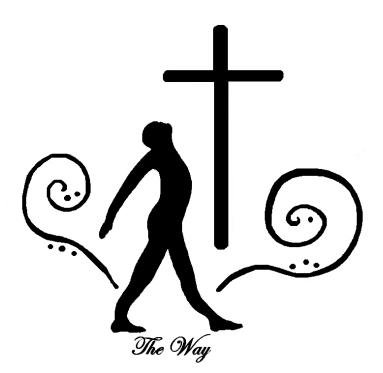
Introduction to

Worship Arts

For Kids

Servant Level

art that worships...be the art



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Introductory Note

As a Servant, your worship art becomes less about following this book and more about what the Lord is leading you to do. This level has twelve sessions which are set up like free art sessions. Each session has a Scripture theme and art suggestions for each of the seven categories. The Scriptures are the "Alpha Round" Scriptures which is explained in the Alpha Round section.

After you finish the twelve sessions, you might consider continuing your worship art practice. If you are in a group that likes the same kind of art you could form a theater group, musical band, book club, cooking group etc. You could bring art to nursing homes or hospitals. You could practice and perform an Alpha Round. You could raise money for a charitable organization. Your art could lead to an occupation, a ministry, or bless people in any number of ways.

I encourage you to earn the Servant Knight designation. Information on what this is can be found in the Servant Knight section of this book. It's a great way to top off your worship art practice!

If you've held any events (yearly feast or outside event) that have gone well, you may consider making them annual events.

Consider two things you may wish to create at your sessions:

- 1. Create an **atmosphere** (through music, fragrance, dance, words etc.)
- 2. Create an **object** (painting, snack, sculpture etc.)

Remember, even if you do not have an "object" to take home, releasing an artistic expression of worship is a beautiful gift to the Lord. It may not be tangible in the physical realm, but it is in the spiritual realm. It may also be prophetic or intercessory.

Enjoy the rest of your worship art journey!

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Scriptures

These Scriptures talk about being a servant of the Lord's. The "greatest" in the kingdom of heaven is someone who serves others. However, Jesus also calls us His friends.

"But Jesus called them to Himself and said, "You know that the rulers of the Gentiles lord it over them, and *their* great men exercise authority over them. It is not this way among you, but whoever wishes to become great among you shall be your **servant**, and whoever wishes to be first among you shall be your slave;"" (Matthew 20:25-27).

"Sitting down, He called the twelve and said to them, "If anyone wants to be first, he shall be last of all and **servant** of all."" (Mark 9:35).

"Act as free men, and do not use your freedom as a covering for evil, but *use it* as **bondslaves** of God." (1 Peter 2:16).

"If anyone serves Me, he must follow Me; and where I am, there My **servant** will be also; if anyone serves Me, the Father will honor him." (John 12:26).

"Greater love has no one than this, that one lay down his life for his friends. You are My friends if you do what I command you. No longer do I call you slaves, for the slave does not know what his master is doing; but I have called you **friends**, for all things that I have heard from My Father I have made known to you. You did not choose Me but I chose you, and appointed you that you would go and bear fruit, and *that* your fruit would remain, so that whatever you ask of the Father in My name He may give to you. This I command you, that you love one another." (John 15:13-17).

"Jesus answered him, "It is written, 'You shall worship the Lord your God and serve Him only.'" (Luke 4:8).

"There will no longer be any curse; and the throne of God and of the Lamb will be in it, and His **bond-servants** will serve Him;" (Revelation 22:3).

Introduction to the Servant Level art that worships...be the art

Why do we call this level "Servant?"

The Servant is so called because Jesus said that whoever is to be great among you should be servant of all. (See Matthew 20:25-27, Mark 9:35). As you grow in the Lord, your level of humility, love, and service will shine more and more. A Servant will do anything God asks. However, we are not the kind of slaves that have to be forced by God to serve Him. We choose to serve Him because we love Him, and we love Him because He loved us first (1 John 4:19). Jesus said this kind of relationship is a friendship. You can be friends with God! (John 15:14). As you spend time with Him, you will begin to think like Him, and work with Him to build His kingdom. You can be a partner with your heavenly Father, and He will answer your prayers. (John 15:12-17).

Whatever you do – your art, your work, your hobbies, etc. – can honor the Lord and affect the world around you. You can have amazing times with the Lord in your life, and you can help others to do that too. There's more going on in the world than what you see with your natural eyes. There's a spiritual world where all of heaven wants you to find your purpose in life and have joy in doing it! If you let Him, the Lord will sculpt you into who you are meant to be – art that worships…be the art.

Servant Level Sessions

Your sessions at this level are like the free art sessions at the Follower and Disciple level. You choose which category of art you want to work in. There are twelve sessions in this book which give a Scripture theme and art ideas in each category. After you are done with this level, you can keep holding art sessions of your own! If you are in a group, your sessions could become:

- A dance or theatre group
- A group of painters, sketch artists or photographers
- A book or writing club, or a Bible study group
- A musical group
- A cooking or gardening group
- A craft group pottery, leather, jewelry etc.
- A club of some type that makes art to reach out to the community
- Any combination of the above!

Of course, it's fun to have a mixture of gifts, but a worship art group could also be a group of people who like the same kind of art.

Think about what you will do with your art projects. Will you keep it to look at, or maybe to remind you of something? Will you use it or wear it? Will you give it away to someone? Will this kind of art be something you might do as a job one day? How can your art be a blessing to your family, your church, or your community?

Servant Knight

At the Servant level, you can earn the Servant Knight designation. You've come this far and becoming a Servant Knight is a way to top it all off. In the back of this book there is a description of what a Servant Knight is and how to become one.

Alpha Round

The Alpha Round is something your group can do together even if you all like different types of art. It's like a routine, or a performance that you do together. More information about what it is and how to do it is found in the Alpha Round section of this book.

I pray you grow closer to the Lord every day, continue to create "art that worships" and "be the art" you are destined to be! Your worship art journey is not over, there's much more to come! Be creative! Use your imagination! The Holy Spirit will help you if you ask.

Rose Murdock

Worship Art Categories

Category:

III.

