

## SPEAKER PROFILES



**Ron Postuma - MD, MSc**

Dr. Postuma completed his Medical Degree from the University of Manitoba. He then completed a Neurology fellowship at McGill University, as well as a Movement Disorders research fellowship at the University of Toronto, a Clinical Research Fellowship at the University of Melbourne, and a Masters in Epidemiology

at McGill. Currently, he is a clinical researcher and movement disorders neurologist who treats patients with Parkinson's Disease and related disorders. His research interest focuses upon Parkinson's Disease, particularly on studying and developing new treatments for non motor manifestations such as sleep disorders. He has published over 80 peer reviewed publications, as well as 4 chapters, and given over 30 international invited lectures. He also co-directs the National Residents Course in Movement disorders, serves on the executive committee of the Movement Disorders Society, and is co-chair of the MDS task force in the definition of PD.



**Tara Maltman-Just - B.Sc. (Pharm.), RPh, ABAHP, FAARFM**

**Surpassing Stress,  
in any season of life**

Tara Maltman-Just is the Founder and Executive Clinician of Vitality Integrative Medicine, a ground-breaking professional practice focused on optimal health. She is an Advanced

Fellow, Board-Certified Diplomate with the American Academy of Anti-Aging Medicine and a Licensed Pharmacist. Tara is a renowned Speaker, serving on the local and national platform for both the public and healthcare professionals, advocating innovative practice and patient-first care. She is a regular Contributor to multiple professional publications, the Author of a foreword in a book on a patient's 30-year long health journey, and a Weekly Health Columnist for the Winnipeg Free Press. Tara was recently featured as the Health Expert in a 5-Part TV Health Series highlighting 'Often Forgotten Health Issues' and interventions that can impact peoples' lives.

## THANK YOU TO OUR SPONSORS:



Canada Innovation

### Our 2014 Conference Location: Caboto Centre 1055 Wilkes Avenue



#### Free Parking

The Winnipeg Regional Conference has grown steadily over the past several years. This year's event will be held at the Caboto Centre.

If you have any questions about the Centre, need directions or have questions about public transportation please call the PSM office at 204-786-2637 or 1-866-999-5558.



**Parkinson Society Manitoba**  
**Soci t  Parkinson Manitoba**

7 - 414 Westmount Drive  
Winnipeg, MB • R2J 1P2  
Phone: 204-786-2637  
Toll Free: 1-866-999-5558  
Fax: 204-786-2327  
[www.parkinsonmanitoba.ca](http://www.parkinsonmanitoba.ca)



**Parkinson Society Manitoba**  
**Soci t  Parkinson Manitoba**

## Parkinson's Disease

*Much more than the shakes,  
more than the meds - Are you up  
for the challenge?*



## 2014 Annual Winnipeg Regional Conference

**April 12, 2014**

**10:30 am to 2:30 pm**

(Registration opens at 10:00 am)

**Caboto Centre**  
**1055 Wilkes Avenue, Winnipeg**

# CONFERENCE PROGRAM

## Parkinson's Disease

*Much more than the shakes, more than the meds - Are you up for the challenge?*

Saturday, April 12, 2014 • 10:30 am to 2:30 pm  
Caboto Centre • 1055 Wilkes Avenue • Winnipeg

- 10:00 - 10:30:** ..... Registration
- 10:30 - 10:40:** ..... Welcome and Opening Remarks
- 10:40 - 11:35:** ..... Tara Maltman-Just  
"Surpassing Stress, in any season of life"
- 11:35 - 11:45:** ..... **SuperWalk 2014 Kickoff**  
Jenna and Blair Sigurdson
- 11:45 - Noon:** ..... Break
- Noon - 12:10:** ..... Exercises led by Karen Gilmour & Irene LoScerbo
- 12:10 - 12:20:** ..... **Caregiver and Disability Tax Credits information**  
provided by Frances Andrusiak, volunteer
- 12:20 - 1:00:** ..... Lunch
- 1:00 - 2:00:** ..... Dr. Ronald Postuma
- 2:00 - 2:30:** ..... Raffle Draw and Closing Remarks

**Note: Room may be cool so consider bringing a sweater.**

**\*Please let us know of any food allergies at time of registration. Thank you very much!**



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**NEW FOR 2014: Register Online**  
today at [www.parkinsonmanitoba.ca](http://www.parkinsonmanitoba.ca)  
or send the Registration form below:

Name

Address

Postal Code

Phone #

Email Address

\$15 (Member)

\$25 (Non-Member)

Membership \$25

Donation to Parkinson Society Manitoba

\$ \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

Payment Method

Cheque

Visa

Master Card

**Lunch  
Provided!**

**Family members  
welcome!**

**Limited Space,  
Register Early!**

Credit Card #

Exp. Date

Signature

**Registration Deadline: April 4, 2014**

**Return to:**

Parkinson Society Manitoba  
7 - 414 Westmount Drive  
Winnipeg, MB • R2J 1P2  
Fax: 204-786-2327

**Questions?**

Toll Free: 1-866-999-5558  
Phone: 204-786-2637