



MARIACRISTINA SARACENO

Motivational Speaker and Mother of 4

MSc in Applied Neuroscience and MA in Diplomatic Studies

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ABOUT ME

I inspire audiences at the intersection of neuroscience, personal development, philosophy, financial literacy, Italian history and art, and conservation.

I am particularly interested in supporting tweens, teens, young adults and their parents.

Young people want the most effective science-based yet practical frameworks to invent themselves.

Parents want the exact steps for their children to avoid mental health conditions, achieve their potential, and contribute to family and society.

EDUCATION

MSc In Applied Neuroscience

MA in Diplomatic Studies

BA Political Science

Erasmus International Law

MY MISSION

Giving every teen the best tools to become a highly successful adult.

Helping every parent be the best parent they can be.

WORK EXPERIENCE

Keynote Speaker, Coach for Parents, Teens and Young Adults, Organiser of Experiences and Travel for Teens and Young Adults

Art and History Consultant and Author

Honorary Consul to Papua New Guinea

Bloomberg Financial Markets – Head Financial Trainer

Salomon Brothers – Financial Analyst in Equity Capital Markets

United Nations Geneva and London Intern

TARGET

Highly capable learners with much to offer to the world, who are willing to work with the best frameworks and are ready to accelerate progress to their potential.

Driven parents, grandparents, teachers, psychologists who want to grow their skills in supporting young people, so that they can become resourceful, principled, confident, successful, problem-solving adults.



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PROGRAMMES

Programmes vary from 4 hrs to 5 days, depending on content. Shorter inspirational 1.5 hrs talks can be arranged upon request.

SAMPLE TALKS

Most Popular *The Parent Manifesto: 8 interventions that will forever modify the trajectory of your teen.*

Most Popular *The Teen Manifesto: the secret roadmap for teens, tweens and young adults.*

Neuroscience: what you need to know to get the best out of your brain and your life.

Financial Literacy Bootcamp for Teens and Young Adults.

Mental Health Bootcamp: how to stir clear or deal with the most common conditions that come up in the teenage years.

Autism: understanding and strategies for teachers, parents and teens.

ADHD: understanding and strategies for teachers, parents and teens.

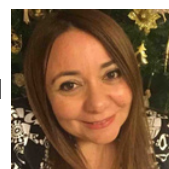
Roman History: the 8 families who built Renaissance and Baroque Rome.

Secret Rome: palaces, villas, churches and fountains beyond the Vatican and the Colosseum.

Please get in touch to tailor a talk to your audience.

TESTIMONIALS

Our family started with MC last year. It's been crucial for our daughter's personal and academic growth and ours. We could see her change in real time. Mariacristina managed to unlock Ginevra's phenomenal hidden potential. Jasmin – Mother of 2



Mariacristina helps teens be more self aware, happier and more successful. I can tell by personal experience: she is great! Noah has got a clear vision for his future. He's learning mindsets, strategies and means goals to get to his ultimate goal. Julian – Father of 3



Every family should be exposed to MC's seminars. My daughters got the Graduate School offers and the jobs. MC is all about high expectations and high support. Sarah – Mother of 3



The passion MC puts into unlocking young talents to gain self awareness, purpose and direction, and the experience she has and shares with parents and teens, let her mentees be ready to take on any challenges. Lewis – Father of 2



Mariacristina is an excellent speaker and coach! She is helping my daughters find their path in life with enthusiasm and amazing skills. So grateful. Best investment I ever made! Chiara – Mother of 3

