoughts.

**Audio arts** – use rocks to make a sound. Use a variety of objects along with it for different sounds.

**Culinary arts** – can you make a snack that looks like a rock? Or serve a snack on a stone tray.

**Sculpture arts** – make a sculpture with a rock as the main focus. Or use many small rocks together.

**Architectural arts** – display rock and sand inside a glass jar, or rock and water.

**Describe your art project or tape a picture here:**

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**Free Art Time**  
**Scripture: His Open Hand**

**Psalm 145:15-16**

**<sup>15</sup> The eyes of all look to You,  
And You give them their food in due time.  
<sup>16</sup> You open Your hand  
And satisfy the desire of every living thing.**

What is the Lord showing you through this Scripture?

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**Free Art Time**  
**Ideas: His Open Hand**

Here are some ideas based on today's Scripture:

**Performing arts** – a dance or skit called: "Looking to You" or "Opening Your Hand."

**Visual arts** – paint or draw eyes, food, an open hand, or a hand full of good things.

**Literary arts** – a story, poem or song called "I look to You" or "You satisfy" or "The Open Hand" or "In Due Time" or "Every Living Thing."

**Audio arts** – make a sound or a song called "Look!" or "A Finger at a Time" or "Satisfied" or "It's Time!"

**Culinary arts** – make a snack and give it a name like "Food in Due Time" or "The Open Hand" or "You Give" or "Satisfied Desire," then explain why you called it that.

**Sculpture arts** – make something and call it "Looking Eyes" or "Hand that Feeds" or "Seed to Harvest" or "Time to Eat" or "Every Living Thing" or "The Full Basket"

**Architectural arts** – make a basket for food, or a sundial.

**Describe your art project or tape a picture here:**

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**Free Art Time**  
**Scripture: Sweeter than Honey!**

**Psalm 119:103**

**How sweet are Your words to my taste! Yes sweeter than honey to my mouth!**

What is the Lord showing you through this Scripture?

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**Free Art Time**  
**Ideas: Sweeter than Honey!**

Here are some ideas based on today's Scripture:

**Performing arts**—you might do a dance or a skit about tasting the Bible and mistaking it for honey.

**Visual arts**—paint a beehive or bees coming out of Bible. Or make a picture that is the color of honey.

**Literary arts**—write about any of the above—honey, bees, or beehives and how they are like God's Words. Make it a story, poem or just your thoughts.

**Audio arts**—What kind of "sweet" sounds can you make? Are there sounds you can make that sound sticky or gooey?

**Culinary arts**—make a snack that includes honey. Have other honey-colored snacks with it.

**Sculpture arts**—make a sculpture or craft with a bee or beehive as the main part.

**Architectural arts**—draw a beehive while paying attention to the design and how it helps the function of the beehive.

**Describe your art project or tape a picture here:**

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**Free Art Time**  
**Scripture: Never Thirsty!**

**John 4:13-14**

**Jesus answered and said to her, "Everyone who drinks of this water will thirst again; but whoever drinks of the water that I will give him shall never thirst; but the water that I will give him will become in him a well of water springing up to eternal life."**

What is the Lord showing you through this Scripture?

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**Free Art Time**  
**Ideas: Never Thirsty!**

Here are some ideas based on today's Scripture:

**Performing arts** – act out the story of Jesus and the woman at the well. Or do a dance about springs of living water with different shades of blue ribbons.

**Visual arts** – draw or paint a picture of water in any form, a well or a river or spring of water.

**Literary arts** – write a story or poem about a well of water that springs up. Make a surprise ending about eternal life or Jesus.

**Audio arts** – sing a song about being thirsty, or make music using different kinds of drinking utensils – cups, straws, pitchers etc.

**Culinary arts** – can you make a dish that has one or more forms of water--liquid, ice and steam? Or make a yummy thirst-quenching drink.

**Sculpture arts** – make a craft or sculpture of a well. Add your own unique decorations.

**Architectural arts** – make a project with items that sink and float in water. Or just experiment with what sinks and floats.

**Describe your art project or tape a picture here:**

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## Go Play Outside

Here is a summary of all seven categories for a Go Play Outside field trip.

- **Performing Arts:** Lay on your back for a while and watch the movement of nature – trees, birds, animals, clouds, water, anything the wind blows etc. Then imitate those movements in your own dance. You could also pose as different still objects, such as pine cones, rocks or flowers. Your Mentor could take pictures or video tape!
- **Visual Arts:** Sit in a peaceful, comfortable place and draw a picture of any of the above objects while at the park.
- **Literary Arts:** While at the park, sit in a peaceful, comfortable place and read the Bible, or write about any of the above objects.
- **Culinary Arts:** Bring a picnic lunch to the park with as many garden foods as you can think of – fruits and vegetables.
- **Audio Arts:** Make music or sound with any of the objects you find in nature – sticks, rocks, or any of the objects listed above. Imitate the bird's songs.
- **Sculpture Arts:** Make all kinds of different sculptures using any of the objects listed above.
- **Architectural Arts:** Make any kind of structure with any of the objects listed above or anything you find in nature.