Expression:

dance, acrobatics

- I. **Performing Arts:** Color: Red Grace: Serving
- II. Visual Arts: Color: Yellow Grace: Prophecy

spoken literature, storytelling film, video drawing, painting, chalk

theater, drama, opera, mime

- still and video photography, scrapbooking computer graphics
- Literary Arts:written stories, books, poetry, songs, psalmsColor: Purplescripts, sermons,Grace: Teachingblogs, journals
- IV. **Audio Arts:** Color: Dark Blue Grace: Exhortation

V. **Culinary Arts:** Color: Green Grace: Giving

VI. **Sculpture Arts:** Color: Orange Grace: Mercy

VII. Architectural Arts:

Color: Light Blue

Grace: Leadership

music, instruments singing making sound & rhythms listening and recording sound & rhythms lights and frequencies

- food preparation, cooking, food art nutritional studies gardening fragrance-essential oils
- crafts, wood, stone, metal, leather, clay, jewelry knitting, fabric, clothing
 - design & construction building, landscape, furniture interior design

restoration, organization, planning, de-cluttering paper folding or cutting, geometric design



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This is not a complete list, but just a sample of the many art forms that are as numerous as you can imagine!

Grace Gifts and the Worship Art Categories

Prophecy: Visual Arts

Visual art is about seeing an image. Prophecy sees into the spiritual realm. God may give a prophetic message through visual art.

Service: Performing Arts

This word is often used to describe a minister. In performing art someone is "on a stage" giving examples that bring a message to the people.

Teaching: Literary Arts

A teacher and a literary artist have everything in common. They both are students that love learning and love teaching what they've learned to others. They love it when people learn from their message, and they use language to make their point.

Exhortation: Audio Arts

An exhorter won't be quiet about what needs to be said and feels their message must be heard. An audio artist releases sound as well. When working with lights, he illuminates others.

Giving: Culinary Arts

A culinary artist is one who enjoys giving of themselves through their gift to feed others. They help meet a basic need and are happy to do so.

Leadership: Architectural Arts

A leader knows all about building, foundations, and taking on projects. A leader knows he can't build without the Lord, His wisdom and plans. Architectural artists carry the same organizational type thinking.

Mercy: Sculpture Arts

A sculpture artist likes to create with their hands, much like mercy which is not afraid to touch a person with what they need to create something beautiful in their life. They work to see Christ formed in others, or in their work.

The Worship Art Walk

Notice how each category of art is like our walk with the Lord:

- Like the **performing artist**, we always want to **move** towards Jesus. We dance with Him and for Him, wanting everything we do to make Him happy.
- Like the **visual artist**, we **see** things. Our eyes are opened to spiritual things especially to Jesus. He gets our attention.
- Like the **literary artist**, we want to **learn** more. We study, we read the Bible, and we learn as much about Him as we can.
- Like the **audio artist**, we **rejoice** because of Jesus. We celebrate, praise and worship Him!
- Like the **culinary artist**, we **taste** and see that God is good. We realize that there is no one like Him. Nothing else is good like He's good. We don't want what's "bad" anymore.
- Like the **sculpture artist**, we find our purpose. We allow the Lord to **sculpt** us, and make us into something awesome.
- Like the **architectural artist**, we become a **place** for Him to stay and live. He's been with us already, but we want to be a place of rest for Him, and to rest in Him ourselves. We want to talk and hang out with Him every day.

Category Summary

A quick reminder of what each category of art is about.

Performing Arts

For a performing arts project, think up movements for a **dance** routine. Keep practicing it so you memorize it. Or, you can make it up as you go along, without learning it ahead of time or memorizing it. A performing arts project can also be **telling a story**—use different voice and sound effects to make it really interesting. A performing arts project can also be a **skit**, which is a story acted out. Any of this could be recorded in video.

Visual Arts

Use your imagination to "see" beyond what you see in front of you. Ask God to show you more than what you can see. Look with your spiritual eyes to see new and different **shapes**, **lines** and **colors**. Scenes from **nature** or from **heaven**. It could be a drawing, painting, taking pictures, or videos.

Literary Arts

A literary arts project could be a story — true or fiction. It could be a book, blog, poem, song, or a Bible study. It could end up being acted out in a skit, video, or play. Whether it's a true story or not, a literary arts project will help people understand truth. It never leads people away from truth into lies or deception.

Audio Arts

Listen with your spiritual ears to hear a sound from heaven. This sound can be played on an instrument, or on items you have around your house (like spoons etc.). An audio arts project can be a song you've learned from someone else or written yourself. You could also do a light show for an audio arts project because light and sound are both forms of energy. In an audio arts project, listen for a sound from the Spirit—a beat, rhythm, song, pattern, or even a God filled moment of silence, and bring it here into our natural world.

Culinary Arts

Culinary art is about food and fragrances. *Good* food and fragrances, not junk food! A culinary art project helps bring people together in happiness. Talking and laughing around a meal or snack helps us get to know each other better. A culinary art project can also be making fragrances with essential oils. Perfume, lotion, soap, etc. can represent

worship to the Lord, or other spiritual truths.

Sculpture Arts

A sculpture art project is making something out of anything. It could be clay, leather, metal, wood, fabric, wax, or anything you have around your house. It might be something you can use (like a salt shaker) or it might be something you look at that reminds you of something or makes you think (like a statue). As you create a project while allowing the creativity God has put in you to flow out, then your art projects will be full of life.

Architectural Arts

Architectural art is about planning, building, or organizing. Your project could be things like sand art, paper cutting or folding, balloon sculpting or mini-building projects. It could also be a club or group formed for a certain purpose. You could have other gifts too that go along with an architectural arts project. For example, if you lead a theatre group, you are a performing artist (because of acting) and an architectural artist (because of leading).

Remember, no matter what the category, your art doesn't have to look "religious" to be spiritual. Allow the gifts God has given you to create something unique. Because it is born in your heart of worship to Him, it will be full of life, and carry that life to others.

Session One Theme God's Alarm Clock

"...Awake, sleeper, and arise from the dead, and Christ will shine on you." (Ephesians 5:14)

God is calling us to wake up! To get up out of a dark place of sin, and not knowing Jesus, and into the light where Jesus is! Before starting your art, think about this Scripture and listen to what God is saying to you.

Worship Art Ideas

Performing arts – Act out Jesus' resurrection or your own "waking up" and seeing Jesus (or both). You could also act out chains of sin breaking off of you. You could learn #1 of the Alpha Round movements. (Found in the Alpha Round section of this book).

Visual arts – Draw or paint alarm clocks, or any kind of clocks; or something about time, pictures of people or animals with open or closed eyes; or the sun shining.

Literary arts – Write about sunsets, midnight, dawn or daybreak. You could also write about the joy of being alive, awake, and alert and how that is different from the agony of darkness, death, and deception. You could memorize today's Scripture which is also the Alpha Round Scripture #1.

Audio arts – Do something with bells, trumpets, bugles, whistles – noisy and annoying alarms; you might contrast them with a peaceful call of God through His Word, His voice, and His Spirit.

