



# **African Vibes Massage**

Private Mentorship Guide

A sacred journey into leadership, alignment, and healing legacy.

## Welcome Prayer

We call on the wisdom of the ancestors, The calm of the river and the fire of our purpose. May this journey be rooted in clarity, abundance, and sacred truth. Let your healing work be a prayer that lives through time. Ase. So it is.

These mentorship journeys are created for sacred healers, wellness entrepreneurs, and visionary spa leaders ready to ground their purpose into a powerful, sustainable legacy. Rooted in African ritual wisdom and aligned spiritual strategy, each offering is a unique path toward clarity, refinement, and embodiment.

## Quick Package Overview

### 2-Month Intensive Transformation

A high-frequency mentorship for those ready to activate their vision quickly. Ideal if you're launching a new offering, navigating transition, or building a sacred practice from the ground up. Includes:, Weekly 90-minute deep mentoring sessions, Weekly 30-minute check-ins or voice notes, Email or voice note support (up to twice a week)

### 3-Month Clarity & Build Package

This is for healers and leaders who have started the journey and now need clarity, structure, and strategic growth tools to elevate their sacred work. Includes:, Biweekly 90-minute strategy sessions, Biweekly 30-minute check-ins (alternating weeks), Monthly email or voice note support

### 6-Month Deep Mentorship – The Legacy Path

A sacred container for those ready to fully align with their calling. Perfect for practitioners, teachers, and facilitators seeking depth, sustainability, and embodied leadership. Includes:, Monthly 90-minute deep mentoring sessions, Monthly 30-minute follow-up check-ins, Voice note and email support throughout each month

## VIP Legacy Package

A complete mentorship experience for those launching or elevating a soulful healing brand. This package includes everything in the 6-month mentorship plus custom branding, design, and spiritual business infrastructure. Includes:, All features of the 6-Month Deep Mentorship, Custom ritual templates, Signature treatment flow & sacred script creation, Spa menu development & pricing guidance, Website copy and brand storytelling refinement

## Sacred Opening Ritual Sample

Before each session, you may open with:, A bowl of water infused with herbs or oils, Ancestral or elemental prayer (e.g., Oshun, Yemaya), Drumming or sound ritual to clear space, Breathwork and intention setting, Inviting your client to speak what they wish to release This becomes a gateway into intuitive healing and embodied presence.

## What You Will Receive

Clarity around your sacred offering, A refined wellness brand with spiritual depth, Systems for long-term sustainability, Embodied confidence in rituals, sessions, and pricing, Energetic and emotional support during transformation, Tools for teaching, facilitating, and guiding others

## Words from Past Mentees

"Kofi's mentorship grounded my spiritual gifts into a full wellness business. I launched my first retreat and received bookings within two months." — Ayo, Ghana

"The sessions were deep, healing, and visionary. I came for clarity and left with a complete sacred menu and a ritual framework I now teach." — Miriam, South Africa

## Payment & Refund Policy

Payment Options:, Full payment before the first session, Or part payment (50% upfront, 50% midway through the mentorship) Refunds:, If you feel the mentorship is not aligned after your first full session, a partial refund may be requested within 48 hours, A portion is retained to honor the energy, time, and preparation invested, No refunds are available after the second session or once any custom materials have been delivered Accepted Payment Methods:, PayPal, Wise, Bank Transfer, Mobile Money (for African

clients), Stripe (upon request)

## How to Begin

Choose the mentorship package that resonates with you, Email: [info@africanvibesmassage.com](mailto:info@africanvibesmassage.com), A free 15-minute alignment call will be scheduled, Upon confirmation, you'll receive your welcome guide and payment link Let's begin this sacred journey together. With reverence, Dodzi Kofi Apedo African Vibes Massage Mentorship