

Work in the City & Camp in the City Programs:

Respite &

Skills Training

By NextStep Support

2024

NextStepSupport.com



WORK STEP 1 TRANSITION TO A WORKPLACE

3:1 → 6:1 Transition into a Work Space Program

Program Services:	6:1 Supervision	\$1,600
Total Cost Per Person: \$3,950	Camp in the City Fees:	\$2,250
	BCBA Supervision:	\$100
	Member: OPEN	Member: OPEN
Member: OPEN	Member: OPEN	
Member: OPEN	Member: OPEN	
Program Goals:	• Work Schedule	• Lunch Schedule
	• Duty Schedule	• Personal Development

Program Manager:
Ajay Dutta

**Program
Coordinator:**
Priyanka

**Program
Administrator:**
Gaurav Kumar

Team Leader(s):
OPEN

Group Facilitator(s):
Mario Scopelleti

WORK IN THE CITY: SPACES

180 John Street
Toronto, Ontario M5T 1x5

www.ACESGuides.ca

Mondays-Fridays

9:00 am – 3:00 pm



WORK STEP 2 TRANSITION TO A WORK TEAM

3:1 -> 6:1 Transition into a Workspace Program

Program Services:	6:1 Supervision	\$1,600
Total Cost Per Person: \$3,950	Camp in the City Fees:	\$2,250
	BCBA Supervision:	\$100
	Member: OPEN	Member: OPEN
Member: OPEN	Member: OPEN	
Member: OPEN	Member: OPEN	
Program Goals:	• Work Schedule	• Lunch Schedule
	• Duty Schedule	• Personal Development

Program Manager:
Ajay Dutta

**Program
Coordinator:**
Priyanka

**Program
Administrator:**
Gaurav

Team Leader(s):
OPEN

Group Facilitator(s):
Evan Denis

WORK IN THE CITY:
CSI

720 Bathurst Street
Toronto, Ontario M5S 2R4

www.ACESGuides.ca

Mondays-Fridays

9:00 am – 3:00 pm



WORK STEP 3 TRANSITION INTO A CAREER

6:1 -> 12:1 Transition into a Workspace Program

Program Services:	1:12 Supervision	--
Total Cost Per Person: \$2,250	Camp in the City Fees:	\$2,250
	BCBA Supervision:	--
Member: OPEN	Member: OPEN	Member: OPEN
Member: OPEN	Member: OPEN	Member: OPEN
Member: OPEN	Member: OPEN	Member: OPEN
Program Goals:	• Work Schedule	• Lunch Schedule
	• Duty Schedule	• Career Development

Program Manager:
Tamara Bailey

Program Manager:
Dru Ann Bourne

Program
Administrator:
OPEN

Team Leader(s):
OPEN

Group Facilitator(s):
OPEN

WORK IN THE CITY: SPACES

180 John Street
Toronto, Ontario M5T 1x5

www.ACESGuides.ca

Mondays-Fridays

3:00 pm – 9:00 pm

We look to provide a network of social groups in the GTA with opportunities for youth and adults with ASD and other exceptionalities to create friendships based on common interests. Friendship 5 members practice social and life skills through facilitation at social events, group outings and social gatherings. Groups are formed based on member interests and abilities and maintain 1:1 to 3:1 member to staff ratios. Each group contain 3-6 members.

Friendship 5 Core Values

1. Friendships

Friendships begin with joint activity and provides motivation for language and social skills development. The goal of Friendship 5 is to provide parents and guardians with a reliable alternative to support their loved ones in strengthening their communication skills and in building friendships and meaningful relationships with others in their community while increasing social interaction and independence in the safety of a caring and supportive environment.

2. Health & Safety Awareness

Health & safety awareness encourages positive behavior, helps participants to develop a strong sense of expected and unexpected behaviours and enables our members to increase their independence in the community. We support our members in living healthy, safe and responsible lives.

3. Meaningful Work

We believe that rewarding work provides purpose, builds self-esteem and establishes the foundations for sustainable systems of reinforcement. Our food and meal prep programs are designed and delivered according to the specific needs of each participant. Learning food preparation and meal planning skills encourages independence and reinforces valuable skills that can be transferred to other areas of one's life. This is done in partnership with our community partners.

4. Community Living

We support lifelong learning and community inclusion. We believe it is the responsibility of a community to help it's members lead more independent and fulfilling lives. Our mission is to provide community living skills development within a safe and nurturing environment that promotes independence and client centered approaches to learning.



