



**Course Catalog For Independent Study. Looking
for classroom training call: 612-801-1032**



Company Profile

Podojil & Associates Inc. is a private full-service safety, health, environmental and engineering consulting firm with a strong focus on our client's objectives and needs. Our mission is to provide a common sense approach to achieving regulatory compliance with all federal, state, regional, and local safety, health, environmental and engineering requirements based on leading edge technology. Podojil & Associates Inc. services and programs cater to manufacturing / industrial, construction, academic institutions, and government agencies.

Since 1996, Podojil & Associates Inc. has established a reputation for providing honesty and integrity to our clients.

OSHA litigation support, on-site project management, expert witness litigation, safety, health, environmental regulatory remediation, engineering design and training in a variety of specialized educational subjects.

Services

- Hospitality, Resort and Casino Program Development
- Environmental Sustainability
- On-Site Project Management
- OSHA Litigation Support & Expert Witness Litigation
- Accident Investigation
- Safety, Health, Environmental Regulatory Remediation
- Construction and General Industry Safety Auditing
- Risk Management Solutions
- Training
- OSHA Regulatory Training
- Healthcare Safety & Health Training
- Site Specific Safety

Podojil & Associates, Inc. is an international occupational safety and health training organization which provides audits, accident investigations, conduct training programs and courses on a global basis. The organizational mission is to provide a framework for developing and delivering high quality occupational safety and health training to workers around the world in order to reduce fatalities, injuries, and illness.

No Boundaries. General Industry & Construction Audits & Training Conducted Anywhere in the World.

This mission is achieved by conducting instructor-led and online training courses; authorizing affiliate training organizations worldwide to offer Podojil & Associates, Inc safety & health programs and courses; and authorizing Podojil & associates, Inc. Authorized Trainers to conduct introductory and intermediate level worker courses at locations worldwide. Podojil & associates, Inc. audit programs and courses are not limited by geographic jurisdiction. They can be conducted anywhere in the world.



Manufacturing & Industrial Safety Services

Our manufacturing safety services team works with industrial facilities and manufacturing operations to provide the most contemporary safety services in the market today. Our manufacturing safety service team provides services in the areas of:

- Ergonomics
- OSHA Compliance
- Contractor Safety Management
- Facility Safety Audits
- Incident Investigation
- Training

We will deliver the customized, flexible, safety services you need to protect your employees, reduce losses and insurance costs, ensure compliance with federal and state worker safety rules, and protect your hard-earned reputation.

We have a diverse staff of manufacturing safety consultants that bring extensive experience to every situation; addressing your unique needs. Podojil & Associates, Inc. has proven itself to be a safety advising resource that is large enough to ensure full-time coverage for clients of all sizes.

If a company has recently had a major incident, Podojil & Associates, Inc. can investigate the incident and identify the root cause, as well as provide the necessary training to prevent future incidents.

Additionally, we can conduct safety perception surveys in which workers provide anonymous feedback to identify areas of concern, or help our clients develop their own written safety standards, policies, procedures and training programs based on regulatory requirements.



CONSTRUCTION SUPPORT SERVICES

CONSULTING AND MANAGEMENT

Podojil and Associates is a full-service consulting and management firm. Our experienced, professional team will enable you to obtain your business and sustainability goals through design, development, construction, commissioning and operation. Our construction support services program will insure you will meet your unique cost, schedule, safety and quality requirements.

Podojil & Associates brings continuity and in-depth expertise through a single source; delivering a combination of services and resources. We are your competitive edge in the global marketplace.

COMPREHENSIVE SUPPORT

Our approach begins with concept development where we define the requirements unique to your project. We then work with you to implement the plan, ensuring elements such as design plans and specifications are complete, cost estimates and budgets are managed, schedules are followed, appropriate permits are obtained and risks are mitigated.

Our team of professionals will work with you to confirm that all of your contractors have been pre-qualified for your safety. Our years of experience in construction support from simple projects to complex construction ventures assures that your endeavor will be completed according to your expectations.

SERVICES

- Owner's Representative
- Construction Management
- On-Site Job Safety Superintendent
- Program Management
- Cost Estimating and Budgeting
- Scheduling
- Commissioning, Start-Up and Training
- Client and Facility Operations
- Environmental Services



Medical & Health Care Safety & Health Consulting

Podojil & Associates, Inc. is dedicated to providing Healthcare Professionals and Organizations with the support, training and tools to ensure they are in compliance with industry regulations and good safety practices.

Podojil & Associates, Inc. utilizes a combination of advanced virtual and in-person services to provide a Compliance Experience minimizing risk and time while maximizing peace of mind. First, our team of professionals will assess your present programs, documentation, practices and procedures.

Report of Recommendations.

Next, we will implement agreed upon recommendations. We will write the plans and train the staff - We do not just give you a list of what you need to do.

Finally, we'll help you maintain your compliance and accreditation plans current and practiced - we'll make sure that you don't have panics at the next compliance (or accreditation) visit.

Audits

- We can survey your facilities
- Review existing manuals
- Review required compliance postings, documents, and record keeping
- Assess educational requirements
- Review existing policies such as Blood Borne Pathogens, Fire, Chemical, Drug, etc.

IMPLEMENT

- We then update or write your compliance manuals
- Create Material Safety Data Sheets (MSDS)
- Educational Material
- Compliance posters (federal and state)
- Hazardous product labels
- New Hire Training Programs
- Online Training Programs
- On site Training Programs
- "Train the Trainer" Programs



HOSPITALITY RESORT & CASINO OPERATIONS

Hospitality, Hotel, Resort and Casino Service Industries have unique employee health, food preparation and safety issues, requiring customized audits and training for maximum impact and on-the-job application. Podojil & Associates Inc. offers a full menu of services to meet this need.

Podojil & Associates Inc. is the only specialized consulting group located in the United States that can offer all of your safety, health, food, fire or environmental auditing and training needs.

Below is a sampling of the many safety, health, fire, food and environmental consulting and training topics:

- Hospitality, Resort and Casino Program Development
- Hazard Communication for Hotels and Restaurants
- Employee Safety Orientation
- Food Safety Audits and Inspections
- Fire Protection
- Construction Oversight
- Construction Contractor Qualification
- Golf Course Maintenance Safety
- Housekeeping and Custodian Safety
- Food Sanitation Program
- Workers' Comp Fraud Prevention
- Risk Management Development
- Violence in the Workplace
- OSHA Certified Training
- Accident Investigations
- Business Continuity Plans
- Hazard Analysis of Critical Control Points (HACCP)



Petroleum Industry Safety & Health Support

Every day, the oil and gas industry must contend with an array of health, safety and environmental concerns throughout its range of operations. In the face of increasing regulatory oversight, as well as increased public scrutiny, companies need to implement effective safety management systems to help protect their workers, the general public and the environment.

Podojil & Associates, Inc. has assisted its clients in the oil and gas industry to establish specific systems, programs and processes to manage and monitor activities that affect their safety performance.

Our safety management services can help develop management systems that support safety sustainability and business performance throughout the full life cycle of your assets.

- Integrated HSE Management Systems Design and Development
- Incident Investigation
- Regulatory Compliance Audits
- HSE Metrics Development and Consulting
- Safety Culture Evaluation, Training and Organizational Change
- Conduct of Operations and Operating Discipline Consulting
- HSE Training Programs and Competence Assurance
- OSHA PSM Inspection Preparation
- Expert Witness Consulting

Petroleum Industry Safety & Health Professional Credentials

Podojil & Associates, Inc. is proud to provide classroom and online professional and credentialed training for the oil & gas industry. The following is a list of these professional credentials.

Oil & Gas Well Drilling & Servicing

- Petroleum Safety Specialist (PSS)
- Petroleum Safety Manager (PSM)
- Petroleum Safety Administrator (PSA)

Refinery, Petrochemical Plant, & Storage Facility Series

- Petroleum Safety Specialist (PSS)
- Petroleum Safety Manager (PSM)
- Petroleum Safety Administrator (PSA)

Pipeline Systems Series

- Petroleum Safety Specialist (PSS)
- Petroleum Safety Manager (PSM)
- Petroleum Safety Administrator

Other Workplace Safety Training

- Fire Prevention and Protection
- HAZWOPER (8-, 24-, 40-Hour)
- OSHA 10- and 30-Hour General Industry
- OSHA 10- and 30-Hour Construction
- Confined Space Training
- First Aid and CPR Training
- Safety Program Development
- Lock-Out and Tag-Out
- Powered Industrial Truck
- Electrical Safety & NFPA 70E
- Machine Guarding



Food Safety Audits & Inspections . Third Party Audits

Podojil & Associates Inc. brings peace of mind to clients through our proven food safety and sanitation program. We provide customers with a full spectrum of services that ensures compliance with the local health department.

Through our Signature Program we deliver the following services:

- Customized food safety program
- Online reporting through our secure website
- Full range of on-site training sessions for all restaurant personnel

Food Safety Audits & Inspections . Third Party Audits

One of the keys to any successful Food Safety Program is to "**know who you are buying from.**" In order to do this, food suppliers' facilities should be inspected on a regular basis either by your own auditors, approved 3rd party auditors or combinations of the two methods. This must be done in a comprehensive but cost-effective manner.

Podojil & Associates has extensive experience in understanding how to develop, implement and validate/verify supplier-auditing programs. We offer comprehensive services in this regard such as:

- Supplier Auditing Optimization (review of current programs and recommendations for modifications, if needed)
- Developing and helping to implement new programs (includes guidelines for selecting Third Party Auditors, role of consumer complaint monitoring and cost implications to you and your suppliers)
- Conducting Triage Audits in cases where recalls or consumer complaints are involved Developing risk-based auditing instruments



Course Completion Certificates & Professional Credentials

Podojil & Associates, Inc. offers professional and topical certifications and course completion certificates for construction, general industry and petroleum industry, including the vital general industry Safety Manager/ Trainer 40-hour Courses.

All courses are available in not only in classroom study but may also be taken in the independent study format, delivered directly to the student by way of a computer download. Online testing is available at the end of every course.

Professional Certification Courses

There are 12 professional certifications, including the Safety Manager/ Trainer Course, to choose from.

Topical Certification Courses

There are 29 topical certification courses to choose from. All are independent studies, allowing you to work at your own pace and many can be bundled together as a part of high-level professional certifications.

Course Cost

Professional Level or Train the Trainer Courses are \$895.00

Specialist Level Courses are \$595.00

Technician Level Courses at \$295.00

US Department of Veterans Affairs Recognition and Information for Veterans

Approved for Department of Veterans Affairs GI Educational Benefits

You can receive GI Bill reimbursement for licensing and certification tests. These tests must be specifically approved for the G.I. Bill. There is no limit to the number of tests you may take, or number of times you may take the same test. VA will pay for tests even if you fail them.

VA can pay only for the cost of the tests, up to \$2,000.00 for each test. They cannot issue reimbursement for other fees connected with obtaining a license or certification. Payment is issued after you submit proof of payment, etc. to the VA.

For More Information

If you have questions about licensing and certification reimbursement, or applying for benefits, you can

- Visit the website at www.gibill.va.gov, and click on 'Ask a Question and Find Answers'
- Call at 1-888-GIBILL-1 (1-888-442-4551), or for the hearing-impaired call 1-800-829-4833.

