

TERMS AND CONDITIONS

All participants adhere to the T&C when they register for an event.

In entering The Run Kids Run event (the "Event"), You (meaning the person applying to enter the Event) agree that:

- **Fitness suitability:** Running is a physically active sport. You should always seek advice from your GP before taking up a strenuous physical pursuit such as this. You accept that you do so entirely at your own risk and that it is your responsibility to ensure that you are fit and able to take part in the event.
- **Children supervision:** children under the age of 5 years old (Nursery and Reception) must be accompanied by a parent or guardian before, during and after the run. Children aged 5 and up (years 1 to 6) can run the course alone but require parental supervision before and after the run.
- **General obligations:** you shall only run along the designated racecourse and not off the course; be respectful towards all other children participating in the Event; follow the instructions and guidelines given during the Event; and report any problems to any of the volunteers or marshals who will be positioned around the racecourse
- **Essential medication:** It is the responsibility of each child's parent or carer to ensure that each child for which they are responsible carries any essential, lifesaving medication (e.g. asthma inhalers, EpiPens) with them for the duration of the Event. Run Kids Run is not liable for any lack of access to such medication should it be required on the day.
- Medical assistance: You consent to medical assistance in the case of illness, injury, or an emergency, should this occur during the run, such assistance to be given by the volunteers, marshals or other trained personnel conducting the Event.
- **First aid:** Run Kids Run shall use its reasonable endeavours to ensure that appropriate First Aid assistance will be available for the duration of the Event. There will be clearly signed First Aid points at the start/finish area of the course.

Volunteers and marshals in attendance at the race are not medically trained and will not give medical assistance other than requesting an ambulance or paramedic in the event that medical assistance is required. You authorise the volunteers and marshals to pass on any and/or all information that you have provided to the medical teams operating on the day if required for medical reasons.

- **Filming and photographic consent:** the Event could be filmed, recorded or exploited by means of television, film, video or some other broadcast or media format and you agree to the use and reproduction of your likeness, appearance and photograph for marketing and promotion purposes. If you wish for images not to be used in this manner, you should contact Run Kids Run in writing, by email, via the online enquiry form on the Website www.runkidsrun.org
- **Liability:** Run Kids Run and its volunteers do not accept responsibility for injury, loss and damage sustained by a participant unless the above injury, loss and damage is proven to have been caused as a direct result of negligence on the part of the organisers. Run Kids Run accepts no liability for the state or condition of the surface upon which the Event is held and you should ensure that you are satisfied with the state and condition of the surface of the route before commencing the run.
- **Cancellation or alteration:** Run Kids Run reserves the right to cancel or alter the start time and/or date of the Event if external conditions change (i.e. heavy winds or rain) or the state of the course is deemed unsafe (i.e. frost, flooding). Reasonable endeavours will be made to rearrange the Event. Should a change in the start time and/or date be made, you will be notified of the revised start time and/or date with as much notice as reasonably practicable.