SOCIAL GROUP TRANSITION IN TO COMMUNITY

2:1 -> 3:1 Transition into a Community Space Program

Program Services:	3:1 Supervision	\$2,800
Total Cost Per Person: \$5,250	Camp in the City Fees:	\$2,250
	BCBA Supervision:	\$200
Member: OPEN	3:1 Support	Team Leader
Member: OPEN	3:1 Support	Group Coordinator
Member: OPEN	3:1 Support	Group Guide
Program Goals:	• Workout Schedule	• Food Prep Schedule
	• Leisure Schedule	• Personal Development

Program Manager:
Amberley Henry

Program
Coordinator:
Priyanka

Program
Administrator:
Gaurav Kumar

Team Leader(s):
Nathan Chintoh

Group Facilitator(s):
Ibrahim Faruque

Group Guide(s):
Rory Berk

CAMP IN THE CITY: GRANGE PARK

290 Adelaide Street West
Toronto, Ontario M5V 0P3

www.Nextstepsupport.com

Mondays-Fridays

9:00 am – 3:00 pm

Groups Camp in the City Program

Camp In the City offers to youth and young adults with exceptionalities all the fun of an away summer camp, in the GTA. We deliver both group and individualized programs that promote the development of life, social and vocational skills at our locations at High Park and Grange Park. We cater to a range of exceptionalities; including learning disabilities, ADD, Autism, Aspergers, and social or behavioral challenges. Group rograms offer the following activities:

<p>Independent Living</p> <ul style="list-style-type: none"> · Budgeting · Community Rules · Cooking · Domestic Activities · Navigating Community · Personal Care · Road Safety · Shopping · Street Sense 	<p>Recreation</p> <ul style="list-style-type: none"> · Archery · Biking · Fishing · Hiking · Personal Fitness Programs · Sports · Swimming · Yoga 	<p>Social</p> <ul style="list-style-type: none"> · BBQs · Campfires · Camping · Group Games & Activities · Group Work & Job Tasks · Movies · Parties and Social Groups
<p>Community Outings</p> <ul style="list-style-type: none"> · Amusement Parks · Bowling · Games Arcades · Mini-Golf · Movie Theatre · Plays, Shows & Concerts · Restaurant Dining · Sporting Events 	<p>Leisure</p> <ul style="list-style-type: none"> · Computer access & Wi-Fi · Games · Karaoke · Movies · Photography · Video Games · Video Making 	<p>Job Readiness</p> <ul style="list-style-type: none"> · Bike Repair & Maintenance · Camp Staffing · Food Prep · Landscaping · Domestic Care



MY STEP TRANSITION OUT OF SCHOOL

1:1 -> 2:1 Transition into a Shared Space Program

Program Services:	1:1 + Health Safety	\$4,200
	Camp in the City Fees:	\$2,500
Total Cost Per Person: \$7,050	BCBA Supervision: Aamir Khan	\$600
Member: Member 1	1:1 Support	Program Specialist
Member: Member 2	1:1 Support	Group Facilitator(s)
Program Goals:	• Reduce SIBs	• Reduce Aggression
	• Independent Personal Care	• Personal Development

Program Manager:
Amberley Henry

**Program
Coordinator:**
Priyanka

**Program
Administrator:**
Gaurav

Group Leader(s):
Andrew Ly

Group Facilitator(s):
Matthew Santos

**CAMP IN THE CITY:
HIGH PARK**

1982 Bloor Street West
Toronto, Ontario M6P 3K9

www.Nextstepsupport.com

Mondays-Fridays

8:45 am – 3:45 pm

ACES & GUIDES: CAMP IN THE CITY AT HIGH PARK

Youth & Young Adult CLUBHOUSE Day Program
Monday - Friday 8:45 AM to 3:45 PM | Ages 18+ years

ACES & Guides offers Camp in the City High Park to youth and young adults with exceptionalities. Continue to enjoy all the fun of summer camp, weekdays with your friends, while in the GTA. We deliver individualized programs that promote the development of life, social and vocational skills during weekdays in the city, with commuter pick-up and drop-off at Royal York & Sheppard West Stations. This program is supported by NextStep Support and is attended by many campers who attend camps such as Camp Kennebec, Camp Kodiak or The City of Toronto Parks & Recreation Day camps, during their summers.

