

Spiritual Egypt Tour

19 Feb - 3 March, 2026 13 days

with

Helen Forty & Daniel Darby



Tour Leaders: Helen & Daniel

Together Helen & Daniel will share teachings and guide you through the ancient sites to help you feel the energies and have your own experience.

Helen Forty

Helen remembers lifetimes in ancient Egypt where she trained in the temples of Isis & Bast as a spiritual initiate. Her soul feels deeply connected to Egypt and her passion is infectious. She is very knowledgeable about the spiritual wisdom of ancient Egypt. Highly intuitive she also teaches ancient Egyptian channeling and healing.



Highlights include:

- Private visit to Great Pyramid (full Moon)
- Private visit to the Sphinx (full Moon)
- 13 days, 12 nights Spiritual Tour including:
- Private Nile cruise on a traditional sailing boat for 6 days, 5 nights (our group only)
- Major sites of initiation
- Spiritual teachings
- Experience how the Temple of Man in Luxor resonates with the human body
- Magical Temple of Seti at Abydos
- Walk the ancient ceremonial way from Karnak to Luxor
- Visit to the Sekhmet Lioness Chapel
- Saqqara & Pyramid of Unas
- Isis, Hathor, Horus & Osiris Temples

Daniel Darby

Like Helen, Daniel can also draw on past life memories in Egypt. He feels a connection with the Osiris, Khnum and Sekhmet temples. In this life he is a shamanic practitioner with a strong foundation in Native American spiritual practices. He is a skilled ceremonialist, hands-on healer and experienced at sensing energies.



Local Egyptologist Guide

We will have a local Egyptologist guide with us who has historical knowledge of the sites.

Contact

email: cwteachings@gmail.com

facebook page: Crystal-Winds Events

IG: [helen_crystal_winds](https://www.instagram.com/helen_crystal_winds)

WhatsApp +44 745 4936 249

Number of participants

Minimum of 12, maximum of 20.

Room Choices

There are 3 room options:

A = Share standard room

B = Share suite with private balcony
on dahabeya (boat)

C = Single supplement (note a single is not
guaranteed on the boat or Aswan hotel)

COST

US\$ 6,950 per person sharing a standard room (Choice A)

including sharing a regular cabin on the dahabeya
(boat) with ensuite bathroom

US\$ 7,050 per person sharing a Suite & balcony on the boat (Choice B)

including sharing a suite with King size bed,
ensuite and private balcony on the dahabeya
(boat). There are 3 suites available.

US\$ 8,170 for a single room (Choice C)

Please note due to the limited number of cabins,
a single cabin on the dahabeya is not guaranteed.
A single room in the Aswan hotel is also not
guaranteed, since the hotel is very small.
So if you request a single room, we will confirm
depending on number of participants.

Note about Costs

Please note there are several reasons the cost is
what it is. Private access to the Great Pyramid
and the Sphinx are very expensive. The 5 nights
on the dahabeya (private sail boat), is also
expensive but worth it for the quality of
experience and freedom it gives us. There are
also a lot of hidden costs such as tipping temple
guards and other officials which is necessary in
order to gain access to special areas at the sites
and to have the best experiences. In addition
hotels and tourist services have recently
increased because the Egyptian government has
just added a new tax. This is the reason the fee is
what it is.

COST INCLUDES:

12 nights accommodation including 5 nights on
the private dahabeya (boat)
(Hotels as listed in the itinerary or similar)
Arrival and Departure Transfers
Breakfast every morning
9 Lunches
6 Dinners
Domestic flight from Cairo to Aswan
Domestic flight from Luxor to Cairo
Private visit to the Great Pyramid
Private visit inside the Sphinx Enclosure
All entry fees to the sites as per itinerary
English speaking Egyptologist guide
Hotel Tax
Tipping of temple & sacred site staff, dahabeya
crew, local Guide, driver etc
Teachings, ceremonies & meditations

COST EXCLUDES:

Egypt Tourist Visa (We can arrange this for you,
cost is about \$30)
International airfare to/from Cairo, Egypt
Cancellation & Medical Insurance
Travel Insurance
Meals and drinks not specified
Alcoholic drinks
Any items of a personal nature such as laundry,
drinks, room service and telephone calls
Tipping - there may be some occasions when a
minor tip is requested eg for a bell boy or toilet
attendant

PAYMENT

US\$ 1,000 Deposit (non refundable) by 15th
July 2025

The deposits will be used to purchase domestic
air flights + deposit for dahabeya and are non-
refundable.

2nd PAYMENT US\$ 2,000 before 5th Sept 2025

3rd PAYMENT US\$ 2,000 before 5th Nov 2025

LAST PAYMENT Remainder before 5th Jan 2026

Contact us for bank details