

VALENTINE'S DAY HISTORY



How did Valentine's Day start?

Valentine's Day is a fixed day on the calendar that got lumped into a mid-February holiday on the ancient Roman calendar called Lupercalia-which some historians believe is what led to Valentine's Day being all about love. Lupercalia celebrated fertility, and may have included a ritual in which men and women were paired off by choosing names from a jar. In Ancient Greece, people observed a mid-winter celebration for the marriage of the god Zeus and the goddess Hera.

Why do we celebrate Valentine's Day?

Chaucer lived in the Middle Ages, the era of courtly love, when broad, romantic statements of devotion-poems, songs, paintings-celebrated partnership. By the end of the 15th century, the word "valentine" was being used to describe a lover in poems and songs of the day, and in the 18th century, a book called *The Young Man's Valentine Writer* was published in England. By the mid-19th century, mass-produced paper Valentine's Cards were being created, and Valentine's Day as we know it was born.

Why is Valentine's Day celebrated on February 14th?

In general, early Christians often opted to celebrate holidays on days that coincide with existing festivals and celebrations (like Christmas and winter solstice), so they placed Valentine's Day on February 14th, while Lupercalia was celebrated on February 15th.

Whether you love Valentine's Day or hate it, one thing's clear: Valentine's Day history goes way back. And while Valentine's Day is now known for kissing, Valentine's Day gifts, and hard-to-get dinner reservations, the origins of the holiday are far less romantic. Here, the Valentine's Day history that wouldn't make it into a rom-com, featuring a saint, a massacre, and even the sinful nuns of Valentine's Day (seriously!).



FEBRUARY ANNOUNCEMENTS AND EVENTS



PARTY!

SUNDAY, FEBRUARY 11, 2024 STARTS AT 3:00 PM FUN, FOOD, AND BOOZE!

> 660 HAWKINS AVENUE, RONKONKOMA, NY (631) 588-1401

THURSDAY FEBRUARY 15, 9AM-12p THE DAV REP WILL BE HERE TO ASSIST WITH FILING CLAIMS WITH THE V.A., PLEASE BRING YOUR DD214 AND ANY SUPPORTING DOCUMENTATION





AMVETS POST 48 LAKE RONKONKOMA

PSYCHIC NIGHT with brenda Lee & Long Island Psychics



SATURDAY FEBRUARY 24TH 6: 30PM-9: 30PM \$50PP (ASH includes: 15 min private reading & Buffet RSVP at www.amvetspost48.org For ouestions: contact long Island Psychics 516-444-1975 www.longislandpsychics.com



MARBLES ENTERPRISES SPORTSMAN SHOW

FEBRUARY 24 & 25, 2024

EVENT DETAILS

The Marbles Enterprises Gun Show, hosted by T&T Gunnery, will be held at AM VETS POST 18. All federal and local firearm laws and ordinances must be obeyed.

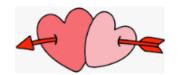
Admission: Adults: \$10 Children 12 & Under: Free w. Parent or guardian Hours: Saturday & Sunday: 9 AM - 4 PM

PROMOTER:T&T GUNNERY CONTACT: MARTIN TRETOLA PHONE: (631) 221- 7380 AM VETS POST 18 141 CARLETON AVENUE EAST ISLIP, NY 17730

FEBRUARY ANNOUNCEMENTS AND EVENTS- CONT'D

AMVETS DEPT. NY SERVICE FOUNDATION SCHOLARSHIP APPLICATIONS ARE NOW AVAILABLE. OPEN TO AMVETS IMMEDIATE FAMILY (CHILD, GRAND CHILD OR LEAGLLY ADOPTED CHILD). HIGH SCHOOL ENTERING COLLEGE, (NO FRESHMAN TO SOPHMORE) COLLEGE SOPHMORE TO JUNIOR, JUNIOR TO SENIOR, SENIORS SEEKING MASTERS. APPLICATIONS MUST BE IN BY FEB 14, 2024. CONTACT FRED P. 631-355-2997 FOR APPLICATION PACKETS AND MORE INFO MEMBERSHIP CARDS HAVE BEEN MAILED OUT IF YOU HAVE RENEWED FOR 2024 PLEASE SEE CARLO M. -1ST VICE IF YOU HAVENT RENEWED FOR 2024 YET, YOUR CARD WILL BE WILL BE WAITING WHEN PAYMENT IS RECEIVED

