

# Wearing a mask



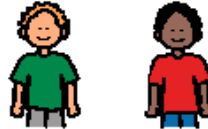
www.AffinityConsulting.info



Who



kids over 2



teens



adults



seniors



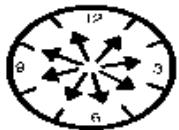
Why



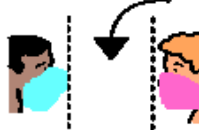
keep germs away from other people



show respect



When



close to other people



store



How



cover nose  
and mouth



attach  
to head



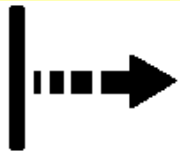
or ears



keep on



don't  
touch face



Getting  
started



wash  
hands



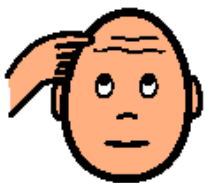
put on



practise wearing  
it at home



try moving  
and breathing



Thinking



might feel weird



I can try to get used  
to it and stay calm



only have to wear  
for a short time