



SALT N SAVOR



DELI AND CAFE

*Savor the Flavor*

*Catering*

7910 Frost St. Suite 170 ▪ San Diego, CA ▪ 92123 ▪ (858) 707-7082



## BREAKFAST

VEGETARIAN & VEGAN SANDWICHES AVAILABLE UPON REQUEST.  
GLUTEN FREE BREAD & GLUTEN FREE WRAPS AVAILABLE UPON REQUEST 2.99 PP

**BREAKFAST SANDWICH 6.75**

Toasted English muffins with scrambled eggs and cheddar cheese. Choose: Bacon, Sausage, Ham, Veggie or Plain.

**BREAKFAST CROISSANT TRAY 7.45**

Large croissants filled with scrambled eggs, cheddar, and your choice of protein; Ham, Bacon, Sausage, Avocado

**ASSORTED BREAKFAST TRAY 4.75**

Includes an assortment of bagels, muffins, pastries, coffee cakes, and breads.

**BAGEL & CREAM CHEESE 4.50**

Assortment of lightly toasted bagels with cream cheese

**CONTINENTAL BREAKFAST 8.90**

An assortment of fresh baked pastries, muffins, croissants and bagels with cream cheese, butter & preserves. Served with fresh brewed coffee.

**BREAKFAST BURRITO 8.75**

Flour Tortilla, Scrambled eggs, hand cut potato hash, cheddar cheese. Choose from: bacon, ham, sausage & avocado. Cut in half and served with our house-made salsa.

**YOGURT PARFAIT BAR 5.90**

10 pre-assembled with vanilla yogurt, strawberries, blueberries & crunchy granola.

*Individual Option + \$1.00*

Min. 10 QTY. \_\_\_\_\_

**ACAI BAR 8.90**

10 individually portioned acai bowls with buffet toppings (granola, shredded coconut, bananas, blueberries, and strawberries).

Min. 10 QTY. \_\_\_\_\_

**FRESH FRUIT SIDE 1.95**

A variety of fresh Bananas, Apples, Oranges

**FRESH FRUIT BOWL Serves 10 45.00**

A variety of fresh seasonal fruits, sliced



## SIMPLE BITES & SIDES

### **FRESH VEGETABLE TRAY 4.90pp**

Assortment of fresh seasonable vegetables with house-made Buttermilk Ranch  
Add house-made Hummus +1.99 pp

### **THE CHEESE TRAY 6.45pp**

Assortment of fine cheeses, crackers & olives

### **MEDITERRANEAN TRAY 9.75pp**

Assortment of falafel, vegetarian stuffed grape leaves, house-made hummus, garlic aioli dipping sauce, Mediterranean pickles, pita bread, olives, cheese & fresh veggies

### **FINGER SANDWICHES 10.99pp**

2 FINGER SANDWICHES PER PERSON. COMES WITH CHIPS AND PICKLES

Chicken Pesto: fresh arugula, tomatoes, red onions, mozzarella, house-made pesto mayo. Min. 10ppl QTY. \_\_\_\_\_

Chicken Salad: lettuce, tomatoes, white American cheese Min. 10ppl QTY. \_\_\_\_\_

Tuna Salad: house made tuna salad, lettuce, tomatoes, Swiss cheese Min. 10ppl QTY. \_\_\_\_\_

Caprese: fresh basil, mozzarella, tomatoes, sea salt, cracked black pepper w/ house-made pesto Min. 10 ppl QTY. \_\_\_\_\_

### **MINI QUICHE 5.45pp**

An assortment of vegetable, cheese and bacon mini quiche.

### **FRESH FRUIT BOWL Serves 10) 55.00 Serves 20) 95.99**

A variety of fresh seasonal fruits, sliced

### **CHARCUTERIE BOX 22.99pp**

Individual boxes filled with an assortment of cheese, meat, nuts, fruit, veggie, cracker, preserves and a savory treat. **Vegetarian, Vegan & Gluten Free Options Available +4.95 per person**

### **CHARCUTERIE GRAZE BOX Serves 12 240.00**

Beat boredom in the office by offering delicious, delicatessen-inspired boxes that are perfect for any size group or clientele.

Boxes are lavishly filled with an assortment of cheeses, Boar's Head meats, assorted seasonal accompaniments which may include nuts, olives, dried and fresh fruit, preserves, dips/spreads, pickled or fresh vegetables, artisan bread, crackers & a savory treat.