AMVETS DEPT. OF NY DAILY NUMBER FUNDRAISER TICKETS ARE NOW AVAILABLE TO PURCHASE FOR THE MONTH OF APRIL 2024. COST IS \$20.00 FOR THE MONTH. NUMBERS ARE DRAWN FROM NY LOTTERY PICK 3. MID-DAY PAYS \$50.00 EVENING PAYS \$300.00. CONTACT FRED P. 631-355-2997 TO BUY TICKETS OR MORE INFO



AMVETS NATIONAL AMERICANISM CONTEST IS OPEN TO ALL STUDENTS K-12. FLAG COLORING POSTERS TO ESSAY ENTERY. CONTEST IS OPEN TO ALL, NOT JUST MEMBERSHIP. CONTACT FRED P. 631-355-2997 FOR MORE INFO. AMVETS DEPT. NY CLUB 200 TICKETS ARE AVAILABLE TO PURCHASE. DRAWING WILL BE HELD AT THE JUNE CONVENTION IN BINGHAMPTON, NY. ONLY 200 TICKETS ARE SOLD WITH A GRAND PRIZE OF \$10,000. 2ND PRIZE \$1,000. 3RD PRIZE \$500. 4TH PRIZE \$250. 5TH-9TH PRIZES \$200EA. CONTACT FRED P. 631-355-2997 FOR TICKETS AND INFO

POST 48 NOW HAS A CONFERENCE ROOM AVAILABLE TO RENT THAT HAS VIDEO CONFERENCE, 360 WEB CAM, HIGH SPEED INTER-NET WITH SEATING FOR UP TO 14 PEOPLE. CONTACT CMNDR CHALES WATTS FOR MORE INFO-516.380.2122



WEDNESDAY, FEBRUARY 28-8PM GENERAL MEMBERSHIP MEETING. ALL MEMBERS ARE ENCOURAGED TO ATTEND. FIND OUT WHAT IS GOING ON AT POST 48 SNEAK PEAK FOR MARCH

Peeting Lucky? Peeting Lucky? March 17, 2024 Post 111 15 Cedar Ave EACH ENTRY \$1.00 Drawing will Follow The St. Patrick'S Day Parade At Spa

SEE BARTENTER For More Details

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AMVETS ACROSS AMERICA- POST 34 PALM BAY, FLORIDA





GOOD AND WELFARE

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POST 34 CMNDR GEORGE M. (LEFT) AND POST 48 **CMNDR CHARLES W.** (RIGHT) MEET IN SUNNY PALM BAY, FLORIDA.



ROAD TRIP.....

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THIS MONTH IN HISTORY

February 1, 2003 - Sixteen minutes before it was scheduled to land, the Space Shuttle *Columbia* broke apart in flight over west Texas, killing all seven crew members. The accident may have resulted from damage caused during liftoff when a piece of insulating foam from the external fuel tank broke off, piercing a hole in the shuttle's left wing that allowed hot gases to penetrate the wing upon re-entry into the Earth's atmosphere. This was the second space shuttle lost in flight. In January

1986, Challenger exploded during liftoff.

February 3, 1870 - The 15th <u>Amendment</u> to the U.S. Constitution was ratified, guaranteeing the right of citizens to vote, regardless of race, color, or previous condition of servitude.

February 3, 1913 - The 16th <u>Amendment</u> to the U.S. Constitution was ratified, granting Congress the authority to collect income taxes.

February 8, 1910 - The Boy Scouts of America was founded by William Boyce in Washington, D.C., modeled after the British Boy Scouts.
February 11, Birthday - American inventor Thomas Edison (1847-1931) was born in Milan, Ohio. Throughout his lifetime he acquired over 1,200 patents including the incandescent bulb, phonograph and movie camera. Best known for his quote, "Genius is one percent inspiration and ninety-nine percent perspiration."
February 12, Birtday Abraham Lincoln (1809)

-1865) the 16th U.S. President was born in Hardin County, Kentucky. He led the nation through the tumultuous Civil War, freed the slaves, composed the Gettysburg Address, and established Thanksgiving.

