

# FOOD

## Light Breakfast, Organic

Bagel & cream cheese ..... <i>toasted New York Bagel w/ cream cheese OR butter</i>	6.50
Belgian waffle ..... <i>house waffle w/ berry compote, honey yogurt OR maple syrup &amp; butter</i>	12.50 large (7.50 small)
Yogurt parfait ..... <i>fruit layered with honey yogurt and our house granola</i>	9.50
Avocado sourdough toast ..... <i>toasted slice of our Rustic Sourdough bread with shug (or not)</i>	7.50
Peanut butter and honey toast .....	4.50
Toast with butter .....	2.50

## Light Lunch, Organic

The Beach Bum bagel ..... <i>toasted New York bagel w/ cream cheese, tomato and shug</i>	10.50
The Gerald bagel ..... <i>toasted New York bagel w/ cream cheese, avocado and shug</i>	11.50
The Alexis bagel ..... <i>toasted New York bagel w/ cream cheese, tomato, avocado and shug</i>	12.50
The Dory-Me bagel ..... <i>toasted New York bagel w/ cream cheese, smoked salmon</i>	13.50
Soup and bread (Fall-Spring) ..... <i>bowl of soup (ask what we have today) and bread</i>	10.50
Veggie Burger..... <i>Homemade oat and walnut burger on brioche bun with lettuce, tomato and ketchup</i>	12.50

## Desserts, Organic

Mini pies or cobblers.....	18.00
Fruit tarts .....	9.50
Ice cream.....	5.00

*Ask what cake, tart, cobbler or pie we have today.*

We don't have all of this everyday. Please come into see what we have today.

# BAKES

## Breads, Organic

Rustic sourdough bread .....	12.50 (6.50 small)
Sourdough baguettes .....	6.50
New York bagels.....	5.00
Honey whole wheat bread.....	12.50 (6.50 small)
Honey challah.....	14.50 (10.00 small)
French batards .....	8.50
Heritage rye artisan .....	14.50 (7.50 small)
North Idaho potato bread.....	12.50 (6.50 small)
Orange tiger.....	14.50
Garlic parmesean swirl.....	12.50
Cinnamon raisin sourdough swirl .....	14.50
Cinnamon babka .....	12.50
Sourdough artisan .....	12.50
Biscuits, sweet or savory (4).....	9.50
Burger buns (3).....	12.00

## Pastries, Organic

Cinnamon rolls w/ American butter cream.....	7.50
Scones (almond pecan, lemon walnut, orange cranberry) .....	5.50
Cookies (molassas ginger, chocolate chip, oatmeal raisin) ....	5.00
Lemon snickerdoodles.....	5.00
Raspberry streusal .....	6.00
Apple fritters or maple donuts (baked) .....	6.00
Mini buttermilk donuts.....	6 for 10.50
Muffins (sunshine, chocolate, lemon poppyseed) .....	6.50
House cake slice (lemon, chocolate, carrot cake).....	8.50

## Snacks, Organic

Energy balls (chocolate or harvest).....	2 for 6.00
Heirloom Date bars.....	2 for 7.50
Old Fashioned Granola, 12 oz.....	12.50
Crackers, 3 oz (salty oat or cheesy sourdough) .....	6.50

# DRINK

## Organic Menu

*Available organic milks: whole milk ~ half and half ~ oat milk*

## Coffee, Organic

	<i>12 oz</i>	<i>16 oz</i>
Americano .....	4.50	5.00
Cold Brew ..... <small>[straight up   sweet cream Cold Brew]</small>	5.50	6.50
Breve' ..... <small>[using organic half and half]</small>	6.50	7.50
Latte ..... <small>[vanilla   hazelnut]</small>	5.50	6.50
Mocha..... <small>[vanilla   hazelnut]</small>	6.50	7.50
Drip coffee ( <i>in house 3.50</i> ) ...	4.00	4.50

## Non-Coffee, Organic

Matcha..... <small>[unsweetened Jade matcha w/ vanilla syrup or honey]</small>	6.50	7.50
Herbal tea ..... <small>[with honey   English style w/ splash of milk, complimentary]</small>	3.50	4.50
London Fog ..... <small>[Earl Grey infused with lavender   lavender syrup]</small>	6.50	7.50
Mountain Chai Latte ..... <small>[Made with Shalva Tea from the land of Israel]</small>	6.50	7.50
100% Juice ..... <small>[4 oz 100% REAL organic fruit juice. Pineapple or tropical blend]</small>	3.50 sm	5.50 lg
Lemonade .....	5.50	6.50
Hot Cocoa .....	6.50	7.50
	<small>[with kosher marshmallows or whipped cream, if we have it]</small>	

# OPEN

## Hours

*We do take vacations and the Biblical Holy Days off throughout the year, so please check our social media if you are here during posted business hours and we are closed.*

Sunday .....	8:00 am - 12:30 pm
Monday-Tuesday .....	8:00 am - 2:00 pm
Wednesday.....	OPEN in Cd'A *
Thursday-Friday .....	8:00 am - 2:00 pm
Shabbat .....	CLOSED
	<small>* we are at the 5th Street Farmers Market in Coeur d'Alene, Idaho on Wednesdays from 4-7pm during the summer months</small>

## Organic 100% chemical FREE

Our ingredients are carefully sourced ORGANIC (naturally non-GMO). Cheeses are either organic or from Europe and the fruit & veggies we use are either organic or they are on the CLEAN 15 list. Our organic coffee is our own special blend of Sumatra - Guatemalen from Waverly's in Spokane. We purify our water used in our recipes and in our drinks. We make all our own organic syrups. Our honey is from Chase Honey (a local beekeeper). Some of our teas are from Israel and our matcha is Jade ceremonial grade matcha ~ unsweetened straight from Japan. We offer organic oat milk, half and half or whole milk. We do not use teflon to bake in and are careful to make sure all our kitchen practices are clean and not toxic.