**Vegetarian, Vegan & Gluten Free Options Available +4.95 per person**



## SANDWICH TRAYS

VEGETARIAN & VEGAN SANDWICHES AVAILABLE UPON REQUEST.

GLUTEN FREE BREAD & GLUTEN FREE WRAPS AVAILABLE UPON REQUEST 2.99 PP

**ARTISAN LARGE TRAY (includes 12 sandwiches) 145.00**

Each cut in half & wrapped separately : Allow us to choose a variety of our most popular or you can choose

**ARTISAN SMALL TRAY (includes 8 sandwiches) 98.99**

Each cut in half & wrapped separately : Allow us to choose a variety of our most popular or you can choose

**GOURMET WRAP TRAY – LARGE (includes 12 wraps) 149.00**

Each cut in half & wrapped separately : Allow us to choose a variety of our most popular or you can choose

**GOURMET WRAP TRAY – SMALL (includes 8 wraps) 98.99**

Each cut in half & wrapped separately : Allow us to choose a variety of our most popular or you can choose

**ARTISAN ASSORTED TRAY (includes 12 sandwiches and wraps) 149.00**

Each cut in half & wrapped separately : Allow us to choose a variety of our most popular or you can choose

## SANDWICH COMBO TRAY 16.75pp

An assortment of our most popular sandwiches. Includes sandwich, chips and house baked cookies.

If you have dietary restrictions, note them when placing your order.

## SALAD TRAYS

ALL OF OUR DRESSINGS ARE MADE IN HOUSE, FROM SCRATCH

	SMALL (FEEDS 8-10)	LARGE (FEEDS 15-20)
POTATO SALAD, MACARONI SALAD, ITALIAN PASTA SALAD, GREEK ORZO SALAD	59.95	79.95
GARDEN SALAD, CLASSIC CAESAR SALAD	59.95	79.95
MEDITERRANEAN SALAD, ASIAN GINGER SALAD SANTA FE SALAD, CRANBERRY WALNUT, GREEK SALAD	69.95	89.95
ITALIAN CHOPPED SALAD, SMOKED SALMON SALAD	75.95	95.99



## BOXED SANDWICH & WRAP SELECTIONS

16.75

BOXED LUNCHES INCLUDE: ARTISAN SANDWICHES, GOURMET PANINIS OR WRAPS, WITH FRESH BAKED COOKIE & CHIPS.

CAN BE SERVED GLUTEN FREE +2.99 / VEGAN AND VEGETARIAN UPON REQUEST  
(MIX & MATCH OR LET US CHOOSE A VARIETY OF OUR MOST POPULAR)

### ITALIAN

(ARTISAN ROLL, MOZZARELLA, SALAMI, HAM, LETTUCE, TOMATO, ONIONS, MUSTARD, MAYO, HOT PEPPER MIX)

### MEATY

(CIABATTA, TURKEY, HAM, SALAMI, BACON, MOZZARELLA, LETTUCE, TOMATO, MAYO, MUSTARD)

### CAPRESE PANINI **VEGETARIAN**

(FOCACCIA, MOZZARELLA, FRESH BASIL, TOMATO, BASIL PESTO)

### SALMON PANINI

(FOCACCIA, NOVA SMOKED SALMON, ARUGULA, BRIE, SLICED TOMATO, BALSAMIC GLAZE)

### BACON BRIE PANINI

(CIABATTA, BRIE, FIG JAM, ARUGULA, APPLEWOOD SMOKED BACON)

### CHICKEN PESTO PANINI

(FOCACCIA, GRILLED CHICKEN BREAST, TOMATOES, RED ONIONS, MOZZARELLA, PESTO MAYO)

### COURTHOUSE CLUB

(ARTISAN FRENCH WHITE BREAD, TURKEY, HAM, BACON, LETTUCE, TOMATO, AND MAYO)

### CLASSIC TURKEY

(ARTISAN SOURDOUGH, SMOKED TURKEY, APPLEWOOD SMOKED BACON, AVOCADO, SPROUTS, TOMATOES, CHEDDAR, MAYO)

### CHICKEN SALAD

(ARTISAN ROLL, CHICKEN SALAD, LETTUCE, TOMATO, AMERICAN CHEESE)

### TUNACADO

(ARTISAN MULTIGRAIN, TUNA SALAD, AVOCADO, TOMATOES, CUCUMBERS, SPROUTS, MUSTARD)