At Camp in the City, members can continue friendships or meet new friends. We cater to a range of exceptionalities; including learning disabilities, ADD, Autism, and social or behavioral challenges. Weekday programs offer the following activities and skill building opportunities:

Independent Living

- Budgeting
- Community Rules
- Cooking
- Domestic Activities
- Navigating Community
- Personal Care
- Road Safety
- Shopping
- Street Sense

Social

- BBQs
- Campfires
- Camping
- Group Games & Activities
- Group Work & Job Tasks
- Movies
- Parties and Socials



Job Readiness

- Bike Repair & Maintenance
- Camp Staffing
- Food Prep
- Landscaping
- Domestic Care
- Pool Maintenance
- Vehicle Detailing

Community Outings

- Amusement Parks
- Bowling
- Games Arcades
- Mini Golf
- Movie Theatre
- Plays, Shows & Concerts
- Restaurant Dining
- Sporting Events

Recreation

- Archery
- Biking
- Fishing
- Hiking
- Personal Fitness Programs
- Sports
- Swimming
- Yoga



HOME STEP TRANSITION SUPPORTED LIVING

2:1 Weekend-Overnight Shared Space Program

Program Services:	2:1 Supervision: Friday & Saturday	\$266 Per Night
Total Cost Per Person, Per Weekend: \$761.50	Activity Fees: Friday, Saturday & Sunday	\$76.50 Per Day
	Additional Supervision 1:1	-- \$175 Per Day
	290 Adelaide Guest: OPEN	115 Blue Jays Way Guest: OPEN
290 Adelaide Guest: OPEN	115 Blue Jays Way Guest: OPEN	
Program Goals:	• Travel Route	• Lunch Schedule
	• Activity Schedule	• Social Skills Development

Program Manager:
Amberley Henry

Program
Coordinator:
Ashton Mendes

Program
Administrator:
OPEN

Team Leader(s):
OPEN

Group Facilitator(s):
OPEN

CAMP IN THE CITY: HOME STAY

290 Adelaide Street West
Toronto, Ontario m5V 0P3

www.Nextstepsupport.com

3:00 pm Fridays to

6:00 pm Sundays

Individualized Community Living Program

At Home or Overnight Respite Location:

Early Morning Routine (8:00 am)

Make or Have Breakfast – Basic skills and knowledge related to breakfast food as found in textbooks and other media, recipes, and menus. It also addresses nutrition and a balanced diet and the purchase and preparation of food breakfast foods.

Personal Care Routine – Basic skills and knowledge related to clothing, grooming, hygiene and personal care.

(E.g. eat breakfast, Brush teeth, change for bed, take a shower, comb hair, wash face)

At Clubhouse or Library Location:

Morning Applied Academics (9:00 am)

Current Events & Daily Planning – Basic Math and Writing skills related to Appointments, Event Planning, Scheduling and Shopping for the completion of daily living activities.

(E.g. plan day, plan menu for lunch, go shopping for lunch or personal care needs, do a home activity)

OR

Small Group Tutoring (9:00 am)

Basic skills and knowledge related to the following:

- **Daily Planning** – Basic skills related to Making Appointments, Event Planning, Scheduling and Shopping for the completion of daily living activities.
- **Organization** including use of a schedule, managing materials, time management and punctuality
- **Group Participation** is addressed including Listening & following instructions, making relevant contributions, consideration of others, turn taking and cooperation
- **Self-Regulation** is addressed including inhibiting action, use of self management tools and strategies to remain engaged as expected, regulating emotions when responding to challenging situations and seeking assistance when needed and appropriate
- **Health & Fitness** – Basic skills and knowledge related to health, fitness and medical vocabulary needed to maintain or improve health. It also addresses physical training including flexibility, strength and endurance training.
- **Healthy Eating & Nutrition** – Basic skills and knowledge related to food as found in textbooks and other media, recipes, and menus. It also addresses nutrition and a balanced diet.

- **Personal Care**– Basic skills and knowledge related to clothing, grooming, hygiene and personal care.
- **Independent Work** – Basic skills and knowledge related to self initiation, application of knowledge and productivity while on-the-job and completing work routines and tasks. It also addresses basic telephone, computer, and technology skills.

