

# -Diagram of the Awakening Process- 7-Steps for 3<sup>rd</sup> to 5<sup>th</sup> dimension

## Higher Code of Honor & Intent

Thoughts, Choices  
& Emotions  
moving up & down  
the steps  
of dimensions  
when awakening.



### Step 7 **entering** -5<sup>th</sup> dimension (higher vibrations)

- more spirit energy than matter energy at this level, oneness, connected to soul & self, very low negativity, judgment or ego  
The soul leads the mind & body now & connected to spirit realm

These are some of the main characteristics found in each step.

### Step 6 top - 4<sup>th</sup> dimension opened up to more possibilities

- Soul awareness & connecting to higher powers, low negative energy, learning to balance the conscious mind & be in control of self, physically lighter & much less mental chatter, very curious, healthier

**Step 5 low - 4<sup>th</sup> dimension** opening between matter & spirit form, higher vibrations, expanding awareness, caring & giving, healthier mind & body choices, more energy, less materialistic, flexible, values & morals

### Step 4 – 3<sup>rd</sup> & 4<sup>th</sup> dimensions intermixing

aspects of higher 3<sup>rd</sup> dimensions and 4<sup>th</sup> dimensions blending at times, when the awakening process starts. More emotional, letting go of the past & forgiveness

### Step 3 top - 3<sup>rd</sup> dimension

more soul & higher powers awareness, still into structure reality, less controlled by ego, more caring, less about self needs, more positivity & flexible, more curious about life & values, critical thinking, less health issues

### Step 2 mid -3<sup>rd</sup> dimension

mind & body controlled reality, slight soul awareness, somewhat flexible, more positive energy but still can be triggered, doubtful, senses opening slowly, ego - status & success, feels or wants superiority & money, hypocritical in many ways

### Step 1 low -3<sup>rd</sup> dimension

deeply embedded into structured reality, follower, none to slight connection with soul, sometimes positive, ego, materialistic, self-focused, judgemental, emotionally triggered, more physical or mental issues, giving to receive, low energy vibrations