Culinary arts – Make something with oranges, grapefruits, or breakfast foods or spices.

Sculpture arts – Make something about creation, which is when the very first man woke up. Or, the very first sunrise.

Architectural arts – Make a project with orbits, cycles, or seasons. Or how to get unstuck from a rut or a trap.

Another Idea: Imagine

Begin daydreaming. Picture someone waking up from the dead. Imagine the light of Jesus shining on them. Then, allow your imagination to go wherever it does, & make an art project about it in whatever category of art you want. When you are done, ask the Lord what it all means.

Session Two Theme

Message of the Cross

"I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me." (Galatians 2:20)

To be crucified means to die on a cross. Jesus died on the cross for us, and we are "crucified" with Him when we choose to follow Him, even when it's hard. Before starting your art, think about this Scripture and listen to what God is saying to you.

Worship Art Ideas

Performing arts – Do a skit or dance about following Jesus through a tough path, or about your faith guiding you through trouble or danger. You could learn #2 of the Alpha Round movements. (Found in the Alpha Round section of this book).

Visual arts – Draw anything about a cross or staying on the right path. A crossroad or intersection.

Literary arts – Look up the meaning of the word "crucified" and write about it. Who else was crucified in Bible times? You could memorize today's Scripture which is also the Alpha Round Scripture #2.

Audio arts – Write or sing a song about believing in Jesus, His death, or the love of God.

Culinary arts – The fragrance of myrrh represents death. You could make a spritz or bath salt of myrrh. Design a label to go with it.

Sculpture arts – Make something with crosses, leather, nails, thorns, pieces of silver etc.

Architectural arts – Make a project about God's plan to send Jesus. Do it as a sketch, a timeline, or a blueprint.

Another Idea: Act Out

Act out a skit to a song that carries a message about following the Lord and the sacrifices that might bring. Don't forget to videotape it!

Session Three Theme Heart Transplant

"...I will give you a new heart and put a new spirit within you; and I will remove the heart of stone from your flesh and give you a heart of flesh." (Ezekiel 36:26)

To have God's Spirit in you is the highest honor! He takes away your old stony heart and gives you a new, soft heart! Before starting your art, think about this Scripture and listen to what God is saying to you.

Worship Art Ideas

Performing arts – Act out a skit of a heart transplant – the old stony heart being replaced by a new soft, living one. Sprinkle seeds of God's Word over the person as a final touch! Yyou could learn #3 of the Alpha Round movements. (Found in the Alpha Round section of this book).

Visual arts – All kinds of hearts – old and new, alive and dead, sick and healthy, strong and weak.

Literary arts – Write about an empty heart – no life, a numb feeling – and then the new heart comes! Describe the feeling. You could memorize today's Scripture which is also the Alpha Round Scripture #3.

Audio arts – Make heartbeat sounds with whatever kinds of instruments you have, or whatever is in your house. Can you make a sound that sounds like numbness going away?

Culinary arts – Make heart shaped snacks.

Sculpture arts – God placing a new heart within a person. Anything related to new life, or springtime.

Architectural arts – Make paper folding hearts, or a sand project in a heart shaped glass (with a dove inside!)

Another Idea: "flesh" painting

Pick a body part—foot, arm, face, hand etc. and paint it with face paint. Paint hearts, or apply temporary tattoos of hearts, doves, or anything to represent the brand new spirit the Lord gives us when we believe in Him.

Session Four

God's Super Pen

"For this is the covenant that I will make with the house of Israel after those days says the Lord; I will put My laws into their minds, and I will write them on their hearts. And I will be their God, and they shall be My people." (Hebrews 8:10)

God has placed His laws inside of you—written them in your mind and heart forever! Before starting your art, think about this Scripture and listen to what God is saying to you.

Worship Art Ideas

Performing arts – A skit or dance about someone who opens their mind and heart to receive God writing on them. Do something with a super large pen from heaven. You could learn #4 of the Alpha Round movements. (Found in the Alpha Round section of this book).

Visual arts – Draw God writing on our minds and hearts, or paint people shaking hands like they are agreeing to make a deal with each other. Temporary tattoos or face paint.

Literary arts – Write out the Scripture, or Jesus' two commandments in Matthew 22:35-40. Study and explain what a covenant is. You could memorize today's Scripture which is also the Alpha Round Scripture #4.

Audio arts—Make a beat with the sound of a judge's gavel. Or make a sound of His gentle writing within us. Or, the sound of joy as we celebrate Him as our God.

Culinary arts – Make pencil shaped snacks on a Bible-looking platter, or a platter with Scripture on it.

Sculpture arts – Engrave a Scripture onto an object, or make a huge, fancy pen or pencil. (Using clay around a pencil for example). Make it look royal.

Architectural arts – Everything is held together by God's Word. Make a structure using block letters.

Another Idea: Poem Shaping

Write a poem in the shape of whatever it is you are writing about. If you write about a heart, make it so the words look like a heart when you are done. Or like this one, which is in the shape of a short little mushroom.

Session Five Theme

Never Ending Love

"Just as the Father has loved Me, I have also loved you; abide in My love." (John 15:9)

The love of the Father was put in Jesus and now He gives it to us. Allow Him to multiply His love in you! Before starting your art, think about this Scripture and listen to what God is saying to you.

Worship Art Ideas

Performing arts – Make a group skit or dance where a heart is passed around over and over to various people. It never stops, and eventually comes back to the first one who gave it while he/she is experiencing a sad time. You could learn #5 of the Alpha Round movements. (Found in the Alpha Round section of this book).

Visual arts – Draw or paint the love of God that never runs out – it goes on forever. It multiplies as it goes on in time.

Literary arts – A study or writing on the words *abide, infinity,* or *perpetual.* You could memorize today's Scripture which is also the Alpha Round Scripture #5.

Audio arts—Sing a heartfelt song about the love of God for you, and/or your love for Him.

Culinary arts – Create sandwich snacks. We are sandwiched between the love of the Father and Jesus! Or make something with a cookie cutter to "duplicate" His love, and show how it never runs out, it keeps giving forever.

Sculpture arts – Make a model of an object – a heart or anything representing God's love and blessing, so you can duplicate it and make many more.

Architectural arts – Can you set up mirrors in a way to make it appear they go on forever?

Another Idea: You Have a Friend

Make crosses out of craft sticks. Paint them brown and glue them together. On the crosses, write, "You have a friend." Take them to a place where you can freely pass them out to others. Have someone videotape you doing it. Or, do it as a skit of someone leaving crosses at different places and people who are depressed or lonely walk by and see them.

