

The Beach Bum Bakery's Clean Eats Menu

Check inside for our drinks, bakes and daily specials.
But here are our regular eats:

Avocado Toast

A slice of our rustic sourdough bread topped with organic butter, organic avocado, schug* and sprinkled with kosher salt.

Egg Salad Toast (or Tuna Salad)

A slice of our rustic organic sourdough bread topped with avocado mayonnaise, egg salad (pasture raised organic eggs, avocado mayonnaise and Himalayan salt) and sprinkled with kosher salt.

Soup of the Day (with bread)

Ask what the soup is today. Comes with either our French roll and organic butter or a slice of our rustic sourdough bread with butter (depending).

Belgian Waffles

A tasty waffle made in a ceramic waffle iron and served with real organic maple syrup and organic butter OR an organic berry compote with organic yogurt, when fruit is available.

Yogurt Fruit Parfaits

Organic yogurt layered with our old fashioned granola and an organic fruit (fresh or frozen, depending on what is available) and drizzled with local honey.

Veggie Quiche

A slice of our lovely quiche made of organic pasture raised eggs, organic spinach, organic tomatoes, spices and European cheeses baked in a buttery crust.

Bagel Sandwiches (can be made on another bread like rustic sourdough or french bread, if available)

Keep it Simple: Just a toasted bagel with cream cheese.

The Dory Me: Wild caught smoked salmon, organic cream cheese and schug* on an everything New York bagel.

The Gerald: Organic avocado, organic cream cheese and schug* on an everything New York bagel.

The Alexis: Organic avocado, organic tomato, organic cream cheese and schug* on an everything New York bagel.

* a Medeteranian condiment made with all organic ingredients: jalapeños, garlic, cilantro, kale, parsley, cardamon, cumin, salt, pepper, olive oil and avocado oil.