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February 14th - Celebrated as (Saint) Valentine's Day around the world, now one of the most widely observed unofficial holidays in which romantic greeting cards and gifts are exchanged. February 17, 1865 - During the American Civil War, Fort Sumter in South Carolina was returned to the Union after nearly a year and a half under Confederate control. The fort had been the scene of the first shots of the war. February 21, 1965 - Former Black Muslim leader Malcolm X (1925-1965) was shot and killed while delivering a speech in a ballroom in New York City.

February 22, Birthday - George Washing-

ton (1732-1799) was born in Westmoreland County, Virginia. He served as commander of the Continental Army during the <u>American</u>



Revolution and became the first U.S. President. **February 26, 1994** - Political foes of Russian President Boris Yeltsin were freed by a general amnesty granted by the new Russian Parliament.

February 27, 1950 - The 22nd <u>Amendment</u> to the U.S. Constitution was ratified, limiting the president to two terms or a maximum of ten years in office.

February 27, 1991 - In Desert Storm, the 100hour ground war ended as Allied troops entered Kuwait just four days after launching their offensive against Saddam Hussein's Iraqi forces.

February 28, 1844 - During a demonstration of naval fire power, one of the guns aboard the USS *Princeton* exploded, killing several top U.S. government officials on the steamer ship, and narrowly missed killing President John Tyler.

February 28, 1994 - NATO conducted its first combat action in its 45 year history as four Bosnian Serb jets were shot down by American fighters in a no-fly zone.



FEBRUARY HEALTHY CHOICE RECIPE

Wintertime Braised Beef Stew

Total Time Prep: 40 min. Bake: 2 hours

Makes 8 servings (2 quarts)

Ingredients

2 pounds boneless beef sirloin steak or chuck roast, cut into 1-inch pieces

2 tablespoons all-purpose flour

2 teaspoons Montreal steak seasoning

2 tablespoons olive oil, divided

1 large onion, chopped

2 celery ribs, chopped

2 medium parsnips, peeled and cut into 1-1/2-inch pieces

2 medium carrots, peeled and cut into 1-1/2inch pieces



2 garlic cloves, minced

1 can (14-1/2 ounces) diced tomatoes, undrained

1 cup dry red wine or reduced-sodium beef broth

2 tablespoons red currant jelly

2 bay leaves

2 fresh oregano sprigs

1 can (15 ounces) cannellini beans, rinsed and drained

Minced fresh parsley, optional

Directions

- 1. Preheat oven to 350°. Toss beef with flour and steak seasoning.
- 2. In an ovenproof Dutch oven, heat 1 tablespoon oil over medium heat. Brown beef in batches; remove with a slotted spoon.
- 3. In same pan, heat remaining oil over medium heat. Add onion, celery, parsnips and carrots; cook and stir until onion is tender. Add garlic; cook 1 minute longer. Stir in tomatoes, wine, jelly, bay leaves, oregano and beef; bring to a boil.
- 4. Bake, covered, 1-1/2 hours. Stir in beans; bake, covered, until beef and vegetables are tender, 30-40 minutes longer. Remove bay leaves and oregano sprigs. If desired, sprinkle with parsley.

COMMANDER'S REOPRT- NOVEMBER

Happy New Year my fellow AMVET Post 48 Members:

I wish I had all positive news focused on the new year ahead however rough seas are dead

ahead of current course and speed. As you all may have surmised the expected merger

between Post 48 and Post 9486 has not yet happened. We are quickly burning through cash at

an alarming rate. Som of you may have noticed we are out of some beer and alcohol in the