Course Catalogue

Accident Investigation Technician Certification	18
Aerial Work Platform Operator Training	19
AHA CPR & AED Safety Training Program	20
Back & Muscle Injury Prevention Program	21
Blood Borne Pathogens and Needlestick Technician (BPT)	22
Confined Space Awareness Training	23
Confined Space Entry Program	24
Construction Safety Standards for Construction Industry	25
Overhead Crane and Rigging	26
Hospital Custodial, Janitors and Housekeepers Safety Training	27
Electrical Safety Technician (EST)	28
Hazardous Location Electrical Systems	29
Hazardous Location Electrical Systems HIGH VOLTAGE	31
EM 385-1 Safety Course	33
Ergonomics Safety Technician (CEST)	34
Expert Witness Training	35
Fall Protection Awareness Training	37
Fall Protection Development & Equipment Inspection Program	38
Fire Protection/Prevention, Exit Routes and Emergency Plans	39
Traffic Control/Flagger Safety	40
Forklift Training Operator Training Certification	41
Forklift & Aerial Lift Train the Trainer	42
Construction Safety Standards for General Industry	43
Hazard Communication/Global Harmonization Train the Trainer	44
Hazard Communication with Global Harmonization	45

H2S Gas Safety Training for Oil and Gas	47
HAZWOPER First Responder Awareness Training	48
HAZWOPER Training Specialist (HTS)	49
Healthcare Facilities- Hazards and Solutions	50
Healthcare Workers Violence Prevention Specialist (VPS)	51
Hospital Based First Receivers of Victims of Mass Casualties	52
Patient Safety Course	53
Hotel, Resort & Casino Safety Course	54
Ladder Safety and Inspection Training	55
Lockout, Tagout & Tryout Safety Training	56
Machine Guarding Technician	57
Materials Handling Equipment (MHT)	58
Construction Industry Competent Person Train the Trainer	59
General Industry Competent Person Train the Trainer	60
Petroleum Safety Specialist -Refinery Systems (PSS)	61
NFPA 70 E	63
Certified Petroleum Safety Manager - Drilling & Servicing	64
OSHA 10 Construction	65
OSHA 10 General Industry	66
OSHA 30 Construction	67
OSHA 30 General Industry	68
Power Generation, Transmission & Distribution--Electrical Safety	69
Personal Protective Equipment Technician (CPT)	70
Recordkeeping Technician Certification (ORT)	71
OSHA Pandemic Influenza Preparedness/Aerosol Transmissible Diseases	72
Master Safety Administrator (MSA)	73
Trainer Course for Construction Industry 500	75
Safety & Health Standards for Construction Industry 510	78
Trainer Course for the General Industry 501	80
Safety & Health Standards for Construction Industry 511	83
Introduction to Safety & Health Management	85
Safe Bolting: Principles & Practices	86
Solar Energy Construction Safety	87
Qualitative Respirator Fit Training	89
Respiratory Train the Trainer Course	90
OSHA 10 Hour Road & Bridge Building Construction	91

Fall Protection & Elevated Structures Safety Technician (SLT)	92
Storm Water Prevention Program	93
Safety Inspections Technician (SIT)	95
Scaffold Competent Person Training (CPT)	98
Safety Manager/Trainer Certification (SMT)	99
Steel Erection Safety Technician Certification (SET)	102
Tree Worker Safety Training Program	103
Welding, Cutting, & Brazing Safety Technician (WST)	104
Wind Power Alternative Energy Course	105
OSHA Noise & Hearing Standard For General Industry	106

Accident Investigation Specialist

Certification Course Length: 3 Days,

Course Price: \$395.00

Our Accident Investigation Technician Certification covers:

- The Initial Investigation at the Accident Scene
- Managing the Accident Investigation
- Collecting Data
- Analyzing Data
- Developing Conclusions and Judgments of Need
- Reporting the Results
- And much more!

Qualification: Accident Investigation Technician (AIT)

Course Objectives:

The purpose of this course is to provide those responsible for conducting accident investigations with practical, detailed instruction on conducting these investigations. The course provides in-depth guidance, as well as specific tools and techniques, that will facilitate the investigation process.

Learning Outcome:

Upon successful completion of this course, students will be able to conduct complete accident investigations by collecting and analyzing data, identifying barriers in procedures, standards and requirements that lead to accidents, and implementing appropriate controls to prevent accidents.

Online Exams:

The student will take a comprehensive online exam at the end of the course. You must score 80% to receive certification. You have two opportunities to pass the exam.

Recertification:

A refresher course and exam will be required every year. The cost of this recert

ification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Aerial Work Platform Technician

Training(AWPT)

Course Length: 1 Day

Course Cost \$295.00

Course Description:

This program is designed for individuals who work from, or operate, boom lifts, scissor lifts and/or push-around equipment. This course covers all the safety aspects regarding pre- and post-use checks, regulations, fall protection and general use. The course format includes a combination of presentation, question and answer, practical application and final exam.

Program Objective

This program is for employees who use aerial work platforms.

Program Agenda

This course covers the following:

- Pre and post use of equipment
- Fall prevention
- OSHA & American National Standards Institute Regulations
- And More

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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AHA CPR & AED Safety Training Program

Course Length: 1 Day

Course Cost: 295.00

Program Objective:

The **Heartsaver First Aid with CPR and AED Course** provides the skills to effectively assess and maintain life from the critical minutes immediately following an emergency until the arrival of emergency medical services personnel. The course also provides corporations with a complete health and safety training solution for First Aid CPR and AED.

The Heart Saver First Aid with CPR and AED Course has been developed using the same evidence-based process as all American Heart Association Emergency Cardiovascular Care courses.

Course Description: The Heart Saver First Aid with CPR and AED Course teaches rescuers to effectively recognize and treat emergencies in the critical first minutes until emergency medical services personnel arrive.

Intended Audience Persons assigned to respond to emergencies in the workplace or community as well as those who want to learn First Aid, CPR and AED. Some rescuers are required to take this course as part of their employer's efforts to comply with OSHA regulations, e.g., corporate employees, security guards, airline personnel, lifeguards and other individuals who want or need first aid training.

Written/Skills Exam: Not required for completion card

Back Injury & Muscle Prevention Program

Course Length: 1 Day

Course Cost: 295.00

Program Objective:

The goal of this program is to increase the awareness of the importance of practicing proper lifting techniques on a daily basis. Most back injuries are caused by chronic exposure...that means we need to correct bad habits before they cause injury!

Course will explain safe lifting techniques and ways to prevent back strains and injuries. The result will be more awareness of how to lift, sit, stand, and otherwise reduce the potential for back injury and greater use of correct techniques and postures.

- Understand techniques that can be used to maintain a healthy back
- How to size up loads and properly judge your limits
- Learn how the back works and how to keep it healthy and strong
- Understand the extreme forces placed on the back when lifting incorrectly
- Common pitfalls of everyday activities, at work and at home
- What you can do to prevent an injury

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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Bloodborne Pathogens & Needlestick Technician (BPT)

Course Duration: 1 Day

Course Cost: 295.00

Our Bloodborne Pathogens Technician certification covers:

- Scope and Application
- Written Plan
- Exposure Determination
- Methods of Compliance
- Regulated Waste
- New Needlestick Requirements

- And much more!

Course Objectives:

Acquired immunodeficiency syndrome (AIDS) and hepatitis merit serious concern for workers occupationally exposed to blood, other potentially infectious materials and other body fluids that contain such bloodborne pathogens as HIV and HBV. Exposure to bloodborne pathogens occurs in many ways. Generally, bloodborne pathogens can be transmitted through contact with eyes, nose, and mouth or through broken skin.

Learning Outcome: Note: 29 CFR 1910.1030(g)(2)(viii) does however require that the trainer be: knowledgeable in the subject matter covered by the elements contained in the training program. . . In OSHA's bloodborne pathogens compliance directive (OSHA Instruction CPL 02-02-069), we state: possible trainers include a variety of healthcare professionals such as infection control practitioners, nurse practitioners, registered nurses, occupational health professionals, physician's assistants, and emergency medical technicians.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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Confined Space Awareness Training Program

Course Length: 1 Day

Course Cost: 295.00

Program Objective

The goal of this course is to train the students to work safely around confined space areas. This awareness class is designed for employees whose job DOES NOT require confined space entry but who are exposed to confined spaces and must be aware of the hazards.

Program Agenda

- Identify types of hazards in confined spaces
- Procedures to follow before entering a confined space
- Define the terms oxygen deficiency versus oxygen enrichment
- Recognize the concept of lower and upper flammable limits
- Isolation, inerting and special procedures to enter a confined space
- Identify confined space hazards, such as hydrogen sulfide and carbon monoxide toxins
- General duties of the Attendant, Entrant and Supervisor
- Define the difference between non-permit and permit entry confined spaces
- Describe the importance of following confined space rescue procedures

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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Confined Space Technician

Course Length: 1 Day

Course fee: \$295

Program Objective

The goal of this course is to comprehensively address in detail, in theory and practical exercises, the vital knowledge necessary to participate in confined space entry operations safely.

Program Objective

This course is approximately 6-8 hours. Student completion meets the training requirements specified under OSHA regulatory standards for entrant, attendant and entry supervisor.

At the completion of this course students will be acquainted with:

- . Basic safety management
- Recognizing a confined space
- When is a confined space permit required?
- Atmospheric hazards
- Entrant duties
- Attendant duties
- Entry supervisor duties
- When is a secondary stand-by required?
- Rescue and emergency services

- The entry permits

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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Construction Safety Standards for Construction Industry

Course Length: 4 Days

Course Cost:

595.00

Course

Objectives:

This four (4) day Construction course is for students wanting to learn the 29 CFR 1926 standards, this course is a must. Learn crucial OSHA policies, procedures, and standards, as well as construction safety and health principles as they relate to real world situations. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide.

Learning Outcome:

Upon successful completion of this course, the student will be able to develop formal safety programs, research and understand OSHA construction industry regulations, letters of interpretation and directives and much more.

Topics covered:

- Effects of Workplace injuries and illnesses
- Mission and importance of OSHA in the workplace
- Organization, origin, codification of OSHA Standards
- Processes and Rules for OSHA inspections, citations, penalties and policies
- OSHA recordkeeping requirements for injuries and illnesses
- OSHA forms 300, 300A, and 301
- Walking and working surfaces hazards, ladders and scaffolds
- Emergencies including fire protection
- Fall Prevention, ANSI Z359 standards, Subpart M.
- Personal Protective Equipment
- Hazardous Materials / Global Harmonization
- Excavation & Trenching
- Materials Handling and Storage hazards

- Permit-Required Confined Space hazards
- Electrical hazards
- Hazardous energy hazards Lockout and Tagout
- And more

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Overhead Crane & Rigging Course

Course Duration: 4 Days

Course Cost: \$395.00

Program Objectives: Learn how to inspect your cranes like OSHA compliance officers. The four (4) day Overhead Crane & Rigging Course is a comprehensive safety training program designed for anyone involved in managing, inspection or operating these types of cranes in the general industry field. Specifically devised for safety directors, supervisors, in-house inspectors, supervisors, and operators; the program provides complete information on OSHA crane and rigging compliance issues.

Learning Outcomes:

Students will learn the safety requirements for safely setting up and operating overhead bridge cranes, portal cranes, jib cranes, mobile cranes and gantry cranes including use of load charts. Upon completion, students will have the knowledge and materials to set up an in-house crane safety training program that meet federal OSHA and the American National Standards Institute (ANSI) standards.

- Locate OSHA Standards references applicable to specific Crane & Rigging conditions and practices (29 CFR 1910.179 -1910.184 OSHA Standards)
- Locate American National Standards that relate to specific crane and rigging operations.
- Describe types of personal protective equipment (PPE), and the requirements for use in OSHA standards (Subpart E- Personal Protective Equipment)

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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Hospital & Custodial, Janitors & Housekeeper Safety Training

Course Description: The objective of this course is to engage students in active discovery of hospital safety & risk management principles. Students will learn all aspects of safety and health regulations and procedures in the hospital and the healthcare industry as it relates to housekeeping and janitorial services.

