## Malaysia workshops with Daniel Darby

## **Shamanic Sound Healing**

Come & learn the sound & energy techniques that Shamanic Practitioners use to heal people. Use sounds to create healing vibrations. Sound makers for healing include rattles, bells and drums. Daniel will also teach you how to use different rhythms for healing.

Daniel is part Native American and has been using drumming & sound for healing for over 45 years.



Topics include:

- Rhythm & sacred count to impact & balance the body
- Techniques for removing negative energy or trauma
- Add positive energy & healing energy to the body
- The difference between masculine & feminine sounds/vibrations
- How to help someone stay in their body (be grounded!)
- How to help someone feel more spiritual energy

NOTE: Please bring a small empty water bottle with some uncooked rice inside to use as a rattle in the workshop (or any percussion instruments you may have).

## Dates:

Tuesday 14 October 7:30-10:30 pm Wednesday 15 October 7:30-10:30 pm

**Fee:** Early Bird RM 999 Original RM 1299

Booking: Clarins +60 18 770 3238 @clarins.chew