Session Six The Humble Walk

"He has told you, O man, what is good; and what does the Lord require of you but to do justice, to love kindness, and to walk humbly with your God?" (Micah 6:8)

This verse tells us how we can please our Heavenly Father. Before starting your art, think about this Scripture and listen to what God is saying to you.

Worship Art Ideas

Performing arts – What does loving-kindness look like, or justice, or humility? You could work with a literary artist on this one, acting out his/her story. You could learn #6 of the Alpha Round movements. (Found in the Alpha Round section of this book).

Visual arts – Do a photo collage of justice, kindness, and humility. What does a kind person look like?

Literary arts – Focus on the verbs – do, love, walk. Write a funny story about these words. You could narrate it while a performing artist acts it out. You could memorize today's Scripture which is also the Alpha Round Scripture #6.

Audio arts – Create a sound or song titled, "What's Good," or "Required."

Culinary arts – Create a snack and serve it on scales of justice.

Sculpture arts – Scales of justice, with kindness and humility holding the weights.

Architectural arts – Blocks labeled justice, kindness and humility. What do they build?

Another Idea: Nuts & Bolts

From a pile of nuts, bolts, and other hardware, make a sculpture. Use a glue gun or some other creative way to hold them together. After you are done, explain what your thoughts were while you were creating your masterpiece.

Session Seven

Smooth as Silk

"You have turned for me my mourning into dancing; You have loosed my sackcloth and girded me with gladness, That *my* soul may sing praise to You and not be silent. O Lord my God, I will give thanks to you forever." (Psalms 30:11-12)

Sackcloth is rough, like burlap. It's not easy to wear. It's not easy being sad either. Thank God, He's taken away our sadness, and given us gladness instead! Before starting your art, think about this Scripture and listen to what God is saying to you.

Worship Art Ideas

Performing arts – Learn #7 of the Alpha Round movements. (Found in the Alpha Round section of this book). Our Worship Arts logo is from this pose! Throw off the sackcloth and put on gladness! We are no longer sad, but we dance with joy instead!

Visual arts – Draw, paint, or take pictures of happy dancing. Do something different!

Literary arts – Write a poem or story called "The Burlap Bag." Or, memorize today's Scripture. Or, do a study on the word "girded." You could memorize today's Scripture which is also the Alpha Round Scripture #7.

Audio arts – Show the difference between silence and praise, or sadness and praise. Or, learn the song, *This is How We Overcome* by Hillsong.

Culinary arts – Make a snack that is "sad" on one side and "happy" on the other.

Sculpture arts – Show the difference between burlap and silk. Or, make the worship art logo out of clay or some other material.

Architectural arts – Make a "goodness" belt for everyone. ("girded me with gladness").

Another Idea: New Clothes

Paint a t-shirt or decorate a scarf that represents dancing, joy, gladness, singing, and thanksgiving to God. Consider painting our logo onto a piece of clothing or another object.

Session Eight What's Due?

"Ascribe to the Lord the glory due to His name; worship the Lord in holy array." (Psalm 29:2)

Glory is due to the Lord. It's owed to Him. Who pays it? We do! Before starting your art, think about this Scripture and listen to what God is saying to you.

Worship Art Ideas

Performing arts – Do a worship dance with ribbons or banners. You could learn #8 of the Alpha Round movements. (Found in the Alpha Round section of this book).

Visual arts – What does God's glory look like? Ask Him to show you, and how to express that in your art.

Literary arts – Find as many adjectives as you can that describe God. Use them in a poem or story. You could memorize today's Scripture which is also the Alpha Round Scripture #8.

Audio arts – What does the sound of glory sound like to you? Play or sing a song about His glory, and/or giving glory to God.

Culinary arts – What does God's glory smell like? Ask Him to show you, and mix it with essential oils.

Sculpture arts—What would holy array, clothing, look like. Fancy and glittery? Or humble and meek? Or both somehow? Make a "holy" piece of cloth.

Architectural arts – Design a holy garment on paper.

Another Idea: Your own Logo

Make a logo that describes your art group, or you as an individual, that has a hidden or obvious expression of worship to the Lord.

Session Nine

Freedom in Christ

"Therefore there is now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death." (Romans 8:1-2)

God's rules beat the devil's rules every time! Thank God, the blood of Jesus cleanses us. We are forgiven, and the devil has to go! Before starting your art, think about this Scripture and listen to what God is saying to you.

Worship Art Ideas

Performing arts – Act out a court case between the law of the Spirit of life in Jesus vs. the law of sin and death. Record it! You could learn #9 of the Alpha Round movements. (Found in the Alpha Round section of this book).

Visual arts – Make a picture about God's laws or His heavenly courtroom. What does it look like? Ask Him to show you!

Literary arts – Write out a statement that says you are free from sin and death. List all the problems or troubles that have been in your life and say that you are free from them. You could memorize today's Scripture which is also the Alpha Round Scripture #9.

Audio arts – Make a sound of a liberty bell, the sound of freedom.

Culinary arts – Make snacks in the shape of keys, to open the chains of the enemy that tries to keep us tied up.

Sculpture arts – Make a sculpture with a gavel, a justice scale, a broken handcuff, a fresh new heart, keys. You could use any of them, or all of them.

Architectural arts – Pray for each person in your group to experience God's freedom as they work on their art projects.

Another Idea: Paint a Rock

Grab a handful of rocks and ask the Lord for a word, phrase or picture to paint on the rock that will be a blessing to someone. After the rocks dry, pass them out to people or leave them someplace where they will be found.

Session Ten Recognizing

"My sheep hear My voice, and I know them, and they follow Me; and I give eternal life to them, and they will never perish; and no one will snatch them out of My hand." (John 10:27-28)

Did you know that you are a sheep, and Jesus is your Shepherd? This means that you can hear the Lord's voice! Before starting your art, think about this Scripture and listen to what God is saying to you.

Worship Art Ideas

Performing arts – Act out a skit about a person who receives Jesus as savior. When they do, ear plugs fall out, now she/he can hear His voice! You could learn #10 of the Alpha Round movements. (Found in the Alpha Round section of this book).

Visual arts – Make something about sheep, protection from wolves, being in Jesus' hand, or green pastures.

Literary arts – Write out a conversation between you and the Lord. Ask Him to show you something about Him you didn't know. You could memorize today's Scripture which is also the Alpha Round Scripture #10.

Audio arts – Make a recording of all the voices and activities going on. Play it quietly as a background to a tune you play on an instrument.

Culinary arts – Make a snack of sheep with big ears.

