

Who Should Attend?

Due to the unique format of this experiential retreat, some people benefit more than others. Our goal is to enroll a small group of ten, highly motivated people who will receive the greatest benefit. Therefore, this survey was developed as a **pre-enrollment, self-reflection filter** to assist you in determining if this retreat will be beneficial to you and a good investment of your time and effort.

There are no right or wrong answers. Be honest with yourself. This 10-question survey is for your benefit. We suggest to **PRINT** the survey and retain your answers. If you decide to enroll in the retreat, bring your survey with you.

Answer each question on a scale from 1 to 10 (*1 as lowest, 10 as highest*).

Q1. How much do you enjoy sleeping in a tent, surrounded by pristine forest?

1 2 3 4 5 6 7 8 9 10

Q2. How open are you to alternative medical therapies, new ideas, new concepts, and new perspectives?

1 2 3 4 5 6 7 8 9 10

Q3. Are “vegetarian meals” acceptable to you for an entire weekend?

1 2 3 4 5 6 7 8 9 10

Q4. Can you dedicate the weekend to “limited digital electronics” (cell, computer, TV, radio) with only occasional reception, if needed?

1 2 3 4 5 6 7 8 9 10

Q5. How knowledgeable (or familiar) are you with “Vibrational” or “Frequency” therapies?

1 2 3 4 5 6 7 8 9 10

Q6. How open are you to the concept of “healing from within,” i.e., subconscious healing therapies that “awaken the power within” (often called energetic healing)?

1 2 3 4 5 6 7 8 9 10

Q7. Are you a frequent meditator, or open to practicing meditation?

1 2 3 4 5 6 7 8 9 10

Q8. How comfortable are you to sharing your personal beliefs/perspectives in group and individual settings?

1 2 3 4 5 6 7 8 9 10

Q9. Do you believe you can manifest your future (or open to this concept)?

1 2 3 4 5 6 7 8 9 10

Q10. How ready and willing are you to accepting change and shift your beliefs to a higher space?

1 2 3 4 5 6 7 8 9 10

SCORING

Total your responses for the 10-questions to determine your overall score.

75 – 100 indicates a high probability of greatly benefiting from this retreat.

50 – 74 indicates some definite benefits, but also some resistance.

< 50 indicates you may not benefit from this retreat and perhaps not attend.

The 7 Goals of the Manifestation Retreat

- 1) Open your heart to new ideas and perspectives.
- 2) Transform yourself into a higher state of being.
- 3) Determine the next 'action step' to manifesting your personal goals.
- 4) Fast-Track your abilities to manifest.
- 5) Increase your Vibration/Increase your Energy.
- 6) Embrace the natural setting of the Cascade Mountains.
- 7) 'Step Away' from the chaos, stress, and time-constraints of society.
