

Take One  
it's FREE



# Navigator News

"Discovering Fun News and Friendly Facts"

Port Washington, NY

January 2019

Volume 2, Issue 1



PO Box 121  
Port Washington NY 11050



As New York State's largest health care provider and private employer, Northwell Health's mission is to improve the health of our communities. Our focus is on prevention, wellness, and providing the full continuum of diagnosis, treatment and after-care services to all those we serve.

#### COMMUNITY CHEST OF PORT WASHINGTON

Established in 1949



The Community Chest is a nonprofit organization whose mission is to provide funds and below market rate rents to charities dedicated to improving the Port Washington community for ALL residents.

Alper's Karmacue - May 20, 2018  
Citizen of the Year - Apr 16, 2018  
Golf & Tennis Outing - May 14, 2018  
Thanksgiving Day Run - Nov 22, 2018  
PW-Manh Bay Kayak Run - July 21, 2018

382 Main Street • Port Washington, NY 11050 • 516-767-2121 DONATE TODAY: info@portchest.org • www.portchest.org

#### Bubba Brown's Treasures

Port Washington Pillows and Towels available for sale. Items are made here in Port by someone with Autism.

Your purchase provides employment, empowerment and raises the awareness of those with Autism.

302 Main St, Port Washington, NY 11050  
(516) 767-6200



- 436 Plandome Road -



Twin Pines Charitable Thrift Shop &  
Community Food Pantry  
(516)-883-9777  
382 Main St  
Port Washington NY 11050

### Where in the World...

Every New Year's Eve, Buddhist temples across Japan ring their bells exactly 108 times. The ringing of the bells start at midnight on December 31st and lasts until 1:00AM on January 1st of the next year. The most popular theory on why they do this states that each of the bells represent the 108 earthly desires being cast away so that one may enter the new year with a cleansed soul. At sunrise a prayer for a year of happiness is said to the sun god.

### What's Going on Here...

Jan 18th: The 49th Annual Rev. Dr. Martin Luther King Jr. Memorial Program, "Reigniting Humanism through Inclusion, Dignity & Respect" welcomes keynote speaker Steve Pemberton at North Shore University Hospital in the Rust Auditorium at 10:30AM

Jan 31st: The premiere of NHTV's The Civil Rights Movement in North Hempstead, a documentary. 7:00PM at the Bow Tie Manhasset Cinema - free admission

### How's it Possible...

Did you know that before keys were invented people had to stand guard to keep their stuff from being stolen? Originally keys were made of wood and looked like a giant toothbrush. In order to make keys less cumbersome, they were changed from wood to bronze and iron, as well as made smaller to make them easier to hide. Eventually, in the middle ages metal wards were introduced to keyholes making theft more difficult. It was not entirely successful, but it's variations are still used to some degree today. Currently we are evolving from "flat keys", created in the mid 1800's, to digital keys.

### When Did That Happen...

Did you know that January 3rd was the Festival of Sleep Day? The Festival of Sleep Day was created for people who would like to get some rest and relaxation after the hectic holidays. People celebrate the Festival of Sleep after the rush of Christmas/Hanukkah shopping, opening presents, traveling to see family and New Year celebrations. Nobody knows when this holiday was founded, but it was clearly done so by someone who has a deep love of sleep.

### Who Knows...

1. I'm often running, yet I have no legs. You need me, but I don't need you. What am I?
2. What has keys but no locks, space but no room, and can be entered but not exited?
3. If you want me, you have to share me, but if you share me I will be gone. What am I?

(Find the answers on the back, under "In The Stars")

### B2B BACH TO ROCK

★ AMERICA'S MUSIC SCHOOL ★

Providing music lessons for students of all ages and skill levels living in Port Washington, Manhasset, Great Neck, Roslyn, Glen Cove & the surrounding areas.

1015 Port Washington Blvd  
Port Washington NY 11050  
(516)-441-5526



The Navigator News will be displayed in businesses throughout Port Washington.

Why pay high prices to reach your local community audience!?  
12 Months for only \$600 for 3X2 Ad or \$1200 for 3X4 Ad  
You may provide us with the artwork or we will create an ad for you!