Sculpture arts – Make something out of wool, cotton balls, ears, or hands.

Architectural arts – Listen to God and ask Him to tell you something for each person in your group. Then do so verbally, or in an art form.

Another Idea: Drum Circle

Do a drum circle. Remember to have one person be the "heartbeat" (or a recording) which is a very simple drum beat. Everyone else adds their own beat to it, and together you make a very unique sound!

Session Eleven

Who's Your Hero?

"Beloved, now we are children of God, and it has not appeared as yet what we will be. We know that when He appears, we will be like Him, because we will see Him just as He is. And everyone who has this hope *fixed* on Him purifies himself, just as He is pure." (1 John 3:2-3)

Who is your hero? Is it Jesus? Do you hope to be just like Him? If you do, that hope purifies you! It makes you pure **now**, just like He is. It's "hope soap!" Before starting your art, think about this Scripture and listen to what God is saying to you.

Session 11

Worship Art Ideas

Performing arts – Tell a story of someone who hopes for something to happen so much that it does. You could learn #11 of the Alpha Round movements. (Found in the Alpha Round section of this book).

Visual arts – Use a mirror in your painting or drawing to show that we will be like Him when He comes.

Literary arts – Study the words *hope* and *appear*. Write a story about someone Jesus comes to earth to visit. Write a poem called *Hope Soap*. You could memorize today's Scripture which is also the Alpha Round Scripture #11.

Audio arts – Play or sing a song about Jesus as your hero.

Culinary arts – Mix up a fragrance, or make soap, and call it *hope soap*. Or make snacks to look like clouds, or a sky scene, to represent Jesus' return.

Sculpture arts – Make a sculpture using eyeglasses, magnifying glasses, binoculars, a telescope, a microscope etc. to show how we are looking for Jesus.

Architectural arts – Carve an hourglass out of a bar of soap to show that we are *clean* when we hope for the *time* to come that we will see Him and be like Him.

Another Idea: Surprise

Put some random objects in a paper bag. Ask the Lord to guide you and with your eyes closed, pick an object out of the bag. Use that item to make an art project with.

Session Twelve Yoke of Rest

"Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. For My yoke is easy and My burden is light." (Matthew 11:28-30)

Being yoked with Jesus means we are hooked together with Him. This is good! Even though we still have hard times in our life, it's restful to be yoked with Jesus. Before starting your art, think about this Scripture and listen to what God is saying to you.

When finished, describe your project here or tape pictures:

Session 12

Worship Art Ideas

Performing arts – Act out a person switching who they are yoked to – first they are hooked to someone who is lazy, loud, annoying, and always bugging them. Then the person gets unyoked from the annoying person and hooks up with someone who is happy, friendly and peaceful. You could learn #12 of the Alpha Round movements. (Found in the Alpha Round section of this book).

Visual arts – Draw about yokes, being yoked with Jesus, a peaceful face, or Jesus' gentle and humble heart.

Literary arts—Study about yokes, or the word "come." You could memorize today's Scripture which is also the Alpha Round Scripture #12.

Audio arts—Play a restful tone and then an annoying tone. Or something that sounds hard and frustrating, and then easy and peaceful.

Culinary arts – Make a snack that is hooked to another one. So if you take one, you have to take both.

Sculpture arts – Make an actual yoke.

Architectural arts – Make a very light scarf for each one in your group to take home. Decorate or write on each one, making it a specific, encouraging word to the person you're giving it to.

Another Idea: Think Ahead

Create a project that you can display at your next yearly feast, or an outside event.

Congratulations!

You've finished the Servant level! Would you like to continue your worship art journey? If so, talk to your Mentor about continuing your sessions. Come up with your own themes and art ideas. If you are in a group, come up with a name for your group. What kind of art group are you? Do you all like the same category of art, or do you all like to do something different? Design your own *coat of arms* that fits your group.

Servant Knight

Now that you have completed your Servant level, the Servant Knight designation is something you can work towards. A Servant Knight is a Servant who is committed to certain "knight-like" characteristics knowing his/her purpose of worshipping God. Check out the Servant Knight section of this book for more information.

Alpha Round

Take a look at the Alpha Round section of this book and see if it's something your group wants to perform.

Don't forget about the Go Play Outside field trips or events!

Once again, congratulations on your completion of the Servant level! What was your favorite art project?

Go Play Outside

Don't forget to take some field trips!

- **Performing Arts**: Lay on your back for a while and watch the movement of nature trees, birds, animals, clouds, water, anything the wind blows etc. Then imitate those movements in your own dance. You could also pose as different still objects, such as pine cones, rocks or flowers. Your Mentor could take pictures or video tape!
- **Visual Arts**: Sit in a peaceful, comfortable place and draw a picture of any of the above objects while at the park.
- Literary Arts: While at the park, sit in a peaceful, comfortable place and read the Bible, or write about any of the above objects.
- **Culinary Arts:** Bring a picnic lunch to the park with as many garden foods as you can think of fruits and vegetables.
- Audio Arts: Make music or sound with any of the objects you find in nature sticks, rocks, or any of the objects listed above. Imitate the bird's songs.
- **Sculpture Arts:** Make all kinds of different sculptures using any of the objects listed above.
- Architectural Arts: Make any kind of structure with any of the objects listed above or anything you find in nature.

Inspiring Ideas from Inspired Artists

See what other artists have created.

- **Performing Arts**: Go to the theater watch a performance like a play or dance.
- **Visual Arts:** Go to an art museum and look at pictures or photographs that other artists have made.
- Literary Arts: Go to a library and read books other literary artists have made, like classical stories. Or find a subject you really like and study about it. Visit a creation museum and think about what happened when God spoke.
- Audio Arts: Go to a concert or opera.
- **Culinary Arts:** Go to a fine restaurant, garden or farm.
- **Sculpture Arts:** Go to an art museum or look for sculpted art in a city.
- Architectural Arts: Visit any man-made structures like bridges, towers or beautifully structured buildings.

Worship Arts Outside Event

An outside event could be any kind of event you can think of! It could be an event where you perform or display your art. You could also go on a prayer walk. It could be a "secret" prayer walk through your neighborhood, a mall, a park, or anywhere. On a secret prayer walk you walk around praying for people, maybe for God to open the heavens over that area and touch people with His love. No one knows what you are doing! (Except your Mentor who will help you with this). You could also volunteer at places like a soup kitchen to help poor people, a food pantry, or at your church. You could visit a nursing home. There are many opportunities. Ask the Lord to show you some ideas, His are always the best – they are life-giving.

