THERAPY **3ROUP**

Dr. Chelze Zamani |she/her|, will be offering a weekly 50 mins online closed groups for 6 weeks. 8 spots available, \$45 private pay per session. California residency ages 18 & older.

Contact for further info/Sign up:

Website: forevercaringmentalhealth.xyz Email: zchelze@gmail.com Phone: (619) 800-2850

@dr.chelzezamani

PEER SUPPORT GROUP FOR FRIENDSHIP LOSS:

 Sharing the lived experience of the ambiguous loss process of friendship. Have you drifted apart from a long term/significant friend? Or maybe chose to end a friendship that was meaningful to you? Coming together during a time of grief to honor this transition can help aid in the meaning making process of this experience.