

INVITATION : African Holistic Massage – Level One

Welcome Healer,

Dear Sister, Brother, or Beloved Practitioner,
If you are reading this, you have already heard the call.

This path has been walked by hands of our grandmothers, guided by the breath of our elders and kept alive by those who know that healing is presence, reverence and spirit.

This training is rooted in ancestral truth . It is a remembering.

A sacred return , a return to breath, a return to your spirit a return back home.

With presence and purpose,

Dodzi

AFRICAN VIBES MASSAGE



Course Overview



Fully Online: Learn from anywhere, at
your own rhythm

Accredited by IPHM : Practice
professionally worldwide

Rooted in Ancestral Wisdom : Guided by
sacred tools, rhythms, and rituals

1-on-1 Mentorship : Personal support
throughout your journey



What You Will Learn ?

- Full-body African holistic massage with ancestral techniques
- African facial and skin rituals for healing and rejuvenation
- Sacred use of tools like calabashes and cowrie shells
- Sound healing, vibration, and the medicine of rhythm
- Breathwork and presence as spiritual tools
- Ritual design and how to hold sacred healing space
- How to create your own intuitive style rooted in African lineage

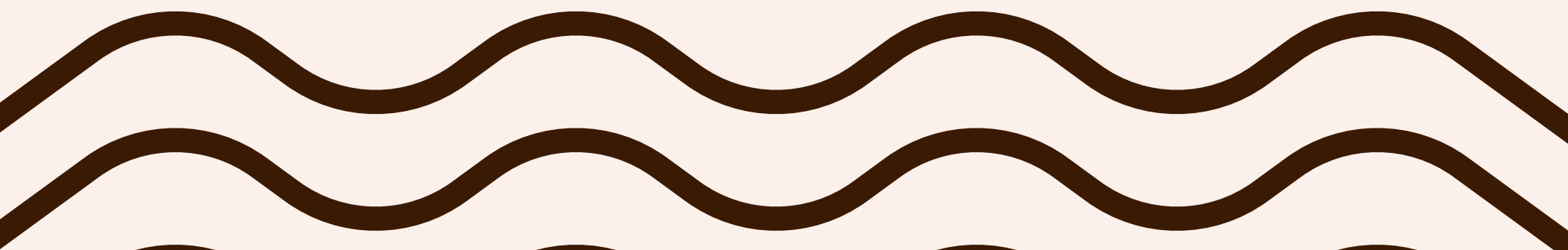
What You'll Be Able to Offer ?

- Confidently offer African holistic massage sessions in your healing space
- Incorporate facial, breath, and sound therapy into your client work
- Hold space for deep emotional and energetic healing
- Practice as a certified IPHM holistic massage practitioner
- (Ambassador Path) Lead, teach, or represent African massage in the global space

TIER ONE: The Healer's Path

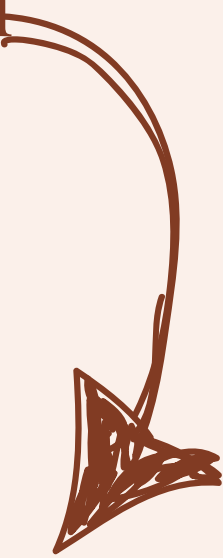
This path is ideal for massage therapists, bodyworkers, spiritual seekers, and wellness practitioners who are ready to learn ancestral massage and begin offering it confidently, with structure, sacred support, and international certification.

This is for those who want to integrate African holistic massage into their offerings with depth, guidance, and rhythm.



TIER ONE - The Healer's Path

Includes :



Ifá or Cowrie Shell Reading to spiritually open your path

PDF Course Manual + Video Library (lifetime access)

4 × 60-minute private mentorship sessions (one per week after completing the quiz)

WhatsApp voice note support for 2 weeks following your mentorship

IPHM-Accredited Certificate of Completion

Personal Letter of Recommendation

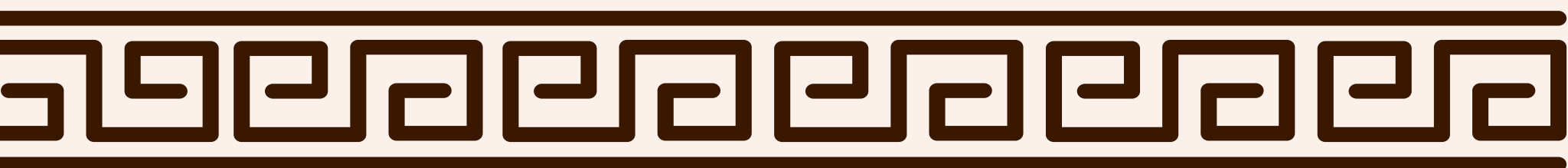
Ritual Audio Blessing for your future client sessions



TIER TWO: The Ambassador Pathway

This pathway is for those who feel the deeper call, to not only practice, but to teach, represent, and embody the wisdom of African holistic healing in its fullness. You'll receive deeper ritual mentorship, strategy guidance, and eligibility for the future teacher training path.

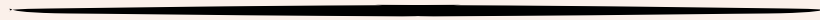
For future teachers, global healers, and lineage ambassadors ready to lead with ancestral integrity and embodied wisdom



TIER TWO:

The Ambassador Pathway

Includes :



Altar Consultation : guidance to set up your sacred healing space

Business & Spiritual Alignment Session map your unique spiritual gifts into
an offering

Private Ritual Mentorship : advanced spiritual guidance based on your
reading

Ambassador Eligibility : qualify to teach, lead, and represent this lineage

Bonus Private Mentorship Session tailored to your spiritual leadership
path



FAQs

Do I need prior massage experience?

No. This course welcomes both beginners and advanced practitioners , it meets you where you are.

Can I upgrade from Healer to Ambassador later?

Yes, you can upgrade at any time.

Is this course open to students outside Africa?

Yes, this is a global online training rooted in African ancestral wisdom.

When do the mentorship sessions begin?

After completing your quiz, you'll begin 4 weeks of live mentorship.