Call us at (516)-767-7177  
info@navigatornews.org

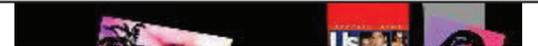


Photo booth and favors for all events



elitephotofavors.com

718-406-5240



OurHarvest.  
Where farmers market meets  
online grocery  
<https://ourharvest.com>



menonthemove.com



Mrs. Kim  
917-891-7047

516-467-4958

Past  
Present  
&  
Future

133 Main St. Port Washington, NY 11050



Our mission is simple:  
To provide individuals with autism daily opportunities to lead full, productive and meaningful lives.

lives. [www.nicholascenterusa.org](http://www.nicholascenterusa.org) 516-767-7177

Come to Prism Med Spa and Reveal Your Inner Light



Mention this ad and receive \$50 off your 1st treatment and 25% Off your first package.

41 Main St, Roslyn NY  
Tel: 516-277-2293 [www.prismmedspa.com](http://www.prismmedspa.com)



306 Main Street  
Port Washington, NY 11050  
P: 516-883-9597  
F: 516-767-7572  
E: [info@harbordelipw.com](mailto:info@harbordelipw.com)



A Business with a Social Mission  
Custom Apparel, Printed in NY

Spectrum Designs is the leading non-profit custom Apparel shop in the United States, employing teens and young adults with Disabilities. Providing customers all over the world with high quality custom T-Shirts, Sweatshirts and promotional products from their flagship location in Port Washington, NY - Spectrum Designs is THE business with a social mission.



Every Purchase directly supports  
Employment of Teens & Young Adults  
with Disabilities

Email [sales@spectrumdesigns.org](mailto:sales@spectrumdesigns.org)  
or Call (516) 767-7187

Spectrum Designs Foundation is a registered 501(c)(3) Non-profit. All Donations are Tax-Deductible

(516) 883-SEWS (7397)



Creative  
Tailoring & Alterations  
Studio

334a Main Street  
Port Washington, NY 11050

[nancysinoway.com](http://nancysinoway.com)  
[nancysinoway@gmail.com](mailto:nancysinoway@gmail.com)



SOCIALLY GOOD!  
Purchases freshly made to order!

All products are made in small batches daily, ensuring mouth-watering flavor and unmatched freshness. Customers can even add their own logo or personalized message. These treats aren't just good, they're Socially good!



[www.spectrumbakes.org](http://www.spectrumbakes.org) 516-767-7187(opt 2)

Navigator News supports the ongoing mission of **Nicholas Center, Ltd.**, a Port Washington based nonprofit that helps individuals with autism lead productive and meaningful lives within the community. This entire paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness to the capabilities of people with disabilities. We hope you enjoy this complimentary monthly publication of fun, feel-good news...for a good cause! Learn more about us and affordable advertising opportunities at [www.navigatornews.org](http://www.navigatornews.org)



## That's Incredible!

A brick-tastic new record has been set for the largest LEGO brick caravan. A life-size trailer entirely built out of a staggering 288,630 individual LEGO bricks and took over 5 weeks to complete. The record attempt took place in Australia. The caravan consists of basic amenities such as running water and electricity, as well as some home comforts like flowers, a fridge with food and the Aussie staple: a jar of Vegemite.

### That's Trendy!

This winter season will be a revival of the golden vintage era. Vintage-inspired oversized coats with classy fur are sure to get you noticed when it's cold and snowing. To add freshness to fur, designers have dyed it in multiple, adorable colors, to stand out even more! The fur isn't just for show though, as it will keep you toasty all season long.

### That's Funny!

What do you call a computer floating in the ocean?  
-A Dell rolling in the deep

Why are fish so smart?  
-Because they live in schools

Why was the little strawberry crying?  
-His mom was in a jam

### That's Twisted!

I wish to wish the wish you wish to wish, but if you wish the wish the witch wishes, I won't wish the wish you wish to wish.

### That's Inspirational!

"The flower that blooms in adversity is the most rare and beautiful of all."

-The Emperor from Mulan

### Pet of the Month!



#### The Town of North Hempstead Animal Shelter

Wilson is a senior pit bull mix that still has a lot of love to give. Wilson is energetic for a senior, loves to go on long trail walks and cuddle up for some petting. Wilson would do best in a quiet adult home to live out his golden years.

