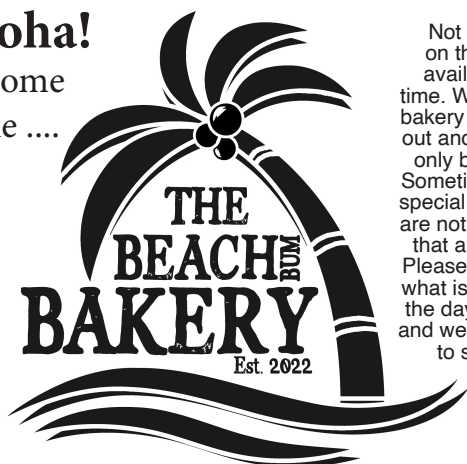


Shaloha!

Welcome
to the



Not everything
on this menu is
available all the
time. We are a small
bakery so things sell
out and also we can
only bake so fast.
Sometimes we have
special products that
are not on this menu
that are available.
Please ask to check
what is on the menu
the day of your visit
and we will be happy
to show you!

Don't panic! It's ORGANIC!

Organic 100% chemical FREE Menu

Our ingredients are carefully sourced ORGANIC (naturally non-GMO).
Cheeses are either organic or from Europe and the fruit & veggies we use
is either organic or they are on the CLEAN 15 list.

Our organic coffee is our own special blend of Sumatra - Guatemalen.

We make all our own organic syrups.

Our honey is from Chase Honey (a local beekeeper).

We offer organic oat milk or organic whole milk.

Coffee, Organic

	12 oz	16 oz
Americano	4.50	5.00
Cold Brew	5.50	6.50
[straight up sweet cream Cold Brew]		
Latte	5.50	6.50
[vanilla hazelnut]		
Drip coffee	3.50	
[in house = free refills 12 oz to go = 4.00 16 oz to go = \$4.50]		

Non-Coffee, Organic

	12 oz	16 oz
Matcha	6.50	7.50
[unsweetened Jade matcha w/ vanilla syrup or honey]		
Herbal tea	3.50	4.50
[with honey English style w/ splash of milk, optional]		
London Fog	6.50	7.50
[Earl Grey infused with lavender lavender syrup]		
Mountain Chai Latte	6.50	7.50
[Made with Shalva Tea from Israel]		
100% Juice	3.50	
[4 oz 100% REAL organic fruit juice. Pineapple or tropical blend]		
Lemonade	5.50	6.50
[add huckleberries for 2.00, summer only]		

Food, Organic

"Shug" is a healthy, spicy
Mediterranean condiment made of
jalapenos, cilantro, parsley, kale,
garlic, salt and cardemon. It pairs
wonderfully with avocado!

Light Breakfast, Organic (8am-1:30pm)

Bagel and Cream Cheese	6.50
toasted New York Bagel w/ cream cheese OR butter	
The Beach Bum Bagel	10.50
toasted New York bagel w/ cream cheese, tomato and shug	
The Gerald Bagel	11.50
toasted New York bagel w/ cream cheese, avocado and shug	
The Alexis Bagel	12.50
toasted New York bagel w/ cream cheese, tomato, shug and avocado	
The Dory Me Bagel	13.50
toasted New York bagel w/ cream cheese, smoked salmon	
Avocado Toast with shug	6.50
Peanut butter Toast	3.50
Belgian Waffle	12.00
1 waffle w/ berry compote, honey yogurt maple syrup & butter	
Yogurt Parfait	9.50
fruit (banana & other), honey yogurt w/ granola	

Light Lunch, Organic (11:30-1:30pm)

Soup and Bread	10.00
bowl of soup (ask what we have today) and bread	

Desserts, Organic

Ice cream and wafer	5.00
1 scoop (strawberry, marionberry or vanilla) with wafer	
Cabana Cake Slice	8.50
1 slice of house cake (ask what we have today)	

Healthy Snacks, Organic

Chocolate energy balls (2)	6.00
Harvest balls (2)	6.00
Date bars (2)	7.50
Granola (12 oz)	12.00

Bread and Pastries, Organic

Rustic sourdough bread	12.50
Mini loaves 6.50	
Other breads	ask what we have
Sourdough baguettes	5.00
New York bagels	5.00
Cinnamon rolls	6.00
add American butter cream frosting for 1.50	
Apple fritters Donuts (sourdough)	5.50
Scones Cookies	5.00
Muffins Coffee Cake	6.50