

From: TCCcommunity <guide@tcccommunity.net>
Subject: Sr. Antonia's August 2011 Newsletter
Date: August 1, 2011 9:16:37 PM CDT
To: stephen2816@mac.com
Reply-To: noReply@tcccommunity.net



A Newsletter from the Guide of T'ai Chi Chih

T'ai Chi Chih Events

- Aug 13, 2011 - Aug 13, 2011:
[Seijaku Workshop](#) - Albuquerque, NM
with Carmen Brocklehurst
Contact: [Judy Hendricks](#), 505-897-3810
- Sep 8, 2011 - Sep 11, 2011 :
[Prajna Retreat](#) - Philadelphia (Aston), PA
with Sandy McAlister
Contact: [April Leffler](#), 610-532-6753

In Justin's 1992 conference talk on Prajna he said, "There is within you That Which Knows, and that is your teacher. ...that inner innate wisdom, called Prajna is covered up by the vashanas. It is always there, but you don't know it's there if it doesn't come through to your conscious mind and to where you can act in the wisdom of Prajna."

"Whether you call it God, Prajna, your own true nature, whatever, my advise is to know it and listen to it. This means to come to know who and what you are."

- Sep 16, 2011 - Sep 16, 2011 :
[TCC Teacher Workshop](#) - Grayslake, IL
with Sandy McAlister
Contact: [Donna McElhose](#), 847-223-6065
- Sep 17, 2011 - Sep 17, 2011 :
[TCC Student Workshop](#) - Grayslake, IL
with Sandy McAlister
Contact: [Donna McElhose](#), 847-223-6065
- Sep 18, 2011 - Sep 20, 2011 :
[TCC Retreat](#) - Prescott, AZ
with Pam Towne
Contact: [Hope Spangler](#), 928-775-2010
- Sep 23, 2011 - Oct 9, 2011 : [TCC Weekend Workshop \(final date TBD\)](#) -

Help us craft a Mission Statement for T'ai Chi Chih

Dear T'ai Chi Chih community,

There was much excitement a couple weeks ago when eighty T'ai Chi Chih Teacher gathered at Sawmill Resort in Huron, Ohio. Because T'ai Chi Chih is a "grass roots community" I shared with the Conference assembly what had emerged last February during a Santa Barbara, California Teachers Retreat.

Since Justin commissioned me to "Unite the Teachers" I have been meeting with Teachers - sitting and chatting with them about what was on their minds. One thing that emerged during the Santa Barbara Teachers Retreat is a desire to create a "Mission Statement", so that we as a T'ai Chi Chih Community will have a clearer understanding of *What do we do?* and *Why do we exist?*

A Mission Statement created uniquely for T'ai Chi Chih would speak for us to the greater community. A Mission statement is usually around 30 words long, simple and easy to understand. Once we have a Mission Statement a Vision Statement will emerge from it expressing *How do we want to be perceived in 5 years?* And *What do we want to look like in five years?*

From that Santa Barbara gathering, Frank Taylor volunteered his time and expertise to communicate through email with about 20 teachers who would be interested to take part in this venture. Frank was Accredited in 2001 and had practiced 10 years prior to his training. As an internal business consultant for a large corporation, his expertise is in domestic and international consulting. Now retired, he is looking forward to assisting our TCC Community with this process. If you are interested in helping our community craft a Mission Statement, please contact Frank by August 8 at: tccmission2011@gmail.com. This will be a process covering 6 to 8 months.

The last time I was with Justin I spoke about the creation of these Statements, similar to the one at the TCC Center in Albuquerque.

St. John's, Newfoundland
Contact: [Sheila Leonard](#), 709-579-7863

• Oct 7, 2011 - Oct 9, 2011 : [Seijaku Renewal](#) - St. Paul, MN with Pam Towne
Contact: [Sue Bitney](#), 612-353-4968

• Oct 20, 2011 - Oct 23, 2011 : [TCC Retreat](#) - Albuquerque, NM with Carmen Brocklehurst
Contact: [Judy Hendricks](#), 505-897-3810

• Oct 28, 2011 - Nov 3, 2011 : [TCC Teacher Accreditation](#) - Philadelphia (Aston), PA with Pam Towne
Contact: [Daniel Pienciak](#), 732-988-5573

As you practice this month, and sit quietly afterward, you are invited to create your own 'mission statement' of how you wish to bring T'ai Chi Chih into the future.

Be well and be blest,

Sr. Antonia Cooper, OSF



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