Course Duration: 5 Days

Course Cost: \$395.00

Student Learning Outcomes

Students who successfully complete this course will be able to:

- Understand OSHA and CAL-OSHA regulations
- Prevent Injuries in Hospital and health care industry operations.
- Understand requirements for janitors and housekeepers in a hospital and health care industry.
- Prevent Injuries in hospital and healthcare environments.
- Understand Requirements for Risk Management Operations

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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Electrical Safety Technician

Course Cost: \$295.00

Our Electrical Safety Technician certification covers:

- Hazards of Contact With Electricity
- Properties of Electricity
- Electrical Shock
- Burns Caused by Electricity
- Recognizing Hazards
- Evaluating Hazards
- OSHA Low Voltage Standards
- OSHA High Voltage Standards
- NFPA 70 E
- And much more!

Course Objectives:

This course provides an understanding of the principles of electricity and the electrical hazards common to business and industry. It examines the common electrical injuries to employees and how to prevent them. You will learn how to recognize, evaluate, and control electrical hazards. The course covers regulatory compliance and safe work practices.

Learning Outcome:

Upon successful completion of this course, the student will be able to understand the physical and health hazards associated with electricity, identify and explain electrical protective devices, understand electrical theory and terminology, understand and apply electrical design requirements.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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Hazardous Location Electrical Systems

Course Length: 2 Days

Course Cost: \$295.00

Course Description:

Identify hazardous zones, learn codes, standards and certification requirements. The National Electrical Code® (NEC) defines hazardous locations as those areas where fire or explosion hazards may exist due to flammable gases or vapors, flammable liquids, combustible dust, or ignitable fibers or flyings. Articles 500 through 504, and 510 through 517 provide classification and installation standards for the use of electrical equipment in the three classified hazardous locations: type, condition and nature. Also learn about design issues, proper grounding and bonding, safe wiring methods and maintenance techniques.

Course Outcome, You Will Learn:

- Hazardous Locations
- Basic installation requirements
- Hazardous location identification
- Design issues
- Grounding and bonding Codes, standards, certification, and marking
- Other protective schemes
- Wiring methods
- Maintenance

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Hazardous Location Electrical Systems High Voltage

Course Length: 4 Days

Course Fee: \$395

Course Description: High Voltage Electrical Safety for Power Generation, Transmission and Distribution - Industrial Training

Review the OSHA specific requirements for working near high voltage electrical systems, including your responsibilities, training requirements and the definition of a “qualified” person. Learn how to create a safe work environment through understanding electrical hazards and proper work and protection practices.

AGENDA

OSHA Introduction

- Key national consensus standards
- Standards development

Understanding Electrical Hazards

- Electric shocks, arcs and blasts
- Fault current and potential difference
- Electrical safety in industrial plants

29 CFR 1910.269: Electric Power Generation, Transmission and Distribution

- 1910.269(a): Application
- 1910.269(c): Job briefing
- 1910.269(d): Hazardous energy control (Lockout/Tagout) procedures
- 1910.269(g): Personal protective equipment
- 1910.269(i): Hand and portable power tools
- 1910.269(j): Live-line tools
- 1910.269(l): Working on or near exposed lines
- 1910.269(n): Grounding for the protection of employees
- 1910.269(p): Mechanical equipment
- 1910.269(q): Overhead lines
- 1910.269(t): Underground electrical installations
- 1910.269(w): Special conditions

Electrical Safety Work Practices

- Qualified person requirements
- 1910.332: Training
- 1910.333: Selection and use of work practices
- 1910.335: Safeguards for personnel protection

Appendices

- OSHA interpretation
- Relevant OSHA standards

Recertification:

A refresher course and exam will be required every three (3) years. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

EM 385-1 Safety

Course Duration: 5 Days

Course Cost: \$595.00

Course Objectives:

This course is designed for contractors, military and government employees who enforce or must comply with the EM385-1-1 US Army Corps of Engineers safety and health requirements.

Topics:

Students will learn procedures of the Navy and US Army Corps of Engineers contracts, and the safety & health requirements of the US Army Corps of Engineers Safety & Health Requirements manual. Upon completion, students receive an official OSHA 30 Hour card for Construction. Areas covered, Site-Specific Accident Prevention Plan (APP), Intro to OSHA, Site Safety Health Officer's Qualifications & Responsibilities, Activity Hazard Analysis development, Site Personnel training, Incident Response, Job-site Auditing, & Hazard Communication.

Prerequisite N/A

Required Text

OSHA Standards for General Industry (29 CFR Part 1926) current edition & Corps of Engineers EM-385-1-1 manual.

Student Learning Outcomes

1. Identify appropriate EM385-1-1 standards applicable to the construction industry
2. Identify appropriate OSHA 29 CFR 1926 construction standards
3. Identify the requirements of contractors to develop accident & illness prevention plans
4. Apply the requirements for developing Job Safety & Health Analysis (JSHA).

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Ergonomics Safety Technician

Course Duration: 2 Days

Course Cost: \$295.00

Our Ergonomics Safety Technician certification covers:

- Defining Ergonomics
- Regulations
- History of Ergonomics
- Ergonomic Factors
- Risk Factors Inherent in the Worker
- Risk Factors Inherent in the Environment
- And much more!

Qualification: Ergonomics Safety Technician (EST)

Course Duration: 2

Days

Course Objectives:

Work-related musculoskeletal disorders (MSDs) result when there is a mismatch between the physical capacity of workers and the demands of the job. Musculoskeletal disorders are the leading cause of disability of people in their working years, afflicting over 19 million workers. One-half of the nation's work force is affected at some time during their working lives. Statistics show a steady increase in musculoskeletal disorders. Each year thousands of workers in the United States report work related MSDs such as tendonitis, epicondylitis, carpal tunnel syndrome, and back injuries. Many of these are caused or aggravated by work related stressors such as lifting, reaching, pulling, pushing, and bending.

Learning Outcome:

Upon successful completion of this course, the student will be able to define ergonomics and work-related musculoskeletal disorders (MSD), recognize signs and symptoms of MSD injuries, identify risk factors for MSDs, specify controls and practices to eliminate and reduce risk factors and hazards, specify how to report symptoms and hazards, and identify the elements of a

successful ergonomics program.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Expert Witness Training Course

Course Length: 3 Days

Course Cost: \$395.00

Course Description: This course provides an introduction to How to Start, Build and Run a Successful Expert Witness Practice. This three day course is an intensive, content rich workshop that is designed to show safety professionals how to start, build, and run a successful expert witness practice. This course is appropriate for safety, health and environmental professionals including prospective and novice expert witnesses. Students will learn from an experienced faculty in a step-by-step fashion how to start, build, and run a successful and ethical expert witness practice.

Prerequisite : None

Required Text: None

Student Learning Outcomes

At the end of the training, the participants will be able to understand:

- The role of expert witnesses in civil litigation,
- Who is considered an expert,
- How to properly define your area (s) of expertise and practice areas, education & degrees
- How to draft a curriculum vitae appropriate for expert witness work,
- How to get cases, marketing your business
- How to avoid ethical problems and maintain your integrity,
- Qualifying the expert,
- Does your attorney want you to write a report or not
- Daubert & Frye Decisions,
- How to draft a retention agreement to protect your rights,

- The testifying skills and techniques attorneys are looking for,
- Techniques for maintaining your independence and objectivity,
- Ten golden rules to remember and ten mistakes
- How to build a tremendous reputation,
- Ethics,

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Fall Protection Awareness Training

Course Length: 1 Day

Course Cost: \$295.00

Program Objective

The goal of this program is to inform the students of necessary safe work practices and regulations designed to prevent injuries and death, due to falls while working in elevated surfaces.

This is a very compact and direct course that deals with the issues and fall protection systems immediately relevant to workers on site. Workers will be expected to know how to properly put on a harness, connect to and utilize a site-specific installed fall protection systems.

Course Topics:

At the completion of this course the participants will be acquainted with the following information and material:

- The need for fall protection;
- Traditional Fall Protection (e.g. handrails, guardrails, etc.);
- Fall Restraint systems;
- Fall Arrest systems (incl. anchors, body support, connecting components and the importance of a rescue plan).

Focus of training will be the systems that students utilize on site.

Client to provide harnesses/lanyards for demonstration during class.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Fall Protection Development & Equipment Inspection Program

Course Length: 1 Day

Course Cost: \$295.00

Program Objective

Prerequisite: Fall Protection Awareness Training

This course provides the student with complete knowledge to develop an in house fall prevention program that meets American National Standards Institute ANZI Z359.2 standards, inspect and oversee the care and maintenance of the company's fall protection equipment. The focus of the training is on soft-good inspection including harnesses, lanyards and anchorage connectors. Visual (external) inspection of Self Retracting Life Lines, and hardware are also emphasized.

The course includes a classroom portion, which details the requirements of the inspection and maintenance program and goes into detail with regard to inspection criteria. Further, a hands-on portion allows the students to inspect fall protection equipment at the site under the supervision of the instructor.

Program Agenda:

- Inspection requirements under ANSI 1891.4 standard
- Principles of inspection
- Product conformance requirements
- Soft goods inspection
- Hard goods inspection
- Records maintenance/inspection logs

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Fire Protection / Prevention, Exit Routes, and Emergency Plans

Course Duration: 3 Days

Course Cost: \$395.00

Our Fire Protection/Prevention, Exit Routes, and Emergency Plans certification covers:

- Workplace Fire Safety
- Exit Routes
- Medical Services and First Aid
- And much more!
- Course Outline

Objectives:

This course prepares the student to meet the workplace safety needs for Fire Protection and Prevention, Exits and their requirements, Plans related to fire and other emergencies, and First Aid requirements. This course includes OSHA's recent changes to Subpart E and its new approach to what OSHA now refers to as their "Emergency Standards".

Learning Outcome:

Upon successful completion of this course, the student will be able to understand and explain the three elements of fire protection, identify types of fire suppression equipment, understand the requirements for exit routes, design and implement emergency action plans, and understand how to meet the requirements of first aid training.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Traffic Control/Flagger Safety

Course Length: 16 Hours Supervisor, 8 Hours Employee, 4 Hours Refresher.

Course Cost: \$295.00

Course Objectives: Upon completion of the course participants will be acquainted with the following information:

In California. Review of CCR Sections 1598 and 1599

Course Topics:

- How to properly use temporary traffic control devices
- Signs
- Cones, delineators & barricades
- Flashing arrow signs
- Safe installation & removal of temporary traffic control zones
- Advance warning & sign placement
- Transition area(s) & tapers
- Activity/work area
- Termination area
- Flagger Training
- Table top exercises
- *Hands-on training (Mock scenarios)
- How to write and document a simple traffic control plan
- Client to provide traffic control equipment for hands-on exercises (i.e. Traffic cones, barricade, signs)

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Forklift Operator Training Certification

Course Length: 2 Days

Course Cost: \$295.00

Course Description:

Our Forklift Operator certification covers:

- Powered Industrial Trucks
- Safe Operation
- Operation Certification/License

Certification:

Forklift Operator

Course Objectives:

Each year, tens of thousands of forklift-related injuries occur in U.S. workplaces. Many employees are injured when lift trucks are inadvertently driven off loading docks or lifts fall between docks and an unsecured trailer. Employees are also struck by a lift truck or fall while on elevated pallets and tines. Most incidents also involve property damage, including damage to overhead sprinklers, racking, pipes, walls, and machinery. Unfortunately, most employee injuries and property damage can be attributed to lack of safe operating procedures, lack of safety-rule enforcement, and insufficient or inadequate training.