**Take me home today!**

75 Marino Avenue  
Port Washington, NY 11050  
[theshelterconnection.com](http://theshelterconnection.com)

### In The Stars

**ARIES** (Mar. 21- April 20) Your partner may push buttons that infuriate you. You will have a productive day if you organize yourself well at work. Lucky Day: Tuesday

**TAURUS** (Apr. 21- May 21) Quarrels will erupt if you get into philosophical debates with friends. Your confidence is growing and advancement is apparent. Lucky Day: Tuesday

**GEMINI** (May 22-June 21) Go after your goals and don't be afraid to ask for assistance. Emotional relationships will be plentiful if you attend group activities. Lucky Day: Saturday

**CANCER** (June 22-July 22) Don't be alarmed. Don't be afraid to make additions to your house. Lucky Day: Sunday

**LEO** (July 23-Aug 22) Try to keep a low profile. Don't make any unreasonable promises. Lucky Day: Thursday

**VIRGO** (Aug. 23 -Sept. 23) Try not to allow superiors or those in a higher position to take advantage of you. You may find that female colleagues will be more help than you anticipated. Lucky Day: Tuesday

**LIBRA** (Sept. 24 -Oct. 23) You need to concentrate on the areas where you can make a difference. You can make professional changes and direct your energy into making all the right moves. Lucky Day: Wednesday

**SCORPIO** (Oct. 24 - Nov. 22) Short trips will prove to be more fruitful than you imagined. You should be looking at ways to spoil yourself. Lucky Day: Monday

**SAGITTARIUS** (Nov. 23 -Dec. 21) Sudden romance could end just as quickly. Self improvement projects should be your key concern. Lucky Day: Saturday

**CAPRICORN** (Dec 22.- Jan. 20) Tempers could boil if someone you work with has not been pulling their weight. Your mate may not be too sure about your intentions. Lucky Day: Friday

**AQUARIUS** (Jan. 21 -Feb. 19) Arguments will flare up if you get backed into an emotional corner. Your mate may be distressed if you refuse to make a commitment. Lucky Day: Friday

**PISCES** (Feb. 20-Mar. 20) It might be time to do some of those chores at home. Avoid too much discourse with colleagues this month. Lucky Day: Sunday

Answers to Who Knows: #1. Water #2. A keyboard #3. A secret



14 Vanderverter Ave #255  
Port Washington, NY 11050  
516-767-0800  
[arnie@arnieherz.com](mailto:arnie@arnieherz.com)



Greater Port Washington  
Business Improvement District  
[www.portwashingtonbid.org](http://www.portwashingtonbid.org) 516-883-8890



SINCE GRILL & LIQUORS 1905

395 Main St  
Port Washington  
516-883-4242



CATERING, EVENT PLANNING + DESIGN

410 Main Street  
Port Washington, NY 11050  
(516) 883-0091  
[www.hontheharbor.com](http://www.hontheharbor.com) [info@hontheharbor.com](mailto:info@hontheharbor.com)



THE PREMIER PORT WASHINGTON MOVIE THEATER

Mention this discount upon purchase!

\$1.00 off

Jumbo Popcorn  
and Large Soda Combo

7 Soundview Market Place,  
Port Washington, NY 11050  
(516) 944-3900

## ISLANDPHOTOGRAPHY

Preserving the Moment  
for over 20 Years

Graduations • School Portraits  
Sports • Panoramic Group Photos  
All Yearbook Needs



[www.islandphoto.com](http://www.islandphoto.com) 516.767.1234 800.869.0908

ISLAND PHOTOGRAPHY



THE LAUNDRY SERVICE THAT OFFERS  
LOADS OF OPPORTUNITIES  
48 HOUR TURNAROUND

10% off your first order!

Boutique Laundry Service

416 Main Street, Port Washington  
Contact us - 516 - 767 - 7187 (ext. 2)

### Navigator News is all Around Town

Bach to Rock	Wit & Whim
Prism Med Spa	Diane's Place
Port Washington Train Station	Nancy Sinoway
Harbor Deli	Sheild's Hardware
Bubba Brown's Treasures	The Shelter Connection
Port Washington Diner	North Shore Farms
Port Washington Library	Soundview Cinemas
Port Washington Dunkin Donuts	Twin Pines
Starbucks	Stop & Shop
Port Washington Salt Cave	Spectrum Designs
Contact us for low cost local advertising! (516)-767-7177	