

Hong Kong workshops with Daniel Darby

Shamanic Journeying: Travel out of your body

The heart of Shamanic work is the practice of journeying. This is the art of getting out of your body and travelling to other realities.

You can journey for yourself or on behalf of someone else. Journeying can be used to:

- Gain power or wisdom
- Meet with Spirit Beings
- Gather information about a person or a place
- Heal someone
- Gain insight for someone
- Solve a problem
- Teach someone
- Understand a dream

The sound of a drum or percussion instrument is used to help you enter an altered state of consciousness. Journeying is best done while listening to a regular beat on a drum, rattle or by tapping your own chest.

If you have lived in a shamanic culture or been a shaman yourself in another life, the processes in this workshop may feel very familiar and could also trigger past life memories.

Topics include:

- Build a relationship with a Spirit bodyguard
- Protocols for safe journeying
- Journey to get a Spirit Guide to the shamanic realms
- Journey to the elemental realms of air, fire, water and earth
- Journey to the mystical realms of Divine ice & Sacred fire

Benefits of this workshop include:

- Increases your empowerment
- Enhances your intuition
- Increases your shamanic & spiritual knowledge
- Supports your ability to live harmoniously in 2 worlds: the physical & the spiritual
- Have fun!

Dates:

Fri 26 September 7:30-10:30pm

Mon 29 September 7:30-10:30pm

Tues 30th September 7:30-10:30pm

Wed 1st October 10:30am- 1:30pm

Fee: Early bird HK\$ 3499 Original \$3699

Booking: Venus +852 64711238 @tarotvenus