An outside event will help you get used to doing things for other people in your community, and to hear from the Lord about how He wants you to touch people with His love. You will also learn to work as a team with your Mentor and group.

Date of Event:
Description of Event:
Location:
Contact Person:
Details of Event:

Worship Arts Yearly Feast Event

The yearly feast is held in the fall around September or October. This is when the Bible says the Feast of the Tabernacles was held. This was a feast that God told His people to have every year. They did it to celebrate all the good things He gave them. You can get some ideas about what to do at a yearly feast by reading what God told the Israelites to do at the Feast of the Tabernacles. You can read about it in Deuteronomy 16 and Leviticus 23:33-44.

Some things you can do based on the Biblical feast are:

Pray and ask God what to do and where to have it.

Have it on a day when no one has to work.

Invite your family, friends, even the poor, fatherless and widows.

Have an offering or raise money for the poor.

Gather branches to use for worship and decoration.

Give an offering to the Lord.

Have good food to celebrate that God gives us good food.

Have a time of celebration – music/worship/dance.

You could have a worship art performance or art displays.

Have art booths where you make art projects.

Have communion to remember Jesus and what He did for us.

Have a time to share and talk about the good things God has done for you.

Have a "bell race." In Zechariah 14:20 they put bells on the horses at the feast of the tabernacles. The bells had "Holy to the Lord" written on them. You can wear bells and have a race. This could be one way to raise money for the poor.

You don't have to do all the things listed here, but the more you do, the more fun it will be. Of course, you will need your Mentor's help to plan, invite people and buy all the things you need.

Sample Schedule of a Yearly Feast Copy this page as needed

Date:	Theme:	
-		
Specify who is in cha	rge of:	
Decorations: (Locally grown branches, place)	nts, theme-related place settings, centerpieces, etc	c.)
Worship Art Displays (Displays some of your art pr	ojects on tables or booths)	
Music: (Whether live or recorded)		
Opening: (Sounding of the Shofar, pray	ier, etc.)	
Art projects:(Art materials available in va	rious categories for all guests to create art)	
Appetizers:		
	trot" with participants wearing bells inscribed H	
	nce:	
Dinner:		
	vhere people bring an object or art project to shar dness)	
Communion:		
Dessert:		

Check out our website for ideas too! Bibleseed.org

Servant Knight

A Servant Knight is a Knight of Worship. It's someone who has gone through the three levels of Follower, Disciple, and Servant and is happy to serve and worship God. A Servant Knight is...

- Loyal to Jesus, the King of Kings, and stands up for Him and His Word.
- Seeking skill and the anointing of the Holy Spirit in their God-given gifts.
- Courageous and willing to engage in spiritual warfare against the spiritual enemies of the Lord.
- One who is filled with love & humility, serving and praying for others.
- Righteous and holy, with evidence of the fruit of the Spirit in their life.
- Defends the poor and oppressed.
- A seeker of truth, who prefers truth over pleasure.

A little about knights...¹

The description of a knight changed over several centuries. Some say they started as early as the 8th century, others say not until the 11th century. Knights as we commonly think of them today, were the ones who lived around the 10th-14th century--or around the High Middle Ages. We will talk about their motivation, character, and duties during that period of time. Knights were mounted soldiers. In the beginning they were not Christian. You might say they started as warriors without a cause. They would fight, but not for good reason.

- Land/Region: In the middle ages, a lord would offer land to a vassal in exchange for loyalty and military protection. Knights would be hired to protect the land, or sometimes, knights would receive land themselves if they promised to be loyal. Eventually, many knights just became professional soldiers.
- **Christian:** In the 11th century, knights were introduced to the idea of fighting as believers against the enemies of God, those who were attacking both Jews and Christians.
- **Character:** Knights followed a Code of Chivalry—which meant they followed faith, truth, bravery, loyalty, generosity, courtesy and protecting the weak.

- Armor: As warriors, a knight's armor was important, and changed as technology did.
- **Training:** Knights went through a formal knighting ceremony after having gone through a long training period. They began as a page, then became a squire, and finally they would be "knighted."
- Artistic: Many knights became troubadours—which are poets and singers sometimes they became "performers."

The Servant Knight: A Servant Knight in this worship art practice is one who realizes the Lord keeps him/her out of darkness and in His kingdom of light, just like the knights who came out of barbaric behavior and ended up fighting for the Lord. The Servant Knight is one who loves and serves King Jesus—the Lord of all—and is loyal towards Him. He is one who defends the Lord, His Word, and His kingdom. The Servant Knight understands that the Lord loves Him, and loves Him in return.

The Land or Region of Calling: The gifts the Lord gives His people are just like a calling to live in a certain land. God gives people the ability to work in the land He calls them to. When we do what He calls us to, we will "bear fruit" for His kingdom. We help build God's kingdom. Some knights wore armbands to show what land they lived in. Knight colors were usually black, white and red. To identify their family or region they would create a "coat of arms" or a design on a shield.

Armor and Weapons of Warfare: The knight's armor was their own and fitted just for them. Just as David, didn't feel comfortable wearing Saul's armor to fight Goliath, each Servant Knight has their own armor – their own unique combination of gifts – to use in worship and warring for the Lord. (1 Samuel 17:38-40).

Anointing, Experience, Skill and Maturity: Knights were skilled, having gone through much training. A Servant Knight has also spent much time practicing his/her art, having gone through the three levels—Follower, Disciple, and Servant. The Servant Knight's training is not just making art, but learning to worship the Lord, hear the Holy Spirit, and express what he hears through art. Sometimes this is praise, sometimes a prayer, sometimes a blessing to people, and sometimes a way to fight our enemy—the devil. Understanding the weapons needed to fight the devil is very important for a Servant Knight. The ways of the Holy Spirit—love, humility, patience, all the fruit of the Spirit, and of course worship and praise—are weapons that defeat the powers of darkness and advance God's kingdom.

Character of the Spirit: As the knights of old had a Code of Chivalry, so Servant Knights are committed to righteousness. First, they understand that righteousness comes only through Jesus Christ. They are committed to following God's ways of righteousness, and not sinning. The Servant Knight is generous, loves others, is a peacemaker, defends the weak, the poor, the widows and the fatherless. The knight will have respect for authority-including their parents, elders, and the law. A Servant Knight desires to leave a trail of life wherever he goes. He desires the work of his hands to bring healing and freedom to those around him.

