

Canadian Mental Health Association presents:



The Gut-Immune-Brain connection

An engaging seminar by Leading-Edge Clinician,
Board-Certified Diplomate, Advanced Fellow & Licensed Pharmacist

Tara Maltman-Just, B.Sc.Pharm., RPh, ABAHP, FAARFM
Vitality Integrative Medicine

Don't let **digestive** dysfunction impact your **immune** system & your **mood**
& explore the often forgotten link between the Gut-Immune-Brain!

Bloated?

depressed

**Weight
gain?**

Date: Tuesday, March 18th, 2014

Time: 12 noon

Place: CHMA
930 Portage Ave

Cost: \$15 through CMHA

RSVP: www.cmhawpg.mb.ca

Tired?

Psoriasis?

Eczema?

Allergies?

**Irritable
bowel?**

By Treating the Cause, not just masking symptoms, you can realize REAL improvement!

www.vitalityintegrativemedicine.com