Tape pictures of your trip here:

## Inspiring Ideas from Inspired Artists

Of course it's best to learn from nature which is what the Master Artist—God—created Himself. However, it may be inspiring to see and experience what other artists have created, especially those who are God's people and have been inspired by the Spirit of God themselves.

- **Performing Arts:** Go to the theater—watch a performance like a play or dance.
- **Visual Arts:** Go to an art museum and look at pictures or photographs that other artists have made.
- **Literary Arts:** Go to a library and read books other literary artists have made, like classical stories. Or find a subject you really like and study about it. Visit a creation museum and think about what happened when God spoke.
- **Audio Arts:** Go to a concert or opera.
- **Culinary Arts:** Go to a fine restaurant, garden or farm.
- **Sculpture Arts:** Go to an art museum or look for sculpted art in a city.
- **Architectural Arts:** Visit any man-made structures like bridges, towers or beautifully structured buildings.

Tape pictures of your trip here:



## Worship Arts Outside Event

An outside event could be any kind of event you can think of! It could be an event where you perform or display your art. You could also go on a prayer walk. It could be a “secret” prayer walk through your neighborhood, a mall, a park, or anywhere. On a secret prayer walk you walk around praying for people, maybe for God to open the heavens over that area and touch people with His love. No one knows what you are doing! (Except your Mentor who will help you with this). You could also volunteer at places like a soup kitchen to help poor people, a food pantry, or at your church. You could visit a nursing home. There are many opportunities. Ask the Lord to show you some ideas, His are always the best – they are life-giving.

An outside event will help you get used to doing things for other people in your community, and to hear from the Lord about how He wants you to touch people with His love. You will also learn to work as a team with your Mentor and group.

Date of Event:

Description of Event:

Location:

Contact Person:

Details of Event:





## Worship Arts

# Yearly Feast Event

The yearly feast is held in the fall around September or October. This is when the Bible says the Feast of the Tabernacles was held. This was a feast that God told His people to have every year. They did it to celebrate all the good things He gave them. You can get some ideas about what to do at a yearly feast by reading what God told the Israelites to do at the Feast of the Tabernacles. You can read about it in Deuteronomy 16 and Leviticus 23:33-44.

Some things you can do based on the Biblical feast are:

Pray and ask God what to do and where to have it.

Have it on a day when no one has to work.

Invite your family, friends, even the poor, fatherless and widows.

Have an offering or raise money for the poor.

Gather branches to use for worship and decoration.

Give an offering to the Lord.

Have good food to celebrate that God gives us good food.

Have a time of celebration – music/worship/dance.

You could have a worship art performance or art displays.

Have art booths where you make art projects.

Have communion to remember Jesus and what He did for us.

Have a time to share and talk about the good things God has done for you.

Have a “bell race.” In Zechariah 14:20 they put bells on the horses at the feast of the tabernacles. The bells had “Holy to the Lord” written on them. You can wear bells and have a race. This could be one way to raise money for the poor.

You don't have to do all the things listed here, but the more you do, the more fun it will be. Of course, you will need your Mentor's help to plan, invite people and buy all the things you need.

## Sample Schedule of a Yearly Feast

Copy this page as needed

Date: \_\_\_\_\_ Theme: \_\_\_\_\_

Scripture: \_\_\_\_\_

Location: \_\_\_\_\_ Time: \_\_\_\_\_

### Specify who is in charge of:

Decorations: \_\_\_\_\_

*(Locally grown branches, plants, theme-related place settings, centerpieces, etc.)*

Worship Art Displays: \_\_\_\_\_

*(Displays some of your art projects on tables or booths)*

Music: \_\_\_\_\_

*(Whether live or recorded)*

Opening: \_\_\_\_\_

*(Sounding of the Shofar, prayer, etc.)*

Art projects: \_\_\_\_\_

*(Art materials available in various categories for all guests to create art)*

Appetizers: \_\_\_\_\_

Bell Trot: \_\_\_\_\_

*(Zechariah 14:20, a walk or "trot" with participants wearing bells inscribed Holy to the Lord)*

Worship Art performance: \_\_\_\_\_

*(For everyone to participate you could have a drum circle or a Blue Ribbon Dance. Or have your group do a performance like a skit, dance, Alpha Round etc. The Alpha Round is briefly mentioned in the Guidebook, and described in detail in the Servant's Book).*

Dinner: \_\_\_\_\_

Testimonials: \_\_\_\_\_

*(Have "object" testimonials where people bring an object or art project to share, or open it to anyone who wants to give a testimony to God's goodness)*

Communion: \_\_\_\_\_

Dessert: \_\_\_\_\_

Check out our website for ideas too! [Bibleseed.org](http://Bibleseed.org)

## Level-End Project Idea

Create a wearable art project to remind you of your Disciple level worship art practice. Make a beaded wristband where each bead represents an art project, field trip, or event you created or participated in. Each worship art category is assigned a color, so use that color of bead to represent your art project in that category. Then choose other beads to represent your session one project, field trips, and events.



Sample wristband using gemstone chips for the worship art projects and a variety of other beads – wooden, horn, and limestone.

Write down what each bead represents in your wristband:

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