



NABBS, INC.
National Association of Bench and Bar Spouses, Incorporated



NABBS Foundation
National Association of Bench and Bar Spouses Foundation

SCHEDULE AT-A GLANCE

Nashville, Tennessee | July 26 – July 31, 2026

NABBS, Inc. 75th and NBA 101st Annual Convention and Exhibits

Celebrating a Legacy of 75 Years

SUNDAY, July 26, 2026

7:00 PM **NBA Welcome Reception - All White Party** (*Separate event ticket required*)

MONDAY, July 27, 2026

9:00 AM – 9:30 AM *Bring your coffee and join us for fellowship and networking*

9:30 AM – 10:30 AM NABBS Candlelight Remembrance Service (***Wear White***)

10:30 AM – 11:45 AM NABBS, Inc. Executive Board/General Business Meeting

Chapter Sharing/Nominating Committee Report

12:00 PM – 1:15 PM NABBS Foundation Executive Board/Annual Meeting

TUESDAY, July 28, 2026

10:00 AM – 10:30 AM *Bring your coffee and join us for fellowship and networking*

10:30 AM – 11:00 AM NABBS Inc./ NABBS Foundation - Election

11:00 AM – 12:00 PM NABBS Foundation – Dr. Annie Lawrence Brown Health Initiatives

Speaker – Yoshida Kirkwood, PA-C – Avow Health and Wellness, Houston TX

12:30 PM – 1:45 PM NABBS Foundation – Bonnie P. Wheatley/Grace L. Wheatley Breast Cancer Health Forum

Speaker - Sonya Reid, MD MPH - Associate Professor of Medicine
Vanderbilt-Ingram Cancer Center, Vanderbilt University Medical Center

**** Attendees and guests can accessorize with pink and red***

7:00 PM* **NBA President's Ball: Bridgerton** - Themed aboard the legendary General Jackson Showboat (*Separate event ticket required*)

WEDNESDAY, July 29, 2026

11:00 AM – 1:30 PM NABBS President's Luncheon Celebrating 75 Years of Legacy, Leadership & Service, *featuring special cultural and historical presentations and a Style Showcase. Fashions by House of Chargois, Houston TX*
Luncheon Ticket: \$75 – One luncheon ticket is included with NABBS registration.

THURSDAY, July 30, 2026

8:30 AM – 11:30 AM Community Service Project (9:00 am – 11:00 am) – Thistle Farms: Supporting women overcoming trafficking, addiction, and exploitation through healing, housing, and employment opportunities.

7:00 PM – 12:00 AM* **NBA 101st Annual Convention Closing Gala & Afterglow Champagne Lounge**
(*Separate event ticket required*)