

THE HIS & HERS OF HORMONE BALANCE

PUBLIC SEMINAR

Date: Tuesday, January 10th

Time: 7:00 pm

Place: Caboto Centre, 1055 Wilkes Ave Cost: \$10

RSVP required to: (204) 505-0211 or info@vitalityintegrativemedicine.com

HERS



Discover the harmony among hormones in **menopause, perimenopause & PMS** with women's health expert Tara Maltman-Just.

Understand the balance of:

- ✦ *Bio-identical Hormones*
- ✦ *Prescriptions*
- ✦ *Natural Interventions*

7-8 pm

HIS



Explore men's health challenges of **erectile dysfunction** and **andropause** with pharmacist Gregory Harochaw.

Learn about special approaches to:

- ✦ *Erectile dysfunction*
- ✦ *Testosterone replacement*
- ✦ *Compounded medications*

8:15-9 pm

FEATURING AWARD-WINNING CLINICIAN

Tara Maltman-Just,
B.Sc.(Pharm.), ABAAHP, FMNM
Founder of Vitality Integrative Medicine
Licensed Pharmacist

FEATURING COMPOUNDING EXPERT

Gregory Harochaw,
B.Sc.(Pharm.)
Pharmacy Manager of Tache Pharmacy
Licensed Pharmacist

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TACHE PHARMACY