







## Service Comparison Chart

A quick guide to what each service offers.

Service	Executive Function Academic Coaching 	Planning & Organization Academic Coaching 	Reading & Writing Tutoring for Real Life 	Neurospicy Learning Session 
Session Style	Weekly 1:1 sessions	Weekly 1:1 sessions	Weekly 1:1 sessions	1:1 As-needed support
Focus Areas	Time management, focus, follow-through, task initiation, routine-building	Weekly planning, prioritization, task management, using calendars and checklists	Reading comprehension, essay & writing planning, citations, help with teacher feedback	Writing coaching, proofreading, accessibility academic tips, last-minute feedback
Accessibility-Friendly Tools	✓ Yes (custom strategies for your brain)	✓ Yes (visual planners, real-life strategies)	✓ Yes (writing supports that work with how you think)	✓ Yes (judgment-free and flexible)
Support Materials	Optional weekly planner + recap notes	Custom calendar tools, task lists	Personalized writing guides + feedback	Quick notes or suggestions
Best For	Learners needing structure + follow-through	Students overwhelmed by what's coming next	Students in business, humanities, social sciences who want to build skills & confidence	When you're stuck and need a Word Nerd *now*
How to Book	Recurring sessions, packages available	Recurring sessions, packages available	Recurring sessions, packages available	Book anytime, no ongoing commitment

✓ All services are accessibility-friendly and built to support real brains in real life.

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Where words and ideas meet kindness, clarity, and a little nerdy sparkle.