***Covid 19 Prophylaxis Protocol***

*Low risk patient:*

<45 yo, no comorbidities, and a stable high-risk patient.

*High risk patient:*

>45yo, or <45yo with comorbidities, or clinically unstable.

**Treatment**

**Low Risk Patient**

Elemental Zinc 25mg 1x a day

Vitamin C 1000mg 1x a day

Vitamin D3 5000IU 1x a day

Quercetin 500mg 1x daily OR

Epigallocatechin-gallate (EGCG) 400mg 1x a day

**Moderate/High Risk Patient**

Elemental Zinc 25mg 1x a day

Vitamin D3 5000IU 1x a day

Hydroxychloroquine 200mg 1x daily for 5 days then 1x a week after that

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