

# Spiritual Egypt Tour

**19 Feb - 3 March, 2026 13 days**

with

**Helen Forty & Daniel Darby**



## **Tour Leaders: Helen & Daniel**

Together Helen & Daniel will share teachings and guide you through the ancient sites to help you feel the energies and have your own experience.

## **Helen Forty**

Helen remembers lifetimes in ancient Egypt where she trained in the temples of Isis & Bast as a spiritual initiate. Her soul feels deeply connected to Egypt and her passion is infectious. She is very knowledgeable about the spiritual wisdom of ancient Egypt. Highly intuitive she also teaches ancient Egyptian channeling and healing.



## **Highlights include:**

- Private visit to Great Pyramid (full Moon)
- Private visit to the Sphinx (full Moon)
- 13 days, 12 nights Spiritual Tour including:
- Private Nile cruise on a traditional sailing boat for 6 days, 5 nights (our group only)
- Major sites of initiation
- Spiritual teachings
- Experience how the Temple of Man in Luxor resonates with the human body
- Magical Temple of Seti at Abydos
- Walk the ancient ceremonial way from Karnak to Luxor
- Visit to the Sekhmet Lioness Chapel
- Saqqara & Pyramid of Unas
- Isis, Hathor, Horus & Osiris Temples

## **Daniel Darby**

Like Helen, Daniel can also draw on past life memories in Egypt. He feels a connection with the Osiris, Khnum and Sekhmet temples. In this life he is a shamanic practitioner with a strong foundation in Native American spiritual practices. He is a skilled ceremonialist, hands-on healer and experienced at sensing energies.



## **Local Egyptologist Guide**

We will have a local Egyptologist guide with us who has historical knowledge of the sites.

## **Contact**

email: [cwteachings@gmail.com](mailto:cwteachings@gmail.com)

facebook page: Crystal-Winds Events

IG: [helen\\_crystal\\_winds](https://www.instagram.com/helen_crystal_winds)

WhatsApp +44 745 4936 249

## Number of participants

Minimum of 12, maximum of 20.

## Room Choices

There are 3 room options:

A = Share standard room

B = Share suite with private balcony  
on dahabeya (boat)

C = Single supplement (note a single is not  
guaranteed on the boat or Aswan hotel)

## COST

### **US\$ 6,950 per person sharing a standard room (Choice A)**

including sharing a regular cabin on the dahabeya  
(boat) with ensuite bathroom

### **US\$ 7,050 per person sharing a Suite & balcony on the boat (Choice B)**

including sharing a suite with King size bed,  
ensuite and private balcony on the dahabeya  
(boat). There are 3 suites available.

### **US\$ 8,170 for a single room (Choice C)**

Please note due to the limited number of cabins,  
a single cabin on the dahabeya is not guaranteed.  
A single room in the Aswan hotel is also not  
guaranteed, since the hotel is very small.  
So if you request a single room, we will confirm  
depending on number of participants.

## Note about Costs

Please note there are several reasons the cost is  
what it is. Private access to the Great Pyramid  
and the Sphinx are very expensive. The 5 nights  
on the dahabeya (private sail boat), is also  
expensive but worth it for the quality of  
experience and freedom it gives us. There are  
also a lot of hidden costs such as tipping temple  
guards and other officials which is necessary in  
order to gain access to special areas at the sites  
and to have the best experiences. In addition  
hotels and tourist services have recently  
increased because the Egyptian government has  
just added a new tax. This is the reason the fee is  
what it is.

## COST INCLUDES:

12 nights accommodation including 5 nights on  
the private dahabeya (boat)  
(Hotels as listed in the itinerary or similar)  
Arrival and Departure Transfers  
Breakfast every morning  
9 Lunches  
6 Dinners  
Domestic flight from Cairo to Aswan  
Domestic flight from Luxor to Cairo  
Private visit to the Great Pyramid  
Private visit inside the Sphinx Enclosure  
All entry fees to the sites as per itinerary  
English speaking Egyptologist guide  
Hotel Tax  
Tipping of temple & sacred site staff, dahabeya  
crew, local Guide, driver etc  
Teachings, ceremonies & meditations

## COST EXCLUDES:

Egypt Tourist Visa (We can arrange this for you,  
cost is about \$30)  
International airfare to/from Cairo, Egypt  
Cancellation & Medical Insurance  
Travel Insurance  
Meals and drinks not specified  
Alcoholic drinks  
Any items of a personal nature such as laundry,  
drinks, room service and telephone calls  
Tipping - there may be some occasions when a  
minor tip is requested eg for a bell boy or toilet  
attendant

## PAYMENT

**US\$ 1,000 Deposit** (non refundable ) by 5th  
September 2025

The deposits will be used to purchase domestic  
air flights + deposit for dahabeya and are non-  
refundable.

**2nd PAYMENT** US\$ 2,000 before 5th Oct 2025

**3rd PAYMENT** US\$ 2,000 before 5th Nov 2025

**LAST PAYMENT** Remainder before 5th Jan 2026

Contact us for bank details