(E.g. plan day, plan menu for lunch, go shopping for lunch or personal care needs, do a home activity, do chores, do domestic work, do fitness routine, tutoring, food prep work, landscaping work and office work)

Break Routine (10:30 am)

Make or Have a Snack – Basic skills and knowledge related to snack food as found in textbooks and other media, recipes, and menus. It also addresses nutrition and a balanced diet and the purchase and preparation of food snack foods. (E.g. have a Snack, take a break)

Personal Development Coaching (11:15)

Basic skills and knowledge related to the following:

- **Organization** including use of a schedule, managing materials, time management and punctuality
- **Group Participation** is addressed including Listening & following instructions, making relevant contributions, consideration of others, turn taking and cooperation
- **Independent Work** is addressed including self initiation, application of knowledge and productivity
- **Self-Regulation** is addressed including inhibiting action, use of self management tools and strategies to remain engaged as expected, regulating emotions when responding to challenging situations and seeking assistance when needed and appropriate

(E.g. tutoring)

OR

Travel (11:15 pm)

Group Travel – Basic skills and knowledge related to community navigation including communication and group skills.

(E.g. navigate to location, have a conversation, listen to music)

OR

Health, Fitness and Recreation Training (11:15)

Health & Fitness – Basic skills and knowledge related to health, fitness recreation and vocabulary needed to maintain or improve health. It also addresses physical training including flexibility, strength and endurance training.

(E.g. fitness routine, yoga, dancing, hiking, fishing, biking, inline skating)

Lunch Time Routine (12:15)

Food Nutrition – Basic skills and knowledge related to lunch food as found in textbooks and other media, recipes, and menus. It also addresses nutrition and a balanced diet and the purchase and preparation of food lunch foods. (E.g. eat Lunch)

Independent Work (1:15)

Work – Basic skills and knowledge related to being on-the-job and completing work routines and tasks. It also addresses basic telephone, computer, and technology skills. (E.g. chores, domestic work, fitness routine, tutoring, food prep work, landscaping work and office work)

OR

Community Outing (1:15)

Community Outing - Basic skills and knowledge related to transportation, making use of community resources, complying with common signs and warning labels, complying with community rules and social pragmatics including communication and group skills. (E.g. bowling, swimming, to a library, to a mall, to a park, to a party, to an attraction etc.)

Snack (2:30)

Make or Have a Snack – Basic skills and knowledge related to snack food as found in textbooks and other media, recipes, and menus. It also addresses nutrition and a balanced diet and the purchase and preparation of food snack foods. (E.g. have a Snack, take a break)

Community Outing (3:00)

Community Outing - Basic skills and knowledge related to transportation, making use of community resources, complying with common signs and warning labels, complying with community rules and social pragmatics including communication and group skills. (E.g. go biking/ hiking / inline skating on a trail, bowling, swimming, to a library, to a mall, to a park, to a party, etc.)

Dinner (6:30)

Make or Have Dinner – Basic skills and knowledge related to dinner food as found in textbooks and other media, recipes, and menus. Also addressed are nutrition and a balanced diet and the purchase and preparation of food dinner foods. (E.g. make and eat dinner, eat dinner at a restaurant)

Home Activities (7:30)

Recreational & Leisure Activities – Basic skills and knowledge related to complying with community rules and social pragmatics including communication and group skills. (E.g. watch television or a movie, play videogames or a sport, sing karaoke, etc.)

Nighttime Routine (8:30)

Personal Care Routine – Basic skills and knowledge related to clothing, grooming, hygiene and personal care.
(E.g. brush teeth, change for bed, take a shower, comb hair, wash face)



SOCIAL STEP TRANSITION INTO A GROUP

1:1 → 12:1 Transition into a Social Group Program

Program Services:	1:12 Supervision:	--
Total Cost Per Person, Per Day: \$112.50	Activity Fee:	\$76.50
	Additional Supervision	--
	1 1	\$175
	2 1 - 3:1	\$87
	6 1	\$36.00
Member: OPEN	Member: OPEN	Member: OPEN
Member: OPEN	Member: OPEN	Member: OPEN
Program Goals:	• Travel Route	• Lunch Schedule
	• Activity Schedule	• Social Skills Development

Program Manager:
Ashton Mendes

Program Manager:
Aaron Shipway

Team Leader(s):
OPEN

Group Leader(s):
OPEN

Group Facilitator(s):
OPEN

**CAMP IN THE CITY:
DOWNSVIEW PARK**

25 Vitti Street
Toronto, Ontario M3K 2C1

www.ACESGuides.ca

Weekends

12:00 pm –6:00 pm