The Westlund Center

Tele-Mental Health Service Division

Contact Us

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THE WESTLUND CENTER
ALIS AQUILAE
NORTHRIDGE, CALIFORNIA

Who Is The Westlund Center?

The Westlund Center (TWC) was established in 2022 through the philanthropic efforts of Laura Westlund (1943-2023), a longtime resident of Kirkland, WA.

Laura created a 501(c)(3) Private Charitable Trust to ensure the sustainability of a mental health service for a university-centered community.

After an examination of need, California State University at Northridge (CSUN) and its 30,000-plus student population were selected as the focus of her gift.

Maintaining its independence, TWC is **not** affiliated with any department or programs at CSUN.

Service Approach

Guided by an analytical framework, our Tele-Mental Health Service incorporates ethical best practices in providing long-term individual psychotherapy to enrolled CSUN students referred by a campus-based mental health service.

Service Providers

TWC's tele-mental health service program will be staffed by trained and supervised MSW graduates registered as Associate Clinical Social Workers (ASW) completing the required supervised clinical hours for licensed clinical social work application status in California.

Cost

Clinical services for enrolled students at CSUN are provided **at no cost to the client.** This is in keeping with the Trust's mandate.

Expectations

As part of the referral, process, several initial sessions may be devoted to both parties identifying need and fit to establish a working alliance framework.

Service inquiries will be answered within 24 hours or by the next business day, whichever comes first.

For service inquiry, please visit our website or scan the QR code below:
thewestlundcenterTMH.org

We look forward to hearing from you.