



Many health conditions today force dietary restrictions limiting salt, however health trends are also moving many people to reduce their salt intake. Unfortunately salts, sugars, and fillers or substitutes are common ingredients in most processed foods which makes finding Salt Free and Low Sodium alternatives difficult, until now.

Fortner's Famous Seasoning Blends are designed to help consumers take control of their sodium intake. These Salt Free and Low Sodium blends elevate your food no matter how you cook. Everyone should be able to enjoy the food served at mealtime.



## “Making Life Less Salty”

Bring a meal to life with  
Fortner's Famous® Seasoning  
Blends



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## FORTNER'S FAMOUS® SALT FREE SEASONING BLENDS



With Dietary Restrictions or Not  
Our Blends give you control of your  
personal needs and preferences of  
Saltiness, Sweetness, and 'Heat'.  
They stand on their own in flavor, or  
assist with your personal touch.

No MSG, No Sugar, No Fillers,  
No Preservatives, No Substitutes



# FORTNER'S FAMOUS® SALT FREE SEASONING BLENDS

Hi I'm Shari.  
This is my Grandpa Jim.

He was a husband and father to 4 children. Grandpa to 7. He owned his own business called Fortner Radio and TV. He was a very active guy and always on the go. He also has a lot of stress from work and his blood pressure was very high.

When he was pretty young he suffered a very bad stroke. He had to learn how to walk and talk all over again. His new diet did not include salt and he had trouble with the food tasting bland and flavorless. We watched as he unhappily complied with this diet. Every meal was monotonous.

My Dad the Creator Rich Fortner. My Dad hated watching his dad struggle with meal times. While my grandpa laid in the hospital my dad was at home trying to figure out how he could help.

Dad would mix and blend all sorts of herbs for different kinds of flavors until he came up with our 4 original spice blends. (Psst here's a little family secret about the blends. The blend numbers on the bottles are how many attempts it took to get that really delicious flavor for Grandpa's Stamp of Approval.)

Dad would bring them to the hospital for Grandpa to use. Grandpa Immediately began to appreciate the flavor of food once again. The doctor that was overseeing my grandpa suggested to my dad that he bottle these and share them with other people who experience similar health challenges. So he did.



## #37 SAVORY BLEND LARGE \$8 TRIAL \$6

#37 makes everything Savory.

Stove Top Cooking, Deep Frying, Stir Frying, Sauces, Sautéed Veggies, Poultry, Pork, Pasta, even Sweet Corn & Popcorn too.

Add a touch of #37 to boost the flavor of the other famous blends to a new level.

## #55 OVEN, BROIL, GRILL LARGE \$8 TRIAL \$6

This Salt Free Blend is AMAZING for Broiling, Roasting, Grilling, and BBQ. Pork Roasts, Broiled Salmon, on your Roasted Turkey and the Stuffing or in Cold Ham, Chicken, and Tuna Salads.

This is also phenomenal in Soups and Stews or even Stir Fry dishes.

This one is very versatile to get your imagination and creative juices flowing.

## #75 ALL MEAT BLEND LARGE \$8 TRIAL \$6

This Blend ENHANCES the flavor of ALL types of meat. Steaks, Pork Chops, Ground Meats, Delicious in Stews and Casserole dishes. For the adventurer this blend is great in Cheddar Cheese Biscuits, Scrambled Eggs, on Potatoes, French Fries, in Sour Cream as a Chip Dip.

This blend flavors everything from the inside out.

## #89 SALAD, EGG, FISH, DIP & DRESSING LARGE \$8 TRIAL \$6

This Blend has a touch of Lemon and Dill that is refreshing and delicious. Fantastic as a final touch sprinkled on Pasta, Cold Salads, directly on Fish or in the Batter, in any Egg dish.

Mixed with Sour Cream you get a quick and easy Veggie Dip.

Mixed in Olive Oil you get a dip for Bread or use as a Dressing for a Leafy Salad.