Cantina Bar. The bar is a significant contributor to our shrinking resources. That said I plan to

institute changes to bar operation necessary to our survival. I plan to make these suggestions as

a member of the Board of Trustees with the intent to bringing it to the floor ASAP. The good

news is the VFW is still interested and we must be diligent in motivating them to the finish line,

but time is running out quickly. I have faith this will happen, although it will be an 11 th hour

save. I hope and pray you and your families had a great holiday season and are ready for the

new year ahead. -Cmndr Charles Watts

LADIES AUXILLIARY- NO REPORT AT THIS TIME RIDERS AND SONS OF POST 48- NO REPORTS AT THIS TIME

Donald F. Pugliese Memorial

AMVETS Post NY-48

Executive Board 2022-23

<u>Commander-</u>Charlie Watts

(516)380-2122

<u>1st Vice Commander/Membership</u>- <u>Carlo Milillo</u> (631)672-7914

<u>Mike Stefanidis</u>- 2nd Vic<mark>e Commander</mark> (631)281-7648

<u>3rd Vice Commander/SEC Representative</u> Fred Pearl (631)355-2997

Finance Officer- Edward Teller (631)472-1199

<u>Adjudant– Larry Drexel</u>

(631)897-5737 <u>Judge Advocate</u>- Ray (Bud) Rancourt (516)443-3215 <u>Provost Marshall</u>_Stephanie Curasi (631)289-3274 <u>Chaplain/Good Will & Welfare</u>- Rich Scola (631)467-6732

Quatermaster-Tom McGuire (631)615-6260

Trustee Chairman Harold Capman (516)991-4121

AMVETS POST NY-48 AUXILIARIES

Riders of Amvets NY-48 President-Sean Carolan (631)525-7441 Ladies Auxiliary President-Ann Randali (631)846-7897 Sons Of Amvets President- Brian Okeefe (631)721-7224 POST 48 PHONE NUMBER 631-588-1401



NY STATE VETERANS



VETERAN BENEFITS AND SERVICES

The following resources and hotlines are available at no-cost to help veterans understand their rights, protections, benefits, and accommodations:

dol.ny.gov/veteran-benefits-and-services

MENTAL HEALTH AND SUBSTANCE ABUSE RESOURCES

All calls and texts are free and confidential

U.S. Department of Veterans Affairs Veterans Crisis Line: www.veteranscrisisline.net Call: 988, press 1 Text: 838255 Suicide and Crisis Lifeline: www.veteranscrisisline.net Call: 988 Text: 988 Crisis Textline: Text: 741741 Chat: crisistextline.org NYS Office of Mental Health (OMH):

www.omh.ny.gov NYS Office of Addiction Services and Supports (OASAS): www.oasas.ny.gov/hopeline Call: 1-877-8-HOPENY (467469) Text: HOPENY (467369)

LEGAL SERVICES

Veterans Treatment Courts (VTC): ww2.nycourts.gov/ courts/problem_solving/vet/courts.shtml Email: ProblemSolving@courts.state.ny.us NYS Defenders Association Veteran Defense Program: www.nysda.org/page/About/VDP

TAX BENEFITS

NYS Department of Tax and Finance

- Information for military personnel and veterans: tax.ny.gov/pit/file/military_page.htm
- Property tax exemptions: tax.ny.gov/pit/property/exemption/vetexempt.htm

EDUCATION, WORKFORCE, AND TRAINING RESOURCES

Veteran Readiness and Employment (VR&E) Program: www.benefits.va.gov/vocrehab New York State Civil Service Credits for Veterans Program: www.cs.ny.gov

ADDITIONAL RESOURCES

NYS Domestic and Sexual Violence Hotline: Call: 800-942-6906 Text: 844-997-2121 NYS Workplace Sexual Harassment Hotline: Call: 1-800-HARASS-3

NYS Department of Motor Vehicles:

- Veteran Status Designation Photo Document: dmv.ny.gov/more-info/veteran-statusdesignation-photo-document
- Veteran License Plate: dmv.ny.gov/plates/military-and-veterans

NEW YORK STATE DEPARTMENT OF VETERANS' SERVICES

Website: veterans.ny.gov Help Line: 1-888-838-7697 Email: DVSInfo@veterans.ny.gov

Services: Legal, education, employment and volunteer, financial, health care, and more.



NEW YORK STATE DEPARTMENT OF LABOR VETERANS' PROGRAM

Website: dol.ny.gov/services-veterans Help Line: 1-888-469-7365 Email: Ask.Vets@labor.ny.gov

Services: Workforce and training resources, unemployment insurance, the Experience Counts program, and more.



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The New York: State Department of Labor is an Equal Opportunity Employed? togram. Autiony wides and services are available upon request and free of charge to individuals with disabilities 111/100 71 or 1-800-652-4230 (English) / 1/87-652-4885.

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