

# Kidney Warrior

*A Journey to The Resilience*

In 2019 Karmen Omeasoo who is a member of Samson Cree nation was diagnosed with Stage 5 Kidney failure due to complications from diabetes. He developed Chronic Kidney Disease (CKD) and is a hemodialysis patient 3 days a week. His wife Lisa is his main caregiver and support.

Lisa Muswagon is a member of the Pimicikamak Cree Nation also known as Cross Lake. She is a contemporary hand drum artist and musician. Each has a son D'Angelo and Daysin and together they have 4 daughters Jayla, Jaylin, Charlee and Carlee. The family is currently on a kidney journey and love to share their story. Indigenous People have one of the highest rates of kidney disease in the world. It's rampant in our Indigenous communities and as a family who lives with CKD would like to share their story, to help create awareness or prevention. According to News Medical & Life Sciences, CKD is a disease that needs more awareness and discussions as it is an unspeakable epidemic on a global scale.

Karmen is also known as hip hop artist Hellnback. Hellnback recently partnered with the Canadian Society of Nephrologists to write a song about kidney disease to help create awareness. With a beat produced by Stomp of Rezofficial, Hellnback and his wife Lisa created the song "Kidney Warrior", which is available on all digital platforms. The duo also formed the group The Resilience, each as independent artists, husband, and wife, wanted to come together to tell the story of their experiences and encouragement through lyrics and melodies. To learn more, feel free to visit the website [www.theresilience.ca](http://www.theresilience.ca).



Topics include:

- Diabetes awareness
- Understanding Diabetes & Kidney Disease
- Living with Kidney Disease
- Mental Health & Wellbeing
- The Journey
- Caregiving and support

Familiar with the adversities faced, Karmen and Lisa continue to strive to reach their goals. Lisa recently completed a degree in Bachelor of Business Administration and Bachelor of Arts in Writing and Communications. Karmen continues to write music, feature on artist projects and was recently recognized in Complex Magazines Top 20 Canadian Songs of All Time. He partakes in motivational speeches talking about his experiences going through stages of kidney disease and the dialysis process. He also partnered with the Can-Solve CKD Network, which is a Canada-wide network of patients, scientists, and health care professionals creating innovation kidney care solutions. He was keynote speaker for the National Diabetes Association of Canada. Karmen is currently on the transplant list and will need a donor, which is the current stage the family is at. They are available to come share their journey with you.

Contact: 1 (431) 877-2807 [hellnback@gmail.com](mailto:hellnback@gmail.com) or visit [www.theresilience.ca](http://www.theresilience.ca)