When knights were "knighted" it meant that they had a ceremony where they would officially become a knight. A lot of times it was during feasts, holidays or weddings. The knight would kneel before a king, queen, clergy or another knight. With his hand on the Bible he would pledge loyalty. The night before, he would often go through a bathing. He would wear a white garment to represent purity, some say a red robe or cross to symbolize nobility, and the shoes and hose would be black to symbolize death. At the ceremony, a sword and shield would be on the altar, after being blessed by the priest. The knight would spend a long time praying at the altar. He would hear a sermon about the duties of a knight. He would have two sponsors with him, and put his hand on the Bible to take his vows, swearing loyalty to the lord. He would be declared a knight by another knight, or the king, queen or clergy. The lord would present him with a sword and shield and say, "I dub thee Sir Knight." The dubbing was a blow with a hand or the side of the sword to the head, neck or shoulder. A sponsor would put spurs on the knight.

When getting ready to become a Servant Knight, you might consider prayer and fasting the night before, and be baptized if you haven't already.

 Knight study taken from: *The Knight in History*. Copyright © 1984 by Frances Carney Gies Alchin, L.K. Lords and Ladies e.g. Retrieved July 16, 2012 from www.lordsandladies.org

Servant Knight Scriptures

"For the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses. *We are* destroying speculations and every lofty thing raised up against the knowledge of God, and *we are* taking every thought captive to the obedience of Christ," (2 Corinthians 10:4-5).

"Finally, be strong in the Lord and in the strength of His might. Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual *forces* of wickedness in the heavenly *places*. Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm. Stand firm therefore, HAVING GIRDED YOUR LOINS WITH TRUTH, and HAVING PUT ON THE BREASTPLATE OF RIGHTEOUSNESS, and having shod YOUR FEET WITH THE PREPARATION OF THE GOSPEL OF PEACE; in addition to all, taking up the shield of faith with which you will be able to extinguish all the flaming arrows of the evil *one*. And take THE HELMET OF SALVATION, and the sword of the Spirit, which is the word of God. With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints." (Ephesians 6:10-18).

"You therefore, my son, be strong in the grace that is in Christ Jesus. The things which you have heard from me in the presence of many witnesses, entrust these to faithful men who will be able to teach others also. Suffer hardship with *me*, as a good soldier of Christ Jesus. No soldier in active service entangles himself in the affairs of everyday life, so that he may please the one who enlisted him as a soldier." (2 Timothy 2:1-4).

"All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; so that the man of God may be adequate, equipped for every good work." (2 Timothy 3:16-17).

"This command I entrust to you, Timothy, *my* son, in accordance with the prophecies previously made concerning you, that by them you fight the good fight," (1 Timothy 1:18).

"I press on toward the goal for the prize of the upward call of God in Christ Jesus." (Philippians 3:14).

How to become a Servant Knight

A Servant may receive a Servant Knight designation when he/she agrees with the Servant Knight Code and completes the Steps to Knighthood.

The Servant Knight Code:

I believe I was created to love, honor, and worship God, and His Son Jesus Christ.

I desire to be filled with the Holy Spirit and follow Him with all my thoughts and actions. I will not follow evil.

I love the Word of God and hold on strong to His truth, which I can know through the Bible and God's Holy Spirit.

I will be humble and grow in the fruit of the Spirit. I will not be competitive, jealous or critical of others. I want a pure heart.

I will pray often.

I will practice becoming better in my area of worship art, but I will remember that listening to the Holy Spirit is most important.

I will show the love of the Lord towards everyone, and especially hold dear those who believe in Jesus.

I will reach out to all people of the community as guided by the love of the Lord and the anointing of His Spirit to bring deliverance, healing, salvation, freedom, and victory.

Steps to Knighthood

A person who is working on becoming a Servant Knight is called a squire.

- To show that Jesus is the Lord of the squire's life, and that the squire knows he or she was born to worship the Lord Jesus, the squire will write down what it means to follow Jesus and what he remembers about asking Jesus into his heart.
- 2. For instruction, the squire is to read about knights and the Servant Knight Scriptures on pages 49-52 of this book.
- **3**. To show that the Holy Spirit is in the squire's life, he or she will choose three of the fruit of the Spirit from Galatians 5:22-23 and write down how he showed these three fruit in his life recently.

- 4. To show that the squire is a student of the Word of God, he or she will read a chapter from the Bible.
- 5. To show that the squire wants to improve in his or her area of worship art, the squire will complete an art project that was not a part of this practice.
- 6. To show that the squire is a soldier of Christ and is both loyal and brave in prayer, faith or standing up for God and His Word, the squire will tell of a time he or she chose to follow the Lord, worship Him, or obey Him when it was not easy to do so.
- 7. To show that the squire has a love for others, the squire will tell of a recent time he or she served another person, whether serving at home, church or some other act of kindness.
- 8. The squire will complete the form and ask another person to read and sign it as a witness to the squire's signature.



Complete the following to earn your Servant Knight designation

1. To show that Jesus is the Lord of the squire's life, and that the squire knows he or she was born to worship the Lord Jesus, the squire will write down what it means to follow Jesus and what he remembers about asking Jesus into his heart.

Write down what following Jesus means to you and what you remember about asking Jesus into your heart.

2. For instruction, the squire is to read about knights and the Servant Knight Scriptures on pages 49-52 of this book.

 \Box Check when completed

3. To show that the Holy Spirit is in the squire's life, he or she will choose three of the fruit of the Spirit from Galatians 5:22-23 and write down how he or she showed these three fruits in his or her life recently.

First:	
Second:	
Second.	
Third:	

4. To show that the squire is a student of the Word of God, he or she will read one chapter from the Bible.

Write down the date you read the chapter and a little bit of what it's about.

Date completed:		
Scripture:		
What the Scripture is about:		

5. To show that the squire wants to improve in his or her area of worship art, the squire will complete one art project that is not a part of this practice.

Write down the date you completed your project and the category it is in. (performing, visual, literary, audio, culinary, sculpture, or architectural). Describe your project or tape a picture.

Date completed:

Category: Description of Project:

- 6. To show that the squire is a soldier of Christ and is both loyal and brave in prayer, faith and standing up for God and His Word, the squire will tell of a time he or she chose to follow the Lord, worship, or obey Him when it was not easy to do so.
- - 7. To show that the squire has a love for others, the squire will tell of a recent time he or she served another person, whether serving at home, church or some other act of kindness.

8. The squire will complete the form and ask another person to read and sign it as a witness to the squire's signature.

By signing below, I state that I agree to the Servant Knight Code and have completed the steps to knighthood.

Signature:			
Print name:			

Signature of witness:

Print name of witness:

I have read this form and witnessed the squire's signature

Congratulations on becoming a Servant Knight!

