



Our Not So Quarterly, Quarterly Newsletter

Man, oh man, how times fly when you are having fun; and having fun WE ARE! First, let us apologize for not keeping up with our “Quarterly” Newsletter. It was not our intention to go on for so long without keeping everyone up to date. However, as soon as you start to read some of the things that we have been up to in the past 10 months, I think you’ll start to see how we got a bit behind with our letters.



Jeff and Alexis Welcome You to the Lounge.



Andrew opens the ceremonies.

Let’s start off by saying what a great day and an awesome turn out we had for our open house in April 2019. We even had the opportunity to meet some new people who ended up becoming regular members! Because of our space, we were also able to host Christian’s Birthday Party, Popcorn/Game night with Robyn’s famous mocktails, and even a sleepover! How fun is that?!

Fun, that is a running theme with Found It! We like to have fun and lots of it; we are making new friends, learning new things all while having a good time. Lisa, Dylan’s mom, treated us to a few art nights, we introduced Robyn’s Café and I must say; the results have

been quite tasty! We’ve continued with our music appreciation/karaoke nights and introduced Chandler’s Trivia Night. We think we may be on a roll with this!



Lisa’s Art Night



Robyn’s Cafe



Chandler’s Trivia Night

But it doesn't stop there, au contraire mon frère, we keep on truckin'. Not only do we have our regular meetings, we do things outside of them as well. Here's a short list of some of the things we have done since our last newsletter. We went to support the Stockton Heat during their Autism Awareness Night, Introduction to Sabering (yes, just like Star Wars), Introduction to Kayaking, our monthly trip to Elk Grove to cheer on our favorite and not so favorite wrestlers with the SPW, Jesse invited all of us to his 20th birthday party, hung out in Chinatown, Japantown and Endless Summer Sweets in Berkeley.



Chinatown Lunch Break



Stockton Heat Autism Awareness



Japantown Dragon's Breath



Introduction to Sabering



Introduction to Kayaking



Anxiety Coping Skills

As much as we like to have fun, we know there are important things in life that we need to address as well. Its not always easy but there is comfort in knowing that you are among friends. Some of our topics have included: online dating, the hidden dangers of social media, anti-bully campaign, effective communication, promises and consequences along with anxiety coping skills. As we continue to move forward, we will continue to work on these and other important skills as well as focusing on peer support.

As we get ready to start the beginning of the end of 2019, one of our goals is to get out and spread the word, meet with other organizations, and to look for more resources as well as get more input from our members. In order to do this, we have started our own committee that is comprised of both members and parents. Its important for us to include our members in the decision making because this is their place and we want to make sure we are filling the need.



Remember our old Palm Tree Guy? Well we are going to be just like him and talk to whoever we can about Found It! We plan on being at more events so that we can let more people know who we are. We love having our members join us on these tabling events because they are our best ambassadors.



This month, we were featured on the TV show “Life on the Spectrum” in San Francisco and wow, what an .experience. A special thank you to AASCEND and our fabulous hosts, Keith, Will, Stacey and Jennifer. We hope that we have more opportunities like this so that we can reach more people in less time and be more effective.

Lots of people ask how we get our funding. Part of our funding comes from cash donations, but the bulk of our funding comes from clothes drives. Yep, that’s right, your heard it correctly, clothes. Beehive Estates Sales is kind enough to donate the unwanted clothing left over from estates sales, to which we then “sell” to Savers. So far, we have raised \$1200 by participating in their “FunDrive” for non-profits.



June 2019 Clothes Drive



September 2019 Clothes Drive – what a difference!

We hope to continue our partnership with both Beehive Estate Sales and Savers in order to help continue the growth with our program. However, with our future goals, we will need to find additional ways to fundraise. We want to have fun and be creative with our fundraising just like we are with our group. So be on the lookout for future events and as always, any donation is greatly appreciated. Until next time, Keep On Truckin’



Special Thanks to: Fly Brave, Social Opportunities for Disabled Adults (SODA), AASCEND, Beehive Estate Sales and all the parents and care providers that take the time to bring our members to the meetings.