Learning Outcome:

Upon successful completion of this course, the student will be able to differentiate the types of forklifts and powered industrial equipment, understand materials handling techniques, understand operating techniques, determine hazards associated with powered industrial equipment and safely operate the powered industrial truck(s) to which he/she is assigned in his/her workplace.

Course Prerequisites: This course has no prerequisites.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Forklift & Aerial Lift Train the Trainer

Course Length: 4 Days

Course Cost: \$895.00

Course Objectives:

This 4 day Train the Trainer program is a comprehensive, cost effective method of ensuring that your operators receive training and evaluation that meets or exceeds all applicable government regulations and referenced industry standards. Attendees will receive in-depth instruction on how to effectively train and evaluate operators of forklifts and aerial lifts. Successful attendees will receive a Forklift Safety Technician credential (FST) and a Train the Trainer Completion Certificate.

Learning Outcome:

Upon successful completion of this course, the student will be able to develop and teach forklift and aerial lift operators in the safe operation of this type of equipment. differentiate the different types of forklifts and powered industrial equipment, understand materials handling techniques, understand operating techniques, determine hazards associated with powered industrial equipment and implement and maintain a forklift/powered industrial equipment safety program.

Note: Trainers must develop and teach a 2 hour section on forklifts & aerial lifts.

Topics covered:

- Positive Teaching Techniques
- How to Develop and Effective Presentation
- OSHA 29 CFR 1910.178
- American Nation Standards Institute (ANSI) B56 standards

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Construction Safety Standards for General Industry #

510

Course Length: 4 Days

Course Cost: \$395.00

Course Objectives:

This 4-day Construction is for students wanting to learn the 29 CFR 1910 standards, this course is a must. Learn crucial OSHA policies, procedures, and standards, as well as general industry safety and health principles as they relate to real world situations. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide.

Learning Outcome:

Upon successful completion of this course, the student will be able to develop formal safety programs, research and understand OSHA general industry regulations, letters of interpretation and directives and much more.

Topics covered:

- Effects of Workplace injuries and illnesses
- Mission and importance of OSHA in the workplace
- Organization, origin, codification of OSHA Standards
- Processes and Rules for OSHA inspections, citations, penalties and policies
- OSHA recordkeeping requirements for injuries and illnesses
- OSHA forms 300, 300A, and 301
- Walking and working surfaces hazards - 29 CFR 1910- Subpart D
- Emergencies including fire protection - 29 CFR 1910- Subpart E
- Machinery hazards - 29 CFR 1910- Subpart O
- Personal Protective Equipment- 29 CFR 1910- Subpart I
- Hazardous Materials - 29 CFR 1910- Subpart H
- Common Health hazards - 29 CFR 1910- Subparts G and Z
- Materials Handling and Storage hazards - 29 CFR 1910- Subpart N
- Permit-Required Confined Space hazards - 29 CFR 1910.146
- Electrical hazards - 29 CFR 1910- Subpart S
- Hazardous energy hazards - 29 CFR 1910.147
- And more

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Hazard Communication / Global Harmonization Train the Trainer

Course Length: 4 Days

Course Cost: \$895.00

Program Objective

Prerequisite: None.

New changes to the Occupational Safety and Health Administration's (OSHA) Hazard Communication Standard are bringing the United States into alignment with the Globally Harmonized System of Classification and Labeling of Chemicals (GHS), further improving safety and health protections for America's workers. Building on the success of OSHA's current Hazard Communication Standard, the GHS is expected to prevent injuries and illnesses, save lives and improve trade conditions for chemical manufacturers. The Hazard Communication Standard in 1983 gave the workers the 'right to know,' but the new Globally Harmonized System gives workers the 'right to understand.'

OSHA is requiring that employees are trained on the new label elements (i.e., pictograms, hazard statements, precautionary statements, and signal words) and SDS format by *December 1, 2013*, while full compliance with the final rule will begin in 2015

The goal of this 8-hour Instructor Training Program is to train and authorize selected employees to implement and conduct your in-house Hazard Communication/Globally Harmonized System Safety Program. This program will provide information about the identification of chemical hazards, chemical labeling, and explanation of the new Safety Data Sheet (SDS) format.

Topics: Substances Exempt by Standard (Consumer Products); Primary and Secondary Container Labels; NFPA Labeling and Number System; SDS Terminology; SDS Availability; Reading SDS; Exposure Prevention (protective measures); Acute and Chronic Health Hazards; Physical Hazards; First Aid (eyes, skin, respiratory)

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Hazard Communication / With Global Harmonization

Course Length: 1 Day

Course Cost: \$295.00

Program Objective

Prerequisite: None.

New changes to the Occupational Safety and Health Administration's (OSHA) Hazard Communication Standard are bringing the United States into alignment with the Globally Harmonized System of Classification and Labeling of Chemicals (GHS), further improving safety and health protections for America's workers. Building on the success of OSHA's current Hazard Communication Standard, the GHS is expected to prevent injuries and illnesses, save lives and improve trade conditions for chemical manufacturers. The Hazard Communication Standard in 1983 gave the workers the 'right to know,' but the new Globally Harmonized System gives workers the 'right to understand.'

Exposure to chemicals poses serious problems for many workers. Chemical exposure may cause or contribute to many serious health effects such as heart ailments, kidney and lung damage, sterility, cancer, burns, and rashes. Because of the seriousness of these problems, and because many people know little or nothing about them, the California Occupational Safety and Health Administration has developed the Hazard Communication (HAZCOM) standard.

This Hazard Communication program will provide information about the identification of chemical hazards, chemical labeling, and explanation of the SDS (safety data sheet).

Topics Discussed:

- Employer Responsibilities
- Notable Changes
- Modified Hazard Communication Standard
- Safety Data Sheet (SDS)
- GHS Pictograms
- Other Affected Standards
- Identify Chemicals and their Hazards
- Written Hazard Communication Program
- Container Labels
- Protecting Yourself
- Use and Disposal of Chemicals

Other Information: We recommend that students attending this course bring a few of their departmental MSDS's for discussion during the course.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

H2S Gas Safety Training for Oil & Gas Course

Course Length: 2 Days

Course Cost: \$295.00

Course Description:

It is essential that oil & gas workers be trained to understand and recognize the hazards associated with Hydrogen Sulfide (H₂S) gas. Hydrogen Sulfide, more commonly known as sour gas, is a flammable, colorless gas that is toxic at extremely low concentrations. It is heavier than air and smells like "rotten eggs". Once exposed, it can quickly cause you to lose your sense of smell. Exposure to Hydrogen Sulfide gas can be fatal

Student Learning Objectives:

- Become knowledgeable about the OSHA and API regulations applicable to Hydrogen Sulfide Gas
- Will be knowledgeable about the different sources of H₂S gas
- Understands the physical and chemical properties of H₂S gas and the health effects it can have on the body
- Understands the use of Personal Protective Equipment (PPE) for Hydrogen Sulfide exposure controls' knowledgeable on how to respond in the event of a Hydrogen Sulfide Exposure H₂S Gas exposer.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Hazwoper First Responder Awareness Training

Course Length: 1 Day

Course Cost: \$295.00

Program Objective

Program Objective

The goal of this course is to provide essential information for individuals who are likely to witness or discover a hazardous substance release and who have been trained to initiate an emergency response sequence by notifying the proper authorities.

Program Agenda:

- Regulatory Requirements in Emergency Response
- Basic Safety Management
- Chemical and Physical Properties of Hazardous Materials
- Hazardous substances and the risks associated in an incident
- Potential outcomes associated with an emergency
- Recognizing the presence of hazardous substances in an emergency
- Identifying the hazardous substance, if possible
- Fire Chemistry and Fire Protection
- Toxicology
- Sanitation & Hygiene / Personal Protective Equipment / Drench Showers & Eyewash Fountains.
- Emergency Response Guide book overview.
- The ability to realize the need for additional resources, and to make appropriate notifications to the communication center.

Recertification:

A refresher course and exam will be required every year. The cost of this

recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

HAZWOPER Training Specialist (HTS)

Course Duration: 5 Days

Course Cost: \$395.00

Our HAZWOPER Training Specialist (HTS) Course Covers:

- OSHA Hazwoper Standards
- Chemistry and toxicology review
- Identifying the hazards of HAZMATS
- HAZARDOUS WASTE OPERATIONS AND EMERGENCY RESPONSE
- Emergency incident command procedures
- Practical exercises for the student

Qualification HAZWOPER Training Specialist (HTS)

Learning Outcome:

This course is specifically designed to prepare workers who are involved in clean-up operations, voluntary clean-up operations, emergency response operations, and storage, disposal, or treatment of hazardous substances or uncontrolled hazardous waste sites. Topics include protection against hazardous chemicals, elimination of hazardous chemicals, safety of workers and the environment and OSHA regulations. This course covers topics included in 29 CFR 1910.120. Trainees must have additional hands-on training in the donning, doffing, and use of the Personal Protective Equipment required for their jobsite(s) in accordance with 29 CFR 1910.120. Trainers will be required to develop and teach a portion of the course.

Workers must have 40 hours of initial training and at least three days of supervised field experience before they are allowed to enter the site.

This course meets the standard requirement of 40 hours of initial training. The required 8 hours of hands-on training can be completed by a qualified instructor. The three days field experience under a trained, experienced supervisor is the responsibility of the student's employer or potential employer.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Healthcare Facilities - Hazards & Solutions

Course Length: 4 Days

Course Cost: \$395.00

Course Description:

This four day course focuses on some of the hazards and controls found in the hospital setting, and describes standard requirements as well as recommended safe work practices for employee safety and health.. Hospitals and personal care facilities employ approximately 1.6 million workers at 21,000 work sites. There are many occupational health and safety hazards throughout the hospital.

This course breaks down the hazards associated within the many departments and suggests solutions for avoiding, minimizing, controlling or eliminating them whenever possible

Student Learning Outcomes:

At the end of the training, the participants will be able to:

- Describe the most commonly found health hazards in the workplace with specific emphasis on each department within a hospital setting.
- Identify sources of exposure and hazards and suggest possible solutions .
- Discuss exposure evaluation and engineering and work practice controls.
- Develop a working Hospital Safety Manual
- Work toward preparing for a Joint Commission on Accreditation of Healthcare Organizations Evaluation.
- Prepare for a Agency for Healthcare Research and Quality Survey

Assessments and Evaluation of Student Performance

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Healthcare Workers Violence Prevention Specialist (VPS)

Course Duration: 2 1/2 Days

Course Cost: \$395.00

Certification: Violence Prevention Specialist (VPS)

Course Objectives:

Healthcare workers are exposed to many safety and health hazards. Data indicate that healthcare workers are at high risk for experiencing violence in the workplace. In 1999, the Bureau of Labor Statistics identified a rate of 8.3 assaults per 10,000 workers in the healthcare industry. This rate is much higher than the rate of non-fatal assaults for all private sector industries, which is two per 10,000 workers. The prevention of workplace violence has emerged as an important safety issue in and around hospitals and other healthcare facilities.

Legal Training Requirements

OSHA has warned health care institutions that it has authority under federal law to require workplace violence training program implementation. Some states have passed laws requiring health care workplaces to develop plans to protect employees from violence. Obstacles to Violence Control Health care management may believe that violent incidents must be accepted as part of the job. Staff who report violence may be subject to management retaliation, due to fears that documenting violence will create negative customer service scores. Health care workplace violence training programs can remove workplace culture obstacles to reporting violent incidents and reduce levels of violence in medical settings.

Learning Outcome:

Upon successful completion of this course, the student will be able to define workplace violence, recognize the potential for violence in both behavior and environment, assess risks of the workplace, effectively manage and report incidents of violence, evaluate the workplace violence prevention plans

Recertification:

A refresher course and exam will be required every year. The cost of this _____

recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

HOSPITAL-BASED FIRST RECEIVERS OF VICTIMS OF MASS CASUALTY

Course Length: 2 Days.