### GARDEN VEGGIE **VEGETARIAN**

(ARTISAN SOURDOUGH, AVOCADO, TOMATO, MOZZARELLA, SPROUTS, BASIL PESTO, CREAM CHEESE)

### SPICY TUNA WRAP

(WHEAT WRAP, TUNA SALAD, CILANTRO, MIXED GREENS, SHREDDED CARROT, RED ONION, DIJON MUSTARD, SIRACHA)

### TURKEY CLUB WRAP

(SPINACH TORTILLA, OVEN ROASTED TURKEY, BACON, AVOCADO, LETTUCE, TOMATO, RANCH)

### ASIAN GINGER CHICKEN WRAP

(WHEAT WRAP, MIXED GREENS, CHICKEN, CABBAGE, LETTUCE, SHREDDED CARROT, CHOW MEIN NOODLES, SESAME SEEDS, ASIAN GINGER VINAIGRETTE)

### CHIPOTLE CHICKEN WRAP

(TOMATO BASIL TORTILLA, GRILLED CHICKEN BREAST, LETTUCE, BLACK BEANS, CORN, RED ONIONS, TORTILLA STRIPS, JALAPENOS, CHEDDAR, BUTTERMILK RANCH)

### CHICKEN CAESAR WRAP

(SPINACH TORTILLA, MIXED GREENS, GRILLED CHICKEN BREAST, SHREDDED PARMESAN CHEESE, TOMATO, CAESAR DRESSING)

### WHOLESOME HUMMUS WRAP **VEGAN**

(WHEAT TORTILLA, HUMMUS, MIXED GREENS, SHREDDED CARROTS, CABBAGE, OLIVES, SPROUTS, PICKLED ONION, CILANTRO, LEMON TAHINI)

### FALAFEL WRAP **VEGAN**

(FLOUR TORTILLA, FALAFEL, LETTUCE, TOMATO, SHREDDED BEETS, RED CABBAGE, SHREDDED CARROTS, PICKLED RED ONIONS, CILANTRO, DILL PICKLES, GARLIC AIOLI)



## BOXED SALAD SELECTIONS

INDIVIDUAL BOXED SALADS INCLUDE: HOUSE-MADE DRESSING ON THE SIDE, TRADITIONAL GREEK PITA BREAD & A FRESH BAKED COOKIE.

