

CRANBROOK FREE FOOD

UPDATED Aug 20, 2021



FOOD BANK: 1624 Industrial Road 2 426-7664 **STREET ANGELS:** 46 17th Ave S 420-2756 **ANKORS:** 46 17 Ave S 426-3383

SALVATION ARMY: 533 Slater Rd 426-3612 **St. Aidan Orthodox:** 201 7th Ave S 420-1582 **St. Mary's Church:** 39 10th Ave S 426-4266

Ekklesia Millenium Society: 217 Industrial Rd F 778- 517-5800 Delivery/Shuttle

FOOD BANK OR SALVATION ARMY: Deliveries and Emerg/Mini Hampers available by phone. SENIORS 65 and older: Sally Ann Home Meals Delivery M, W, F. And Dial 2-1-1 or fill in an online form www.bc211.ca to request free help with grocery shopping, meal prep, prescription pick-up or a friendly check-in call during COVID-19 pandemic. (HOMELESS SHELTER MEALS & BULK FOOD) by CCSSEBC, Food Bank, St. Aidan, Dominos

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
<p><u>BEVERAGES, SNACKS</u> @Ankors – 10am – 2pm @Street Angels 9am-5pm</p> <p><u>BREAKFAST</u> @ St Aidan 7:30-9:30am @Ekklesia 9:30-10:30am (Call before 4pm for next day) @St Mary's Church 8-10am (small food hamper, 3rd Monday every month)</p>	<p><u>BEVERAGES, SNACKS</u> @Ankors 10am – 2pm @Street Angels 9-5pm</p> <p><u>BREAKFAST</u> @Ekklesia 9:30-10:30am (Call before 4pm for next day)</p>	<p><u>BEVERAGES, SNACKS</u> @Ankors – 10am – 2pm @Street Angels 9am-5pm</p> <p><u>BREAKFAST</u> @St Aidan 7:30-9:30am (1st & 2nd Wed every month) @Ekklesia 9:30-10:30am (Call before 4pm for next day)</p>	<p><u>BEVERAGES, SNACKS</u> @Ankors 10am – 2pm @Street Angels 9-5pm</p> <p><u>BREAKFAST</u> @Ekklesia 9:30-10:30am (Call before 4pm for next day)</p>	<p><u>BEVERAGES, SNACKS</u> @ Ankors – 10am – 2pm (Phone first) @Street Angels 9am-5pm</p> <p><u>BREAKFAST</u> @ Ankors 8-10am (Eat in or Take Out) @Ekklesia 9:30-10:30am (Call before 4pm for next day)</p>	<p><u>BREAKFAST (Sat)</u> @Ekklesia 9:30-10:30am (Call before 4pm for next day)</p> <p><u>BRUNCH (Sun)</u> @Ekklesia 11am – 12pm (Call 3-7pm Sat)</p>
<p><u>FOOD BANK</u> -Bread Shed 24/7 & sweets -HAMPER Fresh Veg/Frt, Dairy, Eggs, Meat/Fish/Poultry, bread, non-perishables, toiletries, diapers. Every 2 wks if needed. Phone 9:30am-12:30pm to book afternoon pickup time.</p>	<p><u>FRESH FOOD GIVEAWAY</u> @ Salvation Army 10:30-12:30pm (bring own bag)</p>	<p><u>FOOD BANK</u> -Bread Shed 24/7 & sweets -HAMPER Fresh Veg/Frt, Dairy, Eggs, Meat/Fish/Poultry, bread, non-perishables, toiletries, diapers. Every 2 wks if needed. Phone 9:30am-12:30pm to book afternoon pickup time.</p>	<p><u>FRESH FOOD GIVEAWAY</u> @ Salvation Army 10:30-12:30pm (bring own bag)</p>	<p><u>FOOD BANK</u> -Bread Shed 24/7 & sweets -HAMPER Fresh Veg/Frt, Dairy, Eggs, Meat/Fish/Poultry, bread, non-perishables, toiletries, diapers. Every 2 wks if needed. Phone 9:30am-12:30pm to book afternoon pickup time.</p>	<p>ANKORS BBQ twice / month (Schedule on Community Connections front food cupboard)</p>
<p><u>LUNCH</u> @Salvation Army 11:30-12:30pm @Ekklesia 12-1pm (Call 10-11pm to order or for shuttle)</p> <p><u>SUPPER</u> @Street Angels 4-5pm @Ekklesia 6-7pm (Call 12-4pm)</p>	<p><u>LUNCH</u> @Salvation Army 11:30-12:30pm @Ekklesia 12-1pm (Call 10-11pm)</p> <p><u>SUPPER</u> @Street Angels 4-5pm @Ekklesia 6-7pm (Call 12-4pm)</p>	<p><u>LUNCH</u> @ Ekklesia 12-1pm (Call 10-11am)</p> <p><u>SUPPER</u> @Salvation Army 4pm (Take Out) @Ekklesia 6-7pm (Call 12-4pm)</p>	<p><u>LUNCH</u> @Salvation Army 11:30-12:30pm @Ekklesia 12-1pm (Call 10-11pm)</p> <p><u>SUPPER</u> @Street Angels 4-5pm @Ekklesia 6-7pm (Call 12-4pm)</p>	<p><u>LUNCH</u> @Salvation Army 11:30-12:30pm @Ekklesia 12-1pm (Call 10-11pm)</p> <p><u>SUPPER</u> @Street Angels 4-5pm @Ekklesia 6-7pm (Call 12-4pm)</p>	<p><u>SUPPER</u> @Ekklesia 7-8pm (Sat)</p>

FOOD PANTRIES

(* Filled by Healthy Caring Meals 250-581-1260, the public, and Cranbrook Food Bank)



Cranbrook Locations:

1. 1962 Kokanee Cresc.
2. 111 8th Ave S. (across from old Food Bank)
3. 209A 16th Ave N
4. 126 17th Ave S. (back lane 17A Ave S)
5. 2220 2nd St S inside fence to right
6. 33 724 Innes Ave
7. 421 Briar Ave NW