Course Cost: \$295.00

Course Description

This one-day course focuses on protection for hospital based first receivers during releases of chemicals, radiological particles, and biological agents (overt releases) that produce victims who may need decontamination prior to administration of medical care.

Although intended for mass casualty incidents as they affect emergency department personnel at fixed hospitals, the basic principles and concepts of this guidance also apply to mobile casualty care facilities and temporary shelters, such as would be necessary in the event of a catastrophic incident involving tens or hundreds of thousands of victims..

Required Texts:

OSHA Standards for General Industry (29 CFR Part 1910) current edition

Prerequisite: None

Student Learning Outcomes: At the end of the training, the participants will be able to:

- Identify steps to plan for incidents involving hazardous substances.
- Identify sources of exposure and hazards and suggest possible solutions .
- Discuss types of training necessary for each classification of employees responding to mass casualty emergencies.
- Develop a working Emergency Management Plan

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Patient Safety Course

Course Length: 4 Days

Course Cost: \$395.00

Course Description:

This four- day course focuses the patient in a health care facility and the recommended safe work practices that need to be observed to prevent further patient incident. This course is designed to examine the culture within the healthcare facility and focus on effective systems and teamwork to accomplish the mutual goal of safe, high-quality performance. The shared commitment of management and employees to ensure the safety of the patient and the work environment. This course is designed to give health professionals an understanding of the historical development and current state of affairs in quality improvement and the patient safety movement.

Prerequisite: None

Student Learning Outcomes:

By the end of this program, participants will be able to:

- Explain the difference between structure, process, and outcome indicators.
- Describe methods for measuring performance and assessing quality of care.
- Describe how culture influences patient safety and reporting of safety events and near misses.
- Describe barriers which prevent healthcare professionals from collaborating to optimize patient care, and ways to remove these barriers.
- Identify mechanisms for identifying patient safety.
- Explore strategies for involving patients and families in patient safety efforts.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Hotel, Resort & Casino Safety Managers

Course Duration: 5 Days

Course Cost: \$895.00

Course Description:

The objective of this course is to engage students in active discovery of hotel, resort & casino safety / risk management principles. Students will learn all aspects of safety, health, food safety & security for hotel resort & casino operations.

Student Learning Outcomes: Students who successfully complete this course will be able to:

- Understand OSHA & FDA Regulations
- Understand HACCP Rules for Food Handlers
- Prevent Injuries in Hotel, Resort & Casino operations.
- Understand Requirements for Risk Management Operations

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Ladder Safety & Inspection Training

Course Length: 1 Day

Course Cost: \$295.00

Prerequisite: None.

Program Objective

The purpose of this class is to teach the student how to use the proper ladder and how to inspect ladders. This course also gives references to state-specific regulations (if applicable), Fed/OSHA regulations, and ANSI A14.1, A14.2, A14.5 standards.

Program Agenda:

- Inspection Guidelines
- Checklists
- Ladder Safety Procedures
- Definitions
- ANSI Standard Ladder Specifications
- Properties of Wood
- Wood Ladder Inspections
- Metal Ladder Inspection Checklist
- Fiberglass Ladder Inspection Checklist
- Storage & Transport of Ladders
- Use of Ladders
- Ladder Reference Guides
- Hazard Warnings & Safety Use Instruction Markings
- Review
- Written Test *Client to provide a variety of ladders used in the workplace to use as demonstration during class and inspection*

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Lockout, Tagout & Tryout Safety Training

Course Length: 1 Day

Course Cost: \$295.00

Prerequisite: None.

Program Objective

Lockout/Tagout (LOTO) training is required for all workers involved in or around machines that are locked and tagged out. Our program meets all of the OSHA requirements for Lockout/Tagout Training. The purpose of this class is to familiarize employees with the LOTO processes and to establish safe working practices. LOTO means that any energy source, whether electrical, hydraulic, mechanical, compressed air, or any other source that might cause unexpected movement, must be disengaged or blocked and electrical sources must be de-energized and locked or positively sealed in the OFF position.

Students will become familiar with the following information:

- Written LOTO program to address the assignment of responsibilities and safety procedures
- Terminology
- How to prepare for the lockout process
- How to safely release stored energy
- Proper locking and tagging procedures
- Proper testing and restart of equipment
- Review of OSHA Compliance References - scope and application
- Personal Protective Equipment (PPE) and identification / labelling system

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Machine Guarding Technician

Course Duration: 4 Days

Course Cost: \$395.00

Our Machine Guarding Technician certification covers:

- Machine Safeguarding
- Narrative Explanation of the Machine Guarding Standards
- Machine Guarding Standards
- Inspections
- And much more!

Certification: Machine Guarding Technician (MGT)

Course Objectives:

There seem to be as many hazards created by moving machine parts as there are types of machines. Safeguards are essential for protecting workers from needless and preventable injuries. Any machine part, function, or process which may cause injury must be safeguarded. Where the operation of a machine or accidental contact with it can injure the operator or others in the vicinity, the hazard must be controlled or eliminated.

Machine guarding requirements can seem overwhelming with an entire subpart of OSHA CFR 1910 devoted to this topic. This course will equip you to protect your employees from moving machinery and to properly apply the OSHA Machine Guarding requirements.

Learning Outcome:

Upon successful completion of this course, the student will be able to identify hazardous areas, motions and actions, understand methods of safeguarding, understand and correctly utilized protective guards and devices and implement inspection procedures to ensure compliance.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Materials Handling Equipment

Course Length: 4 Days**Course Cost: \$395.00****Our Materials Handling Equipment certification covers:**

- Cranes and Derricks
- Crawler, Locomotive, and Truck Cranes
- Hammerhead Tower Cranes
- Overhead and Gantry Cranes
- Floating Cranes and Derricks
- Helicopter Cranes
- And much more!

Course Objectives:

The hazards of moving employees and heavy materials require a wide variety of protective measures for employees on the construction site. This course will teach you about regulatory requirements and safe use for this equipment. The course covers safe rigging and slings for proper lifting and safety requirements for specific types of cranes, derricks, hoists, elevators, conveyors and forklifts.

Learning Outcome: Upon successful completion of this course, the student will be able to identify safety requirements pertaining to cranes and derricks, identify general safety requirements for material hoists, personnel

hoists and elevators and best practices and techniques for rigging and slings used for proper lifting.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Construction Industry Competent Person Train the Trainer Course

Course Duration: 4 Days

Course Cost: \$895.00

Course Objectives:

The focus of this Trainer course is to prepare students to teach the Podojil & Associates, Inc. 10- and 30-Hour classes. Course time is spent learning and practicing adult training techniques. Students will participate in the development and delivery of lectures during class. Thorough knowledge of OSHA construction Industry Standards (CFR 1926) is required. Upon successful course completion, students become authorized Podojil & associates, Inc. Trainers in the 10- and 30-Hour Program. Our training covers specific OSHA regulations and requirements not specific to those working construction-only jobs. Workers taking construction industry courses usually have jobs related to the construction industry.

Note: This is not an OSHA Outreach Training program.

Course Topics:

- Global Harmonization / Hazard Communication
- Fire Prevention & Protection
- Permit Required Confined Spaces
- Flammable & Combustible Liquids
- Fall Prevention including roofing and Subpart M.
- Scaffolds and elevated work surfaces.
- Personal Protective Equipment
- Excavation & Trenching and Shoring
- Welding, Cutting & Brazing

- Steel Erection and More...

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

General Industry Competent Person Train the Trainer Course

Course Duration: 4 Days

Course Cost: \$895.00

Course Objectives:

The focus of this Trainer course is to prepare students to teach the Podojil & Associates, Inc 10 and 30 Hour classes. Course time is spent learning and practicing adult training techniques. Students will participate in the development and delivery of lectures during class. Thorough knowledge of OSHA General Industry Standards (CFR 1910) is required. Upon successful course completion, students become authorized Podojil & Associates, Inc. Trainers in the 10 and 30 Hour Programs. Our training covers specific OSHA regulations and requirements not specific to those working construction-only jobs. Workers taking general industry OSHA courses usually have jobs related to health care, factory, warehouse, manufacturing, storage and more.

Note: This is not an OSHA Outreach Training program.

Course Topics:

- Hazard Communication
- Fire Prevention & Protection
- Machine Guarding
- Flammable & Combustible Liquids
- Material Handling
- Ergonomics
- Industrial Hygiene
- Personal Protective Equipment
- Blood borne Pathogens

- Welding, Cutting & Brazing

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Petroleum Safety & Health Specialist (PSS) - Refinery Systems

Course Duration: 5 Days

Course Cost: \$395.00

Petroleum Safety Specialist course covers:

- An Oil And Petroleum Product Overview
- Petroleum Refining
- Common Media Review of Oil Refinery
- HAZARDOUS WASTE IDENTIFICATION - EPA Chapter III: RCRA Subtitle C -
- Managing Hazardous Waste
- Petrochemical Plant Overview
- Petrochemical Plant Overview
- EPA Enforcement and Compliance Assurance Returned to Core: Petroleum Refining
- EPA Sector Notebook on Petroleum Refining
- Quick look: Oil Refinery and Petrochemical Plant Safety in Canada
- Overview - U.S. Legislation & Regulations Affecting Offshore Natural Gas and Oil Activity
- EPA Spill Prevention, Control, Countermeasures (SPCC) Requirements
- Integrity Management Programs (IMP) for Pipeline Safety & Inspection Protocols

Certification:

Petroleum Safety & Health Specialist (PSS) - Refineries, Plants, Storage Safety

Course Objectives:

The Petroleum Safety & Health Specialist - Refineries, Plants, Storage Safety indicates a high level of proficiency and is one of the highest levels of certification offered by Podojil & associates, Inc. This certification is an indication of a level of proficiency expected of a safety professional who is capable of developing and managing a comprehensive facility wide or corporate safety program for petroleum pipeline construction, operation, and maintenance through the facility lifecycle and closeout decommissioning.

Learning Outcome:

The student will function as a key team member or team leader who provides, implements, and / or reviews regulatory checklists, inspection reports, and required documents. The student will serve as an onsite inspector to assure regulatory requirements are addressed properly during construction and to provide verification that operational regulations are being met on a daily basis and through effective program management.

Course Prerequisites:

There are no prerequisites for this course.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

NFPA 70 E Course

Duration: 2 Days

Course Cost: \$295.00

Course Objectives: Per OSHA standard CFR 1910.331-335, any person working on, near, or around electrical equipment is exposed to a hazard and must be trained to the level of their exposure to the hazard.

Course Outcomes: You will learn the OSHA standards 29 CFR 1910. 331-335 and the requirements of NFPA 70 E. for Qualified Person. The Definition of a Qualified Person from NFPA 70E: A Qualified Person shall be trained and knowledgeable of the construction and operation of equipment or a specific work method, and be trained to recognize and avoid the electrical hazards that might be present with respect to that equipment or work method. Such persons shall also be familiar with the proper use of the special precautionary techniques, personal protective equipment, including arc flash, insulating and shielding materials, insulated tools and test equipment. Such persons permitted to work within the Limited Approach Boundary of exposed live parts operating at 50 volts or more shall, at a minimum, be additionally trained in all of the following:

- The skills and techniques necessary to distinguish exposed energized parts from other parts of electrical equipment.
- The skills and techniques necessary to determine the nominal voltage of exposed live parts.
- Approach distances and the corresponding voltages to which the Qualified Person will be exposed and
- The decision-making process necessary to determine the degree and extent of the hazard and the personal protective equipment and job planning necessary to perform the task safely.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Petroleum Safety & Health Manager (Drilling and Servicing)

Course Duration: 5 Days

Course Cost: \$895.00

Petroleum Safety & Health Manager (Drilling and Servicing) course covers:

- OSHA standards for safety programs for oil and gas industry
- Job Hazard Analysis guidelines
- Safety and health management systems
- Advanced safety considerations
- And much more!

