Schulich MEDICINE & DENTISTRY

Western

5th ANNUAL WESTERN UNIVERSITY UPDATE IN CARDIOLOGY

Saturday, November 28, 2026

Virtually via ZOOM

FINAL PROGRAM

AGENDA

All times listed are Eastern Daylight Time (EDT) Presentations are 20 minutes, allowing 10 minutes at the end for Q and A.

8:00 am **Cases in Congenital Cardiology**
Dr. Sarah Blissett

(1) To identify common repairs in congenital heart disease
(2) To discuss clinical common problems in patients with congenital heart disease
(3) To review anatomical and physiological considerations in patients with congenital heart disease.

8:30 am **Acute Management Approach to the Patient with a Complex Congenital Lesion**
Dr. Sam Siu

(1) To review management of emergencies in patients with congenital heart disease
(2) To develop strategies for treating patients with congenital heart disease
(3) To explore ways of optimizing the medical treatment of congenital heart disease

9:00 am **Prevention and Risk Stratification for CAD**
Dr. Ashlay Huitema

(1) To discuss when biomarkers including Lp(a) should be measured in patients at risk
(2) To examine risk models in asymptomatic and symptomatic patients with chest pain
(3) To identify risk assessment in younger patients with family histories of coronary artery disease (CAD)

9:30 am **Management of Atrial fibrillation**
Dr. Allan Skanes

(1) To review contemporary guidelines in Atrial fibrillation management

(2) To explore concepts in medical therapy in the treatment of Atrial fibrillation
(3) To examine the role of ablation in patients with Atrial fibrillation

10:00 am **Pulmonary Hypertension Pearls**
Dr. Ryan Davey

(1) To identify treatment options in patients with pulmonary hypertension
(2) To distinguish Group I vs Group II phenotypes of pulmonary hypertension

PROGRAM OBJECTIVES

By the end of this program, participants will be able to:

1. Identify new approaches to challenging clinical problems.
2. Discuss up to date clinical guidelines in topics within cardiology.
3. Review medical management of heart failure.

FEES

Physicians:
$75.00 (plus applicable taxes)
Nursing/Allied Health:
$50.00 (plus applicable taxes)
Residents, Fellows, and Medical Students – No charge

PLANNING COMMITTEE MEMBERS

Dr. Sabe De, Chair, Dr. Sarah Blissett, Dr. Usha Manian, Dr. Sophia Liu, Dr. Andrew Mathew, Dr. Sarah Weisz, Dr. Dan Li, Dr. Shifaz Veettil

(3) To examine surveillance and clinical follow-up of patients with pulmonary hypertension

10:30 am **Common ECG Abnormalities Not to Miss**
Dr. Peter Leong Sit
(1) To review difficult ECGs and their clinical importance.
(2) To develop strategies for identifying arrythmias on ECGs
(3) To discuss nuances in seemingly normal ECGs

11:00 am **Navigating Difficult Holter Findings**
Dr. Bryan Stringer
(1) To better identify the treatment of arrythmias like Atrial fibrillation using data from Holter monitors
(2) To identify pathophysiology of arrhythmias, and frequent ectopic beats
(3) To discuss follow-up of and diagnostic yield of Holter monitoring in patients presenting with syncope

11:30 am **The angiogram is normal. Now what? Approach to MINOCA**
Dr. Judy Luu
(1) To discuss cardiovascular pathologies related to MINOCA
(2) To identify the implications of a normal angiogram in patients presenting with myocardial infarction
(3) To evaluate treatment options in patients with MINOCA

12:00 pm LUNCH BREAK

12:30 pm. **Using GLP-1 Receptor Agonists in Daily for Weight Loss and Cardiovascular Risk Reduction**
Dr. Joseph Herbert
(1) To review contemporary use of GLP-1 RA's
(2) To explore prescription considerations when targeting weight loss and cardiovascular risk in patients using GLP-1 RA's
(3) To examine the role of newer agents and financial considerations for treating patients

1:00 pm **Cardiovascular Considerations for Oncology**
Dr. Hamid Mithoowani
(1) To review the pathophysiology and mechanism of cardiotoxicity involving common chemotherapeutic agents
(2) To identify assessment of cardiotoxicity
(3) To discuss clinical presentations involving arrhythmias and cardiomyopathies in patients undergoing cancer treatment

1:30 pm **Interesting Cases – Joint Presentation by our Cardiology Residents (4 cases – 15 min. discussion per case)**
Drs. Xing, Mahfouz, Sharma, Li
(1) To evaluate unique cardiac pathologies and their presentations.
(2) To identify patients who may have evidence of cardiac amyloidosis.
(3) To examine the presentations of patients with hypertrophic cardiomyopathies.