The Alpha Round

The Alpha Round is a worship art routine where, ideally, all seven worship art categories are expressed. It's a representation of all the different gifts in the body of Christ working together and worshipping the Lord in unity. Most of it is learned and pre-planned. It can be done with just your group, or in front of people, maybe even leading an audience into worshipping the Lord.

An architectural artist, or leader of your group, will organize and lead the Alpha Round. This will most likely be your Mentor.

An Alpha Round in a group expressing all seven categories may go like this:

The architectural artist will lead the group. He or she will choose a theme, which may be one of the Alpha Round Scriptures. Everyone brings their own instruments/tools/props and makes sure they are set up ahead of time. To start, everyone takes their position on the "stage." There may be more than one person in a category, but you don't have to have all of the categories. This will be up to your group, but whenever possible, try to have someone from each of the seven categories—to represent all of God's people unifying together in worship to Him.

The audio artist is set up towards the back of the stage and starts the round as he/she begins to play. Or you can play a worship song and the audio artist can play his instrument along with the song. As the music begins, the **culinary artist** adds to the worship atmosphere by "spritzing" a worship fragrance.

The culinary artist moves around the stage and then out into the audience, once the Scripture reading starts. He/she may bring dance ribbons or flags with the seven category colors and march or dance around the audience. The culinary artist is back on the stage by the time the Scripture reading is done in order to set the ribbons/flags near the performing artist.

The visual artist begins his/her project right away and will make something that goes along with the theme. It may be *a prophetic expression – what God is saying to the group of people gathered.*

The **sculptural artist** begins his/her project right away too, that goes along with the theme, and may make a project that is *expressing man's response to God*.

The visual and sculptural artists could be set up in the back with the audio artist between them.

The literary artist begins to write right away too, as the music begins. The writing could be anything that goes along with the theme. It could be a poem, word art, or just random words that fit the theme. At a certain time, the literary artist will read the twelve Alpha Round Scriptures. **The performing artist** will perform the Alpha Round movements which go along with each Scripture. After the Scriptures are read the literary artist goes back to his writing.

The performing artist may worship in dance to the music for a bit before the Scripture reading starts, Then, the performing artist performs the Alpha Round movements while the literary artist reads them. After the Scriptures are read, the performing artist waves the ribbons or flags representing the seven category colors one at a time. (These are the same ribbons/flags that the culinary artist carried around the room). The performing artist takes one ribbon at a time, waves it around, and then hands the ribbon to the culinary artist who sets it next to the artist representing that category. (Visual-yellow, literary-purple etc.) To end the song, you could have each one raise their ribbon/flag together to represent the unity of the body worshiping the Lord.

Practice, practice, practice!

Alpha Round Scriptures and Movements

The performing artist goes through the movements as the literary artist reads the Scripture.

1. "...Awake, sleeper, and arise from the dead, and Christ will shine on you." (Ephesians 5:14)

Begin in a "sleep" position on the floor by kneeling then bowing forward onto the ground. (Or you might just bow your head with arms to sides if getting on the floor is difficult). Be sure to be in position before the literary artist begins speaking. Once the literary artist begins reciting the Scripture, stand up and look up on the word "awake." Arms overhead as if looking towards the Lord shining on you. On "arise" go up onto tip toes. Bring your hands down to heart.

- 2. **...I will give you a new heart and put a new spirit within you; and I will remove the heart of stone from your flesh and give you a heart of flesh. (Ezekiel 36:26)** Move your hands from your heart overhead and do circle twirls across the stage or twirl a red ribbon or heart. (The literary artist could give the performing artist a heart as he begins to read the Scripture, or the performing artist could pull it out of a pocket near the heart).
- 3. "...I will put My laws into their minds, and I will write them on their hearts. And I will be their God, and they shall be My people. (Hebrews 8:10) Begin to kneel on one knee, lowering yourself down as you do, with palms up as if receiving His laws. End by kneeling and looking up with arms extended forward. (If using a red ribbon or heart, leave it on the floor as you go into the kneel).

4. I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the *life* which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me. (Galatians 2:20) From the end of the #3 position, move arms to the side (in the "crucify" position) as the verse begins. Move hands to your heart on "no longer I." Stand up on "Christ lives in me," with arms overhead. Then move again into the "crucify" position, ending with arms out to sides. Bow your head on "gave himself." 5. Just as the Father has loved Me, I have also loved you; abide in My love. John 15:9

Move your arms from the "crucify" position to hug yourself, and then spread out your arms toward others. (Can you somehow throw hearts out to the audience at this point?)

6. He has told you, O man, what is good; and what does the Lord require of you but to do justice, to love kindness, and to walk humbly with your God? (Micah 6:8)

Stand at attention, then move one leg back into a lunge when you hear the word "require." Arms out as scales on "justice." Hug yourself on "love kindness." Lower one knee onto the floor on "humbly." Bow your head on "God."

7. You have turned for me my mourning into dancing; You have loosed my sackcloth and girded me with gladness, That *my* soul may sing praise to You and not be silent. O Lord my God, I will give thanks to you forever. (Psalms 30:11-12)

From the position on one bended knee, rise up into a dancing twirl on "dancing." Land in the "gladness" pose, (our worship art logo), on "girded me with gladness." Touch chest on "soul" and bring feet together and arms up on "praise to you."

8. Ascribe to the Lord the glory due to His name; worship the Lord in holy array. (Psalm 29:2)

Wave a golden scarf around you overhead. End by draping it over your shoulders.

9. Therefore there is now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. (Romans 8:1-2)

Arms out to front in "stop" position on "no condemnation." Bring wrists together and overhead on "For the law..." like they are chained and then break loose on "free," raising arms back up in praise.

10. My sheep hear My voice, and I know them, and they follow Me; and I give eternal life to them, and they will never perish; and no one will snatch them out of My hand. (John 10:27-28)

Cup hands over ears on "hear My voice," place hands to your heart on "know," then both arms straight out to the front and lunge forward on the word "follow." Clasp hands and bring them to your heart on "snatch."

11. We know that when He appears, we will be like Him, because we will see Him just as He is. And everyone who has this hope *fixed* on Him purifies himself, just as He is pure. (1 John 3:2-3)

From forward lunge, bring feet together on "appears." On "see Him" look up and lift your hands up as if to welcome His appearing, then pull your hands to your mind then heart on "purifies."

12. Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. For My yoke is easy and My burden is light. (Matthew 11:28-30)

Move hands to open arms on "Come" while kneeling down on one knee. Kneel on both knees on "rest." Sit all the way down on "take my yoke." Touch your chest on "rest for your souls." Bow forward with arms out to side on "My yoke is easy."