Course Objectives:

This course covers the critical safety and health tools that are the backbone of general and construction industry safety and health program standards. This is the union of incident specific expertise and managerial skills. This course also reviews advanced training that applies to servicing in the oil and gas well drilling industry.

Learning Outcome:

The PSM will capably serve as safety team director in responsible charge of comprehensive safety plan development, maintenance, and effectiveness. This individual will control training, reporting, analysis, and assign responsibility for job safety and worker compliance for all employees and subcontractors on the job site.

Course Prerequisites: Completion of the Petroleum Safety & Health Manager - Drilling and Servicing course is a prerequisite for this course.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

OSHA 10 Hour Construction Course

Course Duration: 10 Hours or 1 1/2 Days

Course Cost: \$295.00

Course Objectives: OSHA 10-hour online training teaches safety awareness and helps each worker recognize and reduce the risks of job site hazards. This hazard recognition training is intended as an orientation to OSHA standards and covers safety and health hazards workers may face on construction work sites. Our 10-hour course places special emphasis on hazard identification, avoidance, control and prevention.

OSHA recommends workplace safety training for a safe and healthful work environment. Our training covers specific OSHA regulations and requirements as they apply to the construction industry.

Course Topics:

- Introduction to OSHA
- Material Handling
- Tools - Hand and Power
- Scaffolds
- Stairways and Ladders
- Excavations
- Electrical
- Personal Protective Equipment
- Fall Protection
- Cranes

At the end of this course the student will receive an OSHA 10 hour outreach training card.

Course Objectives: OSHA 10-hour training is a great method used to train workers and supervisors on hazard recognition and OSHA safety standards. Our training covers specific OSHA regulations and requirements as they apply to the general industry, and teaches safety awareness to help each worker recognize and reduce the risks of jobsite hazards. OSHA recommends workplace safety training for a safe and healthful work environment. Our training covers specific OSHA regulations and requirements not specific to those working construction-only jobs. Workers taking general industry OSHA courses usually have jobs related to health care, factory, warehouse, manufacturing, storage and more.

Course Topics:

- Introduction To OSHA
- Hazard Communication / Global Harmonization
- Fire Prevention & Protection
- Machine Guarding
- Flammable & Combustible Liquids
- Material Handling
- Ergonomics
- Personal Protective Equipment
- Bloodborne Pathogens
- Welding, Cutting & Brazing

At the end of this course the student will receive an OSHA 10- hour outreach training card.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning

environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

OSHA 30 Hour Construction Course

Course Duration: 30-Hours or 3 1/2 days

Course Objectives: OSHA 30-hour online training teaches safety awareness and helps each worker recognize and reduce the risks of job site hazards. This hazard recognition training is intended as an orientation to OSHA standards and covers safety and health hazards workers may face on construction work sites. Our 30-hour course places special emphasis on hazard identification, avoidance, control and prevention. OSHA recommends workplace safety training for a safe and healthful work environment. Our training covers specific OSHA regulations and requirements as they apply to the construction industry.

Course Topics:

- Introduction to OSHA
- Health Hazards In Construction
- Material Handling
- Tools - Hand and Power
- Scaffolds
- Stairways and Ladders
- Excavations
- Electrical
- Personal Protective Equipment
- Fall Protection
- Cranes and More

At the end of this course the student will receive a OSHA 10 hour outreach training card.

Course Objectives: OSHA 30-hour training is a great method used to train workers and supervisors on hazard recognition and OSHA safety standards. Our training covers specific OSHA regulations and requirements as they apply to the general industry, and teaches safety awareness to help each worker recognize and reduce the risks of jobsite hazards.

OSHA recommends workplace safety training for a safe and healthful work environment. Our training covers specific OSHA regulations and requirements not specific to those working construction-only jobs. Workers taking general industry OSHA courses usually have jobs related to health care, factory, warehouse, manufacturing, storage and more.

Course Topics:

- Hazard Communication
- Fire Prevention & Protection
- Machine Guarding
- Flammable & Combustible Liquids
- Material Handling
- Ergonomics
- Industrial Hygiene
- Personal Protective Equipment
- Bloodborne Pathogens
- Welding, Cutting & Brazing
- And More...

At the end of this course the student will receive an OSHA 30-hour outreach training card.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning

OSHA 30 Hour General Industry Course
Course Duration: 30 Hours or 3 1/2 Days

environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Electrical Safety for Power Generation, Transmission & Distribution

Course Duration: 4 Days

Course Cost: \$395.00

Course Objectives:

Do you do Power Generation, Transmission, or Distribution (GTD)? This course covers the training mandates under OSHA 1910.269, including the requirements to be deemed a Qualified Worker, and work safety and efficiency. Learn how to create a safe work environment for you and your co-workers through understanding electrical hazards and proper work and protection practices. Review the OSHA specific requirements for working on or near high voltage electrical systems including, personal protective grounding, equipment grounding, live line tools, PPE and LOTO. Training will address power generation, over-head and underground lines and NESC applications. With a seven-fold increase in OSHA's penalty structure for violations and proposed revisions to allow harsher criminal negligence citations, you and your contractors need to be updated.

Course Outcome: You will Learn:

- Qualified Worker requirements
- Understand electrical hazards
- electrical shocks,
- arcs and blasts;
- fault current and potential difference
- Power generation, over-head and underground lines and limited NESC applications
- Personal protective grounding, live line tools, LOTO and PPE.
- Electrical Safety-Related Work Practices
- OSHA Interpretation
- Relevant OSHA Standards

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Personal Protective Equipment Technician

Course Duration: 2 Days

Course Cost: \$295.00

Course Objectives:

Are you involved in the selection, use, or maintenance of personal protective equipment? Do you need to know how to identify the need, determine the proper PPE, and provide the necessary training and documentation for PPE use? Do you need to know how to apply the PPE Regulations? If you answered yes to any of these questions, this course is for you. You will learn about the PPE Regulations, PPE Hazard Assessments, Effective Training, Engineering Solutions, Administrative Controls, Program Requirements, Respiratory Fit Testing, The Assessment Process, Eye And Face Protection, Head Protection, Foot Protection, Hand Protection, Respiratory Protection, Hearing Conservation.

According to OSHA 1910.132(d)(1) it states “ The employer shall assess the workplace to determine if hazards are present, or are likely to be present, which necessitate the use of personal protective equipment (PPE) and **1910.132(d)(2)** The employer shall verify that the required workplace hazard assessment has been performed through a written certification that identifies the workplace evaluated; the person certifying that the evaluation has been performed; the date(s) of the hazard assessment; and, which identifies the document as a certification of hazard assessment.

Learning Outcome:

Upon successful completion of this course, the student will be able to perform a PPE hazard assessment, understand the requirements for payment, selection and maintenance of PPE, understand the importance of fit testing and implement effective training for employees.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Recordkeeping Technician

Course Duration: 1 Day

Course Cost: \$295.00

Our OSHA Recordkeeping Technician certification covers:

- Organization, Purpose, Scope
- Definitions
- Exemptions
- Newly Covered Industries
- Recording Criteria
- Exceptions
- And much more!

Certification: OSHA Recordkeeping Technician (ORT)

Course Objectives: Course includes:

- Narrative Explanation of New Regulation
- Comparison of Changes from Old to New Regulation
- Study Guide With Lesson Plan
- Printable OSHA 300, 301, and 300A forms
- Copy of New Regulation
- Narrative Explanation of New Regulation

Learning Outcome:

Upon successful completion of the course, the student will understand the changes in updated recordkeeping regulations, learn how to utilize the 300, 300A and 301 forms, determine the difference between first aid and medical services, understand covered employees concerning contractors and temporary employees and understand employee privacy rights.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

OSHA PANDEMIC INFLUENZA PREPAREDNESS /AEROSOL TRANSMISSIBLE DISEASES

Course Duration: 2 Days

Course Cost: \$295.00

The focus of this two-day course is to provide medical facilities, medical providers and private businesses with an opportunity to enhance their awareness and preparation for a pandemic. This course will help these business leaders to gain the knowledge and strategies that can help them to assure business continuity and employee safety and maintain compliance with California Occupational Safety and Health standards in the midst of a pandemic influenza event.

The OSHA / Cal/OSHA Aerosol Transmissible Diseases (ATD) standard was issued on October 22, 2009 by the California Occupational Safety and Health Administration. It will effect workplaces such as hospitals, skilled nursing facilities, prisons, homeless shelters, clinics, medical offices, drug treatment programs, and laboratories. It will also cover paramedics and other emergency medical service providers.

The course will focus on recognizing the reality of the hazards and risks associated with a pandemic, as well as developing the strategies that can help a business, their community, and their family with realistic preparation for a pandemic. In addition, the course will offer information on strategies that can be used to control the spread of the virus, to help minimize exposure for employees and family and increase the awareness of participants of the many valuable resources available particularly from OSHA and other government agencies

This course includes information essential to controlling aerosol transmissible disease risks and complying with the Cal/OSHA standard including: exposure control programs; engineering and work practice controls; respirators and training.

Course Objectives:

The Master Safety Administrator certification consists of eight modules. Each of these modules is a certification course or courses that stand alone or may be completed as a component of the MSA.

Course Composition: This program is composed of the following courses:

- Certified DOT HAZMAT Technician (CDT)
- Certified Ergonomics Technician (CET)
- Emergency Management Specialist (SEM)
- HAZWOPER Training Specialist (HTS)
- Violence: Prevention, Management and Survival Certification Course (VPS)
- Environmental Health Safety Specialist (EHS)
- Safety Manager/Trainer Course - (SMT)
- Safety Auditor Certification (SAC)

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Trainer Course for the Construction Industry - 500

Course Length: 4 Days

Course Cost: \$895.00

Course Objectives:

This course is designed for individuals interested in teaching Podojil & Associates, Inc. 10- and 30-hour construction safety and health training program to their employees and other interested groups worldwide. Using OSHA Construction Standards as a guide, special emphasis is placed on those topics required in the 10-and 30-hour program directives as well as those which are most hazardous. Students are briefed on effective instructional approaches and use of visual aids and handouts.

This course allows the student to become a trainer in the 10- and 30-hour construction safety and health training program, allows the trainer to conduct both the 10-and 30-hour Construction safety classes, and to issue your own company or clients 10- and 30-hour construction safety and health training program.

Prerequisite: Safety & Health Standards for Construction Industry 510

Learn to:

- Define construction term found in the OSHA standards
- Present effective safety and health training programs in accordance with OSHA construction standards, regulations, and guidelines
- Identify hazards that occur in the construction industry and determine appropriate standards
- Prepare reports citing conditions found

- Identify methods to correct hazards

Topics covered:

- Introduction to OSHA standards
- Safety programs
- OSHA inspections, targeting, and penalties
- Training techniques
- Hazard communication
- Health hazards in construction and personal protective equipment
- Walking and working surfaces
- Scaffolding
- Trenching
- Overview of the outreach training program
- Electrical
- Cranes and rigging
- Ladders and stairways
- Tools
- Welding
- Confined space entry
- Health hazards in construction
- Personal protective equipment
- Concrete construction
- Steel erection
- OSHA recordkeeping

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Safety & Health Standards for Construction Industry 510

Course Length: 4 Days

Course Cost: 395.00

Course Objectives:

Learning Outcome: This course covers OSHA Standards, (ANSI, NEC, NFPA) consensus standards, OSHA policies, and procedures in the construction industry. Topics include scope and application of the OSHA Construction Standards, construction safety and health principles, and special emphasis on those areas in construction which are most hazardous.

