

# AN INTROSPECTIVE MORNING WATCH

For the week of March 28, 2021

**“Is that all there is?”**

**“What’s it all about, Alfie?”**

**Actually, for some 50 plus years, the words that have showed up as “Morning Watches” (Oh, and also as theme songs for CAMP) are all a reflection of my own personal prayer and meditation times. (If I realize that the message sent to me might be pertinent to your lives, as well, I pass it on.) The words this morning seemed to be even more universally true than usual: “Is that all there is?” and “What’s it all about, Alfie?” words to songs from an earlier time). Both at that time of my life seemed to be “downers”, but this morning I got a different take on them. In my personal belief system, I believe this life we are living is for a purpose. None of our lives are an accident or of little importance, but rather a step on our soul development that each of us, with God’s approval, decided upon before we were born. We are here to learn important lessons and pass them on--by example or otherwise. Soo as I was meditating this morning and trying to figure out why I’m still here and what I’m supposed to be doing with these remaining days--the song words came. This time He answered my questions with two more questions! He always wants us to figure it out for ourselves. --So I will continue to try to figure it all out. Such as: “Have I completed the job we decided upon when I decided to make this journey?” “Am I being the best loving me I know how to be?” (Often, we know better than we act.) “Without love we just exist, Will you find the love you missed, Alfie?” (words from that song)**

**Some food for thought this morning “God bless.**