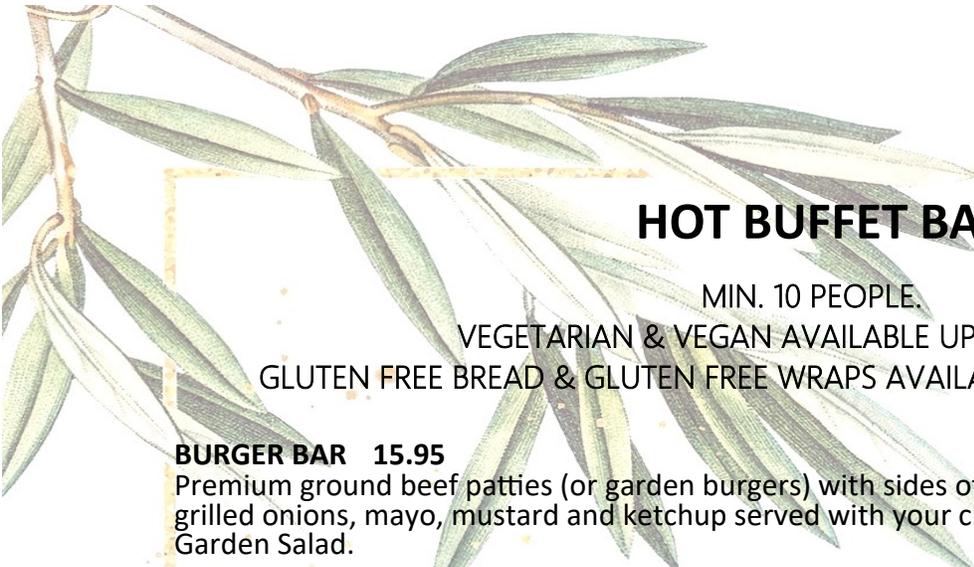
### MIX & MATCH OR LET US CHOOSE A VARIETY OF OUR MOST POPULAR

- Classic Caesar + Caesar Dressing 13.95 *vegetarian*
- Cranberry Walnut Salad + Balsamic Vinaigrette Dressing 13.95 *vegetarian*
- Asian Ginger Salad + Asian Ginger Vinaigrette Dressing 13.95 *vegetarian*
- Smoked Salmon Salad + Honey Chia Vinaigrette Dressing 16.95
- Mediterranean Salad + Lemon Tahini Dressing 13.95 *vegetarian*
- Italian Chopped Salad + Italian Vinaigrette Dressing 16.95
- Santa Fe Salad + Cilantro Lime Dressing 13.95 *vegetarian*
- Greek Salad + Greek Dressing 13.95 *vegetarian*
- Garden Salad + Buttermilk Ranch Dressing 13.95 *vegetarian*

### ADD PROTEIN TO ANY BOXED SALAD

- \* GRILLED CHICKEN BREAST – 3.99 PER PERSON
- \* SMOKED SALMON - 3.99 PER PERSON
- \* SCOOP OF TUNA SALAD - 3.99 PER PERSON
- \* SCOOP OF CHICKEN SALAD - 3.99 PER PERSON

ALL SALADS CAN BE SERVED GLUTEN FREE (PITA AND COOKIE) +3.50  
VEGAN AND VEGETARIAN UPON REQUEST.



## HOT BUFFET BARS

MIN. 10 PEOPLE.

VEGETARIAN & VEGAN AVAILABLE UPON REQUEST.

GLUTEN FREE BREAD & GLUTEN FREE WRAPS AVAILABLE UPON REQUEST 3.45PP

### **BURGER BAR 15.95**

Premium ground beef patties (or garden burgers) with sides of cheddar cheese, tomato, pickle, grilled onions, mayo, mustard and ketchup served with your choice of salad: Macaroni Salad or Garden Salad.

### **FAJITA BAR: BEEF, CHICKEN OR VEGETABLE 17.95**

Grilled Steak or Chicken with bell peppers, grilled onion, sour cream, shredded cheddar cheese and pico de gallo with flour and/or corn tortillas. Includes, seasoned black beans, tortilla chips with house salsa and a cookie for dessert

### **MEDITERRANEAN KABOBS: BEEF, CHICKEN OR VEGETABLE 17.95**

Grilled Chicken, Beef or Vegetable Kabobs served with Greek orzo pasta salad, house made hummus, pita bread/veggie platter and dessert.

### **FETA AND SPINACH STUFFED CHICKEN 17.95**

Chicken breast stuffed with feta cheese, kalamata olives, spinach, and roasted tomato, served with rice pilaf, hummus, pita bread/veggie platter and dessert.

### **TERIYAKI CHICKEN 17.95**

Teriyaki Chicken served with our Asian ginger salad, sauteed vegetables with sweet chili sauce, Jasmine rice and dessert.

## PASTA TRAYS

### **CHICKEN ALFREDO 15.95**

Grilled chicken breast with your choice of fettuccini or penne pasta tossed in house made Alfredo, served with Caesar salad, dinner rolls and dessert.

### **CHICKEN PARMESAN 16.95**

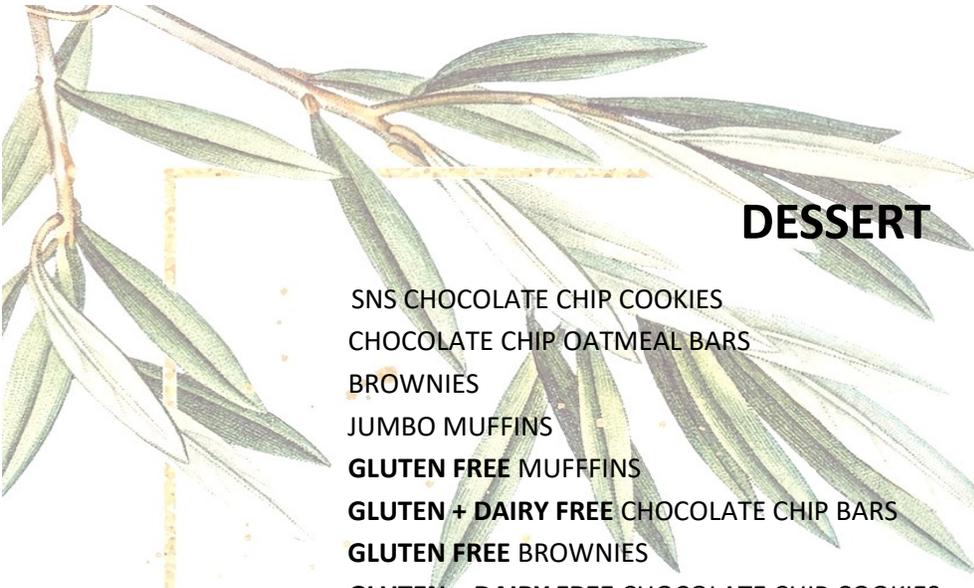
Breaded chicken with rich marinara sauce, served with Caesar salad, dinner rolls and dessert.

