



# vitality integrative medicine

## GIVE THE GIFT OF HEALTH

*This year more than ever,  
give the gift with lasting value...*



### The Optimal Personalized Health Program for 2023:

- (a) Advanced Integrative Health Profile Assessment
- (b) Initial 2-hour virtual Consultation
- (c) Review of Your Personal Health Goals
- (d) Development of **Your Personalized Therapeutic Plan**
- (e) A Written Report Outlining Your Plan in the short-term
- (f) A Personalized Health Road Map, for the long-term
- (g) Regular follow-ups (with 5h bank of one-on-one time!)
- (h) Exclusive Appointment Booking perks & more!

**Contact us today for this limited-time Special Offer.**

*Subject to policies and considerations. All sales final.*

**\$1100 total. 100% tax deductible. Savings of over 50%, that's \$1100!**

**Personalized &  
Comprehensive  
Health Consultations**

### Specialized Tests

Where we focus on the  
**root cause** of the problem,  
not just masking symptoms...

**Board-Certified Clinician,  
Advanced Fellow &  
Licensed Pharmacist.**

**Tara Maltman-Just,**

B.Sc.(Pharm.), MS, ABAHP, FAARFM



## HOW WE CAN HELP

Prescription,  
Natural Health Product,  
Nutrition & Lifestyle Management

- ♦ Health Navigator
- ♦ Stress
- ♦ Brain fitness, Mood
- ♦ Hormones, BHRT
- ♦ Digestion
- ♦ Immune Health
- ♦ Thyroid
- ♦ Weight
- ♦ Heart Health & more

### Contact Us

**204.505.0211**

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*Treating the Person, not just the disease...*

[www.vitalityintegrativemedicine.com](http://www.vitalityintegrativemedicine.com)