



## COMPLEMENTARY & ALTERNATIVE THERAPIES FORUM

Thursday, October 10 2013

12noon-3:00pm

Cindy Klassen Recreation Centre  
999 Sargent Ave. Winnipeg, MB

No cost to register!

Call 311 - event code 439501  
or online [www.winnipeg.ca](http://www.winnipeg.ca)

Explore how innovative therapies combining traditional and complementary medicine can help relieve pain.

Find out what an occupational therapist can do for you!

Discover tips to help you in everyday activities!

### FEATURED PRESENTERS

Get your questions answered from healthcare professionals!

Tara Maltman-Just  
Licensed Pharmacist  
B. SC.(PHARM.), RPH  
ABAAHP, FAARFM

Amy Krahn, Occupational Therapist  
Winnipeg Regional Health Authority  
Health Aging Resource Team (HART)

Bonnie Hopps, Education Facilitator  
The Arthritis Society  
Manitoba/Nunavut Division

**WE HAVE ARTHRITIS  
IT DOESN'T HAVE US**

Manitoba/Nunavut Division 105-386 Broadway  
Winnipeg, Manitoba R3C 3R6 TEL: 204.942.4892 FAX: 204.942.4894  
TOLL FREE 1.800.321.1433 [www.arthritis.ca](http://www.arthritis.ca)