2:30 pm Acknowledgements and Closing Remarks
Participants to complete program evaluation

COURSE FACULTY

Dr. Sabe De, MD FRCPC FASE
Course Director
Associate Professor, Department of Medicine, Division of Cardiology, Schulich School of Medicine & Dentistry, Western University. Director of Echocardiography, LHSC

Dr. Sarah Blissett, MD FRCPC
Associate Professor, Department of Medicine, Division of Cardiology, Schulich School of Medicine & Dentistry, Western University

Dr. Ryan Davey, MD, FRCPC
Associate Professor, Department of Medicine, Division of Cardiology, Schulich School of Medicine & Dentistry, Western University

Dr. Allan Skanes, MD, FRCPC
Professor, Department of Medicine, Division of Cardiology, Schulich School of Medicine & Dentistry, Western University

Dr. Peter Leong-Sit, MD, FRCPC
Associate Professor, Department of Medicine, Division of Cardiology, Schulich School of Medicine & Dentistry, Western University

Dr. Hamid Mithoowani, MD, FRCPC
Assistant Professor, Department of Medicine, Division of Oncology, Schulich School of Medicine & Dentistry, Western University

Dr. Samuel Siu, MD, FRCPC FASE
Professor, Department of Medicine, Division of Cardiology, Schulich School of Medicine & Dentistry, Western University

Dr. Joseph Herbert, MBBS, CCFP
Adjunct Professor, Department of Family Medicine, Schulich School of Medicine & Dentistry, Western University

Dr. Judy Luu, MD, PhD FRCPC
Assistant Professor, Department of Medicine, Division of Cardiology, McGill University

Dr. Bryan Stringer, MD FRCPC
Fellow in Electrophysiology, Dept of Medicine, Division of Cardiology, Schulich School of Medicine & Dentistry, Western University

Trainee Participants:
Dr. Maria Mahfouz, Dr Dan Li, Dr Mina Garas, Dr Maria Mahfouz

ONLINE REGISTRATION
Registration and program links available at:
westerncardio.com

VIRTUAL ACCESS

All lectures will be delivered via ZOOM with audience participation and interaction following each lecture.

Online links to all lectures will be provided following conclusion of the program to all registered participants.

CANCELLATION POLICY

We reserve the right to cancel this program due to insufficient registrations or circumstances beyond our control. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for courses cancelled by us will be refunded in full, however we will not be liable for any loss, damages, or other expenses that such cancellations may cause.

REFUND POLICY

A notice of cancellation must be received in writing 10 business days prior to the program date. A minimum of $20 up to a maximum of 20% of the tuition fee, whichever is greater, will be charged for cancellations offered after the notice of cancellation deadline.

PRIVACY POLICY

We respect your privacy. The personal information collected is used for the following purposes:

1. Provide you with confirmation of registration for this program.
2. Provide follow-up information to you about this course, as necessary.
3. Inform you of future educational opportunities.
4. Maintain class lists and attendance records so that you can obtain study credits/certificate of attendance where applicable. This information may be disclosed to professional bodies, as required.

Please note that no information about you, including your e-mail address, will be disclosed to external third-party organizations without your consent. Your name and contact information can be removed from our database at any time by contacting our Education Office by telephone, fax, email or by regular mail.

Please direct questions about this collection, use or disclosure of personal information to our Education Office at 519.685.8500 ext. 37224

NON-FINANCIAL SPONSORSHIP STATEMENT

This program has received no financial support.

FOR FURTHER INFORMATION

Contact:
Lisa Walker
Education Assistant
Division of Cardiology
Telephone: 519.685.8500 ext. 37224
Email: Lisa.Walker@lhsc.on.ca