Upon course completion students will have the ability to define construction terms found in the OSHA Construction Standards, identify hazards which occur in the construction industry, locate and determine appropriate OSHA Construction Standards, policies, and procedures, and describe the use of the OSHA Construction Standards and regulations to supplement an ongoing safety and health program.

Prerequisites: None

COURSE TOPICS:

- Introduction to OSHA
- Safety programs
- Recordkeeping
- Hazard communication
- Health hazards in Construction
- Personal protective equipment
- Fire protection and prevention
- Materials handling
- Tools – hand and power
- Welding
- Electrical
- Scaffolding
- Fall protection
- Cranes and rigging

- Motor vehicles

- Excavation
- Concrete construction
- Steel erection
- Underground construction
- Demolition
- Blasting
- Stairways and ladders

Onsite Training Opportunities:

Have 7 or more people? We can come directly to your facility to offer on-site training, saving you money and allowing us to customize the training to your organization. Contact us today to learn more.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Trainer Course for the General Industry # 501

Course Length: 4 Days

Course Cost:

\$895.00

Course Objectives:

This course is designed for individuals interested in teaching the Podojil & associates, Inc, 10- and 30-hour General Industry safety and health training program to their employees and other interested groups around the world . Using OSHA General Industry Standards as a guide, special emphasis is placed on those topics required in the 10-and 30-hour program directives as well as those which are most hazardous. Students are briefed on effective instructional approaches and use of visual aids and handouts.

This course allows the student to become a trainer in the Podojil & Associates, Inc. 10- and 30-hour General Industry safety and health training program, allows the trainer to conduct both the their own 10-and 30-hour general industry safety classes, and to issue 10- and 30-hour General Industry safety and health training program cards to participants after verifying course completion.

Note: This is not an OSAHA OTIEC course since this course allows instructors to teach worldwide.

Learn to:

- Define General Industry terms found in the OSHA standards
- Present effective safety and health training programs in accordance with OSHA General Industry standards, regulations, and guidelines
- Identify hazards that occur in the General Industry and determine appropriate standards

- Prepare reports citing conditions found
- Identify methods to correct hazards

Topics covered:

- Introduction to OSHA standards
- Safety programs
- OSHA inspections, targeting, and penalties
- Training techniques
- Hazard communication / Global Harmonization
- Health hazards in general industry and personal protective equipment
- Walking and working surfaces
- First Aid
- Overview of the Podojil & Associates, Inc. training program requirements
- Means of Egress
- Fire protection
- Electrical
- Industrial trucks and materials handling equipment
- Ladders and stairways
- Tools
- Welding
- Confined space entry
- OSHA recordkeeping and more

Have 7 or more people? We can come directly to your facility to offer on-site training, saving you money and allowing us to customize the training to your organization. Contact us today to learn more.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Safety & Health Standards for General Industry – 511

Course Length: 4 Days

Course Cost: \$395.00

Course Objectives:

This course covers Occupational Safety and Health Administration (OSHA) policies, procedures, and standards, as well as general industry safety and health principles. Topics include scope and application of the OSHA general industry standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards, ANSI, NEC, NFPA standards as a guide.

Prerequisite: None

Learn to:

Define General Industry terms found in the OSHA standards

Identify hazards that occur in the General Industry and determine appropriate standards

Prepare reports citing conditions found

Identify methods to correct hazards

Topics covered:

- Introduction to OSHA standards
- How to develop effective safety & health programs
- OSH act of 1970
- OSHA inspections, targeting, and penalties
- Hazard communication / Global Harmonization
- Health hazards in general industry
- Walking and working surfaces
- First Aid
- Personal protective equipment
- Means of Egress
- Fire protection
- Electrical
- Industrial trucks and materials handling equipment
- Ladders and stairways
- Tools

- Welding
- Confined space entry
- OSHA recordkeeping and more

Onsite Training Opportunities:

Have 7 or more people? We can come directly to your facility to offer on-site training, saving you money and allowing us to customize the training to your organization. Contact us today to learn more.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Introduction To Safety & Health Management

Course Length: 1 Day

Course Cost: \$295.00

Course Description:

The focus of this one-day course is the effective implementation of a company's safety and health management system. It addresses the four core elements of an effective safety and health system and those central issues that are critical to each element's proper management. This course has been set up as a facilitated, interactive training session.

Several practice sessions included are designed to increase participant awareness and enable them to apply what they have learned when they returned to their workplace

Prerequisite: None

Student Learning Outcomes:

Participants are given small "chunks" of information and then are able to test their understanding of the subject matter via participant activities and workshops.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Safe Bolting: Principles and Practices

Course Length: 1 Day

Course Cost: \$295.00

Course Description:

This course provides awareness of safety issues involved in bolting applications so that the participant, upon completing the course, will possess the knowledge and skills to recognize when there is danger present in a bolting application, stop, and inform his/her supervisor. Familiarity with the safe operation and handling of high powered bolting tools is essential to personal and workplace safety..

Prerequisite: None

Student Learning Outcomes:

Students will gain knowledge and skills that are required to perform the excavation duties.

Topics include:

Pressure vessels and piping, machinery or mechanical joints, and structural connections.

The course is a facilitated, interactive training session focusing on class discussion, group participation, and practical activities.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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SOLAR ENERGY CONSTRUCTION SAFETY

Course Length: 4 Days

Course Cost: \$395.00

Course Description

This course presents occupational safety and health standards that apply to solar energy systems and installation safety. This course teaches students the basic skills they need to work in and installing Solar systems.

The primary objective is to ensure that students are able to comply with OSHA regulations and their location's policies regarding fall protection, control of hazardous energy and electrical safety.

Student Learning Outcomes

Upon the successful completion of this course students will be able to:

- Identify the various types of Solar systems and working safely around these installations
- Recognize how solar systems work

Assessment and Evaluation of Student Performance

100% attendance is the sole basis for assessing a student's performance

Learning Outcomes:

- Locate OSHA Standards references applicable to specific hazardous conditions and practices (Introduction to OSHA Standards)
- Recognize the aspects of 1926 Subpart C (General Safety and Health Provisions)
- Introduction To Solar Energy
- Basic Definitions For The Solar Energy Field
- Solar Power and How It Works

- Fall Protection (Roofing)
- OSHA New Residential Requirements
- Understanding Solar PV Installations
- Understand the requirements for the use of aerial lifts in the workplace (Subpart F- Aerial Lifts)
- Understand the importance and Identify the requirements for wearing Personal Protective Equipment (PPE) and related OSHA standards (Subpart I- PPE Standards)
- Understand the requirements and General Environmental controls for protecting workers in the workplace (Subpart J- General Environmental Controls & Confined Spaces)
- Implement measures for protecting workers and conducting First aid procedures (Subpart K- First Aid)
- Recognize potential fire hazards in the workplace and corrective measures to control these potential fire hazards (Subpart L- Fire Protection)
- Understand the safety requirements necessary to protect workers when using material handling equipment (Subpart N- Material Handling & Storage)
- Identify the precautions and hazards to protect workers using machinery or hand & portable power tools. (Subpart O & P- Machine Guarding and Hand Tools)
- Protect workers who perform jobs on or around welding operations (Subpart Q Cutting Welding or Brazing)
- Protect workers who perform work on electrical equipment that is found in the workplace. List and describe the hazards and prevalence of electrical systems, electrical safe work practices and Arc Flash protection (Subpart S).

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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Qualitative Respirator Fit Testing

Course Length: 1 Day

Course Cost: \$295.00

Prerequisite: Respirator Training.

When fit testing is needed? Respirators that have tight-fitting facepieces are not one-size-fits-all. These facepieces must form a proper seal around the wearer's face in order to prevent contaminated air from leaking into the facepiece. Therefore, fit testing is required before initial use and at least annually for **all** employees who are **required** to wear respirators with a tight-fitting facepiece.

This applies to both air-purifying and atmosphere-supplying respirators regardless of whether they are operating in a positive or negative-pressure mode. When the use of respirators with tight-fitting facepieces is voluntary, no fit testing is required. In addition, some types of respirators, such as hoods and helmets, are designed to have loose-fitting facepieces. Because these types of respirators do not rely on a tight facepiece-to-face seal to protect the worker, no fit testing is required.

Quantitative Fit Testing vs. Qualitative Fit Testing There are two general methods of fit testing: Quantitative Fit Testing (QNFT) and Qualitative Fit Testing (QLFT). QNFT is more accurate than QLFT, but the equipment needed to conduct QNFT is more costly. The National Fire Protection Association (NFPA) **only** permits QNFT. OSHA allows either QNFT or QLFT.

Fit Testing Requirements:

1. Medical Clearance is required prior to fit testing
2. Students must bring respirators to class for fit testing.
3. Students must be clean shaven prior to fit testing.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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Respiratory Train the Trainer Course

Course Duration: 4 Days

Course Cost: \$895.00

Course Objectives: Learn how to establish, maintain, and monitor a respirator program following the requirements in 29 CFR 1910.134. Discuss the technical aspects for the proper selection and use of respiratory protection. Evaluate compliance with OSHA's standard by using the compliance directive and the "Small Entity Compliance Guide." Topics include: Respiratory Protection Program, Fit Testing Demonstration, Selection of Respirators, Maintenance and Care.

The Respiratory Protection Standard, 29 CFR 1910.134. It requires a written program for respirator use, medical evaluations of the respirator users, fit testing of respirator models used on potential wearers, and training of the respirator users. The Respiratory Protection Train-the-Trainer program will prepare the attendee to coordinate the respiratory protection program, conduct the training, and perform both qualitative and quantitative fit testing.

Course Topics covered include:

- A review of OSHA's respiratory protection standard
- What conditions prohibit respirator use
- Respirator selection
- Proper use and care of respirator
- How to properly don and wear the respirator
- The importance of seal check
- Fit assessment procedures and exercises
- Medical evaluations
- Rationale behind fit testing
- Fit assessment
- Fit check and testing
- How to resolve fit problems

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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OSHA 10 Hour Road and Bridge Building Construction

Course Duration: 1 1/2 Days

Course Cost: \$295.00

Course Description:

Do you work in the roadway and bridge building industry? Are you preparing to enter into this exciting construction Field? Then this course will increase your knowledge of OSHA's standard, 29 CFR 1926. Discover scope and definitions, general requirements, safety and health programs, and training. This is a 10-hour course and does not full-fill the training requirements to certify the student as a "competent person".

Target Audience: The program is intended for owners, state occupation safety and health, engineers, safety managers, supervisors, and workers in the road construction field. It is focused directly on the roadway hazards and situations that construction workers face every day, from work zones to night work

Learning Outcomes: Upon successful completion of this course, student will:

- Recognize reasons for and key benefits of focusing on safety and health issues as an integral part of their work activity
- Employ proactive approaches to construction safety and health efforts to gain a competitive advantage.
- Respond positively to Occupational Safety and Health Administration (OSHA) safety and health regulatory compliance issues that are specific to the roadway construction industry.
- Recognize the importance of identifying, controlling, and eliminating common construction hazards as a means of preventing death, injuries and illnesses.
- Meet the requirements of OSHA's 10-Hour Construction Safety and Health Outreach Program, and receive an OSHA 10-Hour Construction Safety and Health Course completion card.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Fall Protection and Elevated Structures Safety Specialist

Course Duration: 4 Days

Course Cost: \$395.00

Our Fall Protection, Stairways, Ladders and Scaffolds Safety Specialist certification covers:

- Fall Protection & OSHA Subpart M
- Guardrail Systems
- Personal Fall Arrest Systems ANZI Z359 Standards
- Specific Safety Measures
- Roofing
- Stairways
- And much more!