### **CHICKEN PESTO PASTA 16.95**

Grilled chicken breast with your choice of fettuccini or penne pasta tossed in house made pesto, sauteed spinach, zucchini, tomato, feta, and kalamata olives. Served with Caesar salad, dinner rolls and dessert.

### **LASAGNA: MEAT OR VEGETABLE Serves 9 98.50**

Layers of lasagna pasta noodles and rich marinara sauce served with garden or Caesar salad, bread sticks and dessert.



## DESSERT

SNS CHOCOLATE CHIP COOKIES	32.00/ dozen
CHOCOLATE CHIP OATMEAL BARS	48.00 / dozen
BROWNIES	48.00 / dozen
JUMBO MUFFINS	54.00 / dozen
<b>GLUTEN FREE MUFFINS</b>	69.00/ dozen
<b>GLUTEN + DAIRY FREE CHOCOLATE CHIP BARS</b>	69.00 / dozen
<b>GLUTEN FREE BROWNIES</b>	54.00 / dozen
<b>GLUTEN + DAIRY FREE CHOCOLATE CHIP COOKIES</b>	48.00 / dozen
ASSORTED DESSERT PLATTER	42.00 / dozen

## DRINKS

**COFFEE CARAFES** 24.99  
Fresh brewed organic coffee. Includes cups, stirrers, creamers & sugars  
Serves 10-12 people

**COFFEE + PASTRIES** 8.49pp  
Fresh brewed organic coffee + fresh baked assorted pastries.  
Coffee serves 12 people (can only order in increments of 10-12)

ORANGE JUICE & APPLE JUICE 3.50 / person

CANNED SODA, BOTTLED WATER 2.25 / person

DELI STYLE CHIPS, INDIVIDUAL POPCORN 2.75 / person

Please place your order as soon as possible before your event. Normally we are able to fill your order, with a 48-hour notice. If you are faced with last minute arrangements we will make every effort to accommodate your request, but selections may be limited.

Email orders to: [saltsnavor@gmail.com](mailto:saltsnavor@gmail.com) or call (858)707-7082

Service Charge / Delivery

18.5 % service charge applies to all catering / delivery orders, unless being picked up.

This Covers: Plates / Napkins / Utensil Ware / Staff Gratuity / Delivery / Setup

Porcelain bowls, platters and wicker sandwich trays are available to rent for an additional cost.

We will cancel your order if given at least a 24-hour notice. Otherwise, a recovery fee for food costs will be charged.

We would like to pick up all decorative serving trays and utensils the same day and/or the next day.

SALT N SAVOR can create many unique foods and appetizers, please let us know what you are looking for.

We would be happy to customize your order to suit your taste and needs!

SALT N SAVOR OFFERS ORGANIC, GLUTEN FREE, VEGAN, VEGETARIAN AND DAIRY FREE OPTIONS AND YET WE CANNOT GUARANTEE THAT GUESTS WITH FOOD OR BEVERAGE ALLERGIES MAY NOT BE EXPOSED THROUGH CROSS CONTAMINATION. IF YOU HAVE A FOOD OR BEVERAGE ALLERGY, WE ASK THAT YOU LET US KNOW BEFORE ORDERING, BUT WE DO RECOMMEND THAT YOU NOT DINE WITH US. AS SUCH, PLEASE UNDERSTAND THAT CIVIC CENTER CAFE CAN NOT BE RESPONSIBLE FOR ANY INJURY, LOSS OR DAMAGE CLAIMED BY ANY GUEST WITH A FOOD OR BEVERAGE ALLERGY WHO CONSUMES OUR FOOD OR BEVERAGES, REGARDLESS OF THE CIRCUMSTANCE. THANK YOU FOR YOUR UNDERSTANDING.