

What Does It Mean to Be Born Again?

Welcome, dear friend! Whether you've been walking with God for years or you're just beginning to explore who Jesus is, this lesson is for you. It's an invitation to understand what it means to experience a brand-new life in Christ. God's love is for everyone, and He's calling you today to embrace that love and discover His plan for your life.

The Conversation: Nicodemus and Jesus (John 3)

In John Chapter 3, we meet a man named Nicodemus, a respected religious leader. Nicodemus was curious about Jesus and came to Him at night to ask questions. Jesus told him something surprising:

"Very truly I tell you, no one can see the kingdom of God unless they are born again." (John 3:3)

Nicodemus didn't understand. How could a person be born again? Jesus explained that this isn't about physical birth, but a spiritual one. He said:

"Very truly I tell you, no one can enter the kingdom of God unless they are born of water and the Spirit." (John 3:5)

This means that to experience new life in God's family, we must be spiritually reborn—washed clean by God's grace and filled with His Holy Spirit.

Why Do We Need to Be Born Again? (The Romans Road to Salvation)

- 1 All have sinned. "For all have sinned and fall short of the glory of God." (Romans 3:23)
- 2 Sin leads to separation from God. "For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord." (Romans 6:23)
- 3 God's love offers forgiveness. "But God demonstrates his own love for us in this: While we were still sinners, Christ died for us." (Romans 5:8)
- 4 We must respond in faith. "If you declare with your mouth, 'Jesus is Lord,' and believe in your heart that God raised him from the dead, you will be saved." (Romans 10:9)
- 5 Salvation is a gift, not earned. "Everyone who calls on the name of the Lord will be saved." (Romans 10:13)

A Loving Invitation

God loves you deeply and wants you to be part of His family. Being born again isn't about rules or religion—it's about relationship. It's receiving the gift of salvation through Jesus, who paid the price for our sins and offers us new life.

A Prayer to Accept Jesus as Your Savior

If you feel ready to begin this journey with Jesus, pray this prayer sincerely from your heart:

"Dear God, I know that I am a sinner and I need Your forgiveness. I believe that Jesus Christ is Your Son who died on the cross for my sins and rose again to give me eternal life. Right now, I turn away from my sin and invite Jesus into my heart as my Lord and Savior. Fill me with Your Holy Spirit and help me to follow You all the days of my life. Thank You for saving me. In Jesus' name, Amen."

Reflection and Next Steps

- If you prayed this prayer, welcome to God's family! 🎉
- Talk to someone you trust—a pastor, friend, or family member—about your decision.
- Begin reading the Bible, starting with the Gospel of John.
- Find a local church where you can grow in your new faith.