

<b>Name of Clinic</b>	<b>Specific clinician</b>	<b>Location</b>	<b>Specialities</b>	<b>Insurances</b>	<b>Website/contact</b>
A Better Life Psychotherapy	Alice Barton	Scottsdale	Substance Recovery, individuals, groups Age 14+	None	<a href="mailto:ajbtherapist54@gmail.com">ajbtherapist54@gmail.com</a> 602-460-7947
Ahwatukee Psychology	Mysti Rainwater Kris Dunlap Mia Volakis	Ahwatukee Chandler	CBT, DBT, Trauma Ages: Adolescent-Adult	Yes: Blue Cross	<a href="http://www.ahwatukeepsychology.com">www.ahwatukeepsychology.com</a>
Arizona Center for Change	Rachelle Bailey	Phoenix	Gender, sexuality, General mental health	Call to inquire	<a href="http://www.Azcfcc.com">www.Azcfcc.com</a> 602-253-8488
Be Well Counseling	Bonnie Beebe Skylar Ofili Liz Danbury	Tempe	EMDR, Trauma, General Mental Health, Couples/Family, Relationship, Grief, Personality Disorder	Yes: BCBS, Humana	<a href="http://www.bewellcounselingaz.com">www.bewellcounselingaz.com</a> 480-233-7529
Beth Anne Bloomfield-Fox	Beth	Mesa	Gender identity, sexuality, General mental health	Call/email to inquire	<a href="mailto:betherapycounseling@gmail.com">betherapycounseling@gmail.com</a> 480-630-7750
Core Connect Counseling	Melody Day, LAC	E. Mesa	Trans/GNC/NB, sexuality, kink- affirming, EMDR Ages: 18+	No: superbills provided for reimbursement	480.681.7702 <a href="mailto:melody@CoreConnectCounseling.net">melody@CoreConnectCounseling.net</a>
Flourish Counseling	Karen Gordon	Scottsdale	Adults, General Mental Health	Yes: Aetna, Blue Cross	<a href="http://flourishcounselingaz.com">flourishcounselingaz.com</a>
Gender Identity Center	Kathryn Heltzel Jeremy Shoemaker	Central Phoenix	Gender identity, transition management, General mental health, family members support, therapy groups, ages 6-24	No	<a href="http://www.genderidentitycenter.com">www.genderidentitycenter.com</a> 602-357-8906

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Infinite Healing and Wellness	Various	Gilbert Phoenix	EMDR, DBT, Adolescent, Family, depression, trauma, personality disorder, self harm	No insurance affiliation, offers to provide clients with a "super-bill" - claim form to submit to insurance for reimbursement	<a href="http://www.infinitehealingandwellness.com">www.infinitehealingandwellness.com</a>
Integrated Mental Health Associates	Various	Scottsdale	General Mental Health, Gender, Sexuality, Play Therapy, EMDR Ages 5 +	Yes: Aetna, Blue Cross, MHN, Medicare	<a href="http://www.integratedmha.com">www.integratedmha.com</a>
Lighthouse Psychiatry	Katie Tufi Rochelle Aguila Peter Tumolo Carol Melim	Gilbert	Child & family, trauma, attachment, depression, anxiety, Gender/sexuality All ages	Yes: Aetna, Blue Cross, Cigna, Meritain, MHN, United	<a href="http://www.LighthouseTMS.com">www.LighthouseTMS.com</a>
Meaningful Connections Counseling	Nicole Balles, LPC	Scottsdale	EMDR, DBT, EFT, Gender & Sexuality, Trauma, General Mental Health	Yes: Aetna, Blue Cross	<a href="http://www.meaningfulconnectioncounseling.com">www.meaningfulconnectioncounseling.com</a> 480-332-8597
Michelle Royo Chinichian, LCSW	Michelle Royo Chinichian	Phoenix	Depression, anxiety, family conflict, dating/relationship, LGBTQ	Yes: Aetna, Cigna, United and others	Direct Phone: 480-409-2915 PsychologyToday: Michelle Royo Chinichian
Mindful Wellness of Arizona	Kristen Vasosaust	Mesa	Couples therapy, PTSD, depression, anxiety Age 13+	Yes: Aetna, Blue Cross	<a href="http://www.MindfulWellnessAZ.com">www.MindfulWellnessAZ.com</a> 480-331-9737 direct Psychology Today: Kristen Vasosaust

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Nicole O'Hare LAC	Nicole O'Hare	Chandler	Integrative Medicine, Auto-Immune concurrent diagnosis, couples therapy Ages: Adolescent-adult	Yes: Blue Cross	Direct phone: 602-323-6209
Nikki Menadue	Nikki Menadue	Tempe	ACT, CBT, DBT, EMDR	Yes: Blue Cross	480-212-3349
Oasis Psychological Services	Various	Mesa	Gender (age 11+), sexuality, depression, anxiety, trauma	No contracted insurance plans, Higher/lower fees based on clinician type, Generous sliding scale	<a href="http://www.oasispsychservices.com">www.oasispsychservices.com</a>
Phoenix Children's Hospital	Patrick Goodman Giselle Trevino-Martinez Andrew Medina	Phoenix	Early childhood-adolescence, gender identity, sexuality, trauma, General mental health	All major insurance	602-933-0519 602-933-0750
Raising Happiness Child Therapy	Abrianna Colossio	Chandler	Child/Adolescent	Yes: Aetna, Blue Cross	Psychology Today: Raising Happiness
Reflective Moments Counseling	Suzi Wall, LCSW	Scottsdale	All ages, all General Mental Health needs	Yes: All major insurers	<a href="http://www.reflectivemomentscounseling.com">www.reflectivemomentscounseling.com</a> Ph: 602-526-2261 Email: <a href="mailto:swall@ReflectiveMomentsCounseling.com">swall@ReflectiveMomentsCounseling.com</a>
Sexton Counseling Services	Cheryl Sexton	Chandler	Gender, sexuality, General mental health	Call to inquire	480-725-3207

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Sofia Hassid & colleagues	4 clinicians 2 art therapists	Phoenix	Art therapy, ADHD, Bipolar, Depression, Anxiety, Self-harm, Gender, Sexuality, Grief Age 10+	Yes: Aetna, Blue across, United	602-935-7070
Tahirih Herrera, LPC	Tahirih Herrera	E. Phx	Art Therapy, EMDR, Somatic Experiencing, Brain-Spotting, Trauma-informed Ages 3-17 +parents	Yes: Aetna, Blue Cross	<a href="http://tahiriherrera.com">tahiriherrera.com</a>
Teresa Burt	Teresa Burt	Chandler	Depression, Anxiety, Self-harm, life transitions, relationship issues Ages 13+	Yes: Aetna, Blue Cross, United	Direct email: <a href="mailto:landmarklegacy@yahoo.com">landmarklegacy@yahoo.com</a>
Thriving Life Counseling	Alyssa Palty	Ahwatukee	LGBTQ needs, gender identity, faith transitions, post-Mormon, Individual and Family counseling	No, but supplies super-bill for insurance reimbursement	<a href="mailto:thrivinglifecounselingaz@gmail.com">thrivinglifecounselingaz@gmail.com</a>
Vanessa De La Cruz, LCSW	Vanessa De La Cruz	Chandler	Trauma, EMDR, CBT, DBT, Depression, Self-harm, Self-Esteem, Grief, Inferility Ages: Adults	Yes: Aetna, Blue Cross, United	Psychology Today: Vanessa De La Cruz