***Covid 19 Protocol***

Low risk patient:

<45 yo, no comorbidities, and a stable high-risk patient.

High risk patient:

>45yo, or <45yo with comorbidities, or clinically unstable.

**Treatment**

**Low Risk Patient**

Supportive care with fluids

Fever control; Tylenol per OTC bottle instructions

Rest

Elemental Zinc 50mg 1x a day for 7 days

Vitamin C 1000mg 1x a day for 7 days

Vitamin D3 5000IU 1x a day for 7 days

Optional OTC options:

Quercetin 500mg 2x’s daily for 7 days OR

Epigallocatechin-gallate (EGCG) 400mg 1x a day for 7 days

**Moderate/High Risk Patient**

Elemental Zinc 50-100mg 1x a day for 7 days

Vitamin C 1000mg 1x a day for 7 days

Vitamin D3 10,000IU 1x a day for 7 days

Azithromycin 500mg 1x a day for 5 days OR  
Doxycycline 100mg 2xs daily for 7 days

Hydroxychloroquine 200mg 2x’s daily for 5-7 days AND/OR

Ivermectin 0.4-0.5mg/kg/day for 5-7 days

Other treatment options:

Dexamethasone 6-12mg 1x daily for 7 days OR

Prednisone 20mg 2x’s daily for 7 days taper

Budesonide 1mg/2cc solution via nebulizer 2x’s daily x 7days

Blood thinner ( lovenox, Eliquis, Xarelto, Pradaxa, aspirin)

Colchicine 0.6mg 2-3x’s daily for 5-7 days

Monoclonal antibodies Home IV infusion

Quercetin 500mg 2x’s daily for 7 days OR

Epigallocatechin-gallate (EGCG) 400mg 1x a day for 7 days