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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Fall Protection, Stairways, Ladders and Scaffolds Safety Technician

Course Objectives:

This course covers the safe use and erection of stairways, ladders, and scaffolds for construction. Each type of stairway, ladder, and scaffold are discussed. The recognition and abatement of a variety of related hazards are covered with a strong emphasis on fall protection.

Falls are the leading cause of worker fatalities in the construction industry. Each year between 150 and 200 workers are killed and more than 100,000 are injured as a result of falls at construction sites. This course covers regulatory requirements and safe work practices to help prevent these tragedies.

Learning Outcome:

Upon successful completion of this course, the student will be able to identify fall hazards in the workplace, identify methods to reduce fall hazards, identify various types of ladders, and identify safety requirements of scaffolding.

Course Cost: \$295.00

Course Description:

Effective July 1, 2010, the New SWRCB Order 2009-0009-DWQ Construction General Permit was put in effect. This training program meets requirements for training issued by the Statewide General Storm Water Permit Associated with Construction Activities.

Program Objective

Participants receive materials which include printed presentation slides, answers to frequently asked questions, a Storm Water Pollution Prevention Plan template with instructional prompts, Definitions, Agency and Specific Personnel Contact information and various other Take Away Reference materials, that will aid each attendee well after the course is completed.

Program Agenda

- Jurisdictional Authority & Types of Permits
- National
- State wide
- Municipal
- Individual and De Minimus
- Permitting Processes
- Waste Discharge Identification Number
- Notice of Intent
- Water Quality Management Plans (WQMP)
- Grading Permit Approval Requirements
- Storm Water Pollution Prevention Plan (SWPPP)
- General Components of a Site Specific SWPPP
- Phased Implementation of a SWPPP & Monitoring Program

- Site Administration & Record Keeping
- SWPPP Certification
- Employee Training Requirements;
- Site Inspections;
- Structural Best Management Practices (BMP) Monitoring Logs;
- Potential Pollution Source Inventory & Management Logs
- Weather Logs
- Permit Termination Processes
- Property Transfer Docs Developer to Home Owner Assoc.
- Relinquishment of WQMP to New Property Owner
- Notice of Termination Filing
- Project Closure

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

Podojil & Associates, Inc. is committed to maintaining a work and learning environment free of all forms of discrimination.

Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Safety Inspections Technician (SIT)

Course Length: 1 Day

Course Cost: \$295.00

Our Safety Inspections Technician certification course:

- About Workplace Safety Inspections
- Workplace Safety Inspections as a Part of the Safety and Health Program
- Safety Plans, Programs, Policies, and Procedures
- Planning
- The Inspection
- Reporting
- And much more!

Qualification: Safety Inspections Technician (SIT)

Course Objectives:

- A workplace inspection is a critical part of a comprehensive safety and health program in which the workplace is examined closely on a regular basis for the purpose of:
- Identifying and recording potential and actual hazards associated with buildings, equipment, environment, processes, and practices
- Identifying any hazards which require immediate attention, whether they are unsafe conditions or unsafe acts
- Ensuring that existing hazard controls are functioning adequately, and where appropriate, recommending corrective action
- Within any safety program, there may in fact be a variety of types of inspections, for example:
- Spot inspections may be undertaken on a random basis as part of general safety responsibilities;
- Pre-operation checks of special equipment or work processes are often necessary before work is carried out;
- Critical parts inspections are regular planned inspections of those critical parts of a machine, piece of equipment, or system which have a high potential for serious accidents. They are often part of planned or preventive maintenance procedures, or hazard control

- programs;
- New equipment inspections are thorough inspections and checks before operations begin;
 - Regular planned inspections are done on a regular basis in a defined workplace and cover all conditions including work practices and procedures.
 - There is no more important skill to the safety professional than the ability to discover and remedy hazards before they can injure workers. The course materials include inspection forms with CFR references designed for twenty different areas of your facility.

This course can also be taken as one section of the Certified Safety Auditor course.

Learning Outcome:

Upon successful completion of this course, the student will be able to identify and record potential and actual hazards associated with facilities, equipment, environment, processes, and practices; be able to identify and report any hazards which require immediate attention; be able to determine that existing hazard controls are functioning adequately and recommend corrective actions when necessary.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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Scaffold Competent Person Training

Course Length: 2 1/2 Days

Course Cost: \$295.00

Course Description:

Scaffold Competent Person Training (CPT) Competent person training is available in all three major supported scaffold systems: frame scaffolds, systems scaffolds and tube and coupler scaffolds.

Program Objective

This program is for scaffold erectors and covers the safety aspects regarding scaffold foundations, scaffold components, regulations, guardrail requirements fall protection, scaffold stabilization and erection and dismantling procedures for scaffolds that exceed the height to base ratio.

Program Agenda

This course covers the following:

- OSHA 29 CFR 1926. 451 Scaffold standards
- Tube & Coupler Scaffolding
- Masonry Scaffolding
- Light Duty Plaster Scaffold
- Mobile Scaffolds
- And More

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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Safety Manager/ Trainer Certification

Course Duration: 5 Days

Course Cost: \$895.00

Our Safety Manager/ Trainer Certification Course will show you:

- A brand new perspective of safety that will empower you
- How to perform as a safety expert
- How to conduct safety training that changes the way your employees work
- How to save money by developing your own safety programs
- How to avoid civil and criminal liability for accidents/injuries
- How to interpret and apply OSHA regulations
- And much more!

Certification: Qualified Safety Manager/ Trainer (SMT) Certification

The Safety Manager/Trainer Certification Course provides the basis from which to advance to the Certified Safety Manager (CSM), Certified Safety Administrator (CSA), and Master Safety Administrator (MSA).

Course Objectives:

This intensive independent study course will provide you with a clear and concise explanation of your responsibilities concerning employee safety and the relative OSHA Standards. You will learn about safety from the perspectives of: - Regulatory Compliance - The "Business of Safety" (monetary impact of accidents) - Humanitarian Concern, Ethics You will also learn the latest techniques in adult training methodology for a dynamic and interactive approach to safety training, methods to save money on OSHA compliance, and how to avoid civil and criminal liability. Graduates of this course qualify for the Certified Safety Manager/ Trainer (SMT) Certification.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Steel Erection Safety Technician Certification

Course Duration: 1 1/2 Days

Course Cost: \$295.00

Our Steel Erection Safety Technician certification covers:

- Terms, Concepts, and Building Components
- General Steel Erection Safety
- Inspection of Steel Erection Preparations

Certification: Steel Erection Safety Technician (SET)

Course Objectives:

Steel erection presents many hazards to the employees on the work site, a number of which are unique to steel erection. Because the inherent hazards, steel erection is heavily regulated by OSHA. Those regulations have been changed and therefore require a fresh understanding. This course will teach you the regulatory requirements and safe work practices for steel erection. It covers all types of steel erection.

Learning Outcome:

Upon successful completion of this course, the student will be able to define activities covered by Subpart R (Steel Erection), understand and explain site layout, site-specific erection plan and construction sequence, determine hazards associated with hoisting and rigging, ensure structural stability during the erection process and understand the importance of falling objects protection as well as personal fall protection.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Tree Worker Safety Training Program

Course Length: 1 Day

Course Cost: \$295.00

Course Objectives:

This awareness level program will cover all hazards related to tree trimming.

Course Topics:

The following course information will be covered:

- General Personal Protective Equipment (PPE);
- Fall from heights;
- Use of aerial lifts and other heavy equipment;
- Work zone safety;
- contact with down lines and live electrical equipment;
- Chain saws;
- Impact from debris and felled trees;
- Wood chippers;
- Hand and power tools;
- Noise; Improper ladder use;
- Contact with poisonous plants;
- Discovery of unknown chemicals;
- and other potential hazards.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Welding, Cutting and Brazing Safety Technician (WST)

Course Duration: 2 1/2 Days

Course Cost: \$295.00

Our Welding, Cutting and Brazing Safety Technician certification covers:

- OSHA
- DOT
- Compressed Gas Association
- ANSI
- Compressed Gases
- Cylinder Inspection
- And much more!

- **Certification:** Welding, Cutting and Brazing Safety Technician

(WST)

Course Objectives:

This course will teach you how to recognize and abate the wide variety of hazards associated with welding, cutting, and brazing. It covers safe work practices and regulatory and standard requirements from OSHA, DOT, ANSI and the Compressed Gas Association. You will learn the hazards of compressed gases, gas cylinders, the health hazards of welding, cutting, and brazing and the other hazards associated with this type of work.

Learning Outcome:

Upon successful completion of this course, the student will be able to understand cylinder markings and storage requirements for compressed gases, understand PPE requirements, demonstrate proper fire protection procedures, and explain health hazards associated with welding, cutting and brazing.

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

The instructor(s) has no financial interest in any course documents, products, tools, or instruments.

Wind Power Alternative Energy Course

Course Duration: 4 Days

Course Cost: \$395.00

Course Description:

This course will familiarize the student in the OSHA requirements that are related to the wind power generation industry. The wind energy industry is the fastest growing segment of renewable energy production. The U.S. and Canadian commercial wind farms are experiencing annual growth of 25%. Employers seek skilled safety & health professionals and technicians for operation and maintenance activities in local wind farm settings.

Learning Outcomes: Upon completion of this course the student will be able to:

- Locate OSHA Standards references applicable to specific Wind Power Generation Industry
- Locate American National Standards that relate to specific wind power Equipment and operations.
- Recognize and understand the following subjects
- Introduction To Wind Energy
- Wind Power How They work
- General Training Requirements
- Medical and First Aid
- Personal Protective Equipment
- Fall Protection
- Confined Spaces
- Fire Protection Lockout/Tagout
- Crane, Derrick and Hoist Safety
- Electrical Safety
- Machine Guarding

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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OSHA Noise & Hearing Conservation Standards for General Industry & Construction

Course Length: 2 Days

Course Cost: \$295.00

Course Overview:

Noise, or unwanted sound, is one of the most common health problems in American workplaces. The National Institute for Occupational Safety and Health (NIOSH) estimates that 30 million workers in the U.S. are exposed to hazardous noise. Exposure to high levels of noise may cause hearing loss, create physical and psychological stress, reduce productivity, interfere with communication, and contribute to accidents and injuries by making it difficult to hear warning signals.

OSHA requires employers to determine if workers are exposed to excessive noise in the workplace. If so, the employers must implement feasible engineering or administrative controls to eliminate or reduce hazardous levels of noise. Where controls are not sufficient, employers must implement an effective hearing conservation program.

Course Description:

This course covers the evaluation and reduction of noise hazards in general industry and the construction industry. Course topics include OSHA General Industry and Construction Noise Standards, properties of sound, noise-induced hearing loss, noise exposure control, selection and use of hearing protection, conducting sound level surveys, and worker training. Classroom demonstrations of noise instrumentation and hearing protection devices are featured.

Program Objective:

This program is for employees who use hearing protection while performing work in the General Industry or Construction field. The target audience is the construction employer or representative designated with the responsibility to develop a construction noise program. Upon course completion students will understand the properties of sound and its relationship to noise-induced hearing loss, hearing protection usage, how to conduct sound level surveys and the requirements for training workers.

Topics Covered:

- Overview of OSHA 1910 & 1926 Noise Standards
- What is considered "noise" and what are the potential health effects?
- What standards limit and control noise exposure?
- How do I evaluate noise exposure?
- What constitutes an effective hearing conservation program?

Recertification:

A refresher course and exam will be required every year. The cost of this recertification is \$150.

Non-discrimination Policy:

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Proprietary Interest Disclosure:

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